



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## **Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## **Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## **Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## **Parish Council:**

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

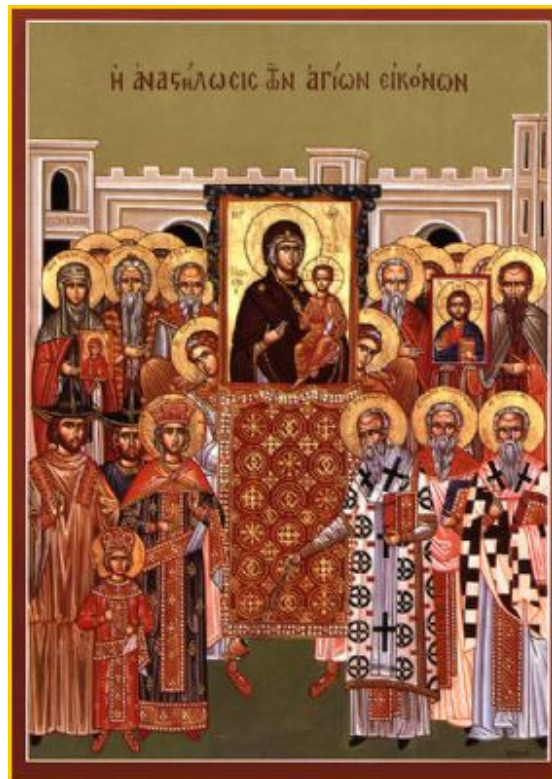
## **LITURGY OF ST. BASIL THE GREAT**

**Sunday, March 1, 2015**

**Tone 5 / Eothinon 5**

**First Sunday of Great Lent (Sunday of Orthodoxy)**

Venerable-martyr Eudokia of Heliopolis; Venerable Domnina of Syria; Martyrs Markellos and Anthony of Pamphylia; Venerable Agapios of Vatopedi Monastery on Athos; Venerable David of Wales, Bishop of Menevia



## ***WELCOME TO OUR VISITORS!***

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

# Calendar for this Week

## Sunday, March 1-SUNDAY OF ORTHODOXY

9:00 a.m.	Religious Education, ages 3-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
4:00 p.m.	Jr. High Activity
4:45 p.m.	Choir rehearsal at St. Barbara Church
6:00 p.m.	Pan-Orthodox Vespers for Triumph of Orthodoxy at St. Barbara Greek Parish

(NO DAILY VESPERS ON TUES/THURS.)

## Monday, March 2

6:45 a.m.	Daily Matins
4:30 p.m.	Outreach Dinner in Isla Vista
6:00 p.m.	Great Compline
7:15 p.m.	Choir Rehearsal

## Tuesday, March 3

6:30 p.m.	Teaching on Confession, Sin and Repentance at <u>St. Barbara Church</u>
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## Wednesday, March 4

6:45 a.m.	Daily Matins
12:00 p.m.	Women's Prayer Group
6:00 p.m.	Presanctified Liturgy with Eucharist

## Thursday, March 5

6:00 p.m.	Outreach Team Meeting
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## Friday, March 6

6:45 a.m.	Daily Matins
6:00 p.m.	Akathist (NO SOUP DINNER)

## Saturday, March 7

4:30 p.m.	Adult Catechism
6:00 p.m.	Great Vespers/Confessions

**TURN CLOCKS AHEAD ONE HOUR!**

## Sunday, March 8—St. Gregory Palamas Sunday

9:00 a.m.	Religious Education, ages 3-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
5:00 p.m.	"Fire on Father" - Grades 9-12

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

March 1	Kern
March 8	Meyer/Tinyayeva
March 15	Dillon
March 22	Hedges

### Coffee Hour

March 1	Berari
March 8	Harris
March 15	Lewis/Gundersen
March 22	Keller/Brasel

### Greeters

March 1	K. & L. Jacobs
March 8	G. Shannon/Kristin King
March 15	P. Morrison/D. Genatone
March 22	D. Washburn/D. Lewis

### Ushers

March 1	D. Meyer, R. Barre, D. Lewis
March 8	C. Speier, R. Schneider, P. King
March 15	J. King, G. Shannon
March 22	S. Speier, P. Brunner, P. King

