



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## Parish Council:

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

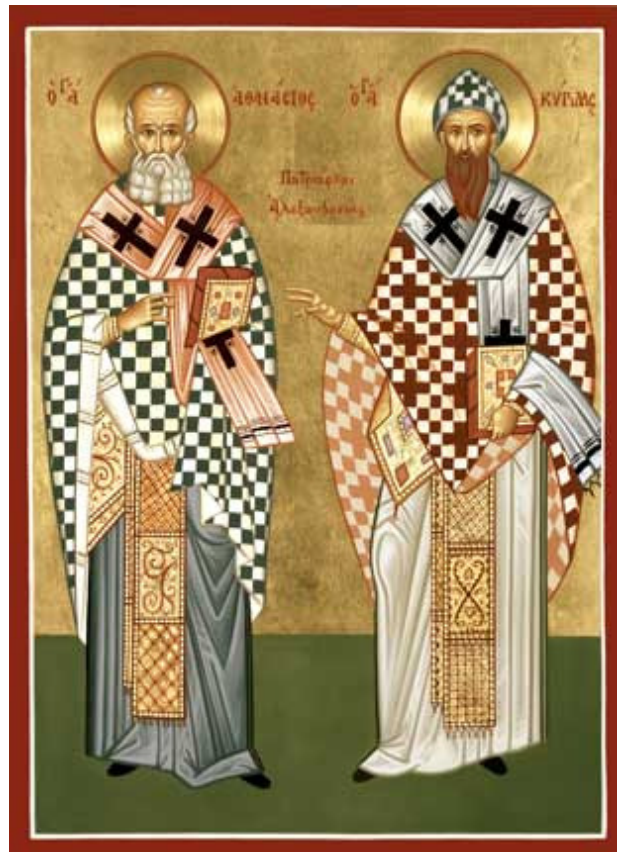
## LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, January 18, 2015

Tone 7 / Eothinon 10

## Athanasius and Cyril, Patriarchs of Alexandria & Twelfth Sunday of Luke

Martyr Theodoula of Anazarbus and her companions;  
Maximos, Serbian ruler



## ***WELCOME TO OUR VISITORS!***

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

# Calendar for this Week

## Sunday, January 18

9:00 a.m.	Religious Education, ages 3-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:00 p.m.	Choir Rehearsal
5:00 p.m.	Teen Bowling Party at Zodo's

## Monday, January 19

6:45 a.m.	Daily Matins
4:30 p.m.	Outreach Dinner in Isla Vista

## Tuesday, January 20

**NO DAILY VESPERS**

## Wednesday, January 21

6:45 a.m.	Daily Matins
12:00 p.m.	Women's Prayer Group

## Thursday, January 22

5:30 p.m.	Daily Vespers
7:00 p.m.	Parish Council Meeting

## Friday, January 23

6:45 a.m.	Daily Matins
-----------	--------------

## Saturday, January 24

9:00 a.m.	Ministry Leaders Meeting
4:30 p.m.	Adult Catechism
6:00 p.m.	Great Vespers/Confessions

## Sunday, January 25

9:00 a.m.	Religious Education, ages 3-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour

### **LOST AND FOUND**

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

**The AED (Automated External Defibrillator)** is located in the foyer, on the ledge of the window that looks into the church office.

*Fr. Nicholas and Jan will be out of town from January 18-21.*

*Valerie will be away from January 20-30.*

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

January 18	Meyer
January 25	Tinyayeva
February 1	D. Washburn
February 8	Fr. Nicholas

### Coffee Hour

January 18	J. Wallerstedt/D. Washburn in commemoration of St. Xenia
January 25	Shackelford/Genatone in memory of Al Genatone
February 1	Alexander (for SS. Simeon & Anna)
February 8	B. Hedges Family (for St. Theodora, In honor of Sydney Theodora)

