



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

**Office hours:** Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

**Pastor:**

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

**Priests attached to the parish:**

Fr. Nicholas Speier (Pastor Emeritus)

Fr. John Carrillo (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun

Dn. Scott Jacobs (retired)

Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Parish Council 2025-2026**

Cheryl Washburn-Lander, President

Kristin King, Vice President

Velislava Nikolov, Secretary

Dan Braun, Treasurer

Asia Ballew

Peter Braun

Sydney Hedges

Jared Speier

**Music Director/Administrator:**

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

**College/Young Adult Activities Coordinators**

Athanasia Ballew

asiaballew@proton.me

Zac Wood

zac.wood9@gmail.com

## **DIVINE LITURGY OF ST. JOHN CHRYSOSTOM**

**Sunday, October 5, 2025**

**Tone 8 / Eothinon 6;**

**Seventeenth Sunday after Pentecost  
& Second Sunday of Luke**

Holy Martyr Charitina of Amisos;

John, Bishop of Euchaita;

Eudokimos of Vatopedi Monastery on Athos



**APOSTLE THOMAS, OCTOBER 6**

## **WELCOME TO OUR VISITORS!**

We are glad you are with us this morning  
to join our worship of the Father, Son & Holy Spirit!  
Please join us on the patio after the Liturgy for  
the Agape Meal. We'd love to meet you!

**We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion:**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,

for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**HYMNS SUNG AT THE LITTLE ENTRANCE:****Troparion of the Resurrection****Tone 8**

From the heights Thou didst descend,  
O Compassionate One;  
and Thou didst submit to the three day burial,  
that Thou might deliver us from passion.  
Thou art our Life and our Resurrection,  
O Lord, glory to Thee.

**Troparion to St. Athanasius****Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion - Ordinary Sundays****Tone 4**

O undisputed intercessor of Christians,  
The mediatrix, who was unrejected by the Creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith, for thou art good.  
Hasten to us with intercessions, O Theotokos,  
who dost ever intercede for those who honor thee.

## TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

## Preparatory Psalm Verses before the Epistle

**Tone 8**

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

**Verse:** *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

## EPISTLE READING 2 Corinthians 6:16-7:1

Brethren, we are the temple of the living God; as God said, “I will live in them and move among them, and I will be their God, and they shall be My people. Therefore come out from them, and be separate from them,” says the Lord, “and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be My sons and daughters, says the Lord Almighty.” Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

## Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

**Tone 8**

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

**Verse:** Come, let us rejoice in the Lord, let us shout with jubilation  
unto God our Savior.

**Verse:** Come before His countenance with thanksgiving,  
and with psalms let us shout in jubilation unto Him.

## GOSPEL READING

### Luke 6:31-36

The Lord said: "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for He is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

### Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia!

### Holy Communion

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer, fasting, and a recent Sacramental Confession.

**Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, "Father, bless." After this you may take a piece of antidoron (blessed bread) offered in the bowls.**

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

## WEDNESDAY EVENING SERVICES

**ON WEDNESDAY EVENINGS AT 5:30 p.m.**, we will alternate between the Paraklesis, which we pray out in the field by the cross, and Akathist services for various saints prayed in the chapel, many for whom we have relics to venerate.

### Wednesdays at 5:30 p.m.:

Oct. 8	Akathist to St. John Maximovich
Oct. 15	Paraklesis
Oct. 22	Akathist to St. Paisius
Oct. 29	Akathist to St. Herman of Alaska
Nov. 5	Paraklesis
Nov. 12	Akathist to St. John the Theologian

**During the Advent Fast, we pray the Advent Paraklesis on Wednesdays at 6:00 p.m.**

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**CELEBRATIONS THIS WEEK**  
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**Wedding Anniversaries**

10/07 Benny & Michelle Madrigal  
10/08 Phillip & Natalya Kawahara  
10/10 Garrett & Elleney Gish  
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**Birthdays**

10/6 Holden Dillon, Todd Easbey  
10/9 Jennifer Speier, Jason Wallace  
10/10 Michiel de Bruin  
10/11 Gage Salinas  
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**Patronal Feast Days**

