



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

Fr. John Carrillo (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Dominic Dopico, Chair

Kristin King, Vice Chair

Dan Braun, Treasurer

Velislava Nikolov, Secretary

Asia Ballew

Sydney Hedges

Michael Loulias

Cheryl Washburn-Lander

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

October 13, 2024

Tone 7 / Eothinon 5

**Sunday of Holy Fathers of
the Seventh Ecumenical Council
& Fourth Sunday of Luke**

Hieromartyr Jacob of Hamatoura
Martyrs Karpus, Pappalos, Agathodoros
& Agathonika at Pergamos



WELCOME TO OUR VISITORS!

We are glad you are with us this morning
to join our worship of the Father, Son & Holy Spirit!
Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all
manner of evil against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

AS THE CLERGY ENTER THE ALTAR AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection

Tone 7

Thou didst shatter death by Thy Cross;
Thou didst open paradise to the thief;
Thou didst turn the sadness of the
ointment bearing women into joy,
and didst bid Thine apostles proclaim
a warning that Thou hast risen, O Christ,
granting the world the great mercy.

Troparion of the Holy Fathers

Tone 8

You are most glorious, O Christ our God!
You have established the Holy Fathers as lights on the earth.
Through them You have guided us to the true Faith.//
O greatly compassionate One, glory to You!

Troparion for Holy Martyr Jacob of Hamatoura

Tone 3

Thou didst flourish like Lebanon's cedar,
with no fear thou didst suffer martyrdom,
thou becamest, O saint Jacob, a true victor.
For thou didst conquer death with thy mortal flesh,
when thou didst tame all the passions by humility.
And while burning like incense as a true sacrifice,
thou intercedest with Christ to grant us all the Great Mercy.

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays**Tone 4**

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 8**

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your name
forever.

Verse: *For You are just in all that You have done for us.*

EPISTLE READING**Titus 3:8-15**

Titus, my son, faithful is the saying, and concerning these things I desire you to affirm confidently, that those who have believed in God may be thoughtful of how to preside in honorable occupations. These things are good and profitable to men. But avoid foolish disputes, and genealogies, and contentions, and controversies about the Law; for they are unprofitable and vain. A man who is a heretic after the first and second admonition reject, knowing that such a one is subverted, and sins, being self-condemned. When I send Artemas to you, or Tychicós, give diligence to come to me to Nicopolis; for I have determined to winter there. Set forward Zenas the lawyer and Apollos on their journey diligently, that they may be lacking in nothing. And let our people also learn how to preside in honorable occupations, so as to help in cases of urgent need, that they should not be unfruitful. All who are with me salute you. Salute those who love us in the faith. Grace be with you all. Amen.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 7

Verse: It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

Verse: To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

GOSPEL READING Luke 8:5-15

The Lord spoke this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundred-fold." And when His Disciples asked Him what this parable meant, Jesus said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As Jesus said this, He called out, "He who has ears to hear, let him hear."

Holy Communion & The Thanksgiving Prayers

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer and a recent Sacramental Confession. **Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, "Father, bless." After this you may take a piece of anti-doron (blessed bread) offered in the bowls.**

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

At the conclusion of the Divine Liturgy, we offer **Thanksgiving Prayers** for having received the body and blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have partaken and prepare us for our transition from the Kingdom back into "the world." If you have partaken, stay to listen to these prayers after you have venerated the cross. Immediately after, the priest will bless the Agape Meal. **We ask that all your socializing take place outside of the church.**

Meglynarion (Hymn to the Mother of God)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

ANNOUNCEMENTS

COLLEGE/YOUNG ADULT DINNER THIS EVENING

Scott and Terri Speier are hosting a dinner this evening, October 13, at 5:00 p.m. for all college students/young adults. If you need the address/more info, see Terri or Fr. Symeon.

THE NEXT MEN'S FELLOWSHIP FIRESIDE GATHERING will be this Thursday, October 17th at 7:00 p.m. at the residence of Jason and Melissa Wayne.

SOWING SEEDS OF FAITH, WATERING THEM WITH LOVE AND PATIENCE...

