



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

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Assistant Pastor:

Fr. Symeon Halsell

805-685-5400

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey (retired)

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

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Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2021-2022:

Laurie Baker, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Mary Denny

David Dillon

Glenn Hoppe

Lara Jacobs

Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, October 10, 2021

**Tone 7 / Eothinon 5; Sixteenth Sunday after Pentecost
& Third Sunday of Luke**

Holy Martyrs Eulampios & Eulampia at Nicomedia

Venerable Theophilus the Confessor of Bulgaria;

Venerable Ambrose of Optina



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, October 10

9:00 a.m. Matins
 9:00 a.m. Religious Ed. Classes for ages 6-12
 10:00 a.m. Divine Liturgy
 11:30 a.m. Religious Ed for Teens
 11:45 a.m. Coffee Hour under front portico

Monday, October 11

6:45 a.m. Daily Matins
 6:00 p.m. 40 Days for Life City-wide
 Candlelight Service outside of
 Planned Parenthood

Tuesday, October 12

5:30 p.m. Daily Vespers

Wednesday, October 13

6:45 a.m. Daily Matins
 8:30 a.m. Weekly Divine Liturgy
 12:00 p.m. St. Xenia Prayer Ministry

Thursday, October 14

7:45 a.m. St. Xenia Prayer Ministry (by Zoom)
 10:00 a.m. Showers of Blessing
 5:30 p.m. Daily Vespers
 6:00 p.m. Youth Group
 6:00 p.m. Security Team Meeting

Friday, October 15

6:45 a.m. Daily Matins

Saturday, October 16

9:00 a.m. Prayers of Supplication outside of
 Planned Parenthood (led by our clergy)
 as part of "40 Days for Life"
 4:30 p.m. Adult Catechism:
"The Body of Christ — The Church"
 6:00 p.m. Great Vespers/Confessions

Sunday, October 17

9:00 a.m. Matins
 9:00 a.m. Religious Ed. Classes for ages 6-12
 10:00 a.m. Divine Liturgy
 11:30 a.m. Religious Ed for Teens
 11:45 a.m. Coffee Hour

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

October 10 Tinyayeva
 October 17 Meyer
 October 24 Fr. Nicholas
 October 31 Dn. G. Braun

READERS

October 10 M. Braun
 October 16 Rdr. M. Kern (Vespers)
 October 17 Rdr. V. Gish
 October 24 D. Washburn
 October 31 Rdr. H. Lange

GREETERS

October 10 K. Fox/D. Lewis
 October 17 L. Baker/C. Fisher
 October 24 P. Cocores/M. Loulias
 October 31 K. King/D. Washburn

USHERS

October 10 C. Speier, S. Speier
 October 17 D. Meyer/M. Loulias
 October 24 C. Berari, D. Washburn
 October 31 D. Alexander/K.L. King

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

October 14 L. Ballew/F. Young
 October 21 M. Loulias/P. Cocores
 October 28 Dana Alexander/H. Lange
 November 4 TBA

COFFEE HOUR

Please consider signing up to bring the
 snacks on a Sunday this fall.

To access the sign-up list:

<https://bit.ly/SAOCcoffeehour>

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion:**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

**Glory to the Father and to the Son and to the Holy Spirit;
Now and ever and unto ages of ages. Amen.**

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate
of the holy Theotokos and ever virgin Mary, who without change didst become man and wast
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

AS THE CLERGY ENTER THE ALTAR AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection

Tone 7

(Music on p. 51 of Liturgy book)

Thou didst shatter death by Thy Cross;
Thou didst open paradise to the thief;
Thou didst turn the sadness of the
ointment bearing women into joy,
and didst bid Thine apostles proclaim
a warning that Thou hast risen, O Christ,
granting the world the great mercy.

Troparion for Martyrs Eulampios and Eulampia

Tone 4

Your holy martyrs Eulampis and Eulampia, O Lord,
through their sufferings have received incorruptible crowns
from You, our God.
For having strength, they laid low their adversaries,
and shattered the powerless boldness of demons.
Through their intercessions save our souls!