### Readers

March 1	R. Barre
March 4	P. Braun (Presanctified Liturgy)
March 7	T. Harris (Soul Liturgy)
March 8	D. Alexander
March 11	D. Meyer (Presanctified Liturgy)
March 14	D. Alexander (Soul Liturgy)
March 15	D. Washburn
March 18	H. Lange (Presanctified Liturgy)

# CHANGEABLE TEXTS FOR THE DAY

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.  
("Glory to You, Who have shown us the light..." - Complete text is  
in the front of the Liturgy Book.)**

## MUSIC FOR GREAT LENT

Today we make a deliberate shift in some of the music for the Sunday Divine Liturgy of St. Basil the Great for the five Sundays of Great Lent. Some of it will be new, some will be familiar but we have not sung it in awhile. Music notation will be provided in the bulletin, as space permits. As always, the congregation is encouraged to join in the singing of the responses during the Liturgy, following the leadership of the choir or chanters.

**These melodies will be used for all litanies during the Liturgy  
for the five Sundays of Great Lent:**

The musical notation is presented in four systems, each with a Soprano/Alto part on a treble clef staff and a Tenor/Bass part on a bass clef staff. The key signature is one sharp (F#) and the time signature is 4/4. Each system includes two numbered measures (1 and 2) with lyrics underneath. The lyrics are: "Lord have mercy", "Grant this O Lord.", "Most holy Theotokos save us. To Thee, O Lord.", and "A - men.".

Soprano  
Alto

Tenor  
Bass

1 2

Lord have mer - cy Lord have mer - cy

1 2

Grant this O Lord. Grant this O Lord.

Most holy Theotokos save us. To Thee, O Lord.

A - men.

### **FIRST ANTIPHON—Psalm verses with refrain**

- The Lord is King, and hath clothed Himself with majesty. The Lord is robed; He is girded with strength. For He has established the world so sure that it shall never be moved.

***Refrain: Through the intercessions of the Theotokos, O Savior, save us.***

- Who can utter the mighty acts of the Lord? Who can cause all His praises to be heard? Let the redeemed of the Lord say so, whom He hath redeemed from the hand of the enemy. (***Refrain***)
- Glory... Both now... (***Refrain***)

### **SECOND ANTIPHON—Psalm verses with refrain**

- Let them praise the Lord for His mercies, and for His wonderful works to the children of men.

***Refrain: O Son of God, Who rose from the dead; save us who sing to Thee. Alleluia.***

- Let them exalt Him in the congregation of the people, and praise Him in the seat of the elders. (***Refrain***)
- The eyes of the Lord are upon them that fear Him, upon them that hope in His mercy; to hear the groaning of the prisoners, to loose the sons of the slain. (***Refrain***)

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

### THIRD ANTIPHON

Verse: Let the heavens and the earth praise Him.

#### Refrain:

We venerate Your most pure image, O Good One;  
and ask forgiveness of our transgressions, O Christ our God.  
Of Your own will You were pleased to ascend the cross in the flesh  
to deliver Your creatures from bondage to the Enemy.  
Therefore with thanksgiving we cry aloud to You:  
“You have filled all with joy, O our Savior,//  
by coming to save the world.”

Verse: This is the day which the Lord hath made; Let us rejoice and be glad in it.

Verse: O Lord my God, I will give thanks unto Thee forever.

### LITTLE ENTRANCE

#### AS THE CLERGY ENTER THE ALTAR, WE SING THE FOLLOWING HYMNS FOR THE DAY:

##### **Troparion of the Resurrection**

Let us believers praise and worship the Word,  
co-eternal with the Father and the Spirit,  
born of the Virgin for our salvation.  
For He took pleasure in ascending the Cross in the flesh  
to suffer death and to raise the dead by His glorious resurrection.

**Tone 5** (Byzantine melody  
harmonized by Fr. J. Finley)

##### **Troparion of First Sunday of Great Lent**

We venerate Thy most pure image, O Good One;  
and ask forgiveness of our transgressions, O Christ our God.  
Of Thy good will Thou wast pleased to ascend the cross in the flesh  
and deliver Thy creatures from bondage to the Enemy.  
Therefore with thankfulness we cry aloud to Thee:  
“Thou hast filled all with joy, O our Savior,  
for Thou didst come to save the world.”