Sowing Seeds is a monthly outreach of Ancient Faith Ministries created to connect Orthodox Christian families with pan-Orthodox resources from all across the English-speaking world that support parents and children at every age and every stage, from birth to college. To view the first edition and sign up to receive the newsletter: <https://mailchi.mp/ancientfaith/sowing-seeds-newsletter-signup>

REGISTRATION FOR CAMP ST. NICHOLAS WINTER CAMP opened on October 1. The camp is February 14-17, 2025 and is open to youth 7th—12th grade. The cost is \$275. Deposit of \$75 is due upon registration. Camp tends to sell out, so register early. <https://tinyurl.com/SNC-WC25>

STAFF MEMBERS ARE NEEDED for Winter Camp. The deadline for applications is Dec. 1. Staff members must be at least 18 years old and have graduated high school. The number of counselors selected is based on how many students register, with preference for applicants with youth and/or camping ministry experience. To register: <https://www.mycircuitree.com/av/HR/>

FALL 2024 ADULT CATECHISM CLASSES

On Saturdays from 3-5 p.m.

Schedule

October 19 - Session 3

"The Realm of Redemption: The Church and Its Sacraments"

November 2 - Session 4

"Seeing and Living in the Beauty, Truth and Wisdom of God"

November 9 - Session 5

"The Age to Come: The Second Coming, the Saints"

**AUTUMN SCHEDULE
of
WEEKDAY LITURGICAL SERVICES**

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| Monday/Wednesday/Friday (Fridays with a priest serving) | Daily Matins | 7:00 a.m. |
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| Tuesday/Thursday | Daily Vespers | 5:30 p.m. |
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| Wednesdays | Akathist or Paraklesis | 5:30 p.m. |
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| Fridays from 9/27-12/20 (except 10/25 & 11/29) | Divine Liturgy | 8:30 a.m. |
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**WE WILL ALSO CELEBRATE DIVINE LITURGIES
ON THE FOLLOWING DAYS:**

- Fri., Oct 18 8:30 a.m. for Apostle and Evangelist Luke
- Sat., Nov. 2 9:00 a.m. for St. Raphael of Brooklyn
- Sat., Nov 9 9:00 a.m. for Nektarios the Wonderworker
- Wed., Nov 13 7:30 a.m. for St. John Chrysostom
- Fri., Nov 22 8:30 a.m. for St. Iakovos of Evia
- Mon., Dec 2 7:30 a.m. for St. Porphyrios of Athos
- Fri., Dec 20 7:30 a.m. for St. Ignatius/St. John of Kronstadt

OTHER DATES TO KEEP IN MIND:

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|------------------------|---|
| Wednesday, November 20 | Feast of the Presentation of the Theotokos 5:30pm Matins/6:30 Liturgy |
| Wednesday, November 27 | 6:00 p.m. Akathist of Thanksgiving |
| Thursday, November 28 | 9:00 a.m. Divine Liturgy (Thanksgiving) |
| Thursday, December 5 | 6:00 p.m. Vespers for St. Nicholas |

His Eminence
The Most Reverend
Metropolitan SABA



Archbishop of New York and
Metropolitan of
All North America

ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
OF NORTH AMERICA

Prot. no.: 523/2024

October 9, 2024

Dear Reverend Clergy and Esteemed Members of our Parish Councils,

Grace and peace to you in the Name of Jesus Christ our Lord!

Everyone across our nation has witnessed with sadness as Hurricane “Helene” cut a path of destruction across many states in our land from Florida to Tennessee and the Carolinas. Winds, rain, and flooding in many areas led to collapse of roads, destruction of properties, loss of businesses and livelihood, much suffering and loss of human lives.

As words have been received regarding the parishes that suffered damages asking for help through our hurricane funds, we continue to monitor until after the passing of the second Hurricane “Milton” to know the full damage that our parishes have sustained, their parishioners, and their surroundings.

In response to appeals from several of our clergy and their parishes that requested a directive from the Archdiocese as to where they may direct their help, I call upon all our parishes to take a special collection for those who have suffered losses from these two unprecedented storms.

