



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
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## Parish Council:

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## LITURGY OF ST. BASIL THE GREAT

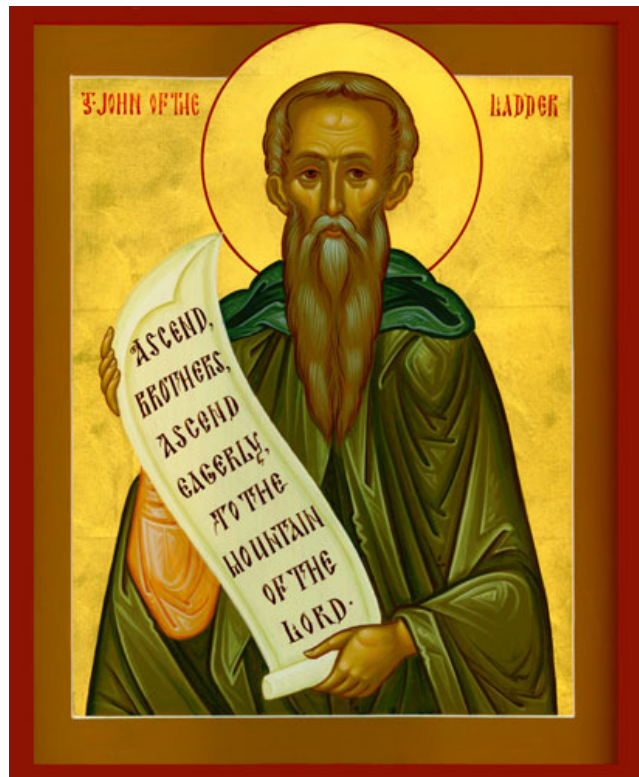
Sunday, March 22, 2015

Tone 8 / Eothinon 8

Fourth Sunday of Great Lent

Commemoration of John Climacus,  
Author of “The Ladder”

Hieromartyr Basil of Ancyra; Martyr Kallinika of Rome;  
Venerable-martyr Euthymios of Prodromou Skete on Athos



## WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

## Calendar for this Week

### Sunday, March 22—Sunday of St. John Climacus

9:00 a.m.	Religious Education, ages 3-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:15 p.m.	Meeting with current Epistle Readers
5:00 p.m.	Junior High Activity at Cloud 10

(NO DAILY VESPERS ON TUES/THURS.)

### Monday, March 23

6:45 a.m.	Daily Matins
4:00-6:00 p.m.	High Schoolers Family Event— St. Brigid Outreach Dinner Service Project
5:00 p.m.	Outreach Dinner in Isla Vista
6:00 p.m.	Little Compline/Canon of St. Andrew of Crete
7:30 p.m.	Choir Rehearsal

### Wednesday, March 25

6:45 a.m.	Daily Matins
12:00 p.m.	Women's Prayer Group
6:00 p.m.	Vesperal-Liturgy for the Feast of the Annunciation

### Friday, March 27

6:45 a.m.	Daily Matins
6:00 p.m.	Akathist to the Mother of God NO SOUP DINNER

### Saturday, March 28

1:00 p.m.	Annunciation Tea
4:30 p.m.	Adult Catechism
6:00 p.m.	Great Vespers/Confessions

### Sunday, March 29—Sunday of St. Mary of Egypt

9:00 a.m.	Religious Education, ages 3-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour and expanded Bookstore
4:30 p.m.	High School Girls—Small Group
6:00 p.m.	High School Guys—Small Group

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

March 22	Hedges
March 29	Washburn
April 5	Thomas
April 12	Kern

### Coffee Hour

March 22	Keller/Brasel
March 29	Dn. G. & M. Braun
April 5	PALM SUNDAY POTLUCK
April 12	PASCHA BREAKFAST

### Greeters

March 22	D. Washburn/D. Lewis
March 29	L. Baker/P. King
April 5	G. Shannon/Kristin King
April 12	TBA

### Ushers

March 22	S. Speier, P. Brunner, P. King
March 29	D. Meyer, R. Barre, D. Lewis
April 5	C. Speier, R. Schneider, P. King
April 12	TBA

