



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
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## Parish Council:

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Dottie Genatone  
Benjamin Hedges  
Karen Jacobs  
Dr. Jon King

## LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, January 17, 2016

Tone 8 / Eothinon 11

**Transference of the Feast of St. Athanasius the Great  
and St. Cyril of Alexandria**

**Venerable and God-bearing Father Anthony the Great  
& Twelfth Sunday of Luke**

Anthony the New, Ascetic of Berrea in Macedonia;  
New-martyr George of Ioannina



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~*

## Calendar for this Week

### Sunday, January 17 Commemoration of Feast of SS. Cyril & Athanasius

9:00 a.m. Religious Education ages 3-18  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
5:00 p.m. High School Fire on Father

### Monday, January 18-SS. Athanasius & Cyril

6:45 a.m. Daily Matins  
4:30 p.m. Outreach Meal at St. Michaels' University Church in Isla Vista

### Tuesday, January 19

3:30 p.m. Catechesis Level I  
5:30 p.m. Daily Vespers

### Wednesday, January 20

6:45 a.m. Daily Matins  
11:00 a.m. Shower Truck Ministry

### Thursday, January 21

12:00 p.m. Intercessory Prayer Group  
5:30 p.m. Daily Vespers  
7:00 p.m. Parish Council Meeting

### Friday, January 22

6:45 a.m. Daily Matins

### Saturday, January 23

4:30 p.m. Adult Catechism  
6:00 p.m. Great Vespers/Confessions  
7:00 p.m. College/Young Adult Dinner and Discussion at Fr. Nicholas & Jan's

### Sunday, January 24

9:00 a.m. Religious Education ages 3-18  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
12:00 p.m. Choir Rehearsal  
5:00 p.m. High School Fire on Father

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

January 17 Washburn  
January 24 Hedges  
January 31 Fr. Nicholas  
February 7 Dn. G. Braun

### Coffee Hour

January 17 Shackelford/Genatone in memory of Al Genatone  
January 24 J. Wallerstedt/D. Washburn  
January 31 NEED HOST  
February 7 Alexander (for SS. Simeon & Anna)

### Greeters

January 17 P. Morrison, D. Genatone  
January 24 K. Fox, H. Lange  
January 31 D. Washburn, D. Lewis  
February 7 K. & L. Jacobs

### Ushers

January 17 D. Washburn, G. Shannon, S. Speier  
January 24 P. Brunner, P. King, D. Meyer  
January 31 R. Barre, D. Lewis, C. Speier  
February 7 J. King, D. Washburn, G. Shannon

### Readers

January 16 D. Alexander (Vespers)  
January 17 D. Washburn  
January 24 R. Barre  
January 31 P. Braun  
February 2 V. Gish (Feast of the Presentation)  
February 7 M. Kern

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.**  
(“Glory to You, Who have shown us the light...” ) followed by the Matins Dismissal  
Troparion. Complete text is in front of Liturgy book.

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**THE LITURGY OF THE WORD**

**THE GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

Music by  
P. Mironositsky

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY**

**Troparion of the Resurrection**

**(Music on p. 53 of Liturgy book)**

From the heights Thou didst descend,  
O Compassionate One;  
and Thou didst submit to the three day burial,  
that Thou might deliver us from passion.  
Thou art our Life and our Resurrection,  
O Lord, glory to Thee.

**Tone 8** Byzantine melody  
harmonized by Fr. J. Finley

**Troparion to St. Anthony the Great**

You imitated the ways of zealous Elijah,  
And followed the straight path of John the Baptist.  
You became a desert dweller  
and strengthened the world by your prayers.  
Father Anthony, intercede with Christ God  
that our souls may be saved.

**Tone 4 Slavic Chant**

**Troparion for Saints Athanasius the Great and Cyril****Tone 3**

You shone forth with works of Orthodoxy and quenched all heresy  
and became victorious trophy-bearers,  
Hierarchs Athanasius and Cyril.  
You enriched all things with piety and greatly adorned the Church,  
and worthily found Christ God,  
Who grants His mercy to all.

**Kontakion of The Feast of the Presentation of Our Lord in the Temple****Tone 1**

By Your Nativity You sanctified the Virgin's womb!  
And blessed Simeon's hands, O Christ God.  
Now You have come and saved us through love.  
Grant peace to all Orthodox Christians, O only Lover of Man!

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength! People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)****Tone 8**

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your name forever.

**Verse:** For You are just in all that You have done for us

**EPISTLE READING****Hebrews 13:7-16** (Athanasius & Cyril)

Brethren, remember your leaders, those who spoke to you the word of God; consider the outcome of their life, and imitate their faith. Jesus Christ is the same yesterday and today and forever. Do not be led away by diverse and strange teachings; for it is well that the heart be strengthened by grace, not by foods, which have not benefited their adherents. We have an altar from which those who serve the tent have no right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. So Jesus also suffered outside the gate in order to sanctify the people through His own blood. Therefore let us go forth to Him outside the camp and bear the abuse He endured. For here we have no lasting city, but we seek the city, which is to come. Through Him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge His Name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**  
**(Music on page 64 of Liturgy Booklet)**

**Tone 8**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior.

**Verse:** Come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

**GOSPEL READING**

**Luke. (17:12-19)**

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said, "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving Him thanks. Now he was a Samaritan. Then Jesus said, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him, "Rise and go your way; your faith has made you well."

