



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Teen Program Coordinator

Michael Easbey: measbey@gmail.com
College/Young Adult Coordinator
Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Mary Gish
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM Sunday, November 10, 2019

**Tone 4 / Eothinon 10;
Twenty-first Sunday after Pentecost
& Eighth Sunday of Luke**

Apostles Olympas, Rodion, Sosipater, Tertios,
Erastos and Quartos of the Seventy;
Great-martyr Orestes of Cappadocia;
Venerable Theostiriktos of Symbola and
Nonnus, Bishop of Heliopolis



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, November 10

9:00 a.m. Religious Education ages 6-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
(after the Eucharist)
11:45 a.m. Coffee Hour
1:00 p.m. Young Adult Fire on Father

Monday, November 11

6:45 a.m. Daily Matins
5:00 p.m. St. Brigid outreach dinner at
St. Michael's in Isla Vista

Tuesday, November 12

3:45 p.m. Catechesis Level One
5:30 P.M. Vespers for St. John Chrysostom

Wednesday, November 13

FEAST OF ST. JOHN CHRYSOSTOM

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Ministry

Thursday, November 14

10:00 a.m. Showers of Blessing
5:30 p.m. Abbreviated Advent Paraklesis
6:00 p.m. Jr. High Youth Group
6:30 p.m. High School Youth Group
7:00 p.m. Choir Rehearsal

Friday, November 15—ADVENT BEGINS

6:45 a.m. Daily Matins
5:00 p.m. Akathist at Westmont College

Saturday, November 16—ST MATTHEW

4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers

Sunday, November 17

9:00 a.m. Religious Education ages 6-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
Chrismation of Ken Gomez
11:30 a.m. Teen Religious Education
(after the Eucharist)
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

November 10 Sieck
November 17 Meyer
November 24 Fr. Nicholas
December 1 Meyer

Coffee Hour

November 10 P. Cocores/M. Loulias
November 17 Youth Group
November 24 Harris/S. Hedges/K. Vogt
December 1 THANKSGIVING POTLUCK

Greeters

November 10 K. Fox/L. Baker
November 17 Loulias/Cocores
November 24 H. Lange/D. Washburn
December 1 D. Lewis/Deacon

Ushers

November 10 D. Meyer, D. Lewis, C. Speier
November 17 J. King, M. Loulias, C. Berari
November 24 S. Speier, D. Washburn, D. Meyer
December 1 D. Lewis, C. Speier, J. King

Readers

November 10 Rdr. V. Gish
November 17 Rdr. H. Lange
November 20 M. Braun (Vesp-Lit for Presentation)
November 24 D. Alexander
December 1 Rdr. John Butler

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who art risen from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 4

(Music on page 45 of Liturgy book)

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Troparion to St. Athanasius

Tone 3

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Presentation of the Theotokos

Tone 4

The most pure Temple of the Savior;
the precious Chamber and Virgin;
the sacred Treasure of the glory of God,
is presented today to the house of the Lord.
She brings with her the grace of the Spirit,
therefore, the Angels of God praise her,

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm verses before the Epistle
(Music on page 59 of Liturgy book)

Tone 4 Byzantine melody
harmonized by Fr. J. Finley

O Lord, how manifold are Thy works, in wisdom Thou hast made them all.

(Ps 103/104:24)

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

EPISTLE READING

Galatians 2:16-20

Brethren, you know that a man is not justified by works of the Law but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the Law, because by works of the Law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ Who lives in me; and the life I now live in the flesh I live by faith in the Son of God, Who loved me and gave Himself for me.

Alleluia Refrain and Psalm verses before the Gospel **Tone 4**
(Music on p. 64 of Liturgy book)

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

Verse: Draw Thy bow and prosper and reign, in the cause of
truth, meekness, and righteousness. *(Ps 44/45:5)*

Verse: Thou hast loved righteousness and hated wickedness.
(Ps 44/45:8)

GOSPEL READING

Luke 10:25-37

At that time, a lawyer stood up to put Jesus to the test, saying, “Teacher, what shall I do to inherit eternal life?” Jesus said to him, “What is written in the Law? How do you read?” And the lawyer answered, “You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbor as yourself.” And Jesus said to him, “You have answered right; do this, and you will live.” But the lawyer, desiring to justify himself, said to Jesus, “And who is my neighbor?” Jesus replied, “A man was going down from Jerusalem to Jericho, and he fell among robbers, who stripped him and beat him, and departed, leaving him half dead. Now by chance a priest was going down that road; and when he saw him he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he journeyed, came to where he was; and when he saw him, he had compassion, and went to him and bound up his wounds, pouring on oil and wine; then he set him on his own beast and brought him to an inn, and took care of him. And the next day he took out two denarii and gave them to the innkeeper, saying, ‘Take care of him; and whatever more you spend, I will repay you when I come back.’ Which of these three, do you think, proved neighbor to the man who fell among the robbers?” The lawyer said, “The one who showed mercy on him.” And Jesus said to him, “Go and do likewise.”