### Readers

March 22	D. Meyer
March 24	P. Braun/V. Gish (Annunciation)
March 29	D. Meyer
April 4	D. Washburn (Lazarus Sat. Liturgy)
April 4	M. Kern (Great Vespers)
April 5	D. Alexander
April 7	R. Barre (Presanctified 7 a.m.)
April 8	P. Braun (Presanctified 7 a.m.)
April 8	V. Gish (Unction)
April 9	T. Harris/D. Meyer (Liturgy 7 a.m.)
April 10	M. Kern (Royal Hours)
April 10	D. Alexander (Vespers 3 p.m.)
April 10	H. Lange (Lamentations 7 p.m.)
April 11	M. Kern (Vesp-Liturgy 8 a.m.)
April 12	D. Washburn (Paschal Liturgy)

# CHANGEABLE TEXTS FOR THE DAY

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.  
("Glory to You, Who have shown us the light..." - Complete text is  
in the front of the Liturgy Book.)**

## MUSIC FOR GREAT LENT

We make a deliberate shift in some of the music for the Sunday Divine Liturgy of St. Basil the Great for the five Sundays of Great Lent. Some of the music will be new, some will be familiar but we have not sung it in awhile. Music notation will be provided in the bulletin, as space permits. As always, the congregation is encouraged to join in the singing of the responses during the Liturgy, following the leadership of the choir or chanters.

**These melodies will be used for all litanies during the Liturgy  
for the five Sundays of Great Lent:**

The musical notation is presented in four systems, each with two staves (Soprano/Alto and Tenor/Bass) and a key signature of one sharp (F#). The lyrics are as follows:

**System 1:**  
1. Lord have mer - cy  
2. Lord have mer - cy

**System 2:**  
1. Grant this O Lord.  
2. Grant this O Lord.

**System 3:**  
Most holy Theotokos save us. To Thee, O Lord.

**System 4:**  
A - men.

### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]  
Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses sung by a quartet, the choir and congregation sing the refrain:  
**“Remember us, O Lord, when you come in your Kingdom.”**

## LITTLE ENTRANCE

AS THE CLERGY ENTER THE ALTAR, WE SING THE FOLLOWING  
HYMNS FOR THE DAY:

### **Troparion of the Resurrection**

From the heights Thou didst descend,  
O Compassionate One;  
and Thou didst submit to the three day burial,  
that Thou might deliver us from passion.  
Thou art our Life and our Resurrection,  
O Lord, glory to Thee.

**Tone 8** (Byzantine melody  
harmonized by Fr. J. Finley)

### **Troparion for St. John Climacus (of the Ladder)**

Dweller of the wilderness and angel in the body,  
you were a wonderworker, O our God-bearing Father John.  
You received heavenly gifts through fasting, vigil and prayer,  
healing the sick and the souls of those drawn to you by faith.  
Glory to Him Who gave you strength!  
Glory to Him Who granted you a crown!!!  
Glory to Him Who grants healing to all!

**Tone 1** (Slavic Chant)

### **Troparion to St. Athanasius**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3** (Byzantine melody  
harmonized by Fr. J. Finley)

### **Kontakion of Annunciation**

To thee, our Queen, leader in battle and defender.  
We thy people delivered from all peril,  
offer hymns of vict'ry and thanksgiving, O Theotokos.  
Since thou dost possess invincible power,  
set us free from ev'ry calamity.  
That we may cry unto thee: Hail O bride without bridegroom.

**Tone 8** (Byzantine melody)

**A** *Slowly* **Trisagion** *M. Arahamian*

*p* Ho - - - ly God; Ho - - - ly Migh - ty;  
 Ho - - - ly Immor - tal have mer - cy on us.

**TRISAGION (THRICE-HOLY) HYMN**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (sung 3 times)  
 +Glory to the Father and to the Son and to the Holy Spirit,  
 now and ever and unto ages of ages. Amen.  
 Holy Immortal have mercy on us.

Deacon: With strength!  
 People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle**

**Tone 8** (Byzantine melody  
 harmonized by Fr. J. Finley)

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

**Verse:** *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

**THE EPISTLE READING — Hebrews 6:13-20**

Brethren, when God made a promise to Abraham, since He had no one greater by whom to swear, He swore by Himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by one greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of His purpose, He interposed with an oath. So that through two unchangeable things, in which it is im-

possible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest forever after the order of Melchizedek.

## **Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**

**Tone 8**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior.

**Verse:** Come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

## **THE GOSPEL READING — Mark 9:17-31**

At that time, a man came to Jesus, kneeling down and saying unto him, "Teacher, I brought my son to you, for he has a dumb spirit. And wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And Jesus answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to Me." And they brought the boy to Him; and when the spirit saw Jesus, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when Jesus had entered the house, his disciples asked him privately, "Why could we not cast it out?" And Jesus said to them, "This kind cannot be driven out by anything but prayer and fasting."