### Greeters

January 18	C. Robinson/K. Fox
January 25	P. King/L. Baker
February 1	P. Morrison/D. Genatone
February 8	D. Washburn/D. Lewis

### Ushers

January 18	J. King, G. Braun Jr., G. Shannon
January 25	S. Speier, P. Brunner, P. King
February 1	D. Meyer, R. Barre, D. Lewis
February 8	C. Speier, R. Schneider, P. King

### Readers

January 17	T. Harris (Vespers)
January 18	V. Gish
January 24	P. Braun (Vespers)
January 25	H. Lange
February 1	D. Meyer
February 2	P. Braun (Feast of Presentation)
February 8	D. Washburn

# CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.  
("Glory to You, Who have shown us the light..." - Complete text is  
in the front of the Liturgy Book.)

## THE LITURGY OF THE WORD

### GREAT LITANY

#### FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

#### SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

Music by  
P. Mironositsky

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**LITTLE ENTRANCE**

**AS THE CLERGY ENTER THE ALTAR, WE SING THE FOLLOWING  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection**

**(Music on p. 51-52 of Liturgy book)**

Thou didst shatter death by Thy Cross;  
Thou didst open paradise to the thief;  
Thou didst turn the sadness of the  
ointment bearing women into joy,  
and didst bid Thine apostles proclaim  
a warning that Thou hast risen, O Christ,  
granting the world the great mercy.

**Tone 7** (Byzantine melody  
harmonized by Fr. J. Finley)

**Troparion for Saints Athanasius and Cyril**

You shone forth with works of Orthodoxy and quenched all heresy,  
And became victorious trophy-bearers, hierarchs Athanasius and Cyril.  
You enriched all things with piety and greatly adorned the Church,  
And worthily found Christ God,  
Who grants His great mercy to all.

**Tone 3** (Greek Slavic Chant)  
arr. Yaichkov)

**Troparion to St. Athanasius**  
(Music on p. 54 of Liturgy book)

**Tone 3** (Byzantine melody  
harmonized by Fr. J. Finley)

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion of The Feast of the Presentation of Our Lord in the Temple** **Tone 1**

By Your Nativity You sanctified the Virgin's womb!  
And blessed Simeon's hands, O Christ God.  
Now You have come and saved us through love.  
Grant peace to all Orthodox Christians, O only Lover of Man!

**TRISAGION (THRICE-HOLY) HYMN**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (sung 3 times)  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)** **Tone 8**

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your name forever.

**Verse:** For You are just in all that You have done for us

**EPISTLE READING—Hebrews 13:7-16** (Athanasius & Cyril)

Brethren, remember your leaders, those who spoke to you the word of God; consider the outcome of their life, and imitate their faith. Jesus Christ is the same yesterday and today and forever. Do not be led away by diverse and strange teachings; for it is well that the heart be strengthened by grace, not by foods, which have not benefited their adherents. We have an altar from which those who serve the tent have no right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. So Jesus also suffered outside the gate in order to sanctify the people through His own blood. Therefore let us go forth to Him outside the camp and bear the abuse He endured. For

here we have no lasting city, but we seek the city, which is to come. Through Him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge His Name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

**Alleluia Refrain and Psalm verses before the Gospel**      **Tone 7** (Byzantine Chant  
(p. 65 in Liturgy Book)      harmonized by Fr. J. Finley)

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

**Verse:** To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

### **GOSPEL READING—Luke 17:12-19**

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said, "Jesus, Master, have mercy on us." When Jesus saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving Him thanks. Now he was a Samaritan. Then said Jesus, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And Jesus said to him, "Rise and go your way; your faith has made you well."

### **LITURGY OF THE FAITHFUL**

#### **Meglynarion (Hymn to the Mother of God)**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

#### **Hymns sung as the clergy receive the Eucharist for the feast of the Cross**

- Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
- Rejoice in the Lord, O you righteous; praise befits the just! (*Ps 32/33:1*)
- The Jesus Prayer: "O Lord Jesus Christ, Son of God, have mercy on me, a sinner."

