



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2022-2023:

Dorothy Alexander

Dan Braun, Treasurer

Dominic Dopico

Glenn Hoppe

Lizabeth Hoppe

Lara Jacobs

Zak Landrum

Michael Loulias

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, October 9, 2022

Tone 8 / Eothinon 6;

**Seventeenth Sunday after Pentecost
& Third Sunday of Luke**

The Holy Apostle James, Son of Alphaeus

Venerable Andronikos and Athanasia of Egypt;

Venerable Poplia the Confessor of Antioch;

Righteous Forefather Abraham

and his Nephew the Righteous Lot



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, October 9

9:00 a.m. **RELIGIOUS ED. for ages 3-12 yrs.**
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:30 a.m. **TEEN RELIGIOUS EDUCATION**
 11:45 p.m. Agape Meal
 12:30 p.m. Adult Catechism

Monday, October 10

7:00 a.m. Daily Matins
 5:15 p.m. St. Xenia Prayer Ministry—Akathist
 by Zoom

Tuesday, October 11

5:30 p.m. Daily Vespers

Wednesday, October 12

7:00 a.m. Daily Matins
 12:00 p.m. St. Xenia Prayer Ministry
 6:30 p.m. Women's Book Study

Thursday, October 13

7:45 a.m. St. Xenia Prayer Ministry by Zoom
 8:30 a.m. Divine Liturgy
 10:00 a.m. Showers of Blessing
 5:30 p.m. Daily Vespers
 6:00 p.m. Jr. High Youth Group
 6:45 p.m. High School Youth Group

Friday, October 14

7:00 a.m. Daily Matins

Saturday, October 15

6:00 p.m. Great Vespers/Confessions

Sunday, October 16

9:00 a.m. **RELIGIOUS ED. for ages 3-12 yrs.**
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:30 a.m. **TEEN RELIGIOUS EDUCATION**
 11:45 p.m. Agape Meal
 12:30 p.m. Adult Catechism

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

October 9 Jacobs
 October 16 Meyer
 October 23 Washburn
 October 30 Dn. Gary

READERS

October 9 Meyer
 October 15 Alexander
 October 16 Butler
 October 23 Lange
 October 30 Gish

GREETERS

October 9 L. Baker/S. Fisher
 October 16 K. Fox/K.P. King
 October 23 P. Cocores/M. Loulias
 October 30 H. Lange/D. Washburn

USHERS

October 9 K.L. King/D. Washburn
 October 16 D. Meyer/M. Loulias
 October 23 C. Berari/D. Alexander
 October 30 C. Speier/S. Speier

AGAPE MEAL HOSTS

October 9 TBA
 October 16 TBA
 October 23 TBA
 October 30 TBA

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Oct. 13 F. Young/K. Flores
 Oct. 20 L. Ballew/D. Franzen
 Oct. 27 M. Loulias/K. Gomez
 Nov. 3 D. Alexander/D. Washburn

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

**Glory to the Father and to the Son and to the Holy Spirit;
Now and ever and unto ages of ages. Amen.**

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

AS THE CLERGY ENTER THE ALTAR AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection

Tone 8

From the heights Thou didst descend,
O Compassionate One;
and Thou didst submit to the three day burial,
that Thou might deliver us from passion.
Thou art our Life and our Resurrection,
O Lord, glory to Thee.

Troparion for the Apostle James, Son of Alphaeus

Tone 3

Holy Apostle James,
entreat the merciful God
to grant our souls forgiveness of transgressions.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle

Tone 8 Byzantine melody

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

Verse: *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

EPISTLE READING

2 Corinthians 6:16-7:1

Brethren, we are the temple of the living God; as God said, “I will live in them and move among them, and I will be their God, and they shall be My people. Therefore, come out from them, and be separate from them,” says the Lord, “and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be My sons and daughters, says the Lord Almighty.” Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 8

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior.

Verse: Come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

GOSPEL READING
7:11-16

At that time, Jesus went to a city called Nain, and many of His disciples and a great crowd went with Him. As He drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, He had compassion on her and said to her, "Do not weep." And He came and touched the bier, and the bearers stood still. And Jesus said, "Young man, I say to you: arise." And the dead man sat up, and began to speak. And Jesus gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited His people!"