**Tone 2** (Byzantine melody)

**Troparion to St. Athanasius**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3** (Byzantine melody  
harmonized by Fr. J. Finley)

**Kontakion for the Triumph of Orthodoxy**

No one could describe the Word of the Father;  
but when He took flesh from you, O Theotokos,  
He accepted to be described,  
and restored the fallen image to its former state  
by uniting it to divine beauty.//  
We confess and proclaim our salvation in words and images.

**Tone 8** (Slavic Chant)

**Kontakion of Annunciation**

To thee, our Queen, leader in battle and defender.  
We thy people delivered from all peril,  
offer hymns of vict'ry and thanksgiving, O Theotokos.  
Since thou dost possess invincible power,  
set us free from ev'ry calamity.  
That we may cry unto thee: Hail O bride without bridegroom.

**Tone 8** (Byzantine melody)

**TRISAGION (THRICE-HOLY) HYMN (Music on page 9 of this bulletin.)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (sung 3 times)

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)**

**Tone 8**

Blessed are You, O Lord God of our Fathers, and praised and glorified is Your name forever.

**Verse:** For You are just in all that You have done for us.

## EPISTLE READING—Hebrews 11:24-26, 32-40

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets. Who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

### Alleluia before the Gospel

**Tone 4**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

*Verse: Moses and Aaron were among His priests;  
Samuel also was among those who called on His Name. (Ps 99/100:6)*

*Verse: They called to the Lord and He answered them. (Ps 99/100:6)*

## GOSPEL READING— John 1:43-51

At that time, Jesus decided to go to Galilee. And He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found Him of whom Moses in the Law and also the Prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to Him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered Him, "Rabbi, You are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

**MUSIC FOR THE ANAPHORA (Offering) is included in this bulletin on page 11-12.**

**Meglynarion for Liturgy of St. Basil (Hymn to the Mother of God—p. 26 of Liturgy book)**

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages: He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

**Communion of the Clergy (Liturgy Book page 32)**

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1)

The Jesus Prayer: “O Lord Jesus Christ, Son of God, have mercy on me, a sinner.”

***HOLY COMMUNION***

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, “Father, bless” when you get to the chalice.*

**Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

**Church Etiquette Corner**  
**Veneration with “Clean” Lips**

*When we venerate an icon or any holy object, we are showing honor to what that icon or object represents. Thus it is important to approach veneration with honor and dignity. If you wear lipstick or lip gloss, please blot your lips well before venerating an icon, taking communion or kissing the cross, or the priest’s or bishop’s hand. The paint on icons can be ruined by lipstick, and it is not appropriate to leave a lip mark on the chalice, cross or priest’s hand.*

*Thank you for your consideration! - Fr. Nicholas*



A

# Trisagion

M. Aprahamian

*Slowly*

*p* Ho - - - ly God; Ho - - - ly Migh - ty;  
 Ho - - - ly Immor - tal have mer - cy on us.

# THE CHERUBIC HYMN

from the Divine Liturgy of St. John Chrysostom

J.D.F.

*a slow prosession*

Let us who mys-tic'-ly *cresc.* rep-re-sent the cher - u - bim, who *dim.*  
*f* sing the thrice ho-ly hymn to Thee, *mf* the Life-cre-at-ing

Trin - i - ty, *p* now lay a - side all earth - ly cares.

*faster, majestic*

A - men. That we may re - ceive the King of all, Who

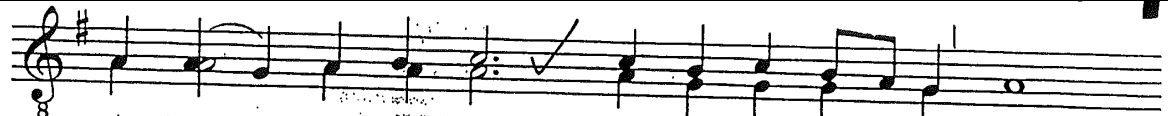
comes to us in - vis - i - bly *p* at - tend - ed by an - gel - ic  
*cresc.*

hosts. Al - le - lu - ia, al - le - lu - ia, *ff rit.* al - le - lu - ia.