### **Communion of the People (Liturgy Book page 33)**

Of Thy mystical Supper, O Son of God, accept me today as a communicant. For I will not speak of thy mysteries to Thine enemies. Neither like Judas will I give Thee a kiss. But like the thief will I confess Thee: Remember me, O Lord, in Thy Kingdom!

Receive the Body of Christ, taste the fountain of immortality.

#### ***HOLY COMMUNION***

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## ***CELEBRATIONS for THIS WEEK***

### **Wedding Anniversaries**

1/20 Fr. Nicholas & Jan Speier  
1/25 John & Nadine de Bruin

### **Birthdays**

1/18 Rita Schneider, Alan Wallerstedt  
1/19 John Wallace  
1/20 Evonne Chala  
1/21 Jody Wallace  
1/24 Melissa Williams, Fay Young

### **Feast Day Celebrations**

1/18	St. Cyril of Alexandria	Owen J. Finley
1/22	St. Timothy the Apostle	Timothy Braun
1/24	St. Xenia of St. Petersburg	Dayli Braun, Zennia Braun, Darbi Johnson

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

**Fr. Nicholas and Jan will be out of town from January 18-21. There will be no Daily Vespers this Tuesday. Valerie will be away from January 20-30. The church office will re-open on Monday, Feb. 2nd. If you need to get into the church please contact Fr. Nicholas or one of the ministry heads.**

### **IT'S HOUSE BLESSING TIME AGAIN!**

Don't forget to contact one of the priests of our parish to bless your home as we begin the New Year and celebrate the Feast of Epiphany. Start the year off on the right foot by asking God's blessing and protection on your dwelling and all who live there.

### **MINISTRY LEADERS MEETING THIS COMING SATURDAY**

The leaders of all ministry teams will meet this coming Saturday, January 24th from 9-11 a.m. Please R.S.V.P. to Valerie in the church office if you have not done so already.

### **WE NEED SOMEONE TO COORDINATE THE LENTEN SOUP DINNERS**

On four Fridays during Great Lent, we will have our traditional Soup Dinners following the 6:00 p.m. Akathist service. Sign-up lists will be posted in February for each of the weeks for volunteers who can bring soup, bread, juice and fruit. We need a couple of people who are willing to take responsibility for the set-up and clean-up for all four of the weeks. That might mean recruiting a small group of volunteers, or forming a team of two or three people who will make this their "ministry" during Lent. If you are willing, please contact Christie Robinson at [christie.d.robinson@gmail.com](mailto:christie.d.robinson@gmail.com).

### **NEED ONE NIGHT'S HOUSING FOR MEMBERS OF YALE RUSSIAN MALE CHORUS, Friday, March 13th**

We are hosting the Yale Russian Male Chorus in a concert on Friday, March 13th at 7:30 p.m. We need to provide housing that evening for 15 young men. They are willing to sleep on the floor, on air mattresses, several to a room, or whatever we are able to provide. Please contact Valerie in the church office if you are able to host one or several of the chorus members. [office@stathanasius.org](mailto:office@stathanasius.org)

## **UPCOMING FEAST DAY CELEBRATIONS**

**Feast of the Presentation of our Lord in the Temple**

Monday, February 2, 2015      6:00 p.m.      Divine Liturgy



## Church Etiquette Corner

In review, we are encouraged to stand while the Holy Gifts (The Body and Blood of Christ) are present in the nave out of respect and honor for the presence of Christ among us. (until the clergy return with the chalice to the altar after Communion)

We should all make an effort to be present at the beginning of the Divine Liturgy, but if we DO come late, we are asked to enter quietly and without disrupting the service or those in attendance. Please minimize: movement in general, and entering and leaving during the reading of the Epistle or Gospel, or during the Homily. If you enter while these things are already taking place, please stand in the back and take a seat after the reading or sermon are finished.

