



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

**Office hours:** Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

**Pastor:**

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

**Priests attached to the parish:**

Fr. Nicholas Speier (Pastor Emeritus)

Fr. John Carrillo (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun

Dn. Scott Jacobs (retired)

Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Parish Council 2025-2026**

Cheryl Washburn-Lander, President

Kristin King, Vice President

Velislava Nikolov, Secretary

Dan Braun, Treasurer

Asia Ballew

Peter Braun

Sydney Hedges

Jared Speier

**Music Director/Administrator:**

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

**College/Young Adult Activities Coordinators**

Athanasia Ballew

asiaballew@proton.me

Zac Wood

zac.wood9@gmail.com

## **DIVINE LITURGY OF ST. JOHN CHRYSOSTOM**

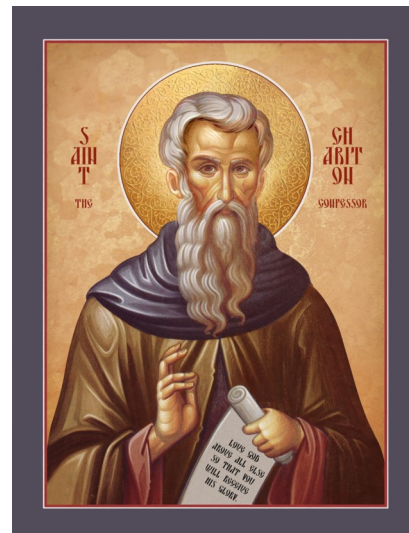
**Sunday, September 28, 2025**

**Tone 7 / Eothinon 5;**

**Sixteenth Sunday after Pentecost  
& First Sunday of Luke**

Venerable Chariton the Confessor and Abbot of Palestine;  
Prophet Baruch;

Venerable Neophytos and Auxentios of Cyprus



## **WELCOME TO OUR VISITORS!**

We are glad you are with us this morning  
to join our worship of the Father, Son & Holy Spirit!  
Please join us on the patio after the Liturgy for  
the Agape Meal. We'd love to meet you!

**We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion:**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,

for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**HYMNS SUNG AT THE LITTLE ENTRANCE:****Troparion of the Resurrection****Tone 7**

Thou didst shatter death by Thy Cross;

Thou didst open paradise to the thief;

Thou didst turn the sadness of the

ointment bearing women into joy,

and didst bid Thine apostles proclaim

a warning that Thou hast risen, O Christ,

granting the world the great mercy.

**Troparion for St. Chariton****Tone 8**

By a flood of tears you made the desert fertile,

and your longing for God brought forth fruits in abundance.

By the radiance of miracles you illumined the whole universe.//

Our Father Chariton, pray to Christ God to save our souls!

**Troparion to St. Athanasius****Tone 3**

Holy Bishop Athanasius,

you became a stronghold of Orthodoxy,

strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,

you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God

that He may grant us abundant mercy.

**Kontakion - Ordinary Sundays****Tone 4**

O undisputed intercessor of Christians,

The mediatrix, who was unrejected by the Creator.

Turn not away from the voice of our petitions, though we be sinners.

Come to us with aid in time, who cry unto thee in faith, for thou art good.

Hasten to us with intercessions, O Theotokos,

who dost ever intercede for those who honor thee.

## **TRISAGION (THRICE-HOLY) HYMN**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

## **Preparatory Psalm Verses before the Epistle**

**Tone 7**

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

## **EPISTLE READING**

### **2 Corinthians 6:1-10**

Brethren, working together with Him, then, we entreat you not to accept the grace of God in vain. For He says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

## **Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**

**Tone 7**

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

**Verse:** It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

**Verse:** To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

## GOSPEL READING

### Luke. (5:1-11)

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at Thy word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed Him.

### Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)  
Alleluia, Alleluia, Alleluia!

## Holy Communion

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer, fasting, and a recent Sacramental Confession.

**Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, "Father, bless." After this you may take a piece of antidoron (blessed bread) offered in the bowls.**

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

## WEDNESDAY EVENING SERVICES

**WEDNESDAY EVENING SERVICES HAVE BEGUN AGAIN.** We will alternate between the Paraklesis, which we pray out in the field by the cross, and Akathist services for various saints prayed in the chapel, many for whom we have relics to venerate.

**Wednesdays at 5:30 p.m.:**

Oct. 1	Paraklesis
Oct. 8	Akathist to St. John Maximovich
Oct. 15	Paraklesis
Oct. 22	Akathist to St. Paisius
Oct. 29	Akathist to St. Herman of Alaska
Nov. 5	Paraklesis
Nov. 12	Akathist to St. John the Theologian

**During the Advent Fast, we pray the Advent Paraklesis on Wednesdays.**



**PRE ORDERS:**

**OPEN NOW THROUGH OCTOBER 10TH**

**PICKUP:**

**OCTOBER 25TH : 11AM-6PM & OCTOBER 26TH : 1PM-6PM**

**LOCATION:**

**SAINT BARBARA GREEK ORTHODOX CHURCH  
1205 SAN ANTONIO CREEK ROAD,  
SANTA BARBARA CA 93111**

**ORDER HERE:  
GREEKGRABGO.COM**



## ANNOUNCEMENTS

### METROPOLITAN SABA ON “SPEAKING THE TRUTH WITH LOVE”:

<https://www.antiochian.org/regulararticle/2576>

**SUNDAY RELIGIOUS EDUCATION CLASSES BEGIN NEXT SUNDAY, OCTOBER 5th.** The Catechesis of the Good Shepherd for children ages 3 yrs through 6th grade will meet at 9:00 a.m. The teens will meet immediately following the Eucharist.. All children and teens need to be REGISTERED by a parent or guardian by the first session.

**TODAY AND ON OCTOBER 19 & 26 at 12:30 p.m., our Music Director, Valerie, will offer a 30-minute session of basic instruction in singing.** If you would like to sing with more confidence during services, want to explore your singing ability, and/or would like to join us in Christmas caroling in December, join us for these group sessions. We will learn how to free up our singing voices with some simple vocal exercises and we will sing through some basic responses, (like “Lord have mercies”) liturgical hymns for the upcoming Nativity feast, and some Christmas carols. Folks of all ages are welcome!

**TODAY IS THE ST. BARBARA MONASTERY MONTHLY FRIENDS GATHERING.** Fr. Moses McPherson from Texas will speak at 4 pm on “An Orthodox Response to the Death of Charlie Kirk.”

### ADULT CATECHISM

Adult Catechism classes began on September 21st and will meet from 12:45—1:15 P.M. every Sunday until the beginning of Great Lent, with a few exceptions.

### TUESDAY BIBLE STUDY

All are welcome to attend our Autumn Bible Study of St. Luke’s Gospel and the Book of Acts. The study begins after our 5:30 p.m. Daily Vespers on Tuesdays and lasts until 7:00 p.m. The Bible Study will meet from now through November 11th (Advent) and then will resume in early 2026.

**ON FRIDAY, OCTOBER 17th at 7:00 p.m., the recently released film, “AMERICAN ORTHODOX,”** will be shown at Annunciation Orthodox Church (OCA), 877 Francine Ln, in Santa Maria. After the film, there will be a Q&A with the film’s director, Robert John Hammond. To learn more about the film, go to: <https://americanorthodoxfilm.com/>

## CELEBRATIONS THIS WEEK

### Birthdays

9/28 Dn. John Young  
9/30 Michael Loulias  
10/1 Jase Speier  
10/2 Andrew Macdonald

### Patronal Feast Days

9/28	St. Jerome	Tyson Shackelford
10/1	St. Romanos the Melodist	Cameron Bobro
10/1	St. Sidonia of Georgia	Suzi Wiley
10/2	St. Justina of Nicomedia	Justina King

## WOMEN'S FALL BOOK STUDY

Our Women's Fellowship invites you to join us for a new book study this October!