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest! Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

PLEASE NOTE THE FOLLOWING TIME CHANGE....

Starting in Advent, weekly Great Vespers on Saturdays

will begin at **5:30 p.m.** instead of 6:00 p.m.

The change begins on Saturday, November 19th.

ADULT CATECHISM at St. Athanasius
Sundays after the Agape Meal

Autumn 2022

Orthodoxy: Doctrine, History, and Anamnesis

Orthodox Methodology - The Opening of the Scriptures

- | | |
|--|---------|
| 1. Sources of Doctrine & Dogma | 9/3/22 |
| 2. Holy Writ within Tradition | 9/11/22 |
| 3. God is Trinity: Father, Son, and Holy Spirit | 9/18/22 |
| Christology: The source Anthropology, Soteriology, Ecclesiology, & | |

Eschatology

- | | |
|--|----------|
| 4. Salvation History- Creation, the Fall, and the Divine Economy | 10/2/22 |
| 5. Ecclesiology (The Church) - The Body of Christ | 10/9/22 |
| 6. Feasts of The Church - Living Salvation | 10/16/22 |
| 7. Communion of Saints | 10/23/22 |
| 8. Icons: Proclaiming Salvation in Image | 10/30/22 |
| 9. The Second Coming of Christ and Judgment Day | 11/6/22 |
| 10. Practicing the Faith in Daily Life - Putting It All Together | 11/13/22 |

Winter/Spring 2023

**Orthopraxis & Spirituality: A Life of Worship in the Holy Spirit,
a Heart formed by Christ's Church**

Salvation in Christ

- | | |
|---|---------|
| 1. The Initiatory Sacraments: Baptism, Chrismation, & Eucharist | 1/15/23 |
| 2. The Priesthood & Repentance: Confession, Communion,
& Spiritual Guidance: Spiritual Fatherhood and Motherhood | 1/22/23 |
| 3. The Holy Life: Keeping the Commandments and Teachings of Christ
– The Decalog, the Two Greatest, The New Commandment, and the Sermons | 1/29/23 |

A Virtuous Life

- | | |
|---|---------|
| 4. The Spiritual Disciplines: Prayer, Fasting, & Almsgiving | 2/5/22 |
| 5. The Passions, Dispassion, and Theosis | 2/12/22 |
| 6. Faith, Hope, Love | 2/19/22 |

A Sacramental Life - Visible signs and Entries to the Invisible & Divine

- | | |
|--|---------|
| 7. A Consecrated Life: The Role of Beauty in Worship
and the Spiritual Life | 2/26/22 |
| 8. The Holy Temple and Corporate Prayer | 3/12/22 |
| 9. Music: Worship with our Voices, Entering the Beauty of the Kingdom | 3/19/22 |

Spiritual Communion

- | | |
|------------------------------------|---------|
| 10. The Hearing of the Word of God | 3/26/22 |
| 11. Prayer of the Heart | 4/2/22 |

ANNOUNCEMENTS

VALERIE, our Administrator, is out of town today and will be in the office a reduced number of hours this coming week, so office hours will be a bit irregular. She will also be out of the office October 17-24.

DN. SCOTT JACOBS will be away from September 9 to October 21st. Please continue to keep him in your prayers for safe travels.

THE MEN'S FIRESIDE GATHERING will be a week from tomorrow, Monday, October 17th at 7:00 p.m. Location TBA. See Howard Lange for details.

