



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2022-2023:

Dorothy Alexander

Dan Braun, Treasurer

Dominic Dopico

Glenn Hoppe

Lizbeth Hoppe

Lara Jacobs

Zak Landrum

Michael Loulias

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, September 11, 2022

Tone 4 / Eothinon 2

Sunday before the Elevation of the Holy Cross

After-feast of the Nativity of the Theotokos

Venerable Theodora of Alexandria;

Righteous Euphrosynos the Cook



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

"Let the little children come unto Me for of such is the Kingdom of Heaven." Luke 18:16

CALENDAR FOR THE WEEK

Sunday, September 11

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 p.m. Agape Meal
12:15 p.m. Choir Rehearsal

Monday, September 12

7:00 a.m. Daily Matins
5:15 p.m. St. Xenia Prayer Ministry—Akathist
by Zoom

Tuesday, September 13

5:30 p.m. Great Vespers for Feast of the Cross

Wednesday, September 14-FEAST OF THE CROSS

7:00 a.m. Daily Matins
12:00 p.m. St. Xenia Prayer Ministry
5:30 p.m. Festal Matins for Feast of the Cross
6:30 p.m. Festal Liturgy

Thursday, September 15-NO LITURGY

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Jr. High Youth Group
6:45 p.m. High School Youth Group

Friday, September 16-GOLF TOURNAMENT

7:00 a.m. Daily Matins

Saturday, September 17

6:00 p.m. Great Vespers/Confessions

Sunday, September 18

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 p.m. Agape Meal under the front portico

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

September 11 Dillon
September 18 Meyer
September 25 Morrison
October 2 Washburn

READERS

September 10 Kern (Vespers)
September 11 Meyer
September 14 Gish (Feast of Cross)
September 18 D. Alexander
September 25 Butler
October 2 TBA

GREETERS

September 11 G. & L. Hoppe
September 18 K. Fox/K.P. King
September 25 P. Cocores/M. Loulias
October 2 H. Lange/D. Washburn

USHERS

September 11 D. Meyer/M. Loulias
September 18 C. Berari/D. Alexander
September 25 C. Speier/S. Speier
October 2 P. King/J. King

AGAPE MEAL HOSTS

September 11 TBA
September 18 Easbey Family in memory of
Dn. Richard
September 25 POTLUCK
October 2 TBA

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Sept. 15 L. Ballew/D. Franzen
Sept. 22 M. Loulias/K. Gomez
Sept. 29 F. Young/S. Saunders
Oct. 6 M. Loulias/K. Gomez

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

GREAT LITANY

FIRST ANTIPHON verses for the feast of the Nativity of the Theotokos with refrain:

Vs. O Lord, remember David and all his meekness. Lo, we heard of it at Ephratha;
we found it in the fields of the wood.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Glorious things are spoken of thee, O city of God. God is in the midst of her;
she shall not be moved. **[Refrain]**

Vs. *Glory...now & ever...Amen. [Refrain]*

SECOND ANTIPHON verses for the feast of the Nativity of the Theotokos & refrain

Vs. The Lord hath sworn in truth unto David; and He will not turn from it. Of the
fruit of thy body will I set upon thy throne.

**Refrain: O Son of God, Who rose from the dead, save us who sing to
Thee, Alleluia!**

Vs. There will I make the horn of David to bud; I have ordained a lamp
for mine anointed. **[Refrain]**

Vs. For the Lord hath chosen Zion; He hath desired it for His habitation. **[Refrain]**

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate
of the holy Theotokos and ever virgin Mary, who without change didst become man and wast
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us!

Third Antiphon for the Feast of the Nativity of the Theotokos

Vs. Here will I dwell, for I have desired it.

Refrain:

**Your nativity, O Virgin,
has proclaimed joy to the whole universe!
The Sun of righteousness, Christ our God,
has shone from you, O Theotokos.
By annulling the curse,
He bestowed a blessing.//
By destroying death, He has granted us eternal life.**

Vs. The most high hath sanctified his tabernacle. **[Refrain]**

Vs. Holy is Thy temple, and wonderful in righteousness. **[Refrain]**

AS THE CLERGY ENTER THE ALTAR AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection

Tone 4

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Troparion for the Feast of the Nativity of the Theotokos

Tone 4

Your nativity, O Virgin,
has proclaimed joy to the whole universe!
The Sun of righteousness, Christ our God,
has shone from you, O Theotokos.
By annulling the curse,
He bestowed a blessing.//
By destroying death, He has granted us eternal life.