Once you have had a chance to collect all donations, please forward one check from your parish to the Archdiocese (memo: “Hurricane Relief”)— no later than the end of this month. All donations will go directly to those in need.

Please demonstrate your love in a practical way by lifting prayers and supplications to our good and saving God on behalf of all that suffered distresses, pains, and losses because of the hurricanes, that they might “find hope under His wings” (Ps. 90:4).

Give any amount of love offering in the name of Jesus Christ for the sake of the victims of these two hurricanes. Offer whatever you are able. No amount is too small. May God’s blessings come upon you and reward your generosity preserving you and your families from all harms.

Your Father in Christ,

+SABA

Archbishop of New York and Metropolitan of all North America

Please make checks out to St. Athanasius Orthodox Church and include in the memo: Hurricane Relief. Donations may be made by check in the tithe box or online through the parish website: <https://www.stathanasius.org/donation/>

CELEBRATIONS THIS WEEK

Wedding Anniversaries

10/13 Verne & Joanne Gish
10/15 Edgar & Noelle Aviles
10/17 Tyson & Sherie Shackelford

Birthdays

10/16 Melissa Wayne
10/18 Oleh Moskalyk
10/19 Steven Gross

Patronal Feast Days

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|---------------------------------|---|
| 10/13 St. Benjamin | Ben Ballew, Benny Madrigal |
| 10/18 Apostle & Evangelist Luke | Steven Gross, Luke Hedges, Luke Palmer, Luke Speier |
| 10/19 St. John of Kronstadt | David Lewis, Jill Wallerstedt |

ST. JACOB OF HAMTOURA (13th Century)

The rock-cut Hamatoura Monastery in Kousba, Lebanon is a Greek Orthodox Monastery, belonging to the Patriarchate of Antioch, and its one of the oldest in the country. The Monastery is dedicated to the Dormition of the Theotokos, the Mother of God, but it is more widely known as Hamatoura Monastery, which is the name of the mountain the Monastery is built in.

Late in the 13th century, at the Monastery of the Dormition of the Theotokos on Hamatoura, Saint Jacob began his ascetic life. Later, when the Monastery was destroyed by the Mamelukes, (Muslim rulers in Egypt) he reestablished monasticism along the perimeter of the ruined Monastery. In time, he rebuilt the Monastery, regenerating and giving renewed vigor to monastic life in the area. His spiritual briskness, vivacity, and popularity among believers drew the attention of the Mamelukes who set their minds to stop his enthusiasm and determination and force him to convert to Islam. He adamantly refused their relentless pressures.

When the Mamelukes' horrible coercive attempts failed, they dragged Saint Jacob, along with a number of monks and laymen, from Saint George's Monastery, situated atop Mount Hamatoura, to Tripoli (the capital of Northern Lebanon) and handed him to the wali (ruler). For almost a year, he endured tremendous tortures. Nevertheless, he did not give in or renounce his faith despite receiving both adulations and threats from the Mamelukes. Although intimidated by the uncompromising Saint Jacob and his persistence, finally, as was their custom in punishing their enemies, on October 13th, Saint Jacob was beheaded. In addition, the Mamelukes burned his body to ensure the Church would not give him an honorable burial as a martyr, a burial befitting a saint.

TO READ MORE: <https://deathtotheworld.com/articles/the-cedar-of-lebanon-st-jacob-the-martyr/>

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Abp. Benjamin
Fr. Mathias in Tanzania (OCMC)
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Fr. Turbo & St. Mary parish
Fr. Paul and St. Moses parish
Greg & Margaret Y.
Hoppe Family in Albania (OCMC)
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew & Christina
Steve T.
Temmo K.
Dn. John & Fay Y.
Samantha & Chris N. & Family
Wade
Kh. Peggy K.
Amanda, Chris & Baby James
Kh. Janet Henderson
Audrey D.
Eric J.
Jason T.
Michael J.
Bruce
Monica
Jake
Christina S.