10/06 **Apostle Thomas** Adam Carralejo, Craig Speier  
10/11 **St. Kenneth of Aghaboe** Ken Gomez  
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SAINT BARBARA GREEK ORTHODOX CHURCH PRESENTS:

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**PICKUP:**

OCTOBER 25TH : 11AM-6PM & OCTOBER 26TH : 1PM-6PM

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SAINT BARBARA GREEK ORTHODOX CHURCH  
1205 SAN ANTONIO CREEK ROAD,  
SANTA BARBARA CA 93111

ORDER HERE:  
[GREEKGRABGO.COM](http://GREEKGRABGO.COM)



## **ANNOUNCEMENTS**

### **TO ACCESS METROPOLITAN SABA'S WEEKLY MESSAGE:**

**"In the Orthodox Conscience" go to: <https://www.antiochian.org/regulararticle/2586>**

**FR. SYMEON WILL BE AWAY October 10—11** at the Diocesan Fall Gathering.

**SUNDAY RELIGIOUS EDUCATION CLASSES BEGIN TODAY .** The Catechesis of the Good Shepherd for children ages 3 yrs through 6th grade will meet at 9:00 a.m. The teens will meet immediately following the Eucharist. All children and teens need to be REGISTERED by a parent or guardian by the first session they attend.

**OCTOBER IS YOUTH & SEMINARIAN MONTH.** Our Archdiocese currently has 22 students enrolled in seminary. If you would like to make a donation towards the Archdiocese seminary fund, please make checks payable to our parish (ST. ATHANANIUS) and drop them in the tithe box. Or you can donate via our website: <https://www.stathanasius.org/donation/> **Choose the earmark "GENERAL DONATION," and please include a memo that says, "Seminarian Fund."** At the end of the month, we will send one check to the Archdiocese for the amount that was collected.

**ON OCTOBER 19 & 26 from 12:30-1:15 p.m., our Music Director, Valerie, will offer a session of basic instruction in singing.** If you would like to sing with more confidence during services, want to explore your singing ability, and/or would like to join us in Christmas caroling in December, join us for these group sessions. We will learn how to free up our singing voices with some simple vocal exercises and we will sing through some basic responses, (like "Lord have mercies") liturgical hymns for the upcoming Nativity feast, and some Christmas carols. Folks of all ages are welcome! If there is a significant show of interest, the sessions will continue.

### **ADULT CATECHISM**

Adult Catechism classes began on September 21st and will meet from 12:45—1:15 P.M. every Sunday until the beginning of Great Lent, with a few exceptions. All are welcome, whether inquirers, catechumens, or long-time members of the parish.

### **TUESDAY BIBLE STUDY**

All are welcome to attend our Autumn Bible Study of St. Luke's Gospel and the Book of Acts. The study begins after our 5:30 p.m. Daily Vespers on Tuesdays and lasts until 7:00 p.m. The Bible Study will meet from now through November 11th (Advent) and then will resume in early 2026.

**ON FRIDAY, OCTOBER 17th at 7:00 p.m., the recently released film, "AMERICAN ORTHODOX,"** will be shown at Annunciation Orthodox Church (OCA), 877 Francine Ln, in Santa Maria. After the film, there will be a Q&A with the film's director, Robert John Hammond. To learn more about the film, go to: <https://americanorthodoxfilm.com/>

## WOMEN'S FALL BOOK STUDY

Our Women's Fellowship invites you to join us for a new book study this October!

We'll be diving into **The Art of Myrrhbearing** by Elissa Bjeletich Davis, a book that explores the beautiful and challenging calling of women and men in the Church. While we'll be focusing our discussion on Part 2 of the book, we highly recommend reading the entire book if you can. We have some copies for purchase in the bookstore.