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Nativity of the Theotokos**Tone 4**

By your nativity, most pure Virgin,
Joachim and Anna are freed from barrenness,
Adam and Eve from the corruption of death.
And we, your people, freed from the guilt of sin, celebrate and sing to You:
“The barren woman gives birth to the Theotokos, the Nourisher of our Life.”

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm verses before the Epistle (Prokeimenon) Tone 6
(Music on page 60 of Liturgy book)

O Lord save Thy people and bless Thine inheritance. (Ps. 28:9)

Verse: *To Thee will I cry, O Lord, O my God, do not be silent unto me.*

THE EPISTLE READING
for the Sunday before the Feast of the Cross
Galatians 6:11-18

Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the Law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me and I to the world.

For, neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all, who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 1

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Vs. 1 I have exalted one chosen out of My people. **Alleluia** (Ps 88/89:20)

Vs. 2 For My hand shall defend him, and My arm shall strengthen him.

Alleluia (Ps 88/89:22)

GOSPEL READING for the Sunday before the Feast of the Cross

John 3:13-17

The Lord said, “No one has ascended into heaven but He who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in Him should not perish but have eternal life. For God so loved the world that He gave His only Son, that whoever believes in Him should not perish but have eternal life. For, God sent His Son into the world, not to condemn the world, but that the world might be saved through Him.”

Meglynarion for the Nativity of the Theotokos (Hymn to the Mother of God)

Magnify, O my soul, the Virgin Mary, born of a barren womb.

Virginity is foreign to mothers; Childbearing is strange to virgins.

But in you, O birthgiver of God, both were accomplished.

Therefore, all the earthly nations unceasingly glorify You.

Communion Hymn

For the feast of the Nativity of the Theotokos:

Praise the Lord from the heavens, praise Him in the highest! (*Ps. 148:1*)

I will receive the cup of salvation and call on the name of the Lord.

(*Ps 115/116:13*) Alleluia, Alleluia, Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

ANNOUNCEMENTS

DN. SCOTT JACOBS will be away from September 9 to October 21st. Please keep him in your prayers for safe travels.

THIS WEEK THERE WILL BE NO WEEKLY LITURGY ON THURSDAY MORNING, due to the Feast of the Cross, which we will celebrate this Wednesday evening.

UPCOMING FEAST DAY SERVICES

ELEVATION OF THE HOLY CROSS

Wednesday, September 14	5:30 p.m.	Matins
	6:30 p.m.	Divine Liturgy

ADULT CATECHISM CONTINUES TODAY after the Agape Meal. All adults are welcome to attend, whether inquirers, catechumens, or lifelong Orthodox Christians. A detailed schedule of session dates and topics will be available soon. The September schedule is as follows:

September 11	Holy Writ within Tradition
September 18	God is Trinity: Father, Son, and Holy Spirit
October 2	Salvation History

OUR ANNUAL ALL-PARISH MEETING WILL BE ON SUNDAY, SEPTEMBER 25th after the Agape Meal. The meeting will last approximately an hour. Please plan to stay that day to be updated on a number of important areas of our parish life.

OUR DIOCESE FALL GATHERING WILL BE October 7-9 at St. Simeon Orthodox Church in Santa Clarita. The main purpose of the Fall Gathering is for the Diocesan organizations' leadership (Teens, Antiochian Women) to meet on Saturday morning to plan the coming year. More information, the schedule and registration form are available in the hall way of our church, for those who are interested. There are some rooms available at a discounted rate of \$141/night at the Courtyard by Marriot in Valencia.