**LITURGY OF THE FAITHFUL**

**Meglynarion (Hymn to the Mother of God)**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

**Communion of the Clergy (Liturgy Book page 32)**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

The righteous shall be in everlasting remembrance; he shall not fear evil tidings. Alleluia.

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## CELEBRATIONS for THIS WEEK

### Wedding Anniversaries

1/20 Fr. Nicholas & Jan Speier

### Birthdays

1/18 Rita Schneider, Alan Wallerstedt

1/19 John Wallace

1/20 Evonne Chala

1/21 Jody Wallace

### Feast Day Celebrations

1/17 St. Anthony the Great Beau Brunner, Evonne Chala, Troy Harris, Cole Kronman

1/18 St. Cyril of Alexandria Owen J. Finley

1/22 St. Timothy the Apostle Timothy Braun

### **HOLY COMMUNION**

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
“Father, bless” when you get to the chalice.*

# **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

## **HOUSE BLESSING APPOINTMENTS**

The Grace of God is imparted to us in the holy water (“The Grace of Redemption). It is time, once again, to make an appointment for your home to be blessed. Please call one of the priests listed on the front of the bulletin to set up a time, preferably when all members of the household can be present.

## **YOUNG ADULT DINNER**

The college students and young adults are invited to Fr. Nicholas and Jan’s house on Saturday, January 23rd after Vespers for dinner and conversation.

## **UPCOMING FEAST DAYS**

Tuesday, February 2, 2016    Feast of the Presentation of our Lord in the Temple  
Divine Liturgy at 6:00 p.m.

### **Church Etiquette Corner—Some Reminders**

We are encouraged to stand while the Holy Gifts (The Body and Blood of Christ) are present in the nave out of respect and honor for the presence of Christ among us. (until the clergy return with the chalice to the altar after Communion)

We should all make an effort to be present at the beginning of the Divine Liturgy, but if we DO come late, we are asked to enter quietly and without disrupting the service or those in attendance. Please minimize: movement in general, and entering and leaving during the reading of the Epistle or Gospel, or during the Homily. If you enter while these things are already taking place, please stand in the back and take a seat after the reading or sermon are finished.

After partaking of Holy Communion, it is important to remain to the end of the Liturgy to thank our Lord and receive the final blessing from the priest.

Women and young ladies are asked to remove lipstick or lip gloss before kissing icons or receiving the Eucharist.



# EPIPHANY OUT OF DOORS BLESSING OF THE WATER 2016 Santa Barbara Harbor at the Yacht Club

**Congratulations to the winners of the dives for 2 crosses:  
Ginny Braun & Lucy Speier!**



## **SUPPORT FOR MISSIONS**

Our parish supports missions around the world on an ongoing basis  
with monthly contributions to:

- **OCMC (Orthodox Christian Mission Center) “Support a Mission Priest” program.**

**So far, we have supported the following priests  
and we continue to pray for them each week:**

Fr. John Njiru Njagi at St. Matthew Church in Makengi, Kenya (2012)

Fr. Athanasios Akunda at St. Raphael and St. Nicholas parishes in South Africa (2013)

Fr. Lawrence Kabui Gitau at SS. Mark & Makarios Church in Kangemi, Kenya (2014)

Fr. Timothee Kwakwa at St. John the Baptist parish in Kawayongo, Congo (2015)

Fr. Evlogios Adade at Holy Transfiguration Cathedral in Accra, Ghana (2016)

- **OCMC missionaries Nathan & Gabriela Hoppe and their family, who are doing mission work in Albania. They visited us this past August and gave a presentation.**

Nathan and Gabriela are working to inspire, train, equip and lead Albanians to proclaim the Gospel and make disciples in Albania. They feel a tremendous urgency to follow Christ's command to make disciples of all nations in this land where less than a generation ago, complete atheism was enforced by the totalitarian communist government.

- **Project Mexico/St. Innocent Orphanage**

A pan-Orthodox non-profit organization that builds homes for impoverished families in the Tijuana area, and that provides a safe home for orphaned Mexican boys who would otherwise be on the street and without any family.

In addition to sending a monthly donation from our parish, we have sent many mission teams to build homes in Mexico. Our team for Summer 2016 is getting ready to launch their fundraising campaign. Stay tuned for more information!

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Dn. Richard E.  
Kh. Diane Carrillo  
Kh. Mary Sue W.  
Greg & Margaret Y.  
Hoppe Family  
Kh. Mary Ellen B.  
Gail S.  
Dean & Penny B.  
Kevin & Angel S.  
Mary

Susan B.  
Baby Christian F.  
Duane F.  
Stan and Donna F.  
Angel, Helen and Family  
Joy  
Terri-Lynn H.  
Hannah Rose H.  
Holly C.  
Temmo K. Paige  
Galina, Nikolai & Nataliya  
Nikita  
Marina

Olga Marie G.  
Mike, Trevor & Adam  
Emily F.  
Joan, Jerry, Brenda  
Kevin O.  
Delaney N.  
Sabina S.  
Steve K.  
Scott  
All those suffering and  
in danger in the Ukraine,  
Africa, and the Middle East

**For repose of the souls of:** All who have died in the conflicts in the Ukraine,  
Africa & the Middle East

### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

## **ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, and other items that are FOR SALE. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to "St. Athanasius Book Center."

**All proceeds go to the parish Building Fund.**