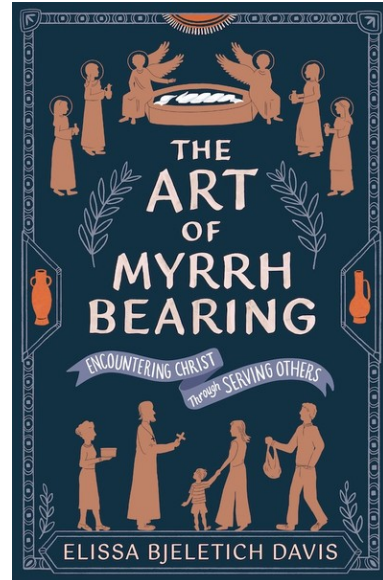
We'll be meeting for three evenings to share our thoughts and insights:

**October 9th:** Pages 71-98

**October 16th:** Pages 99-128

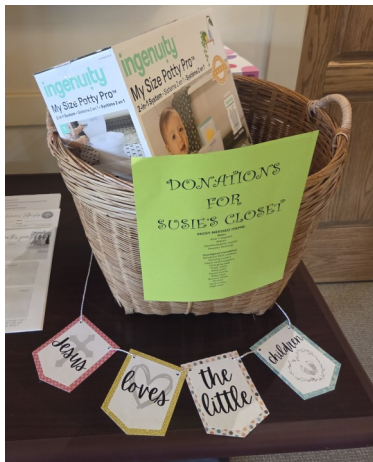
**October 23rd:** Pages 129-161

We'll gather at the church at 6:30 PM for a meaningful hour of discussion and fellowship, wrapping up around 7:30 PM. We can't wait to see you there!



## BABY SHOWER BONANZA for Susie's Closet

Thank you to all who have participated in our Women's Fellowship collection of baby clothes and other items for new moms in need. Special thanks to Fr. Nicholas and Jan Speier for hosting our kick-off brunch. **TODAY IS THE LAST DAY OF OUR COLLECTION.** Please place items in the basket or on the table right outside Fr. Symeon's office.







**We have reached our first \$1 Million goal  
for the Temple Fund!**

**Join us NEXT SUNDAY, OCTOBER 12th  
after the Divine Liturgy for a celebration!**

**Menu**

BBQ'd Sausages

Potato Salad

Green Salad

Sauerkraut

"Rotkohl" (German Red Cabbage)

Ginger Lemonade, Coffee & Tea

Mr. Softee Ice Cream Truck

**For the Kids:**

Sants Barbara Bubble Guy — interactive show at 12:15-1:15 p.m.

Face Painter from 1:00-2:00 p.m.

No charge. Bring the whole family!

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

His Beatitude, Patriarch John X  
Metropolitan SABA  
Mother Victoria  
Met. Paul & Abp. John  
Abp. Benjamin  
Fr. Gabriel in Kenya (OCMC)  
Fr. Jon B.  
Fr. John & Kh. Diane C.  
Fr. Nicholas & Jan  
Fr. Turbo & St. Mary parish  
Fr. Paul and St. Moses parish  
Hieromonk Siloan  
Greg & Margaret Y.  
Hoppe Family in Albania (OCMC)  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Kh. Melissa H.  
Jeremiah & Sarah H. (military)  
Chase K. (military)  
Nick & Kristine J. (military)  
Julianna & Zaron D. (military)  
P. Speier (military)

Steve T.  
Dn. John & Fay Y.  
Kh. Peggy K.  
Kh. Janet Henderson  
Phyllis M.  
Fr. Joseph A.  
Jim M.  
Gayla  
Cameron B.  
Galeyna T.  
Jill W. and Family  
Alla G.  
Oleg G.  
Wayne Family  
Shirley D. and Family  
Jesús D.  
Josh W.  
Briana B.  
Penny B.  
Justin & Amber B.

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

## OUR CATECHUMENS:

Cameron Clouse  
Joshua Dunford  
Sahit Rampilla  
Ethan Salcedo  
Tyler Vrem  
Joshua Weiss (currently lives abroad)  
Martin Wilson  
Nathan Wright, Owain & Gavin

**For repose of the souls of:** Bruce J.

## ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of our building. The tables and cabinets contain items that are FOR SALE. If you need a cross or chain and jewelry is not displayed on Sunday, contact **Terri Speier at: [bookstore@stathanasius.org](mailto:bookstore@stathanasius.org)**.