# THE ANAPHORA (OFFERING)

## Byzantine Tone 5


(Page 18 in the Liturgy Book)



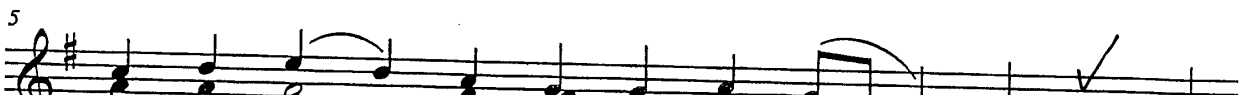
1  
A Mer - cy of peace, a sac - ri - fice of praise.




2  
and with thy spi - rit. We lift them up un - to the Lord.




4  
It is meet and right, to wor - ship the Fa - ther



5  
and the Son and the Ho - ly Spi - rit: the



6  
Tri - ni - ty One in Es - sence, and un - di - vi - ded.



7  
Ho - ly Ho - ly Ho - ly Lord of Sa - ba - oth.



9  
Hea - ven and earth are full of Thy Glo - ry,

10  
8 Ho - san - na in the high - - - est!

11  
8 Bles - sed is He that comes in the Name of the Lord!

12  
8 Ho - san - - - na in the high - - - est.

13  
8 A - men. A - - - - - men.

15  
8 We praise Thee, we bless Thee, we give

16  
8 thanks un - to Thee O Lord.

17  
8 And we pray un-to Thee, O our God O our God

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: **[www.stathanasius.org](http://www.stathanasius.org)**.

**TODAY WE WILL CELEBRATE THE TRIUMPH OF ORTHODOXY** with the Orthodox parishes of the Central Coast at 6:00 p.m. at St. Barbara Greek Orthodox Church, 1205 San Antonio Creek Road, Santa Barbara, CA 93111. A combined choir consisting of singers from the various parishes in the Central Coast region will lead the responses. Please join us for this opportunity to express our unity of Faith. A light supper will follow the service.

### **DONATION DESIGNATIONS**

We are transitioning to a new bookkeeper, and so we need to ask that you **always designate on donation checks the intended purpose**, if it is not a general donation or tithe. (for example, Building Fund, Pastor's Fund, St. Barbara Monastery, St. Brigid Fellowship, etc...) Any check or online donation that has no other notation will be entered as a tithe/general donation. Thanks for your help!

### **COLLECTION FOR PROJECT MEXICO**

Between now and next Sunday, we will be collecting food and cleaning items for St. Innocent Orphanage in Mexico. Please consider making a contribution of a few of these items as a part of your Lenten almsgiving. (Only the items listed, please. See the needs list on the display table in the hallway. They do not need used clothing at this time.) There will be a table set up in the hallway of the church for drop off of these items from now until Sunday, March 8th.

### **PROJECT MEXICO MISSION TRIP THIS SUMMER—CONSIDER JOINING US!**

We will once again send a mission team to Project Mexico this summer to build a home for an impoverished Mexican family. **The trip dates are August 13-19, 2015**, and the cost is \$650 per person. Participants can pay the fee out of pocket, or raise funds by requesting donations from family members, friends and colleagues. Fundraising tools and guidance will be provided. Mitch Denny will be at the Project Mexico table today to answer any questions and to sign up "recruits" for this year's mission team. There are **ONLY 6 SPOTS LEFT!**

### **LENTEN SOUP DINNERS**

We have Soup Dinners scheduled for two more Fridays during Great Lent, (**March 20, March 27**) following the 6:00 p.m. Akathist service. Sign-up lists have been posted on the big bulletin board for volunteers who can bring soup, bread, juice and fruit. If you can help with set-up or clean-up please sign up on the posted lists, or contact Christie Robinson at [christie.d.robinson@gmail.com](mailto:christie.d.robinson@gmail.com).