After partaking of Holy Communion, it is important to remain to the end of the Liturgy to thank our Lord and receive the final blessing from the priest.

## SUPPORT FOR MISSIONS

Our parish supports missions around the world on an ongoing basis with monthly contributions to:

- **OCMC (Orthodox Christian Mission Center) “Support a Mission Priest” program.**

**So far, we have supported the following priests  
and we continue to pray for them each week:**

Fr. John Njiru Njagi at St. Matthew Church in Makengi, Kenya (2012)

Fr. Athanasios Akunda at St. Raphael and St. Nicholas parishes in South Africa (2013)

Fr. Lawrence Kabui Gitau at SS. Mark & Makarios Church in Kangemi, Kenya (2014)

Fr. Timothee Kwakwa at St. John the Baptist parish in Kawayongo, Congo (2015)

- **OCMC missionaries Nathan & Gabriela Hoppe and their family, who are doing mission work in Albania. They visited us this past August and gave a presentation.**

Nathan and Gabriela are working to inspire, train, equip and lead Albanians to proclaim the Gospel and make disciples in Albania. They feel a tremendous urgency to follow Christ's command to make disciples of all nations in this land where less than a generation ago, complete atheism was enforced by the totalitarian communist government.

- **Project Mexico/St. Innocent Orphanage**

A pan-Orthodox non-profit organization that builds homes for impoverished families in the Tijuana area, and that provides a safe home for orphaned Mexican boys who would otherwise be on the street and without any family.

*See the bulletin board in the hallway for photos and more information about how St. Athanasius parish supports missions work throughout the world!*

# TEEN SCENE

## JOURNEY TO ADULTHOOD

### Schedule of Activities and Service Projects

For more information, contact Lara Jacobs —Teen Program Coordinator  
at: [cpejacobs@gmail.com](mailto:cpejacobs@gmail.com)

#### High School —Grades 9-12

\*\*\*\*\*

Sunday, January 18	5:00-6:45 pm	Zodo's Bowling and Frozen Yogurt	Zodo's/Yogurtland
Sunday, January 25	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's
Monday, January 26	4:00-6:00 pm	Family Event: St. Brigid Dinner	St. Michael's Church in IV
Sunday, February 1	4:30-6:00 pm	Girls Small Group	Teen Room
	6:00 p.m.-7:30 pm	Boys Small Group	Teen Room
Sunday, Feb 8	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home

#### Junior High School—Grades 7-8

Sunday, January 18	5:00-6:45 p.m.	Zodo's Bowling and Frozen Yogurt	Zodos/Yogurtland
Friday, Feb 13-Mon Feb 16	Weekend	Winter Camp	Camp St. Nicholas
Fri., Feb. 20-Sat., Feb. 21	Weekend	Monastery Retreat	

### INCOME FOR DECEMBER 2014

Monthly tithe Goal (includes mortgage payment on bldg.)	\$47,000
Received in December	\$39,825
Additional Building Fund Donations Received in December	\$24,419

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
of Syria  
Fr. Thomas H.  
Dn. Richard E.  
Dn. Scott J.  
Peggy K. and Family  
Fr. Gordon & Mary Sue W.  
The Hartung Family

Greg & Margaret Y.  
Hoppe Family  
Mary Ellen B.  
Gail S.  
Dean & Penny  
Mary & Susan  
Baby Christian F.  
Duane F.  
Larry L.  
Sandy S.

Drew W.  
Yvette B.  
Marliese Z.  
All those suffering and  
in danger in the Ukraine,  
Nigeria, and the Middle East  
Cheri W.  
Kh. Marilyn G.  
Stan and Donna F.  
Molly M.