ADULT CATECHISM CONTINUES TODAY after the Agape Meal. All adults are welcome to attend, whether inquirers, catechumens, or lifelong Orthodox Christians. The October schedule is as follows:

October 9	Ecclesiology (The Church) The Body of Christ
October 16	Feasts of the Church—Living Salvation
October 23	Communion of Saints
October 30	Icons: Proclaiming Salvation in Image

OUR DIOCESE FALL GATHERING IS THIS WEEKEND at St. Simeon Orthodox Church in Santa Clarita. Fr. Symeon represented our parish at the gathering yesterday.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

10/13 Verne & Joanne Gish

Birthdays

10/9 Jason Wallace

10/9 Jennifer Speier

10/10 Michiel de Bruin

Patronal Feast Days

10/11 St. Kenneth of Aghaboe

Ken Gomez

10/13 St. Benjamin

Benjamin Ballew, Benny Madrigal

MARK YOUR CALENDAR

Upcoming Educational Opportunities

PARISH BOOK STUDY for Adults **on Tuesdays** **October 18-November 15, 2022** **5:30 p.m.**

- Prayers of the Ninth Hour
 - Potluck Meal
 - Book Study

Childcare available for children 3-10 years old.
Please talk to Fr. Symeon if you would like to have
childcare during the class.

During the 5 weeks from October 18 to November 15 we will be speaking about topics found in the book *The Struggle for Virtue* by Abp Averky Taushev. The lectures contained in this book go “straight to the roots of our modern alienation from God and each other”, “the central role of asceticism in leading a spiritual life”, how “through renewal of Gospel love the conscience is reawakened” and how freedom is “founded on the acquisition of virtue”. This book is packed full of spiritual wisdom and offers us the correcting mind and teaching of the Orthodox Church so that we do not struggle in vain as we work out our salvation in the middle of our modern secular society.

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ADVENT SEMINAR **Saturday, November 12, 2022** **10:00 a.m.—12:00 noon**

“Make Your Offering to the Lord: Giving of Ourselves through a Joyful Tithe,
Freewill Offerings and First Fruits”

AGAPE MEAL TEAMS

We are excited to kick off a new way of coordinating our time together in fellowship after the Divine Liturgy - the Agape Meal, with Fr. Symeon's encouragement and blessing. We invite all of our parishioners to participate by signing up to join an Agape Meal team.

We would like to form 10 Agape Meal teams, with slots for eight households on each team. The number of teams and the size of teams is flexible. We will add more teams or slots as necessary.

Eight parish households have already stepped up to become Agape Meal Team Leaders. There are many ways to participate on a team, depending on your interests and abilities.

- Some may want to cook.
- Some may want to help set up and clean up.
- Some may want to contribute financially.
- Some may want to do a little bit of everything.
- The beauty of having eight households on a team is that the work and cost can be spread out to make it manageable for everyone.



Once the team slots are filled, we will set up the rotational schedule to assign each team its Sundays. **We estimate that each team will host three to four Agape Meals per year.** It will be much easier to host a meal with the team approach.

Please use the link below to sign up for an existing Agape Meal team, or to create one of your own.

<https://bit.ly/SAOC-AgapeMealTeams>

We need 2 more Team Leaders. If you'd like to be a Team Leader and recruit your own team mates, let me know. (suzi@wiley@[cox.net](mailto:suzi@wiley@cox.net))

Jump on board, join a team, and help us to infuse even more hospitality and joy into our post-Liturgical celebration, which is the continuation of the unity we experience each week in the Eucharist!

Suzi Wiley, Agape Meal Coordinator

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna B. (military)
P. Speier (military)

Steve T.
Phyllis M.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Jerry J.
Chuck S.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families
Bob
Cheryl F.
Michael V.
Jane M.
Hannah S.
J. Palmer
Leslie O.
Julie & Mario
Chase

Paige
Jaymie
Kyser
Carla B.
Chrissy M.
Dn. Scott J.
David W.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and support
of long-term missionaries from our parish.

For repose of the souls of: Met. Herman, Met. Kallistos (Ware), James,

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

MANY THANKS...

To the Festal Decorating, Catechesis of the Good Shepherd, Social, and Coffee Hour Teams for their patience throughout the months of construction on the new kitchen, and for their hard work in moving out of and then back into the kitchen, storage space and the Atrium classroom next to the kitchen. Because of your team work, we are able to begin the new Liturgical Year in good order and ready to go! **Special thanks to Jami Stetler and Chris & Christie Robinson for organizing and leading the move-in and move-out efforts.**

Thanks, also, to ALL who responded to the call for extra hands before and after construction. Many hands definitely made the work lighter.