They went on from there and passed through Galilee. And Jesus would not have anyone know it; for He was teaching His disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill Him; and after He is killed, He will rise on the third day."

**MUSIC FOR THE ANAPHORA (Offering) is included in this bulletin on pages 11-12.**

**Meglynarion for Liturgy of St. Basil (Hymn to the Mother of God—p. 26 of Liturgy book)**

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins,  
from whom God was incarnate and became a Child – our God before the ages:  
He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

**Communion of the Clergy (Liturgy Book page 35)**

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1)

**Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

**Please pray for our catechumens:**

Patrick and Nancy Gilbert

Michael Andonian

**There are several others who are moving  
in this direction as well, and will be catechumens soon:**

Chantel Cappuccilli

Chuck Sasala

Regina Moon

**INCOME FOR FEBRUARY 2015**

	<b>General Operating</b>	<b>Building Fund</b>
Monthly Goal	\$33,000	\$14,120
Monthly Actual	\$26,658	\$10,164



## Church Etiquette Corner

### Handling of Holy Bread

After taking Holy Communion and at the end of the Liturgy, it is traditional to eat a piece of blessed bread (*antidoron*). This is the bread that remained after preparing Holy Communion from the five loaves. While the antidoron is not Holy Communion, it is blessed by the priest at the altar and thus should be eaten carefully so as not to drop crumbs onto the floor. When you receive the blessed bread (taking one piece), return to your seat or get to a place where you can stop and eat the bread carefully, trying not to drop crumbs. If you want to give a piece to someone else, take an extra piece and respectfully offer it. Please monitor your children in consideration of the above information. Thank you!

- Fr. Nicholas

## THE CHERUBIC HYMN

from the Divine Liturgy of St. John Chrysostom

J.D.F.

*a slow procession*

Let us who mys-tic'-ly *cresc.* rep- re- sent the cher *dim.* - u- bim, who

*f* sing the thrice ho- ly hymn to Thee, *mf* the Life- cre- at- ing

Trin - i - ty, *p* now lay a - side all earth - ly cares.

*faster, majestic*

A - men. That we may re - ceive the King of all, Who

comes to us in - vis - i - bly *p* at - tend - ed by an - gel - ic  
*cresc.*

hosts. Al - le - lu - ia, al - le - lu - ia, *ff rit.* al - le - lu - ia.

**THE ANAPHORA (OFFERING)**  
**Byzantine Tone 5**  
**(Page 18 in the Liturgy Book)**




1  
8 A Mer - cy of peace, a sac - ri - fice of praise.




2  
8 and with thy spi - rit. We lift them up un - to the Lord.




4  
8 It is meet and right, to wor - ship the Fa - ther



5  
8 and the Son and the Ho - ly Spi - rit: the



6  
8 Tri - ni - ty One in Es - sence, and un - di - vi - ded.



7  
8 Ho - ly Ho - ly Ho - ly Lord of Sa - ba - oth.



9  
8 Hea - ven and earth are full of Thy Glo - ry,

10  
Ho - san - na in the high - - - est!

11  
Bles - sed is He that comes in the Name of the Lord!

12  
Ho - san - - - na in the high - - - est.

13  
A - men. A - - - - - men.

15  
We praise Thee, we bless Thee, we give

16  
thanks un - to Thee O Lord.

17  
And we pray un-to Thee, O our God O our God

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: **[www.stathanasius.org](http://www.stathanasius.org)**.

### **FLOWERS FOR ANNUNCIATION LITURGY**

Please bring your offering of flowers or greens to the Annunciation liturgy on Wed, Mar 25th. There will be vases with water up at the iconostasis for you to use. Any and all colors are welcome as an offering of our joy to our Most Holy Theotokos.

**THERE WILL BE NO SOUP DINNER THIS FRIDAY NIGHT, MARCH 27th.**

### **AN OPPORTUNITY FOR YOUR FAMILY TO PARTICIPATE IN LENTEN ALMSGIVING TO THE HOMELESS AND HUNGRY OF SANTA BARBARA!**

During Great Lent, we are asking that each family of the parish support our St. Brigid Fellowship by filling up a small collection box with coins that will be used to provide food for our Monday night outreach dinners. Please pick up a collection box on the St. Brigid display table in the hallway. The boxes can be returned to the church on the two Sundays following Pascha. (April 19 and 26). More information will be provided later regarding how to return the coin boxes. Please see the inserted brochure about our St. Brigid Fellowship for more information on the holy work being done in our community in the name of our parish.. All parishioners are welcome to join the St. Brigid Team on Monday evenings at the 5:00 p.m. outreach dinner, which is served at St. Michael University Church in Isla Vista. (6586 Picasso Rd.) Helping hands and friendly faces are always needed.

