



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Teen Program Coordinator

Michael Easbey: measbey@gmail.com
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Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Mary Gish
Zak Landrum

**DIVINE LITURGY OF
ST. JOHN CHRYSOSTOM**
Sunday, October 27, 2019
Tone 2 / Eothinon 8;
Nineteenth Sunday after Pentecost
& Seventh Sunday of Luke
Martyr Nestor of Thessalonica;
Procla (Claudia) the wife of Pontius Pilate;
Kyriakos, Patriarch of Constantinople;
Venerable Nestor the Chronicler of the Kiev Caves



St. Raphael of Brooklyn
Commemorated 1st Saturday of November

WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during Communion.

Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, October 27

9:00 a.m. Religious Education ages 6-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
(after the Eucharist)
11:45 a.m. Coffee Hour

Monday, October 28

6:45 a.m. Daily Matins
5:00 p.m. St. Brigid outreach dinner at
St. Michael's in Isla Vista

Tuesday, October 29

3:45 p.m. Catechesis Level One
5:30 P.M. Daily Vespers (for St. James)

Wednesday, October 30

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Ministry
6:00 p.m. Parish Council Meeting

Thursday, October 31

10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00—8:30p.m. Youth Group Halloween Party

Friday, November 1

6:45 a.m. Daily Matins
5:00 p.m. Akathist at Westmont College

Saturday, November 2

20th Anniversary St. Raphael Parish, Palm Springs

8:00 a.m. Reader's Matins
8:30 a.m. Liturgy for St. Raphael
4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers

Sunday, November 3

9:00 a.m. Religious Education ages 6-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
(after the Eucharist)
11:45 a.m. Coffee Hour

Morning Ministries Schedule

Eucharist Bread

October 27 Dillon
November 3 Hedges
November 10 Sieck
November 17 Meyer

Coffee Hour

October 27 T. & S. Speier Family
November 3 P. Brunner in memory of Cyrus
November 10 P. Cocores/M. Loulias
November 17 Youth Group

Greeters

October 27 L. Hoppe/D. Genatone
November 3 K. & L. Jacobs
November 10 K. Fox/L. Baker
November 17 Loulias/Cocores

Ushers

October 27 P. Brunner, M. Loulias, C. Berari
November 3 S. Speier, P. King, D. Washburn
November 10 D. Meyer, D. Lewis, C. Speier
November 17 J. King, M. Loulias, C. Berari

Readers

October 27 Rdr. J. Butler
November 2 M. Kern (Matins) D. Alexander (Lit.)
November 3 Rdr. H. Lange
November 10 Rdr. V. Gish
November 17 Rdr. H. Lange

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who art risen from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 2

(Music on p. 42 of Liturgy book)

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow’r,
and when Thou didst raise the dead from beneath the earth,
all the pow’rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, Glory to Thee.

Troparion to St. Athanasius

Tone 3

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 2

The Lord is my strength and my song; He has become my salvation. (Ps 117/118:4)

Verse: The Lord has chastened me sorely, but He has not given me over to death.

EPISTLE READING
2 Corinthians 11:31-12:9

Brethren, the God and Father of the Lord Jesus, He Who is blessed forever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped his hands. I must boast; there is nothing to be gained by it, but I will go on to visions and revelations of the Lord. I know a man in Christ who 14 years ago was caught up to the third heaven—whether in the body or out of the body I do not know, God knows. And I know that this man was caught up into Paradise—whether in the body or out of the body I do not know, God knows—and he heard things that cannot be told, which man may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me. And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but He said to me, “My grace is sufficient for you, for My power is made perfect in weakness.” I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel **Tone 2**
(Music on page 64 of Liturgy Booklet)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: May the Lord hear you in the day of trouble!
May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

GOSPEL READING

Luke 8:41-56

At that time, there came to Jesus a man named Jairus, who was a ruler of the synagogue; and falling at Jesus' feet he besought Him to come to his house, for he had an only daughter, about twelve years of age, and she was dying. As Jesus went, the people pressed round Him. And a woman, who had had a flow of blood for twelve years, and had spent all her living upon physicians, and could not be healed by anyone, came up behind Him, and touched the fringe of His garment; and immediately her flow of blood ceased. And Jesus said, "Who was it that touched Me?" When all denied it, Peter said, "Master, the multitudes surround Thee and press upon Thee! And Thou sayest, 'Who touched Me?'" But Jesus said, "Someone touched Me; for I perceive that power has gone forth from Me." And when the woman saw that she was not hidden, she came trembling, and falling down before Him declared in the presence of all the people why she had touched Him, and how she had been immediately healed. And Jesus said to her, "Daughter, your faith has made you well; go in peace." While Jesus was still speaking, a man from the ruler's house came and said, "Your daughter is dead; do not trouble the Teacher any more." But Jesus on hearing this answered him, "Do not fear; only believe, and she shall be well." And when Jesus came to the house, He permitted no one to enter with Him, except Peter and James and John, and the father and mother of the child. And all were weeping and bewailing her; but Jesus said, "Do not weep; for she is not dead but sleeping." And they laughed at him, knowing that she was dead. But taking her by the hand Jesus called, saying, "Child, arise." And her spirit returned, and she got up at once; and Jesus directed that something should be given her to eat. And her parents were amazed; but He charged them to tell no one what had happened.