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle Tone 7

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

EPISTLE READING

2 Corinthians (6:1-10)

Brethren, working together with Him, then, we entreat you not to accept the grace of God in vain. For He says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 7

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: It is good to give thanks to the Lord, and to sing praises to Thy
Name, O Most High. **Alleluia...**

Verse: To declare Thy mercy in the morning, and Thy truth
in the night. **Alleluia...**

GOSPEL READING

Luke (7:11-16)

At that time, Jesus went to a city called Nain, and many of His disciples and a great crowd went with Him. As He drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, He had compassion on her and said to her, "Do not weep." And He came and touched the bier, and the bearers stood still. And Jesus said, "Young man, I say to you: arise." And the dead man sat up, and began to speak. And Jesus gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited His people!"

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest!

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

HELP NEEDED with SHOWERS OF BLESSING

Thursday mornings from 9 a.m.—12:30 p.m.

The SAOC Showers of Blessing ministry needs two or three new volunteers to serve one or two Thursdays each month, from about 9:00am-12:30pm. Each Thursday the Showers of Blessing truck visits St. Athanasius Church to provide free showers to our homeless neighbors. SAOC volunteer duties include making and serving coffee, and making and serving friends. Contact the Church office or Howard Lange for more information.

ANNOUNCEMENTS

FR. SYMEON IS AWAY TODAY at the Diocesan Fall Gathering.

ADULT CATECHISM is on Saturdays from 4:30-5:45 p.m. All are welcome! Next week's class, Oct. 16th, will be: "The Body of Christ — The Church."

40 DAYS FOR LIFE CAMPAIGN — OUR PARTICIPATION

- There will be a Mid-Campaign Candlelight Service" at 6:00 P.M. tomorrow, October 11th in front of Planned Parenthood, 518 Garden Street in downtown Santa Barbara. Fr Nicholas will give a short talk during the service and he will offer the closing prayer.
- This coming Saturday, October 16th, at 9:00 a.m., our parish will pray the Service of Supplication for Victims of Abortion in front of Planned Parenthood. Please join us, if you are able.

THE MEN'S FIRESIDE GATHERING is next Monday, October 18th at 7:00 p.m. at the home of Mike Loulias and Penny Cocores.

SEARCH THE SCRIPTURES SEMINAR—taught by MET. HILARION ALFEYEV

This November, St. Vladimir's Seminary welcomes Metropolitan Hilarion Alfeyev and top biblical scholars to campus for a free, public event centered on Holy Scripture. Join us in person or online November 11 and 12 for the event, Searching the Scriptures, in celebration of Metropolitan Hilarion's monumental series *Jesus Christ: His Life and Teaching* (SVS Press). **Attendance is free, but you must register beforehand** if you plan on joining whether in person or online. In-person attendance will be limited due to pandemic-related restrictions.

<https://www.svots.edu/events/searching-scriptures-featuring-met-hilarion-alfeyev>

CELEBRATIONS THIS WEEK

Wedding Anniversaries

10/13 Verne & Joanne Gish

Birthdays

10/10 Michiel de Bruin

10/16 Angelina Speier

Patronal Feast Days

10/11 St. Kenneth of Aghaboe

10/13 St. Benjamin

Ken Gomez

Benjamin Ballew, Benny Madrigal



Dear Friends of St. Barbara Monastery,

It isn't often that we have such wonderful news to share with you. Thanks be to God, a marvelous opportunity has opened up in front of us!

Many of you know that the house next door to the monastery is for sale. (Perhaps you have seen it: the red house across the creek from the area of the tire swing.) We are delighted—and humbled—to announce that we are close to being able to buy it! The house is to the south of the monastery, and the two are literally connected across Sisar Creek by a footbridge that goes from one backyard to the other (as illustrated on the cover).

The house has 3 bedrooms and 2 baths, a lovely and spacious living area that could be subdivided to create additional rooms, a new kitchen and even additional areas that could be dedicated to such tasks as making lavender products and sewing. The front and back yards are planted with grapevines, fruit trees and berries. The owner is leaving his small bird aviary and his chickens for us. He is also leaving the house fully furnished!