### **SAVE THE DATES: ESTATE PLANNING SEMINARS—April 25 & May 9**

Two different seminars will be offered on Saturday mornings from 10-11:00 a.m. for our parish members. The seminars will be taught by an attorney and a financial planner, who will explain why EVERYONE needs an Estate Plan, and discuss strategies you may want to consider when planning your estate, including: How your assets will be distributed to your family; Who will take care of your minor or special needs children; Who will make medical or financial decisions for you if you can't make them yourself. More information will follow in the coming weeks.

**WE WILL OFFER AN EXPANDED BOOKSTORE ON SUNDAY, MARCH 30th and SUNDAY, APRIL 5th,** with lots of beautiful items for Pascha.

## LENTEN SERVICES THIS WEEK

Mon., 3/23	6:00 p.m.	Little Compline with Canon of St. Andrew
Wed., 3/25	6:00 p.m.	Vesperal Liturgy for feast of ANNUNCIATION
Fri., 3/27	6:00 p.m.	Akathist (NO SOUP DINNER)

## CELEBRATIONS for THIS WEEK

### Birthdays

3/22	Sarah Keller
3/25	Jamie Van Wagoner
3/27	Courtney Shannon
3/27	Lucy Speier
3/28	Brody Hansen
3/28	Cheryl Washburn-Lander
3/28	Elizabeth Heiduk

### Pastronal Feast Day Celebrations

#### 3/25 Feast of the Annunciation

Carla Brunstead, Mary Gish, Carissa Giordani, Samantha Morrison Nalepa,  
Rita Schneider, Taylor Speier



## PASCHA EGG HUNT

### Time to prepare for the fun!

If you have kids who will be participating in the egg hunt at the Pascha picnic, it's time to start thinking about getting your plastic eggs and candy/toys/coins! Don't wait until the last minute when it might be hard to find them. Please bring 12-18 filled eggs per child with you to the picnic (along with a basket or bag for your child to collect eggs). Please make sure you consider any non-church family and friends you will be inviting and bring enough for them as well. If you can do more than a dozen, that really helps for people who would like to participate but don't have the means to bring eggs. Contact Katie AbuGhazaleh at 453-5324 with any questions. Thank you!

## SERVICES OF HOLY WEEK 2015

**(Please note that the Tues-Friday morning services  
are at 7:00 a.m.)**

Palm Sunday, 4/5	Bridegroom Matins	6:00 p.m.
Monday, 4/6	Bridegroom Matins	6:00 p.m.
Tuesday, 4/7	Presanctified Liturgy	7:00 a.m.
	Bridegroom Matins	6:00 p.m.
Wednesday, 4/8	Presanctified Liturgy	7:00 a.m.
	Holy Unction	6:00 p.m.
Thursday, 4/9	Institution Liturgy	7:00 a.m.
	Matins with 12 Passion Gospels	6:00 p.m.
Friday, 4/10	Royal Hours	7:00 a.m.
	Royal Hours	12:15 p.m.
	Burial Vespers	3:00 p.m.
	Lamentation Matins	7:00 p.m.
	All-night Vigil	10:00 p.m.
Saturday, 4/11	Vesperal Liturgy celebrating	8:00 a.m.
	Christ's Victory over Hades	
Sunday, 4/12	Paschal Procession, Matins, Liturgy	5:00 a.m.
	Break-fast	8:00 a.m.
	Agape Vespers	9:30 a.m.

## **ANNUAL WORK PARTY ON LAZARUS SATURDAY**

**April 4th from 10:00 a.m.-3:00 p.m.**

Even though we are in our brand new building, we still have much to do in order to prepare for Holy Week and Pascha. A sign-up list will be posted next week. Please plan to stay after the Liturgy on Lazarus Saturday to lend a hand. There will be a short Coffee Hour after the Liturgy.

We will need help with the following tasks:

- Cleaning of all icons
- Cleaning of the woodwork on iconostasis and wooden furniture
- Decorating
- Gathering palms
- Ironing of cloths to be used for Holy Week and Pascha
- Cleaning of altar articles
- Possibly some clean-up outside around the building

We will have someone working with the children who want to learn to make palm crosses.