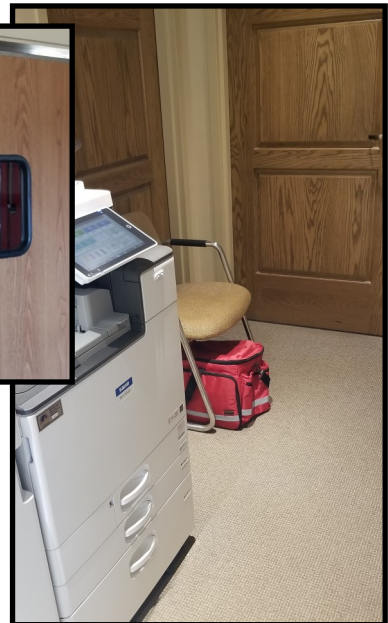


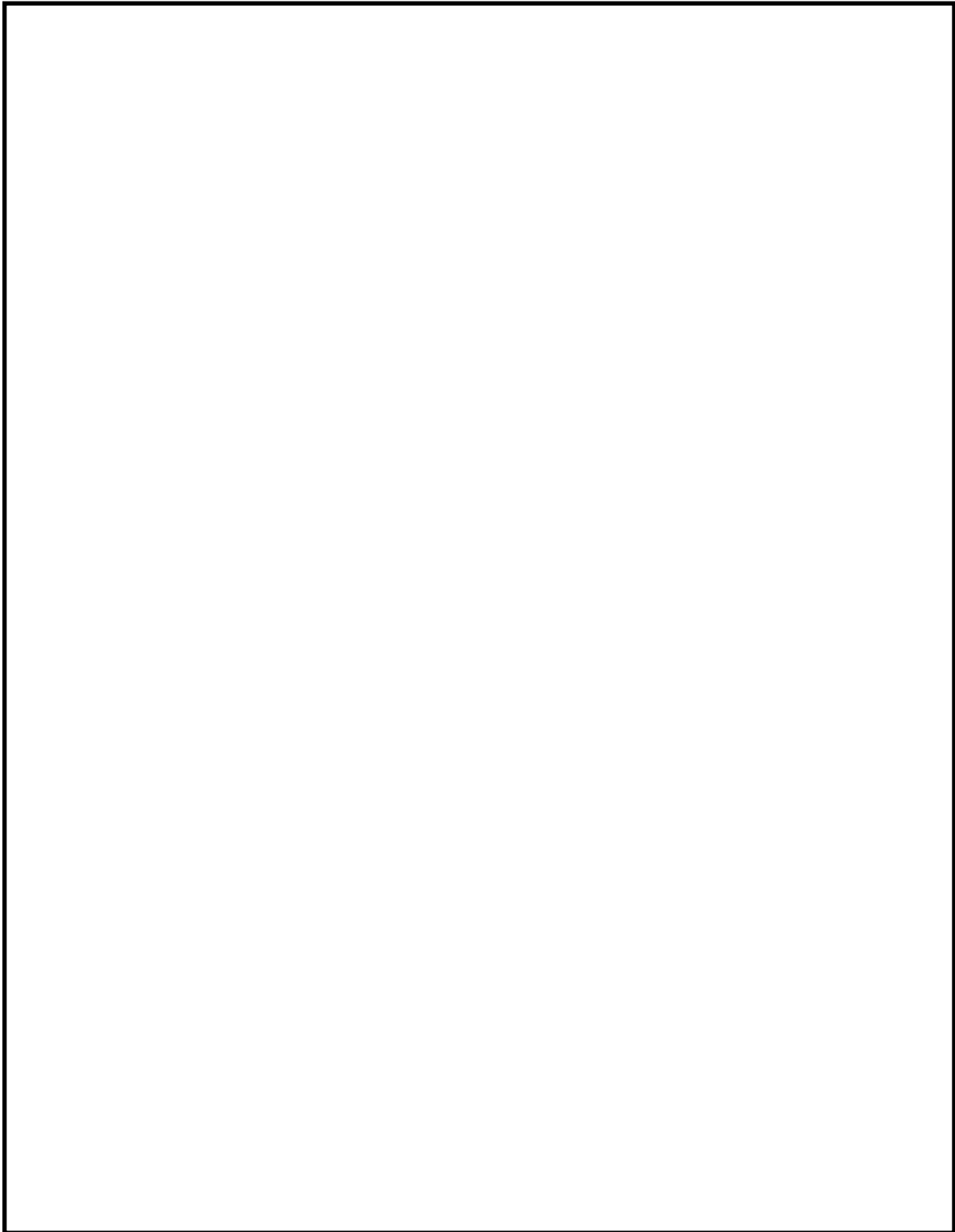
**INSTALLATION &
BLESSING OF
2022-23
PARISH COUNCIL**

Sunday, 9-4-22

**HERE'S WHERE TO FIND FIRST AID SUPPLIES
AND EQUIPMENT IN OUR BUILDING**

- Large, red duffle bag under the chair by the copier between the offices (Large & small bandages, antiseptic, meds)
- First Aid Kit on the shelf in the Warming Kitchen close to the double doors.
- Defibrillator mounted on the wall near the Bookstore and offices.