As you know from our previous Newsletters, because of our need for more living space to accommodate new sisters as well as guests, we considered adding a wing onto the current house or even building a smaller house on our property as a stop gap measure. Each of these options would be more costly in the end than buying the house next door. Moreover, owning the property insures it will not be put to some use that would compromise the peace and integrity of our current monastery property. Another benefit is that we can refinance all of our debt at a lower interest rate as part of a new home loan.

But, how much will this cost? The property costs \$930,000, and we will secure a loan that will refinance our current debt at a lower interest rate as well as contribute \$400,000 to the sale price of the new house. This leaves us with a fundraising goal of \$530,000.

Now for the Good News: Between donations and pledges, we have already raised more than \$350,000 of our goal!

If you are able to make a donation of any size, you will be helping us “cross the finish line” to secure this house for the future of the monastery. Please feel free to may make a donation via Paypal on our website or by sending a check.

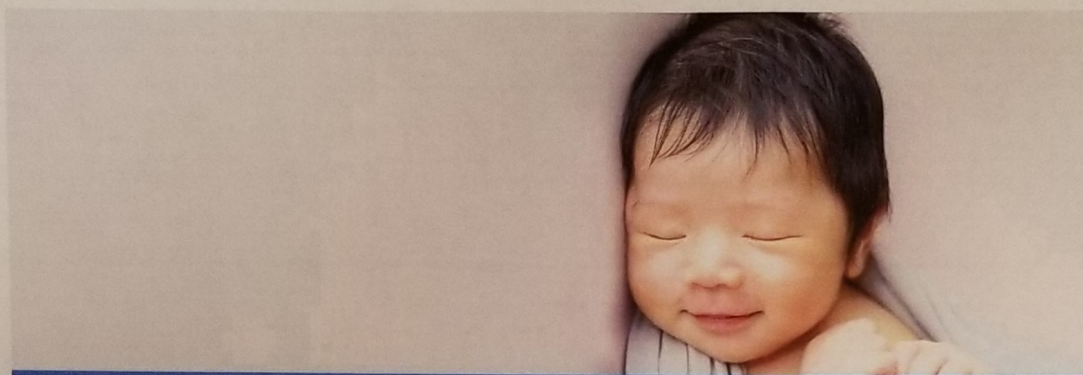
How grateful we are to God for your continued friendship and faithful support through the years! Without you, there simply would be no St. Barbara Monastery!


Abbess Victoria
and the sisters
of St. Barbara Monastery

Please make checks payable to St. Athanasius Orthodox Church
and include in the memo: St. Barbara Monastery House Purchase.
You can also donate online at: <https://www.stathanasius.org/donation/>
Select the earmark: St. Barbara Monastery and add a note: "House Purchase"

PHOTOS OF THE PROPERTY NEXT DOOR







September 22 - October 31

40 DAYS FOR LIFE®

Help Save Lives in Santa Barbara!

You can protect mothers and children by joining this worldwide mobilization! Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000+ volunteers! We know that **52 babies have been saved** since September 22!

Here's how to take part:

- **Candlelight worship service:** 6pm Monday Oct 11
- **St. Athanasius Christian Orthodox service:** 9am Saturday Oct 16
- **Location:** Planned Parenthood, 518 Garden St.
- **Vigil hours:** 9am to 5pm M-Sat
- **Local contact:** 40DaysSB@protonmail.com or
- **40 Days for Life:** Santa Barbara (805) 729-1846

Learn more and get involved by visiting our campaign:

40daysforlife.com/santabarbara

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)

Chase K. (military)
Nick & Kristine J. (military)
Steve T,
Bev R.
Phyllis M.
Scott L.
Abp. Benjamin
Kris F.
John N., Samantha & Chris
Temmo K.
Dr. Andrew G.
Mark K.
Sarah B.
Coleman Family (Lori, Abby,
Matt)
Dn. Nicholas D. and family
Jerry J.
Chuck S.
Mat. Trudi & Richter Family

Linda Gish & Family
Kevin F.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of: Harvey G., Fr. Anastasy (Stacey) R., Archpriest Sergei G.,
Roxy & Kaleo Coleman, Tresja D., Maria M.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.



PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the “40 Days for Life Vigil” - **September 22-October 31, 2021**)

O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.