



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier

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Assistant Pastor:

Fr. Symeon Halsell

805-685-5400

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey (retired)

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

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Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2021-2022:

Laurie Baker, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Mary Denny

David Dillon

Glenn Hoppe

Lara Jacobs

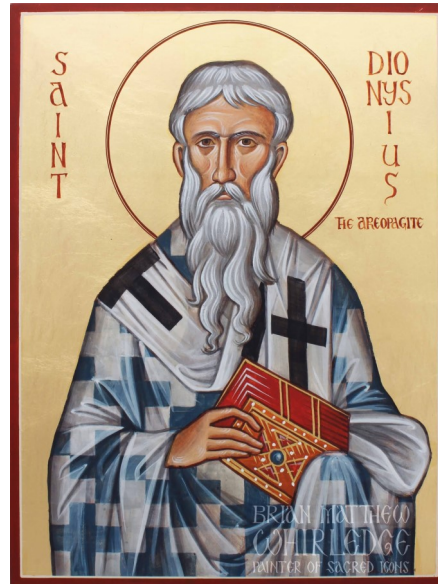
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, October 3, 2021

**Tone 6 / Eothinon 4; Fifteenth Sunday after Pentecost
& Second Sunday of Luke**

**Hieromartyr Dionysios the Areopagite
Martyrs Eleutherios and Rustikos**



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

"Let the little children come unto Me for of such is
the Kingdom of Heaven." Luke 18:16

CALENDAR FOR THE WEEK

Sunday, October 3

9:00 a.m. Matins
 9:00 a.m. Religious Ed. Classes for ages 6-12
 10:00 a.m. Divine Liturgy / **Blessing of Musicians**
 11:30 a.m. Religious Ed for Teens
 11:45 a.m. Coffee Hour

Monday, October 4

6:45 a.m. Daily Matins

Tuesday, October 5

5:30 p.m. Daily Vespers

Wednesday, October 6—APOSTLE THOMAS, ST. INNOCENT

6:45 a.m. Daily Matins
 8:30 a.m. Weekly Divine Liturgy
 12:00 p.m. St. Xenia Prayer Ministry

Thursday, October 7

7:45 a.m. St. Xenia Prayer Ministry (by Zoom)
 10:00 a.m. Showers of Blessing
 4:30 p.m. Youth Group Volleyball Outing
 5:30 p.m. Daily Vespers

Friday, October 8—Diocesan Fall Gathering

6:45 a.m. Daily Matins

Saturday, October 9—Diocesan Fall Gathering ST. TIKHON

4:30 p.m. Adult Catechism: “**Salvation History**”
 6:00 p.m. Great Vespers/Confessions

Sunday, October 10—Diocesan Fall Gathering

9:00 a.m. Matins
 9:00 a.m. Religious Ed. Classes for ages 6-12
 10:00 a.m. Divine Liturgy
 11:30 a.m. Religious Ed for Teens
 11:45 a.m. Coffee Hour under front portico

Fr. Symeon is attending the diocesan fall gathering October 8-10.

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

October 3 Sieck
 October 10 Tinyayeva
 October 17 Meyer
 October 24 Fr. Nicholas

READERS

October 3 D. Meyer
 October 10 M. Braun
 October 16 Rdr. M. Kern (Vespers)
 October 17 Rdr. V. Gish
 October 24 D. Washburn

GREETERS

October 3 G. & L. Hoppe
 October 10 K. Fox/D. Lewis
 October 17 L. Baker/C. Fisher
 October 24 P. Cocores/M. Loulias

USHERS

October 3 P. King/J. King
 October 10 C. Speier, S. Speier
 October 17 D. Meyer/M. Loulias
 October 24 D. Alexander/K.L. King

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

October 7 H. Lange/D. Alexander
 October 14 L. Ballew/F. Young
 October 21 M. Loulias/P. Cocores
 October 28 TBA

COFFEE HOUR

Please consider signing up to bring the snacks on a Sunday this fall.

To access the sign-up list:

<https://bit.ly/SAOCcoffeehour>

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion:**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

**Glory to the Father and to the Son and to the Holy Spirit;
Now and ever and unto ages of ages. Amen.**

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate
of the holy Theotokos and ever virgin Mary, who without change didst become man and wast
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

AS THE CLERGY ENTER THE ALTAR AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY:

Resurrectional Troparion

(Music on p. 49-50 of Liturgy book)

Tone 6

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Troparion for Dionysius the Areopagite

Tone 4

Having learned goodness and maintaining continence in all things,
you were arrayed with a good conscience as befits a priest.
From the Chosen Vessel you drew ineffable mysteries;
you kept the Faith, and finished a course equal to his.//
Hieromartyr Dionysius, entreat Christ God that our souls may be saved!