**For repose of the souls of:**

Anthony B. (Santa Barbara policeman), Fr. Michael R.,  
All who have died in the conflicts in the Ukraine,  
Syria and Palestine

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

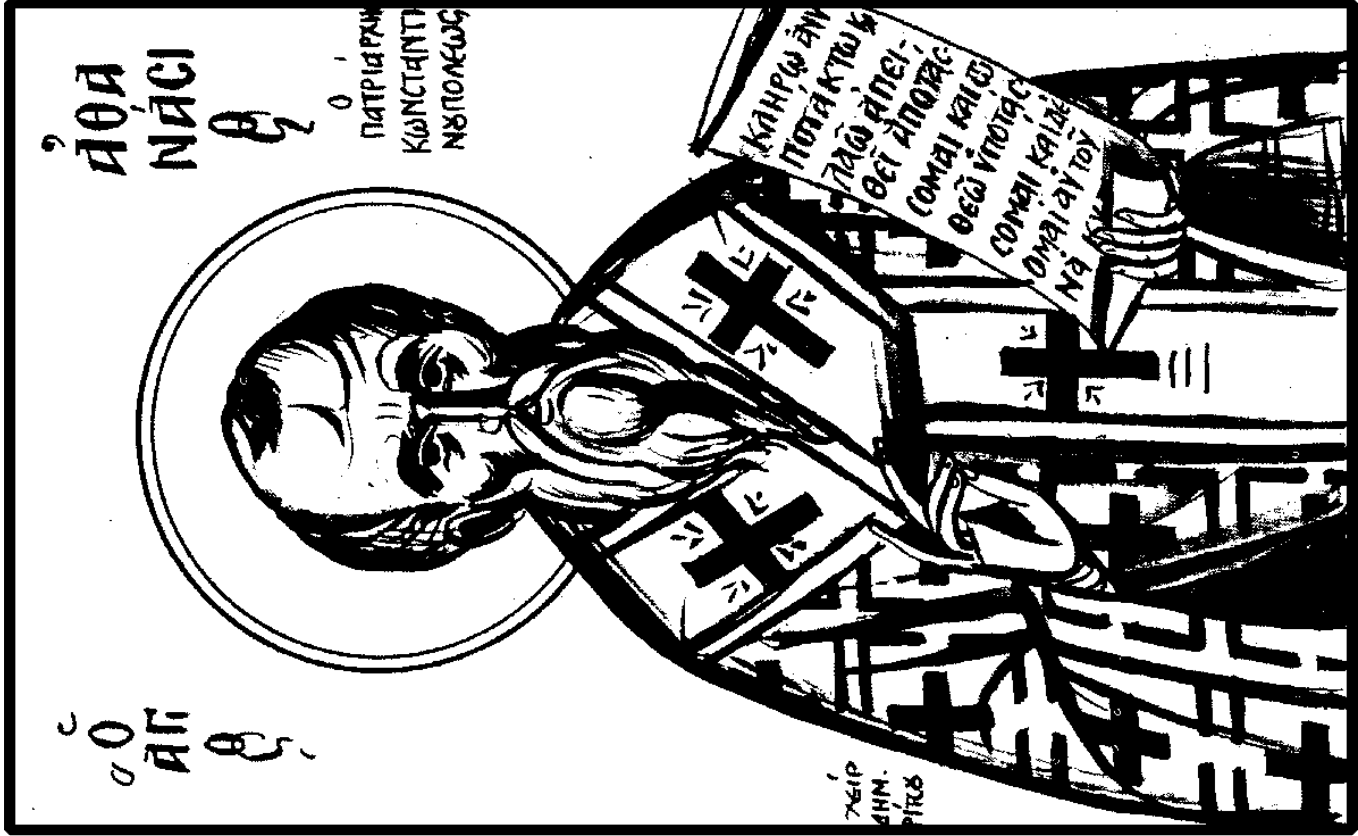
Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

\*\*\*\*\*

**ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to "St. Athanasius Book Center."

\*\*\*\*\*



FOR THE CHILDREN TO COLOR  
DURING THE HOMILY OR AT HOME