### **LENTEN SEMINAR CANCELLED (March 6/7)**

The Lenten Seminar scheduled for March 6 and 7 has been cancelled. You are encouraged to attend the Lenten services this week. See the service schedule on the next page. Also, we are invited to join St. Barbara's parish (1205 San Antonio Creek Rd.) for their monthly "Studies in the Faith" series this Tuesday, March 3rd, at 6:30 p.m. This month's teaching is on the sacrament of Confession.

### **CLERICAL/BOOKKEEPING POSITION IN CHURCH OFFICE 4 HOURS PER WEEK**

We are looking for someone to work a half day on Mondays in the church office, to prepare the weekly deposits and enter all donations into a database. The position could also include some other clerical assistance for Fr. Nicholas and Valerie, and the hours might eventually be increased. Some employment experience in bookkeeping, database entry and maintenance, word processing and general computer literacy are required. Possibly a good fit for a stay-at-home mom or a retired individual looking for a few hours of work. If you are interested, please contact Valerie Yova at [valerie@stathanasius.org](mailto:valerie@stathanasius.org).

**WE STILL NEED COFFEE HOUR HOSTS FOR THE FOLLOWING DATES.** If you are able to host or co-host on one of these dates, please contact Christie Speier Robinson at [christie.d.robinson@gmail.com](mailto:christie.d.robinson@gmail.com).

May 24

June 7, 14 and 21

July 12 and 26

August 30

### **WE NEED A CREW TO HELP WITH POTLUCKS**

We need to gather a crew of people willing to help with clean-up for our Potlucks. We have at least 8 per year. This a perfect volunteer opportunity for those of you who are not able to host or contribute to Coffee Hour. Please contact Christie Robinson if you can be of service. [christie.d.robinson@gmail.com](mailto:christie.d.robinson@gmail.com)

# *CELEBRATIONS for THIS WEEK*

## Birthdays

3/3 Mark Kern  
3/4 Juliana Brunner  
3/6 Leah Wallace  
3/7 Mateo Finley

## Pastronal Feast Day Celebrations

3/4 St. Juliana Juliana Brunner

## **LENTEN SERVICES THIS WEEK**

TODAY, 3/1 6:00 p.m. Pan-Orthodox Vespers—Triumph of Orthodoxy  
at St. Barbara Greek Church

Mon., 3/2 6:00 p.m. Great Compline

Wed., 3/4 6:00 p.m. Pre-sanctified Liturgy

Fri., 3/6 6:00 p.m. Akathist to the Mother of God  
(NO SOUP DINNER)

Sat., 3/7 8:00 a.m. Soul Liturgy

*The complete schedule of services for Great Lent,  
Holy Week and Pascha  
is on the parish website calendar. [www.stathanasius.org](http://www.stathanasius.org)*



ASSEMBLY OF CANONICAL  
ORTHODOX BISHOPS  
OF THE UNITED STATES OF AMERICA

Office of the Chairman

*Longsuffering Lord, how wonderful are your works! Who will number your love for humankind? Who, when they see your Priests and Ascetics slain for the sake of your Icon, would not reject deceivers? But you, when insulted, endured. (Synodikon of the Sunday of Orthodoxy, 9<sup>th</sup> Ode)*

Sunday of Orthodoxy 2015

To the Reverend Priests and Deacons, the Monks and Nuns, the Presidents and Members of Parish Councils, the Day, Afternoon, and Church Schools, the Members of Philanthropic Organizations, the Youth and Youth Workers, and the entire Orthodox Christian Family in the United States of America

Beloved Brothers and Sisters in Christ,

At the onset of our journey to Holy Pascha, the Church designates the first Sunday of Holy and Great Lent as the Sunday of Orthodoxy. On this day we celebrate the splendor of the Orthodox Church and her salvific mission in the world, and we call to mind the holy men and women who made great sacrifices in defense of holy icons and the authentic worship of God; we venerate the great champions of Orthodoxy who kept the faith alive.