Payment should be made at the time of purchase. Cash and checks may be placed in the brown lockbox on wall next to Fr. Symeon's office. Make checks payable to **S.A.O.C. Bookstore**.

Online payment can be made at [www.stathanasius.org](http://www.stathanasius.org). (Select "MAKE A DONATION," and then use the dropdown earmark for BOOKSTORE.)

The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.

**All proceeds go to the parish Temple Fund.**

## CALENDAR FOR THE WEEK

### **Sunday, October 5**

9:00 a.m. Religious Ed. for ages 3 yrs—Grade 6  
 9:00 a.m. Matins  
 10:00 a.m. Liturgy  
 11:30 a.m. Teen Education  
 11:45 a.m. Agape Meal

### **Monday, October 6—St. Thomas, St. Innocent**

7:00 a.m. Daily Readers Matins  
 3:00 p.m. St. Xenia Prayer Ministry by Zoom  
 (Akathist for St. Nikiforos)

### **Tuesday, October 7**

5:30 p.m. Daily Vespers  
 6:00 p.m. Bible Study (Luke, Acts)

### **Wednesday, October 8**

7:00 a.m. Daily Reader's Matins  
 11:55 a.m. St. Xenia Prayer Ministry  
 5:30 p.m. Akathist to St. John Maximovich

### **Thursday, October 9—St. Tikhon**

7:45 a.m. St. Xenia Prayer Ministry by Zoom  
 10:00 a.m. Showers of Blessing  
 5:30 p.m. Daily Vespers  
 6:00 p.m. Jr. High Youth Group  
 6:30 p.m. Women's Book Study  
 6:45 p.m. High School Youth Group

### **Friday, October 10—Diocesan Fall Gathering**

7:00 a.m. Daily Readers Matins

### **Saturday, October 11—Diocesan Fall Gathering**

5:30 p.m. Great Vespers/Confessions

### **Sunday, October 12**

9:00 a.m. Religious Ed. for ages 3 yrs—Grade 6  
 9:00 a.m. Matins  
 10:00 a.m. Liturgy  
 11:30 a.m. Teen Education  
 11:45 a.m. OKTOBER FEST

## SUNDAY MORNING MINISTRIES SCHEDULE

### **EUCCHARIST BREAD**

October 5 Fr. Nicholas  
 October 12 Dn. Gary  
 October 19 Vander Laan  
 October 26 Kern  
 November 2 Wolfington  
 Nov. 9 Frangos  
 Nov. 16 Meyer  
 Nov. 20 Kern (Feast of Presentation)  
 Nov. 23 Morrison

### **READERS**

October 5 Lange  
 October 11 Alexander  
 October 12 Butler  
 October 19 Meyer  
 October 25 Kern (Vespers)  
 October 26 Gish

### **GREETERS**

October 5 J. & M. Worthington  
 October 12 A.G. Butler/C. Clements  
 October 19 M. Wayne/K.L. King  
 October 26 A. Ballew/N. Aviles

### **USHERS**

October 5 P. King/J. King  
 October 12 D. Washburn/D. Meyer  
 October 19 S. Speier/C. Speier  
 October 26 K.L. King/D. Alexander

### **AGAPE MEAL HOSTS**

September 28 Team Aviles/Wood  
 October 5 Team Halsell  
 October 12 **OKTOBER FEST**  
 Celebration of reaching \$1M goal  
 October 19 Team Alexander/Hedges

## WE NEED YOUR HELP...

We ask that you kindly clean up your own sitting area  
 and return service booklets at the end of each service.  
 Bulletins and Matins/Vespers weekly handouts may be taken home.  
**Thank you!**

## NEW MEMBER HIGHLIGHTS

### ISAAC LAU

I am originally from Sacramento, but came down here to Santa Barbra for school. I currently attend UCSB as a psychology major and I am in my last year. I grew up in a non-denominational church and ended up finding and converting to the Orthodox Church in my second year of university. Long story short, I was not spiritually satisfied and needed something of substance, and shortly thereafter I found Saint Athanasius with my buddy Diego (Rangel).



Outside of church and school my hobbies include training/competing in kickboxing and playing music.