HOMILY

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the highest! (*Ps 148:1 Alleluia!*)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,

“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

11/11 Jason and Jody Wallace

Birthdays

11/10 David Lewis
11/11 Lauren King, Keira Landrum
11/13 Farley Easbey, James Morrison, Leticia Brunner
11/14 Sophia Roberts
11/15 Anna Grace Butler
11/16 Cole Keller

Patron Saint Commemorations

11/11	St. Martin of Tours	Bob Gundersen, Brody Hansen
11/11	St. Victor of Damascus	Viktorija Hedges
11/13	St. John Chrysostom	John (Chuck) Sasala, Dn. John Young
11/14	St. Philip the Apostle	Dn. Gary Braun, Gary Braun Jr.
11/16	St. Matthew the Apostle	Alec de Bruin, Mateo Finley, Larry Lander, Galen Wiley

A Prayer for the Church

Almighty God, our help and refuge, the Fountain of Wisdom and Tower of Strength, who know we can do nothing without Divine guidance and help: assist us we pray that we might worship Thee faithfully and that we might have courage to gird ourselves as spiritual warriors. Kindle in our hearts a holy fire of zealous love for Thee, and from that Fire may we in turn love all neighbors and the families You have blessed us with. May the Light of this Fire be a Light to the community; To our zeal for the building of your House, add wisdom and generosity to fulfill our good intention.

Set these goals before our hearts and minds at all times. May our faithful labor bear fruit to ourselves, the community, and the Church, and may Thou receive this as an offering of sweetness to Thy Holy Name. For Thou art a merciful God and love mankind, and unto Thee we ascribe all glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

ANNUAL STEWARDSHIP COMMITMENT

PLEASE PRAYERFULLY CONSIDER WHAT YOU ARE ABLE TO TITHE in the coming year to both the General Operating Fund and the Building Fund, and also how you can best offer to God and the parish your time and talent in one of the many ministry groups of the parish.

It is extremely helpful to the Budget Committee and the Parish Council to know your intentions, with the understanding that things can happen during the course of the year to change your ability to give and/or your availability. None of us can predict what might happen in our lives and families in the next 12 months. We can only base our decision on what we know right now, and pray that God will help us to fulfill our desire to keep our commitment, or even to exceed it.

The Stewardship Commitment Forms have been distributed with the bulletin today. There will also be blank forms next to the tithe box until the end of the year. Commitment forms may be put in the tithe box, or handed to Fr. Nicholas.

You can also fill it in online on the church website.

<https://www.stathanasius.org/stewardship/time-talent-treasure-commitment/>

THE PARISH COUNCIL ASKS THAT YOU SUBMIT YOUR COMMITMENT FORM BY Sunday, NOVEMBER 24th
so that we can use the information
in preparing the 2020 budget.

FINANCIAL SNAPSHOT

INCOME FOR SEPTEMBER 2019

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 39,750	\$ 14,120
Monthly Actual	\$ 32,520	\$ 7,637
Goal for Tithes January-September 2019		\$ 357,750
Actual Tithes January-September 2019		\$ 323,742
Goal Building Fund for Jan.-September 2019.		\$ 127,080
Actual Building Fund donations Jan.– September 2019		\$ 120,797
		+ Golf Tournament

2019 GOLF TOURNAMENT PROCEEDS = \$102,252

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On any page, click on **VIEW CALENDAR** at the bottom left.

CONGRATULATIONS to our Fundraising Committee and Golf Tournament Team on our most successful tournament ever. Through their hard work and your support of this annual event, we were able to raise \$102,252 for the benefit of our Building Fund! Thanks be to God!

