

ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America 300 Sumida Gardens Lane, Santa Barbara, CA 93111 Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence Met. JOSEPH, Archbishop of New York & Metropolitan of all N. America

Pastor:

Fr. Symeon Halsell 805-685-5495 frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus) frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun Dn. Scott Jacobs Dn. John Young (retired) **Subdeacons:** Stephen Butler & Michael Easbey

Parish Council 2022-2023:

Dorothy Alexander
Dan Braun, Treasurer
Dominic Dopico
Glenn Hoppe
Lizabeth Hoppe
Lara Jacobs
Zak Landrum
Michael Loulias

Music Director/Administrator:

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

Teen Program & College/Young Adult Activities Coordinator

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, October 23, 2022 Tone 2 / Eothinon 8 The Holy Apostle James the "Brother of God" & Sixth Sunday of Luke

Ignatius, Patriarch of Constantinople; James of Borovichi, Wonderworker of Novgorod



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the blessed bread during communion.
Please join us on the patio after the Liturgy for Coffee Hour.
We'd love to meet you!

We welcome children of all ages in our worship.

"Let the little children come unto Me for of such is the Kingdom of Heaven." Luke 18:16

CALENDAR FOR THE WEEK

Sunday, October 23—Apostle James

9:00 a.m. RELIGIOUS ED. for ages 3-12 yrs.

9:00 a.m. Matins

10:00 a.m. Divine Liturgy

11:30 a.m. **TEEN RELIGIOUS EDUCATION**

11:45 p.m. Agape Meal 12:30 p.m. Adult Catechism

Monday, October 24

7:00 a.m. Daily Matins

5:15 p.m. St. Xenia Prayer Ministry—Akathist

by Zoom

Tuesday, October 25

5:30 p.m. 9th Hour Prayers, Pizza and

Book Study for Adults

Wednesday, October 26

7:00 a.m. Daily Matins

12:00 p.m. St. Xenia Prayer Ministry 6:30 p.m. Women's Book Study

Thursday, October 27

7:45 a.m. St. Xenia Prayer Ministry by Zoom

8:30 a.m. Divine Liturgy
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Youth Group

6:00 p.m. Parish Council Meeting

Friday, October 28

7:00 a.m. Daily Matins

Saturday, October 29

6:00 p.m. Great Vespers/Confessions

Sunday, October 30

9:00 a.m. **RELIGIOUS ED. for ages 3-12 yrs.**

9:00 a.m. Matins

10:00 a.m. Divine Liturgy

11:30 a.m. **TEEN RELIGIOUS EDUCATION**

11:45 p.m. Agape Meal—Autumn Harvest

12:30 p.m. Adult Catechism

SUNDAY MORNING MINISTRIES SCHEDULE

EUCHARIST BREAD

October 23 Kern
October 30 Dn. Gary
November 6 Dillon
November 13 Jacobs

READERS

October 23 Lange October 30 Gish November 6 Lange

November 12 Kern (Vespers)

November 13 Alexander

GREETERS

October 23 P. Cocores

October 30 H. Lange/D. Washburn

November 6 L. Baker

November 13 K. Fox/K.P. King

USHERS

October 23 C. Berari/D. Alexander
October 30 C. Speier/S. Speier
November 6 P. King/J. King

November 13 K.L. King/D. Washburn

AGAPE MEAL HOSTS

October 23 Team Washburn-Lander
October 30 AUTUMN HARVEST
November 6 Team Kawahara
November 13 Team Hoppe

THURSDAY SHOWERS OF BLESSING

HOSPITALITY TEAM

Oct. 27 M. Loulias/K. Gomez Nov. 3 D. Alexander/J. Jones Nov. 10 F. Young/K. Flores

Nov. 17 L. Ballew

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice.

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]
- Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

- Vs. For He hath established the world which shall not be shaken. [Refrain]
- Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or "Sermon on the Mount"

In Thy kingdom remember us, O Lord,

when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,

for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

AS THE CLERGY ENTER THE ALTAR AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY

Troparion of the Resurrection

Tone 2

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow'r,
and when Thou didst raise the dead from beneath the earth,
all the pow'rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, Glory to Thee.

Troparion for St. James, the Brother of the Lord

Tone 4

As the Lord's disciple you received the Gospel,
O <u>righteous</u> James;
as a martyr you have unfailing <u>courage</u>;
as God's brother, you have <u>bold</u>ness;
as a hierarch, you have the <u>power</u> to intercede.//
Pray to Christ God that our <u>souls</u> may be saved.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius, you became a stronghold of Orthodoxy,

strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen. Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 8

Their proclamation has gone out into all the earth, and their words to the ends of the universe! (Ps 18/19:4)

v: The heavens are telling the glory of God, and the firmament proclaims His handiwork. (Ps 18/19:1)

EPISTLE READING (for St. James)

Galatians 1:11-19

Brethren, I would have you know that the Gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the Church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people; so extremely zealous was I for the traditions of my fathers.

But when He Who had set me apart before I was born, and had called me through His grace, was pleased to reveal His Son to me, in order that I might preach Him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were Apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other Apostles except James the Lord's brother.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 2

Chanter: Alleluia, Alleluia, Alleluia! **People: Alleluia, Alleluia, Alleluia, Alleluia!**

Verse: May the Lord hear you in the day of trouble!

May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

GOSPEL READING Luke. 8:26-39

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. (For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.) Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest!