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm verses before the Epistle (Prokeimenon) Tone 6
(Music on page 60 of Liturgy book)

O Lord save Thy people and bless Thine inheritance. (Ps. 28:9)

Verse: *To Thee will I cry, O Lord, O my God, do not be silent unto me.*

EPISTLE READING

2 Corinthians (4:6-15)

Brethren, it is the God Who said, "Let light shine out of darkness," Who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ. But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. While we live we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in our mortal flesh. So death is at work in us, but life in you. Since we have the same spirit of faith as he had who wrote, "I believed, and so I spoke," we too believe, and so we speak, knowing that He Who raised the Lord Jesus will raise us also with Jesus and bring us with you into His presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God.

Alleluia Refrain and Psalm verses before the Gospel
(Music on p. 65 of Liturgy Booklet)

Tone 6

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Vs. 1 He Who dwelleth in the help of the Most High shall abide under the
shadow of the protection of the God of Heaven. (*Ps 90/91:1*) **Alleluia**

Vs. 2 He will say to the Lord, Thou art my protector and my
refuge, my God, in Him will I hope. (*Ps 90/91:2*) **Alleluia**

GOSPEL READING

Luke (6:31-36)

The Lord said: "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for He is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest!

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,
"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.



BLESSING OF OUR MUSICIANS

In conjunction with the feast of St. Romanos the Melodist (Oct. 1) we will pray for a blessing today upon our singers and chanters who lead us in the responses and offer the liturgical hymnody at all of our services. All of them devote a great deal of time and energy to their liturgical ministry and work hard to offer beautiful, prayerful sounds of praise as we worship at the throne of our loving and life-giving Lord. May these faithful servants be granted good health peace, and many years!!

ANNOUNCEMENTS

FR. SYMEON WILL BE AWAY NEXT WEEKEND, attending the Diocesan Fall Gathering.

WEDNESDAY WEEKLY LITURGY

Fr. Symeon along with a few of the homeschooling families have begun to celebrate the Divine Liturgy on Wednesday mornings at 8:30 am. We began this practice out of the desire to put the Eucharist at the center of the education of our children and for us to learn and deepen our participation in this worship of the Holy Trinity. With this in mind, the children form a choir, assist in the altar and read the Epistle. All are welcome to come to join in this worship and take advantage of the opportunity to partake of Our Lord's precious Gifts during the week. You will find the scheduled Wednesday Liturgies on the parish calendar.

ADULT CATECHISM is on Saturdays from 4:30-5:45 p.m. All are welcome! Next week's class, Oct. 9th, will be: "Salvation History." The class will be taught by Fr. Nicholas.

SEARCH THE SCRIPTURES SEMINAR—taught by MET. HILARION ALFEYEV

This November, St. Vladimir's Seminary welcomes Metropolitan Hilarion Alfeyev and top biblical scholars to campus for a free, public event centered on Holy Scripture. Join us in person or online November 11 and 12 for the event, Searching the Scriptures, in celebration of Metropolitan Hilarion's monumental series *Jesus Christ: His Life and Teaching* (SVS Press). **Attendance is free, but you must register beforehand** if you plan on joining whether in person or online. In-person attendance will be limited due to pandemic-related restrictions.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

10/4 Corina and Adrian Berari
10/07 Benny & Michelle Madrigal

Birthdays

10/6 Holden Dillon
10/6 Todd Easbey
10/9 Jason Wallace
10/9 Jennifer Speier

Patronal Feast Days

9/24	St. Silouan the Athonite	Levi Harvey Silouan Denny (missed it last week!)
10/6	St. Thomas	Craig Speier



Thank you to our parish and our community for making the 10th annual Howard Shannon Golf Tournament the best yet!

We are humbled and amazed at how well we did. Though we don't have an exact number yet, we do know that we have netted over \$120,000. An Incredible start to our Temple Fund!

We hope to bring you an update in the next few weeks.

GOLF COMMITTEE: Dr. Scott Speier, Jami Stetler, Angel Speier, Terri Speier, Chris Robinson

LOTS OF GREAT PHOTOS AT:

<https://www.stathanasius.org/media/photo-gallery/september-17-2021-golf-tournament/>

HOWARD SHANNON GOLF TOURNAMENT 2021

Thank you to all in our parish who donated items for our silent auction!