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

OUR CATECHUMENS:

Karti Adimulam
Kevin Duke
Greg & Miki Hammel
Isaak Lau
Matthew, Ashley and Ryan McCauley
Brennan Pawley
Logan Strait
Ethan Salcedo

For repose of the souls of: Theophilus, Maria, Elizabeth Eleana

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of our building. The tables and two enclosed cabinets contain items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. **You can contact Terri at: bookstore@stathanasius.org.**

Payment should be made at time of purchase and placed in the brown lockbox on wall next to Fr. Symeon's office. Make checks payable to **S.A.O.C. Bookstore**.

The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

CALENDAR FOR THE WEEK

Sunday, October 13

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| 9:00 a.m. | Matins |
| 9:00 a.m. | Catechesis for children 3 yrs-6th grade |
| 10:00 a.m. | Divine Liturgy |
| 11:30 a.m. | Teen Religious Education |
| 11:45 a.m. | Agape Meal |
| 5:00 p.m. | Young Adult dinner at S. & T. Speier's |

Monday, October 14

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| 7:00 a.m. | Daily Reader's Matins |
| 4:00 p.m. | St. Xenia Prayer Ministry by Zoom |

Tuesday, October 15

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| 5:30 p.m. | Daily Vespers |
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Wednesday, October 16

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| 7:00 a.m. | Daily Reader's Matins |
| 12:00 p.m. | St. Xenia Prayer Ministry at the church |
| 5:30 p.m. | Paraklesis |

Thursday, October 17

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|------------|-----------------------------------|
| 7:45 a.m. | St. Xenia Prayer Ministry by Zoom |
| 10:00 a.m. | Showers of Blessing |
| 5:30 p.m. | Daily Vespers |
| 6:00 p.m. | Jr. High Youth Group |
| 6:45 p.m. | High School Youth Group |
| 7:00 p.m. | Men's Fireside at Wayne Residence |

Friday, October 18—St. Luke

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| 7:00 a.m. | Daily Matins |
| 8:30 a.m. | Divine Liturgy (for St. Luke) |

Saturday, October 19

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| 3:00 p.m. | Adult Catechism |
| 5:30 p.m. | Great Vespers/Confessions |

Sunday, October 20

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|------------|---|
| 9:00 a.m. | Matins |
| 9:00 a.m. | Catechesis for children 3 yrs-6th grade |
| 10:00 a.m. | Divine Liturgy |
| 11:30 a.m. | Teen Religious Education |
| 11:45 a.m. | Agape Meal |

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

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|------------|--------------|
| October 13 | Dillon |
| October 20 | Morrison |
| October 27 | Fr. Nicholas |
| November 3 | Dn. G. Braun |

READERS

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|------------|-------------------------------------|
| October 13 | Lange |
| October 20 | Meyer |
| October 27 | Butler |
| November 2 | Alexander (Liturgy for St. Raphael) |
| November 3 | Gish |

GREETERS

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|------------|------------|
| October 13 | M. Loulias |
| October 20 | L. Baker |
| October 27 | H. Lange |
| November 3 | G. Hoppe |

USHERS

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|------------|-------------------------|
| October 13 | C. Speier/S. Speier |
| October 20 | D. Meyer/D. Washburn |
| October 27 | M. Loulias/D. Alexander |
| November 3 | P. King/J. King |

AGAPE MEAL HOSTS

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|------------|---------------|
| October 13 | Team Kawahara |
| October 20 | Team Gish |
| October 27 | Team Speier |
| November 3 | Team Halsell |



Camp St. Nicholas
11770 Frontier Road
Frazier Park, CA

DIOCESE OF LOS ANGELES WINTER CAMP

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FEBRUARY 14-17, 2025
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Scan to
Register:



Register at: <https://tinyurl.com/SNC-WC25>

Ages: 7th Grade - 12th Grade

Drop Off: 4PM Friday; Pickup 10AM Monday

Registration Opens: 8PM, Tuesday, October 1, 2024

Full Tuition: \$275 / Camper

Deposit at Registration: \$75; Balance Due: January 13, 2025

"Judge not, and you shall not be judged. Condemn not, and you shall not be condemned. Forgive and you will be forgiven." (Luke 6:37)

For more information email office@campstnicholas.org.