



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America  
300 Sumida Gardens Lane, Santa Barbara, CA 93111  
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier  
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**Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-770-3749  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

**Subdeacons:** Stephen Butler & Michael Easbey

**Music Director/Administrator:**

Valerie Yova  
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**Teen Program Coordinator**

Michael Easbey: measbey@gmail.com

**College/Young Adult Coordinator**

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**Parish Council 2018-2019:**

Kristi King, President  
Dan Braun, Treasurer  
Terri Speier, Secretary  
Dorothy Alexander  
Laurie Baker  
Corina Berari  
David Dillon  
Mary Gish  
Zak Landrum

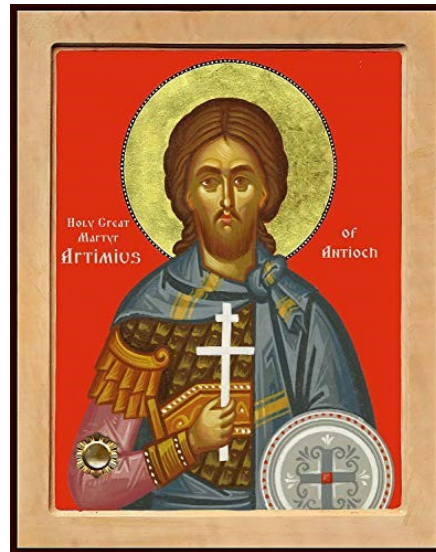
## **DIVINE LITURGY OF ST. JOHN CHRYSOSTOM**

**Sunday, October 20, 2019**

**Tone 1 / Eothinon 7;**

**Eighteenth Sunday after Pentecost  
& Sixth Sunday of Luke**

Great-martyr Artemius at Antioch  
Venerable Gerasimos the New Ascetic of Kephallenia;  
Venerable Matrona of Chios



## **WELCOME TO OUR VISITORS!**

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the  
blessed bread during Communion.

Please join us at Coffee Hour~ we'd love to meet you!

## **We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

## *Calendar for this Week*

### **Sunday, October 20**

9:00 a.m. Religious Education ages 6-12  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
**NO TEEN RELIGIOUS ED.**  
11:45 a.m. Coffee Hour

### **Monday, October 21**

6:45 a.m. Daily Matins  
5:00 p.m. St. Brigid outreach dinner at  
St. Michael's in Isla Vista  
7:00 p.m. Men's Sticks Gathering

### **Tuesday, October 22**

3:45 p.m. Catechesis Level One  
5:30 P.M. Daily Vespers (for St. James)

### **Wednesday, October 23—St. James**

6:45 a.m. Daily Matins  
12:00 p.m. Intercessory Prayer Ministry

### **Thursday, October 24**

10:00 a.m. Showers of Blessing  
5:30 p.m. Daily Vespers  
6:00 p.m. Jr. High Youth Group  
6:30 p.m. High School Youth Group  
7:00 p.m. Choir Rehearsal

### **Friday, October 25-Diocese Fall Gathering**

6:45 a.m. Daily Matins  
5:00 p.m. Akathist at Westmont College

### **Saturday, October 26—St. Demetrios**

#### **DIOCESE FALL GATHERING**

4:30 p.m. Adult Catechism  
6:00 p.m. Great Vespers

### **Sunday, October 27**

9:00 a.m. Religious Education ages 6-12  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:30 a.m. Teen Religious Education  
(after the Eucharist)  
11:45 a.m. Coffee Hour

## *Morning Ministries Schedule*

### **Eucharist Bread**

October 20 Tinyayeva  
October 27 Dillon  
November 3 Hedges  
November 10 Sieck

### **Coffee Hour**

October 20 J. King Family/P. King  
October 27 T. & S. Speier Family  
November 3 P. Brunner in memory of Cyrus  
November 10 P. Cocores/M. Loulias

### **Greeters**

October 20 K. P. King/L. Hoppe  
October 27 P. King/D. Genatone  
November 3 K. & L. Jacobs  
November 10 K. Fox/L. Baker

### **Ushers**

October 20 D. Lewis, C. Speier, J. King  
October 27 P. King, M. Loulias, C. Berari  
November 3 S. Speier, P. Brunner, D. Washburn  
November 10 D. Meyer, D. Lewis, C. Speier

### **Readers**

October 20 M. Braun  
October 27 Rdr. J. Butler  
November 3 Rdr. H. Lange  
November 10 Rdr. V. Gish

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who art risen from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages  
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate  
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was  
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,  
glorified with the Father and the Holy Spirit: save us.

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses, the choir and congregation sing the refrain:

**“Remember us, O Lord, when you come in your Kingdom.”**

**AS THE CLERGY ENTER THE ALTAR AT THE  
LITTLE ENTRANCE, WE SING THE FOLLOWING  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection**

**Tone 1**

**(Music on p. 40 of Liturgy book)**

While the stone was sealed by the Jews,  
and the soldiers were guarding Thy most pure body,  
Thou didst arise on the third day,  
O Savior, granting life to the world.  
For which cause the heavenly pow'rs  
cried aloud unto Thee, O Giver of life;  
Glory to Thy resurrection, O Christ!  
Glory to Thy kingdom!  
Glory to Thy providence, O Thou  
Who alone art the lover of mankind.

**Troparion for Great-martyr Artemios**

**Tone 4**

Your holy martyr Artemios, O Lord,  
Through his sufferings has received an incorruptible crown from You, our God.  
For having Your strength, he laid low his adversaries,  
And shattered the powerless boldness of demons.  
Through his intercessions, save our souls!