HOMILY

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the highest! (*Ps 148:1 Alleluia!*)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On any page, click on **VIEW CALENDAR** at the bottom left.

ST. BARBARA MONASTERY FRIENDS will gather today at 4:00 p.m. for a presentation by clinical psychologist, Xenia Enke on “Working Out Our Salvation Together: Practical Strategies for Strengthening Relationships.” Vespers and a potluck supper will follow.

ADULT CATECHISM began on Saturday October 5th and continues through December 14, on Saturdays at 4:30 p.m. All are welcome: inquirers completely new to the Orthodox Faith, catechumens, and those who just want a “refresher course.”

UPCOMING SERVICES & ACTIVITIES

Saturday, November 2nd Commemoration of St. Raphael
8:00 a.m. Reader’s Matins, 8:30 a.m. Divine Liturgy

Thursday, November 14 5:30 p.m.—Abbreviated Advent Paraklesis in place of
Daily Vespers

ADVENT BEGINS ON NOVEMBER 15

Wednesday, November 20 6:00 p.m. Vespers Liturgy for Presentation of the
Theotokos

Wednesday, November 27 6:00 p.m. Akathist of Thanksgiving

CELEBRATIONS THIS WEEK

Wedding Anniversaries

10/28 Andy and Alyssa Simonsen

Birthdays

10/27 Ben Hedges, Lizabeth Hoppe
10/28 Penny Brunner, Micah Kelly Landrum
11/01 Kate Vander Laan, Miriam Vander Laan

Patronal Feast Days

10/28 St. Paraskeva the Martyr Penny Brunner

Treasure self-assessment

Can I move one step to the right?

Household income	5%	1%	2%	3%	5%	10% (tithe)
\$20,000	\$100	\$200	\$400	\$600	\$1000	\$2000
\$30,000	\$150	\$300	\$600	\$900	\$1500	\$3000
\$40,000	\$200	\$400	\$800	\$1,200	\$2000	\$4000
\$50,000	\$250	\$500	\$1,000	\$1,500	\$2500	\$5000
\$60,000	\$300	\$600	\$1,200	\$1,800	\$3,000	\$6000
\$70,000	\$350	\$700	\$1,400	\$2,100	\$3,500	\$7000
\$80,000	\$400	\$800	\$1,600	\$2,400	\$4,000	\$8000
\$90,000	\$450	\$900	\$1,800	\$2,700	\$4,500	\$9000
\$100,000	\$500	\$1,000	\$2,000	\$3,000	\$5,000	\$10,000
\$110,000	\$550	\$1,100	\$2,200	\$3,300	\$5,500	\$11,000
\$120,000	\$600	\$1,200	\$2,400	\$3,600	\$6,000	\$12,000
\$150,000	\$750	\$1,500	\$3,000	\$4,500	\$7,500	\$15,000
\$200,000	\$1,000	\$2,000	\$4,000	\$6,000	\$10,000	\$20,000

Treasure self-assessment

What is used for basics to live?
For entertainment? For personal comfort? Shared with God?

My Treasure

Bills

- Food-Clothing
- Electric-Gas-Water
- School
- Mortgage-Rent-Insurance
- Car Payments

Entertainment

- Cable TV
- Music-Movies-Video Games
- Dining out
- New electronics
- Vacation

Personal Comfort

- Daily coffee – Treats
- Hobbies-Memberships
- Luxury goods-wants, not needs
- Recreation

God Through His Church

What is my budget for
Church Stewardship?

“Bring all the tithes into the storehouse, that there may be food in my house, and prove me now in this,” says the Lord of hosts, “If I will not open for you the windows of heaven and pour out for you such blessing, that there will not be room enough to receive it.”

Malachi 3:10

ANNUAL STEWARDSHIP COMMITMENT

PLEASE PRAYERFULLY CONSIDER WHAT YOU ARE ABLE TO TITHE in the coming year to both the General Operating Fund and the Building Fund, and also how you can best offer to God and the parish your time and talent in one of the many ministry groups of the parish.