UPCOMING SERVICES & ACTIVITIES

- Thursday, November 14 at 5:30 p.m. Abbreviated Advent Paraklesis in place of Daily Vespers

ADVENT BEGINS ON NOVEMBER 15

- Wednesday, November 20 at 6:00 p.m. Vespers Liturgy for Presentation of the Theotokos
- Wednesday, November 27 at 6:00 p.m. Akathist of Thanksgiving

CHANGE IN CALENDAR:

The Advent Seminar that was on the calendar for November 15 –16 has been changed to the weekend of November 22-23. More information to follow VERY soon!

PROJECT MEXICO SANTA'S HELPER

We will be Angel Brian's Santa's Helper again this year for Project Mexico/St. Innocent Orphanage. Please watch for the link to the online sign-up list, or contact Cheryl Washburn-Lander at cherylynn.sb@gmail.com. Deadline to have the items to Cheryl is Sunday, December 1st.

"Bring all the tithes into the storehouse, that there may be food in my house, and prove me now in this," says the Lord of hosts, "If I will not open for you the windows of heaven and pour out for you such blessing, that there will not be room enough to receive it."

Malachi 3:10

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

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|--------------|---|
| 11/14 | Regular Youth Group |
| 11/21 | Regular Youth Group |
| 11/28 | THANKSGIVING (no Youth Group) |
| 12/6 | Liturgy for St. Nicholas 6:00 p.m. followed
by High School lock-in |

PARISH COUNCIL CORNER

MORTGAGE REFINANCED: We closed our new loan on the church property of \$3,167,000 at a fixed rate of 4.74%, fully amortized over 20 years. The new monthly payment of \$20,555 is \$665 less than our previous payment. The Pasado Road house was removed from the loan collateral and we now own it free and clear of any debt.

PARISH LIBRARY: The Parish Council approved funds for purchase of shelves and set up of a church library in the sitting area near the Reception Room.

NEW ICONS: The Parish Council approved funds for Dorothy Alexander to paint icons that will be placed on the back wall of the altar, behind the altar table.

TOT LOT: Richard Ballew presented an initial plan for the Tot Lot at the October Parish Council Meeting. The lot will be adjacent to our new patio. The Council would like to utilize the grassy area in the fenced-in Tot Lot. Richard will draw up a plan in hopes of using the space most effectively and estimate pricing for the lot. The plan will then go back to Council and some parents of little ones for review.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH	Zac B.	Fr. Jon-Stephen H.
Mother Victoria	Lauren	Cole K. (military)
Met. Paul & Abp. John	Kh. Carla Z.	Jeremiah H. (Airforce Academy)
Bishop Neofitos (Diocese of Kenya)	Fr. Patrick and Vanessa K.	Lauren K. (Airforce Basic Training)
Mother Christophora	Tom M.	Jeff H.
Fr. Jon B.	Dottie G.	Steve T, Kyle P. & Jeff P.
Joseph B.	Jerry J.	Bonita M.
Dn. Richard E.	Monsignor J. Yanek	
Kh. Diane C.	Neil	The Ethiopian Orthodox Church
Greg & Margaret Y.	Diana	
Hoppe Family	Tyler	All those suffering and
Duane F.	Phyllis M.	in danger in Ukraine,
Richard and Susan B.	Ryder H.	Africa, and the Middle East
Regina M.	Kent F.	
	Bob N.	

For repose of the souls of:

Alma G., Angela, Joan T.

All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS CHURCH BOOKSTORE** *
* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)
* **All proceeds go to the parish Building Fund.** *

Jeff Petersilia's Performance on Golf Course Earns him Special Olympics Athlete of Month Honor

By Barry Punzai, Noozhawk Sports Editor | @NoozhawkSports | October 28, 2019 | 2:27 p.m.



Jeff Petersilia's passion for golf has made him a celebrity at the Santa Barbara Golf Club.

"Jeff has become a fixture over at Muni golf course," said Matt Collier, the coach of the Santa Barbara Region Special Olympics golf team. "He's there all the time and he's playing all the time."

Petersilia's hard work was rewarded with the Special Olympics Athlete of the Month Award. He was presented the award at Monday's Santa Barbara Athletic Round Table press luncheon at Harry's Plaza Cafe.

Petersilia earned medalist honors at the Special Olympics Santa Barbara Classic at Twin Lakes Golf Course. He shot a nine-hole round of 42.



Special Olympics Athlete of the Month Jeff Petersilia is joined by region sports manager Tim Phillibosian, left, and golf coach Matt Collier. (Rocco Constantino photo)