Their proclamation has gone out into all the earth, and their words to the ends of the universe! (Ps. 18:4) Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and <u>ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.</u>

PLEASE NOTE THE FOLLOWING TIME CHANGE....

Starting in Advent, weekly Great Vespers on Saturdays will begin at **5:30 p.m.** instead of 6:00 p.m. The change begins on Saturday, November 19th.

ANNOUNCEMENTS

VALERIE, our Administrator/Music Director, is away until October 24th.

ADULT CATECHISM CONTINUES TODAY after the Agape Meal. All adults are welcome to attend, whether inquirers, catechumens, or lifelong Orthodox Christians. The October schedule is as follows:

October 23 Communion of Saints

October 30 Icons: Proclaiming Salvation in Image

NEXT SUNDAY'S AGAPE MEAL WILL be an Autumn Harvest celebration. We will provide some fun activities for the children, including pumpkin decorating. More information to come this week.

MINISTRIES IN NEED OF VOLUNTEERS:

We have recently lost several members of our **Sunday morning Greeters** team, and our **Showers of Blessing hospitality team**.

- Greeters serve once every 4 or 5 Sundays and are asked to be present <u>no later than 9:30 a.m.</u> to greet visitors and pass out the bulletin.
- Showers of Blessing volunteers generally serve once a month in preparing and serving beverages on Thursday mornings. It is a commitment of 2-3 hours.

If you are able to assist in either of these ministries, please contact Mike Loulias at **bmklou@gmail.com**.

CELEBRATIONS THIS WEEK

Birthdays

- 10/23 Zak Landrum
- 10/24 Fr. Jon Braun, Garrett Gish, Subdn. Stephen Butler
- 10/25 Justin Brunner
- 10/27 Ben Hedges, Lizabeth Hoppe
- 10/28 Penny Brunner, Micah Kelly Landrum

Patronal Feast Days

10/23 St. James, Brother of the Lord

James Arnold, Jacob Wallace, Jim Morrison, Richard Barre

10/28 St. Paraskeva the Martyr Penny Brunner

MARK YOUR CALENDAR Upcoming Educational Opportunities

PARISH BOOK STUDY for Adults

on Tuesdays October 18-November 15, 2022 5:30 p.m.

- Prayers of the Ninth Hour
 - Light Meal
 - Book Study

Childcare available for children 3-10 years old.

Please talk to Fr. Symeon if you would like to have childcare during the class.

During the 5 weeks from October 18 to November 15 we will be speaking about topics found in the book *The Struggle for Virtue* by Abp Averky Taushev. The lectures contained in this book go "straight to the roots of our modern alienation from God and each other", "the central role of asceticism in leading a spiritual life", how "through renewal of Gospel love the conscience is reawakened" and how freedom is "founded on the acquisition of virtue". This book is packed full of spiritual wisdom and offers us the correcting mind and teaching of the Orthodox Church so that we do not struggle in vain as we work out our salvation in the middle of our modern secular society.

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ADVENT SEMINAR

Saturday, November 12, 2022 10:00 a.m.—12:00 noon

"Make Your Offering to the Lord: Giving of Ourselves through a Joyful Tithe, Freewill Offerings and First Fruits" Please pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.

Chandler Baker
Tatianna Calhoun
Brett and Laura Eberhard, Taylor & Madison
Kaleigh Flores
Sean Ryan
Gage Salinas
Mary Wolfington, Alicia & Gabriel

STEWARDSHIP MONTH

Between now and the beginning of Advent, we will be reflecting upon our calling and imperative as Orthodox Christians to be good stewards of all that God has given to us, including our "time, talent and treasure."

"We are not asked merely to call ourselves Christians; we are asked to be Christians through our deeds." - *St. Ignatius of Antioch*

When death comes, our giving will be over. For all eternity, God will be doing the giving to us. So, the time for us to give is now. The time for us to love is now. The time for us to share what God has given us is now.

"The bread you do not use is the bread of the hungry. The garment hanging in your wardrobe is the garment of the person who is naked. The shoes you do not wear are the shoes of the one who is barefoot. The money you keep locked away is the money of the poor. The acts of charity you do not perform are the injustices you commit."

- St. Basil the Great

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPH Mother Victoria Met. Paul & Abp. John Fr. Markos Fr. Jon B. Fr. John & Kh. Diane C.

Audrey C.

Greg & Margaret Y. Hoppe Family in Albania Joseph Wm. B. in Kenya Duane F.

Richard and Susan B. Monsignor J. Yanek

Bob N. Kh. Melissa H. Cole K. (military)

Jeremiah H. (Airforce Academy) Lauren & Fernando J. (military) Chase K. (military)

Nick & Kristine J. (military) Connor V. (military) Julianna B. (military)

P. Speier (military)

Subdn. Matthew W. (seminary) Steve T. Phyllis M. Abp. Benjamin Kris F. Temmo K.

Sarah B. Jerry J. Chuck S.

Dn. John & Fay Y.

Zachary B.

Samantha & Chris N. & Family Lander and Washburn Families

Bob Cheryl F. Michael V. Jane M. Hannah S. J. Palmer Leslie O. Julie & Mario Chase Paige Jaymie Kyser Carla B. Chrissy M.

Dn. Scott J. David W.

The Ethiopian Orthodox Church The Church & people in Lebanon

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Met. Herman, Met. Kalllistos (Ware), James,

*********************************** ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book ti-* tle. Children's books are on the bottom shelf. See Terri Speier if you are looking for jew-elry such as a cross or chain. Payment should be made at time of purchase and placed in

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