# PASCHA CELEBRATION 2015

It's that time of year again!

## PASCHA BREAKFAST

Immediately following the Divine Liturgy on Pascha we will celebrate together with our traditional BREAK-fast at our new Church!

Due to limited kitchen facilities we will again be "downsizing" our morning festivities a bit. Please plan **now** to put together a family Easter basket. Add to it your own family favorites and include some meats, eggs, cheeses, etc.

We are very pleased that our Stan is doing so well, but he needs a break this year! Brian Sieck has graciously offered to take over this huge part of the morning - and we thank him! We will provide the Pascha Cheese, sliced ham, deviled eggs and beverages. Agape Vespers (with the Gospel read in many languages) will follow the breakfast. Please see the food sign-up list in the fellowship hall. We need volunteers to bring:

- Deviled eggs (please respond with how many)
- Large fancy assorted cheese platters
- Large assorted fruit platters
- Homemade sweet rolls, yeast breads, sweet loaves
- Set up and clean up help

## PASCHA PICNIC

The main focus of our celebration this year will be the afternoon PICNIC at Kiwanis Meadows/ Tuckers Grove at 3pm. The deacons will barbeque tri-tip for all. Bread will be provided. Please bring a large salad (green, potato, pasta, fruit) to share and your own place settings and beverages. There will of course be games, activities for our children, plus music and lots of wonderful fellowship. Plan to attend this special day for our church family. It is a great opportunity to bring your non-Orthodox friends and family members, as well!

**The day's festivities cost the church over \$4,000** and we typically collect only around \$2,000 from those who participate. Please help us to break even on the costs for the day. We are asking for a donation for each adult and child participating in order to help cover the cost of the day's festivities. You can pay in advance at the table set up during Coffee Hour on the two Sundays before Pascha, or you can pay in the food line on Pascha. Pricing is as follows:

**Adults:               \$15 for breakfast only**  
**\$20 for breakfast and picnic**

**Children:             \$10 flat fee**  
**(Maximum charge per family: \$80)**

Of course we could use some help with preparation and clean up and with the children's activities. Please email June @ [june1211@msn.com](mailto:june1211@msn.com) or call 805.705.3668 to volunteer.



# TEEN SCENE

## JOURNEY TO ADULTHOOD

### Schedule of Activities and Service Projects

For more information, contact Lara Jacobs —Teen Program Coordinator  
at: [cpejacobs@gmail.com](mailto:cpejacobs@gmail.com)

#### High School —Grades 9-12

Monday, Marh 23	4:00-6:00pm	Family Event: Service Project: St. Brigid Outreach Dinner	St. Michael's Church in IV
Saturday March 28	1:00 p.m.	Annunciation Tea (Girls)	SAOC
Sunday March 29	4:30-6:00 pm	Girls Small Group	TBA
	6:00-7:30 pm	Boys Small Group	TBA
Fri./Sat. April 10-11	8 pm Fri.-10 am Sat.	All Night Vigil	SAOC
Sunday, April 19	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home
Sunday , April 26	5:00-7:00 pm	Progressive Dinner	TBA
Sunday, May 3	4:30-6:00 pm	Girls Small Groups	TBA
	6:00-7:30 pm	Boys Small Group	TBA
Fri. May 15- Sun. May		YES Weekend	SAOC
Sunday, May 24	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home

#### Junior High School—Grades 7-8

Sunday, March 22	5:00-7:00 p.m.	Cloud 10	
Saturday March 28		Annunciation Tea (Girls)	SAOC
Friday April 10	8:00-10:00 p.m.	All Night Vigil Reading	SAOC
Saturday, April 18	7:00-8:30 pm	Activity	SAOC
Fri. May 15- Sun. May 17	Weekend	YES Weekend	SAOC
Friday, June 12		Raging Waters	
Sunday, June 7		Family Event: Graduation Party and Kick-off Dinner	TBA