Their enduring love and commitment to Christ has made it possible for future generations to come to know God. And as we are embraced by Christ and become one with Him, our lives are transformed into living icons of our Lord and of His sacrificial love for the world. The dogmas, teachings and traditions that were defended, therefore, are not antiquated theories, philosophies, or broken rubrics. They are tangible guides and spiritual directives for how we ought to live our lives according to the Holy Gospel.

Beloved brothers and sisters, perhaps now more than ever before, it is important to declare our Orthodox Christian Faith, for the world is suffering and desperately searching for peace and reconciliation. As the world produces distorted images of the truth, we must share the beauty of the Gospel. As the world resorts to violence and hatred, we must respond with love and forgiveness. And as the world falls deeper into despair, let us ask God to grant us courage to endure and to allow us to serve as icons of hope for our neighbor.

Wishing all of you, on behalf of the Hierarchs of the Assembly of Canonical Orthodox Bishops of the United States of America, the abundant blessings of the Lord, I fervently pray that He grant to all of us the courage, the power and the wisdom to proclaim His eternal and saving Orthodox Faith to all people, both *those who are far off and those who are near* (Eph. 2:17).

*Archbishop Demetrios of America*

+Archbishop Demetrios of America  
Chairman





Please Join Us  
for  
the Women's Fellowship Annual  
*Annunciation Tea*

**St. Athanasius Orthodox Church**  
300 Sumida Gardens Lane Santa Barbara, CA 93111



**Saturday, March 28, 2015**  
**1:00-3:00 p.m.**

*Featuring : A Special Presentation on the  
Life of Mary, the Theotokos, Music, and Refreshments*

**Donation paid at the door:**

**Adults \$12**

**Children \$8**

**(ages 12 and under)**

**Proceeds benefit Orthodox women's monasteries in North America.**

If you would like to assist with food, set-up or clean-up, please contact:  
christie.d.robinson@gmail.com or 805-455-4312

# TEEN SCENE

## JOURNEY TO ADULTHOOD

### Schedule of Activities and Service Projects

For more information, contact Lara Jacobs —Teen Program Coordinator  
at: [cpejacobs@gmail.com](mailto:cpejacobs@gmail.com)

#### High School —Grades 9-12

Sunday, March 8	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home
Sunday, March 15	5:00-7:00 pm	Minute to Win It	SAOC
Monday, Marh 23	4:00-6:00pm	Family Event: Service Project:	St. Michael's Church in IV
		St. Brigid Outreach Dinner	
Saturday March 28		Annunciation Tea (Girls)	SAOC
Sunday March 29	4:30-6:00 pm	Girls Small Group	Teen Room
	6:00-7:30 pm	Boys Small Group	Teen Room
Fri./Sat. April 10-11	8:00pm Fri-10 am. Sat.	All Night Vigil	SAOC
Sunday, April 19	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home
Sunday , April 26	5:00-7:00 pm	Progressive Dinner	TBA

#### Junior High School—Grades 7-8

Sunday March 1	4:00 p.m.	Activity	SAOC
	6:00 p.m.	Pan-Orthodox Vespers	St. Barbara Church
Sunday, March 22	5:00-6:30	Minute to Win It	SAOC
Saturday March 28		Annunciation Tea (Girls)	SAOC
Friday April 10	8-10:00 p.m.	All Night Vigil Reading	SAOC
Saturday, April 18	7:00-8:30 pm	Activity	SAOC

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH	Hoppe Family	Marliese Z.
Mother Victoria	Mary Ellen B.	All those suffering and
Met. Paul & Abp. John	Gail S.	in danger in the Ukraine,
of Syria	Dean & Penny	Nigeria, and the Middle East
Fr. Thomas H.	Mary & Susan	Cheri W.
Dn. Richard E.	Baby Christian F.	Kh. Marilyn G.
Dn. Scott J.	Duane F.	Stan and Donna F.
Peggy K. and Family	Larry L.	Molly M.
Fr. Gordon & Mary Sue W.	Sandy S.	D. Washburn
The Hartung Family	Drew W.	Chris and Claire D.
Greg & Margaret Y.	Yvette B.	Mikael M.