CELEBRATIONS THIS WEEK

Birthdays

9/11 Niko Halsell
 9/14 Michael (Jimmy) Easbey
 9/17 Christina Lydick

Patronal Feast Days

9/17	St. Hope (daughter of St. Sophia)	Willow Hope Palmer
9/17	St. Sophia	Giana Sophia Brunner, Sophia Roberts
9/17	St. Sophia & her 3 daughters	Bella Madrigal

SUNDAY MORNING AGAPE MEAL

This fall we will be making a slight shift in how we think about and organize our fellowship time after the Divine Liturgy. Active parish members received an e-mail last week from Fr. Symeon explaining this shift.



In the early church, after worshipping together, the Christians would share a meal together, referred to as the “Agape Meal.” The “breaking of bread” which takes place after the Divine Liturgy is an important extension of the union we experience in the Eucharist.

Modeling the spirit of this meal, we will be shifting away from coffee and snacks to a simple meal on most Sunday, during which we can share fellowship, provide hospitality to visitors, and nurture a spirit of generosity and service in the parish.

To encourage participation from all parish households, we are forming Agape Meal Teams that will work together to share the labor of loving hospitality. Suzi Wiley is coordinating this effort. If you are willing to serve as a Team Leader or team member, please contact her at: suziwiley@cox.net.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna B. (military)
Steve T.

Phyllis M.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Jerry J.
Chuck S.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families
Bob
Cheryl F.
Michael V.
Jane M.
Hannah S.
J. Palmer
Leslie O.
Julie & Mario
Chase
Paige

Jaymie
Kyser
Carla B.
Chrissy M.
Dn. Scott J.
David W.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and support
of long-term missionaries from our parish.

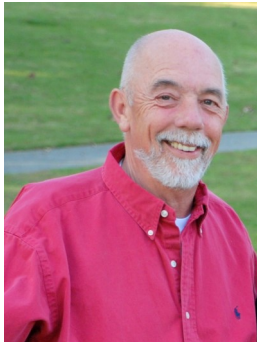
For repose of the souls of:

Met. Herman, Met. Kallistos (Ware), James,
Dn. Richard E., Eric H. Fr. Duane P., Kevin O.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.



This year's Putting Contest
at the
Howard Shannon Golf Tournament
will be in honor & memory
of Dn. Richard Easbey.

Please consider a gift in his memory to support
this year's tournament and to get us closer to our vision of
BUILDING A TEMPLE to the GLORY OF GOD!

<https://www.stathanasius.org/events/2022-golf-tournament/>
(Scroll down to the button for the Dn. Richard Putting Contest.)

SILENT AUCTION UPDATE

THANK YOU, S.A.O.C. PARISHIONERS for helping to make this a GREAT auction year! We have over 100 silent auction items! Please come and participate, and encourage your guests to bid!

Here are a few highlights from our many auction items:

- Custom Dinners by Mike Loulias, Douglas Meyer, Corie Sieck and Jan Speier
- Handmade blankets by Grandma Dottie and Penny Brunner
- Handmade Pottery by Rusty Sieck
- YETI Roadie 24 Cooler
- 5 hours, online Math (pre-algebra - College level), Physics or Stats Tutoring by Trent Speier
- Beautiful Hand painted Archangel Michael Icon by Nataliya Tinyayeva, value \$450
- Vintage Diamond Earrings, 583 gold, 13k, diamonds, made in Russia, value: \$500
- Vizio V Series **65"** Smart TV, value: \$500
- Invisalign Case and Treatment by Dr. Jon King, value: \$5,000
- El Cid Marina Beach **Resort** & Yacht Club, Mazatlán, Mexico, 2 bedroom, 2 bathroom, Saturday May 27-June 3rd, 2023
- Lots of certificates for Restaurants and stores, and of course, fine bottles of wine!