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

- |                          |                     |                              |
|--------------------------|---------------------|------------------------------|
| Metropolitan JOSEPH      | Dean & Penny        | Khouria Katherine & Children |
| Mother Victoria          | Mary                | Angel, Helen and Family      |
| Met. Paul & Abp. John    | Susan B.            | Jim M.                       |
| Fr. Thomas H.            | Baby Christian F.   | Joy                          |
| Dn. Richard E.           | Duane F.            | Kh. Marilyn G.               |
| Kh. Peggy K. and Family  | Stan and Donna F.   | All those suffering and      |
| Fr. Gordon & Mary Sue W. | Molly M.            | in danger in the Ukraine,    |
| Greg & Margaret Y.       | D. Washburn         | Africa, and the Middle East  |
| Hoppe Family             | Chris and Claire D. | Fr. Roman B.                 |
| Kh. Mary Ellen B.        | Mikael M.           | Kaylee C.                    |
| Gail S.                  |                     |                              |

**For repose of the souls of:** Fr. Thomas Hopko, Fr. Matthew B., Marc K.  
21 Coptic Christians who were martyred in Libya,  
All who have died in the conflicts in the Ukraine, Africa & the Middle East

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

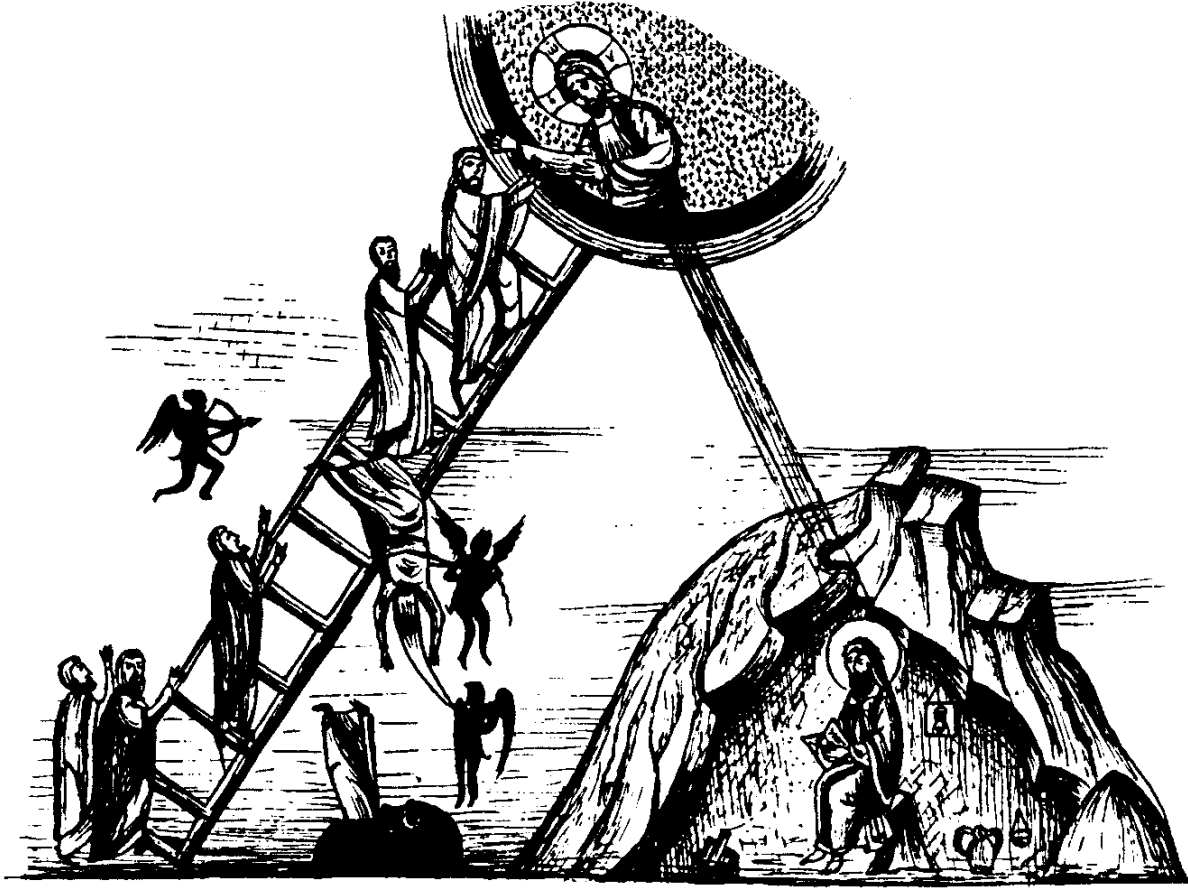
Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF.  
Make checks payable to “St. Athanasius Book Center.”

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FOR THE CHILDREN TO COLOR  
DURING THE HOMILY OR AT HOME