We'll be diving into **The Art of Myrrhbearing** by Elissa Bjeletich Davis, a book that explores the beautiful and challenging calling of women and men in the Church. While we'll be focusing our discussion on Part 2 of the book, we highly recommend reading the entire book if you can. We have some copies for purchase in the bookstore.

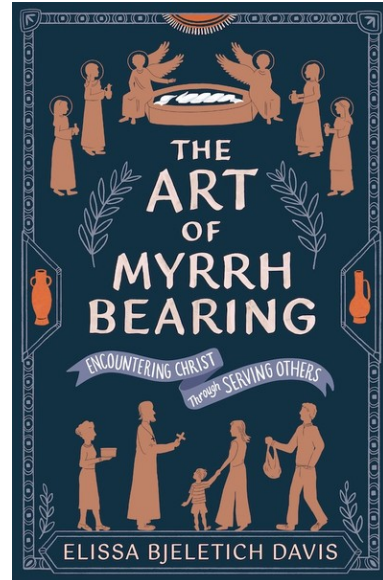
We'll be meeting for three evenings to share our thoughts and insights:

**October 9th:** Pages 71-98

**October 16th:** Pages 99-128

**October 23rd:** Pages 129-161

We'll gather at the church at 6:30 PM for a meaningful hour of discussion and fellowship, wrapping up around 7:30 PM. We can't wait to see you there!



## BABY SHOWER BONANZA for Susie's Closet

Thank you to all who have participated in our Women's Fellowship collection of baby clothes and other items for new moms in need. Special thanks to Fr. Nicholas and Jan Speier for hosting our kick-off brunch. We will be accepting donated items up through next Sunday, October 5th. Please place them in the basket or on the table right outside Fr. Symeon's office.







**We have reached our first \$1 Million goal  
for the Temple Fund!**

**Join us on SUNDAY, OCTOBER 12th  
after the Divine Liturgy for a celebration!**

**Menu**

BBQ'd Sausages

Potato Salad

Green Salad

Sauerkraut

“Rotkohl” (German Red Cabbage)

Ginger Lemonade, Coffee & Tea

Mr. Softee Ice Cream Truck

**For the Kids:**

Face Painter from 12:00–2:00 p.m.

Sants Barbara Bubble Guy — interactive show at 12:45 p.m.

No charge. Bring the whole family!

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

His Beatitude, Patriarch John X  
Metropolitan SABA  
Mother Victoria  
Met. Paul & Abp. John  
Abp. Benjamin  
Fr. Gabriel in Kenya (OCMC)  
Fr. Jon B.  
Fr. John & Kh. Diane C.  
Fr. Nicholas & Jan  
Fr. Turbo & St. Mary parish  
Fr. Paul and St. Moses parish  
Hieromonk Siloan  
Greg & Margaret Y.  
Hoppe Family in Albania (OCMC)  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Kh. Melissa H.  
Jeremiah & Sarah H. (military)  
Chase K. (military)  
Nick & Kristine J. (military)  
Julianna & Zaron D. (military)  
P. Speier (military)

Steve T.  
Dn. John & Fay Y.  
Kh. Peggy K.  
Kh. Janet Henderson  
Phyllis M.  
Fr. Joseph A.  
Jim M.  
Gayla  
Cameron B.  
Galeyna T.  
Jill W. and Family  
Alla G.  
Oleg G.  
Wayne Family  
Shirley D. and Family  
Jesús D.  
Josh W.  
Briana B.  
Penny B.  
Justin & Amber B.

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

## OUR CATECHUMENS:

Cameron Clouse  
Joshua Dunford  
Sahit Rampilla  
Ethan Salcedo  
Tyler Vrem  
Joshua Weiss (currently lives abroad)  
Martin Wilson  
Nathan Wright, Owain & Gavin

**For repose of the souls of:** Bruce J.

## ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of our building. The tables and cabinets contain items that are FOR SALE. If you need a cross or chain and jewelry is not displayed on Sunday, contact **Terri Speier at: [bookstore@stathanasius.org](mailto:bookstore@stathanasius.org)**.