**On Oct 17 at coffee hour we will have a sale
with leftover auction items and a special jewelry sale.
All auction proceeds go to the Temple Fund.**

**We would also like to let you know of the businesses in our community that contributed
to our silent auction. Their donations will help build our temple!**

Ambiance Nail Care, Goleta
B Boutique, Santa Barbara
Beach Beads of Santa Barbara, Cheryl Fisher
Cards by Fay
Chick-fil-A, Santa Barbara
Cinquain Cellars, San Miguel
CMH Icons, Cayce-Marie Halsell
Dane Romley, The Simpsons
Demetria Estate and Vineyards, San Ynez
Don Parsons Golf
doTERRA, Melissa J. Braun
Eagle Inn, Santa Barbara
Family Eye Center, Solvang
Gunderson Driving School, Goleta
Holdren's Steak and Seafood, Santa Barbara
Home Plate Grill, Goleta
Icon Guild of Southern CA, Dorothy Alexander
In N out Burger, Headquarters Irvine
K Designs, Kellie Landrum
Karelyn Larson, Therapeutic Massage
Killer B Fitness, Goleta
Mira Bella Salon and Spa, Santa Barbara
Orthodox Bread Seals.com
Photography by Natalilya Tinyayeva
Polished Nails, Goleta
Rodan + Fields, Kristin King
Santa Barbara Polo and Racquet Club
Santa Barbara Running, Montecito
St. John's Monastery, Goldendale, WA
Sula's Beaded Baubles, Suzi Wiley
Tyler Speier Events
Uncut Mountain Supply
Vici, vicicollection.com



Dear Friends of St. Barbara Monastery,

It isn't often that we have such wonderful news to share with you. Thanks be to God, a marvelous opportunity has opened up in front of us!

Many of you know that the house next door to the monastery is for sale. (Perhaps you have seen it: the red house across the creek from the area of the tire swing.) We are delighted—and humbled—to announce that we are close to being able to buy it! The house is to the south of the monastery, and the two are literally connected across Sisar Creek by a footbridge that goes from one backyard to the other (as illustrated on the cover).

The house has 3 bedrooms and 2 baths, a lovely and spacious living area that could be subdivided to create additional rooms, a new kitchen and even additional areas that could be dedicated to such tasks as making lavender products and sewing. The front and back yards are planted with grapevines, fruit trees and berries. The owner is leaving his small bird aviary and his chickens for us. He is also leaving the house fully furnished!

As you know from our previous Newsletters, because of our need for more living space to accommodate new sisters as well as guests, we considered adding a wing onto the current house or even building a smaller house on our property as a stop gap measure. Each of these options would be more costly in the end than buying the house next door. Moreover, owning the property insures it will not be put to some use that would compromise the peace and integrity of our current monastery property. Another benefit is that we can refinance all of our debt at a lower interest rate as part of a new home loan.

But, how much will this cost? The property costs \$930,000, and we will secure a loan that will refinance our current debt at a lower interest rate as well as contribute \$400,000 to the sale price of the new house. This leaves us with a fundraising goal of \$530,000.

Now for the Good News: Between donations and pledges, we have already raised more than \$350,000 of our goal!

If you are able to make a donation of any size, you will be helping us “cross the finish line” to secure this house for the future of the monastery. Please feel free to may make a donation via Paypal on our website or by sending a check.

How grateful we are to God for your continued friendship and faithful support through the years! Without you, there simply would be no St. Barbara Monastery!

Abbess Victoria
and the sisters
of St. Barbara Monastery

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)

Chase K. (military)
Nick & Kristine J. (military)
Steve T,
Bev R.
Phyllis M.
Scott L.
Abp. Benjamin
Kris F.
John N., Samantha & Chris
Temmo K.
Dr. Andrew G.
Mark K.
Sarah B.
Coleman Family (Lori, Abby,
Matt)
Dn. Nicholas D. and family
Jerry J.
Chuck S.
Mat. Trudi & Richter Family

Linda Gish & Family
Kevin F.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of: Harvey G., Fr. Anastasy (Stacey) R., Archpriest Sergei G.,
Roxy & Kaleo Coleman, Tresja D., Maria M.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.



PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the “40 Days for Life Vigil” - September 22-October 31, 2021)

O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.