**Troparion to St. Athanasius**

**Tone 3**

**(Music on p. 54 of Liturgy book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion - Ordinary Sundays****Tone 4**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost always intercede for those who honor thee.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)****Tone 1**

Reader: Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Reader: **Verse:** Rejoice in the Lord, O you righteous! Praise is becoming to the upright.

**EPISTLE READING****Corinthians (9:6-11)**

Brethren, he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, "He scatters abroad, he gives to the poor; his righteousness endures forever." He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your righteousness. You will be enriched in every way for great generosity, which through us will produce thanksgiving to God.

**Alleluia before the Gospel****Tone 1**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** It is God Who avenges me, and subdues people under me. (Ps 17/18:47)

**Verse:** He gives great deliverance to His King, and shows mercy to His anointed,  
to David and his seed forever. (Ps 17/18:50)

## GOSPEL READING

### Luke (8:26-39)

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. [For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.] Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.

## HOMILY

### **Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Communion Hymn**

Praise the Lord from the heavens; praise Him in the highest! (*Ps 148:1 Alleluia!*)

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

#### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

### PRAYER for the CHURCH

Almighty God, our Help and Refuge, the Fountain of Wisdom and Tower of Strength, who know we can do nothing without Divine guidance and help: assist us, we pray, to:

- faithfully worship Thee
- become better spiritual warriors
- be a loving family
- be a light to the community
- and develop and execute a responsible financial plan.

May we pursue these goals faithfully and diligently, and may they be profitable to ourselves, the community, the Church, and Thine all Holy Name. For Thou art a merciful God and lovest mankind and unto Thee we ascribe glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

### ***CELEBRATIONS THIS WEEK***

#### **Birthdays**

10/20	Noah Hedges
10/21	Kh. Diane Carrillo
10/22	Kyle Petersilia
10/23	Zak Landrum
10/24	Amanda Simonsen, Fr. Jon Braun, Garrett Gish, Stephen Butler
10/26	Tiffany Van Wagoner

#### **Patronal Feast Days**

<b>10/23</b>	<b>St. James the Apostle</b>	Richard Barre, Jim Morrison, Jacob Wallace, Zavien Van Wagoner
<b>10/26</b>	<b>St. Demetrios</b>	Jackson Stetler

# **FORTY DAYS FOR LIFE**

<https://www.40daysforlife.com/>

## **PRAYER FOR THE SANCTITY OF LIFE**

(Please consider incorporating this prayer into your daily devotions during the “40 Days for Life Vigil” - September 25-November 3, 2019)

*O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.*



## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).  
On any page, click on **VIEW CALENDAR** at the bottom left.

**THE MONTHLY MEN'S STICKS GATHERING** will be tomorrow evening at 7:00 p.m. at the Harris home.

**ADULT CATECHISM** began on **Saturday October 5th** and continues through December 14, on Saturdays at 4:30 p.m. All are welcome: inquirers completely new to the Orthodox Faith, catechumens, and those who just want a "refresher course."

**TODAY at the end of the liturgy (and in place of the homily) Fr. Nicholas will give a presentation on the Orthodox Church's understanding and teaching regarding gender issues.** This is an important issue for all of us to understand and all Jr. High and High School students should be present. There will be no teen Religious Education classes today. Childcare will be provided during the presentation.

*"Bring all the tithes into the storehouse, that there may be food in my house, and prove me now in this," says the Lord of hosts, "If I will not open for you the windows of heaven and pour out for you such blessing, that there will not be room enough to receive it."*

**Malachi 3:10**

## TEEN SCENE

Junior High teens meet from 6:00-7:30 p.m.  
and High School teens meet from 6:30-8:30 p.m.  
on Thursdays in the Teen Room at the church, unless noted otherwise.

### OCTOBER

10/24	Regular Youth Group
10/31	Halloween Party—Time TBA

## THANK YOU...

to all who stayed for the

All-Parish Meeting on September 29th!

Special thanks to Asia Ballew for organizing the childcare, and to  
Duane Franzen & Lisa Ballew for their moving testimonies about working in  
our St. Brigid ministry to those in our local community without shelter!



**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.**

**Please pray for the health of:**

- |                                    |                            |  |
|------------------------------------|----------------------------|--|
| Metropolitan JOSEPH                | Zac B.                     | Fr. Jon-Stephen H.                     |
| Mother Victoria                    | Lauren                     | Cole K. (military)                     |
| Met. Paul & Abp. John              | Kh. Carla Z.               | Jeremiah H. (Airforce Academy)         |
| Bishop Neofitos (Diocese of Kenya) | Fr. Patrick and Vanessa K. | Lauren K. (Airforce Basic Training)    |
| Mother Christophora                | Tom M.                     | Jeff H.                                |
| Fr. Jon B.                         | Dottie G.                  | Steve T, Kyle P. & Jeff P.             |
| Joseph B.                          | Jerry J.                   |  |
| Dn. Richard E.                     | Monsignor J. Yanek         | The Ethiopian Orthodox Church          |
| Kh. Diane C.                       | Neil                       |  |
| Greg & Margaret Y.                 | Diana                      | All those suffering and                |
| Hoppe Family                       | Tyler                      | in danger in Ukraine,                  |
| Duane F.                           | Phyllis M.                 | Africa, and the Middle East            |
| Richard and Susan B.               | Ryder H.                   |  |
| Regina M.                          | Kent F.                    | Please pray for the raising up and     |
|                                    | Bob N.                     | support of long-term missionaries from |

**For repose of the souls of:** Joan T.  
All who have died in the conflicts in Ukraine Africa & the Middle East

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS CHURCH BOOKSTORE**

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas’ office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**

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