Payment should be made at the time of purchase. Cash and checks may be placed in the brown lockbox on wall next to Fr. Symeon's office. Make checks payable to **S.A.O.C. Bookstore**.

Online payment can be made at [www.stathanasius.org](http://www.stathanasius.org). (Select "MAKE A DONATION," and then use the dropdown earmark for BOOKSTORE.)

The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.

**All proceeds go to the parish Temple Fund.**

## CALENDAR FOR THE WEEK

### **Sunday, September 28**

9:00 a.m. Matins  
 10:00 a.m. Liturgy  
 11:45 a.m. Agape Meal  
 12:30 p.m. Singing Session for Beginners  
 12:45 p.m. Adult Catechism

### **Monday, September 29**

7:00 a.m. Daily Readers Matins  
 3:00 p.m. St. Xenia Prayer Ministry by Zoom  
 (Akathist for St. Nikiforos)

### **Tuesday, September 30**

5:30 p.m. Daily Vespers  
 6:00 p.m. Bible Study (Luke, Acts)

### **Wednesday, October 1**

#### **PROTECTION OF THE THEOTOKOS**

#### **ST. ROMANOS THE MELODIST**

7:00 a.m. Daily Reader's Matins  
 11:55 a.m. St. Xenia Prayer Ministry  
 5:30 p.m. Paraklesis

### **Thursday, October 2**

7:45 a.m. St. Xenia Prayer Ministry by Zoom  
 10:00 a.m. Showers of Blessing  
 5:30 p.m. Daily Vespers  
 6:00 p.m. Jr. High Youth Group  
 6:45 p.m. High School Youth Group

### **Friday, October 3**

7:00 a.m. Daily Matins (with a priest)

### **Saturday, October 4**

5:30 p.m. Great Vespers/Confessions

### **Sunday, October 5**

9:00 a.m. Religious Ed. for ages 3 yrs—Grade 6  
 9:00 a.m. Matins  
 10:00 a.m. Liturgy  
 11:45 a.m. Agape Meal

## SUNDAY MORNING MINISTRIES SCHEDULE

### **EUCCHARIST BREAD**

September 28	Jacobs
October 5	Fr. Nicholas
October 12	Vander Laan
October 19	Dn. Gary
October 26	Kern
November 2	Wolfington
Nov. 9	Frangos
Nov. 16	Meyer

### **READERS**

September 28	Gish
October 5	Lange
October 11	Alexander
October 12	Butler
October 19	Meyer

### **GREETERS**

September 28	K.P. King/L. Baker
October 5	J. & M. Worthington
October 12	M. Wayne/K.L. King
October 19	A. Ballew/N. Aviles

### **USHERS**

September 28	D. Alexander/M. Loulias
October 5	P. King/J. King
October 12	D. Washburn/D. Meyer
October 19	K.L. King/D. Alexander

### **AGAPE MEAL HOSTS**

September 28	Team Aviles/Wood
October 5	Team Halsell

### **OCTOBER FEST**

	Celebration of reaching \$1M goal
October 19	Team Alexander/Hedges

## WE NEED YOUR HELP...

We ask that you kindly clean up your own sitting area  
 and return service booklets at the end of each service.

Bulletins and Matins/Vespers weekly handouts may be taken home.

**Thank you!**

## NEW MEMBERS HIGHLIGHTS

### DIEGO RANGEL

I was born and raised in Santa Barbara. I was born into the Roman Catholic faith but later became a practicing Protestant. After stumbling on a video on the history of the Christian Church, I decided to pursue the answer to the question, “What is the True Church?”

My buddy Isaak invited me to St Athanasius and after attending here, I knew the Orthodox Church was the True Church. I was received into the Orthodox Faith on Lazarus Saturday of this year.

I work as a endoscopy technician at two medical centers and my favorite hobbies are reading, martial arts, and hiking.