**For repose of the souls of:** Dn. David D., Anthony B. (Santa Barbara policeman),  
21 Coptic Christians who were martyred in Libya,  
All who have died in the conflicts in the Ukraine, Syria and Palestine

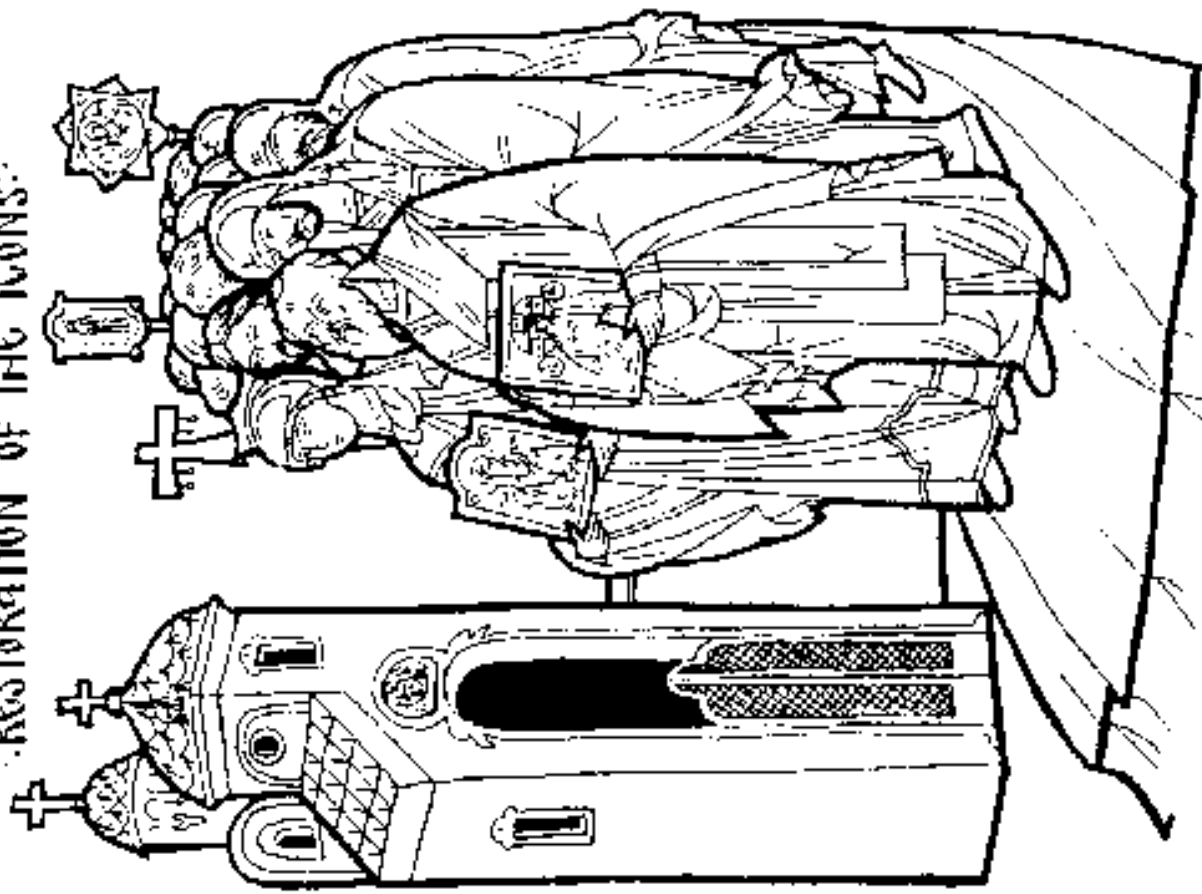
### ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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\* **ST. ATHANASIUS BOOK CENTER** \*  
\* The church bookstore is located in the fellowship hall. The two \*  
\* enclosed cabinets hold icons, books, jewelry and other items that \*  
\* are FOR SALE. Payment should be made at time of purchase and \*  
\* placed in the brown lock box ON THE BOOKSTORE SHELF. \*  
\* Make checks payable to "St. Athanasius Book Center." \*  
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RESTORATION OF THE ICONS:



FOR THE CHILDREN TO COLOR  
DURING THE HOMILY OR AT HOME