It is extremely helpful to the Budget Committee and the Parish Council to know your intentions, with the understanding that things can happen during the course of the year to change your ability to give and/or your availability. None of us can predict what might happen in our lives and families in the next 12 months. We can only base our decision on what we know right now, and pray that God will help us to fulfill our desire to keep our commitment, or even to exceed it.

The Stewardship Commitment Forms have been distributed with the bulletin today. There will also be blank forms next to the tithe box until the end of the year. Commitment forms may be put in the tithe box, or handed to Fr. Nicholas.

You can also fill it in online on the church website.

<https://www.stathanasius.org/stewardship/time-talent-treasure-commitment/>

THE PARISH COUNCIL ASKS THAT YOU SUBMIT YOUR COMMITMENT FORM BY Sunday, NOVEMBER 24th
so that we can use the information
in preparing the 2020 budget.

FINANCIAL SNAPSHOT

INCOME FOR SEPTEMBER 2019

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 39,750	\$ 14,120
Monthly Actual	\$ 32,520	\$ 7,637
Goal for Tithes January-September 2019		\$ 357,750
Actual Tithes January-September 2019		\$ 323,742
Goal Building Fund for Jan.-September 2019.		\$ 127,080
Actual Building Fund donations Jan.– September 2019		\$ 120,797
		+ Golf Tournament

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

OCTOBER

10/31

Halloween Party— 6:00-8:30 p.m. Zodo's
Costume optional

Saint Raphael of Brooklyn (November 20, 1860 – February 27, 1915),

also known as **Father Raphael**, was born as **Raphael Hawaweeny** in Beirut, Lebanon, of Damascene Syrian parents of Greek Orthodox Antiochite-Byzantine origin. He was first educated at the Damascus Patriarchal School that had become the leading Greek Orthodox institution of higher learning in the Middle-East under the leadership of Saint Joseph of Damascus. He furthered his study of Christian theology at the Patriarchal Halki seminary in Turkey, and at the Theological Academy in Kiev, Russian Empire (now Ukraine). Father Raphael was sent to New York City in 1895 by Tsar Nicholas II of Russia to administer the local Orthodox Christian community then composed essentially of Russian and Middle-Eastern immigrants. In 1904 he became the first Orthodox bishop to be consecrated in North America; the consecration was performed by Archbishop (Saint) Tikhon of Moscow and Bishop Innocent in New York City. He served as Bishop of Brooklyn until his death.



During the course of his ministry as an auxiliary bishop of the Russian Orthodox Church in America St. Raphael founded the present-day cathedral of the Antiochian Orthodox Archdiocese of North America, established twenty-nine parishes, and assisted in the founding of St. Tikhon's Orthodox Monastery. Saint Raphael was originally buried in New York until August 1989 when his relics were translated to the Antiochian Village Camp in Ligonier, Pennsylvania, on property of the Antiochian Archdiocese along with several other bishops and clergy. Bishop Raphael was glorified by the Holy Synod of the Orthodox Church in America (OCA) in its March 2000 session. He is commemorated by the OCA on February 27, the anniversary of his death, and by the Antiochian Orthodox Church on the

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

- | | | |
|------------------------------------|----------------------------|--|
| Metropolitan JOSEPH | Zac B. | Fr. Jon-Stephen H. |
| Mother Victoria | Lauren | Cole K. (military) |
| Met. Paul & Abp. John | Kh. Carla Z. | Jeremiah H. (Airforce Academy) |
| Bishop Neofitos (Diocese of Kenya) | Fr. Patrick and Vanessa K. | Lauren K. (Airforce Basic Training) |
| Mother Christophora | Tom M. | Jeff H. |
| Fr. Jon B. | Dottie G. | Steve T, Kyle P. & Jeff P. |
| Joseph B. | Jerry J. | |
| Dn. Richard E. | Monsignor J. Yanek | The Ethiopian Orthodox Church |
| Kh. Diane C. | Neil | |
| Greg & Margaret Y. | Diana | All those suffering and |
| Hoppe Family | Tyler | in danger in Ukraine, |
| Duane F. | Phyllis M. | Africa, and the Middle East |
| Richard and Susan B. | Ryder H. | |
| Regina M. | Kent F. | Please pray for the raising up and |
| | Bob N. | support of long-term missionaries from |

For repose of the souls of: Joan T.
All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

FORTY DAYS FOR LIFE
September 25-November 3, 2019
<https://www.40daysforlife.com/>

PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the International “40 Days for Life Vigil”)

O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.