



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## **Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## **Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## **Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
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## **Parish Council:**

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## **LITURGY OF ST. BASIL THE GREAT**

**Sunday, March 29, 2015**

**Tone 1 / Eothinon 9; Fifth Sunday of Great Lent  
Commemoration of our Righteous Mother**

**Mary of Egypt**

Martyr Mark, Bishop of Arethusa, Martyr Cyril the Deacon  
of Heliopolis and those with them;  
Martyrs Jonah and Barachisios of Persia and those with  
them; Eustathios the Confessor, Bishop of Bithynia



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

## Calendar for this Week

### Sunday, March 29—Sunday of Mary of Egypt

9:00 a.m.	Religious Education, ages 3-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour and expanded Bookstore
4:00 p.m.	St. Barbara Monastery Friends Gathering. Fr. Lawrence Russell will speak on "The Boast of the Cross."
4:30 p.m.	High School Girls—Small Group
6:00 p.m.	High School Guys—Small Group

(NO DAILY VESPERS ON TUES/THURS.)

### Monday, March 30

6:45 a.m.	Daily Matins
5:00 p.m.	Outreach Dinner in Isla Vista
6:00 p.m.	Great Compline
7:15 p.m.	Choir Rehearsal

### Wednesday, April 1

6:45 a.m.	Daily Matins
12:00 p.m.	Women's Prayer Group
6:00 p.m.	NO SERVICE AT OUR CHURCH Presanctified Liturgy at St. Barbara parish

### Friday, April 3

6:45 a.m.	Daily Matins
6:00 p.m.	Little Compline & Canon of Lazarus

### Saturday, April 4

8:00 a.m.	Liturgy for Lazarus Saturday
9:45 a.m.	Coffee Hour followed by Work Party
10:30-1:30	Choir Rehearsal
6:00 p.m.	Great Vespers/Confessions

### Sunday, April 5—PALM SUNDAY

9:00 a.m.	Religious Education, ages 3-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	POTLUCK and expanded Bookstore

## Sunday Morning Ministries Schedule

### Eucharist Bread

March 29	Washburn
April 5	Thomas
April 12	Kern
April 19	Fr. Nicholas

### Coffee Hour

March 29	Keller/Brasel
April 5	PALM SUNDAY POTLUCK
April 12	PASCHA BREAKFAST
April 19	Adult Singles

### Greeters

March 29	L. Baker/P. King
April 5	G. Shannon/Kristin King
April 12	D. Washburn,/L. Baker/P. King
April 19	D. Genatone/P. Morrison

### Ushers

March 29	D. Meyer, R. Barre, D. Lewis
April 5	C. Speier, R. Schneider, P. King
April 12	G. Shannon/D. Washburn/ D. Lewis/P. Brunner
April 19	D. Meyer, R. Barre, D. Lewis

### Readers

March 29	R. Barre
April 4	D. Washburn (Lazarus Sat. Liturgy)
April 4	M. Kern (Great Vespers)
April 5	D. Alexander
April 7	R. Barre (Presanctified 7 a.m.)
April 8	P. Braun (Presanctified 7 a.m.)
April 8	V. Gish (Unction)
April 9	T. Harris/D. Meyer (Liturgy 7 a.m.)
April 10	M. Kern (Royal Hours)
April 10	D. Alexander (Vespers 3 p.m.)
April 10	H. Lange (Lamentations 7 p.m.)
April 11	M. Kern (Vesp-Liturgy 8 a.m.)
April 12	D. Washburn (Paschal Liturgy)

## CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.

(“Glory to You, Who have shown us the light...” - Complete text is  
in the front of the Liturgy Book.)

### GREAT LITANY

#### FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

#### SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength  
and hath girded Himself.

**Refrain: O Son of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]  
Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of  
the holy Theotokos and ever-virgin Mary, who without change didst become man and wast cruci-  
fied, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified  
with the Father and the Holy Spirit: save us!

## **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses sung by a quartet, the choir and congregation sing the refrain:  
**“Remember us, O Lord, when you come in your Kingdom.”**

## **LITTLE ENTRANCE**

**AS THE CLERGY ENTER THE ALTAR, WE SING THE FOLLOWING  
HYMNS FOR THE DAY:**

### **Troparion of the Resurrection**

While the stone was sealed by the Jews,  
and the soldiers were guarding Thy most pure body,  
Thou didst arise on the third day,  
O Savior, granting life to the world.  
For which cause the heavenly pow'rs cried aloud unto Thee, O Giver of life;  
Glory to Thy resurrection, O Christ!  
Glory to Thy kingdom!  
Glory to Thy providence, O Thou  
Who alone art the lover of mankind.

**Tone 1** (Byzantine melody  
harmonized by Fr. J. Finley)

### **Troparion of St. Mary of Egypt**

The image of God was truly preserved in you, O Mother,  
for you took up the Cross and followed Christ.  
By so doing, you taught us to disregard the flesh  
for it passes away;  
but to care instead for the soul, for it is immortal.  
Therefore your spirit, O holy Mother Mary,  
rejoices with the angels.

**Tone 8** (Serbian Chant)

### **Troparion to St. Athanasius**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3** (Byzantine melody  
harmonized by Fr. J. Finley)

## Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,  
the mediatrix, who was unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost ever intercede for those who honor thee.

**A** *Slowly* **Trisagion** *M. Aprahamian*



*p* Ho - - - ly God; Ho - - - ly Migh - ty;  
Ho - - - ly Immor - tal have mer - cy on us.

## TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (sung 3 times)  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

## Preparatory Psalm Verses before the Epistle

Tone 1 (Byzantine melody  
harmonized by Fr. J. Finley)

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Verse: Rejoice in the Lord, O you righteous! Praise is becoming to the upright.  
(Ps 32/33:1)

## THE EPISTLE READING — Hebrews 9:11-14

Brethren, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) He entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered Himself without blemish to God, purify your conscience from dead works to serve the living God.

### Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 1

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** It is God Who avenges me, and subdues people under me. (*Ps 17/18:47*)

**Verse:** He gives great deliverance to His King, and shows mercy to His anointed, to David and his seed forever. (*Ps 17/18:50*)

## THE GOSPEL READING — Mark 10:32-45

At that time, Jesus took His twelve disciples, and began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem. And the Son of man will be delivered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles. And they will mock Him, and scourge Him, and spit upon Him, and kill Him; and after three days He will rise again."

And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we want you to do for us whatever we ask of You." And Jesus said to them, "What do you want Me to do for you?" And they said to Him, "Grant us to sit, one at Your right hand and one at Your left, in Your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized. But to sit at My right hand or at My left is not Mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant at James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be servant of all. For the Son of man also came not to be served but to serve, and to give His life as a ransom for many."

### **Meglynarion for Liturgy of St. Basil (Hymn to the Mother of God—p. 26 of Liturgy book)**

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins,  
from whom God was incarnate and became a Child – our God before the ages:  
He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

### **Communion of the Clergy (Liturgy Book page 35)**

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1)  
The righteous shall be in everlasting remembrance. He shall not fear evil tidings. (*Ps 111/112:6b-7a*) Alleluia, Alleluia, Alleluia!

### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## ***St. Mary of Egypt***

*Died around the year 400 A.D.*

*Commemorated April 1 and on the 5th Sunday of Great Lent*

Mary was born in Egypt and at the age of 12 entered into a life of debauchery and prostitution. She lived many years in this life, and one day, driven by an adulterous flame, boarded a boat bound for Jerusalem. In the Holy City she attempted to enter a church to venerate the Holy Cross, but an invisible force denied her entry. Stricken with fear, she gazed at an icon of the Theotokos and prayed that she might be able to enter to church to venerate the Cross. She confessed and repented of her sinful life, and it was only after this that she was able to enter the church. She heard a voice saying, “If you cross over the Jordan you will find peace.” Immediately she bought three loaves of bread and crossed the Jordan River.

She remained in the wilderness for 48 years in great torment and fear, struggling with her passionate thoughts. She ate vegetation to survive. She saw the Elder Zosimos in the wilderness and told him her story, begging him to bring her Holy Communion on the same day the next year. He did, and saw her walking upon the water of the Jordan River. She had attained great communion with God. The next year he returned to bring her Holy Communion and found her body, lifeless. He returned to the monastery and related her life and the miracles he saw performed. She is commemorated on the fifth Sunday of Great Lent as an image of great repentance and confession.

**Church Etiquette Corner**

**Handling of Holy Bread**

After taking Holy Communion and at the end of the Liturgy, it is traditional to eat a piece of blessed bread (*antidoron*). This is the bread that remained after preparing Holy Communion from the five loaves. While the antidoron is not Holy Communion, it is blessed by the priest at the altar and thus should be eaten carefully so as not to drop crumbs onto the floor. When you receive the blessed bread (taking one piece), return to your seat or get to a place where you can stop and eat the bread carefully, trying not to drop crumbs. If you want to give a piece to someone else, take an extra piece and respectfully offer it. Please monitor your children in consideration of the above information. Thank you!

- Fr. Nicholas

**Please pray for our catechumens:**

Patrick and Nancy Gilbert

Michael Andonian

Chantel Cappuccilli

Regina Moon

**And for Chuck Sasala,  
who will become a catechumen in the near future.**

**INCOME FOR FEBRUARY 2015**

	<b>General Operating</b>	<b>Building Fund</b>
Monthly Goal	\$33,000	\$14,120
Monthly Actual	\$26,658	\$10,164



## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

**ST. BARBARA MONASTERY FRIENDS GATHERING** will take place today at 4:00 p.m., beginning with a presentation by Fr. Lawrence Russell on “The Boast of the Cross,” followed by Vespers and a potluck supper. For directions to the monastery, go to:

<http://www.stbarbaramonastery.org/contact-info>

### **SAVE THE DATES: ESTATE PLANNING SEMINARS—April 25 & May 9**

Two different seminars will be offered on Saturday mornings from 10-11:00 a.m. for our parish members. The seminars will be taught by an attorney and a financial planner, who will explain why EVERYONE needs an Estate Plan, and discuss strategies you may want to consider when planning your estate, including: How your assets will be distributed to your family; Who will take care of your minor or special needs children; Who will make medical or financial decisions for you if you can't make them yourself. More information will follow in the coming weeks.

**WE WILL OFFER AN EXPANDED BOOKSTORE** today and on **SUNDAY, APRIL 5th**, with lots of beautiful items for Pascha.

## **LENTEN SERVICES THIS WEEK**

Mon., 3/29	6:00 p.m.	Great Compline
Wed., 4/1	6:00 p.m.	Presanctified Liturgy at St. Barbara Church
Fri., 4/3	6:00 p.m.	Little Compline with Canon of Lazarus
Sat., 4/4	8:00 a.m. 9:45 a.m. 10:30 a.m. 6:00 p.m.	Lazarus Saturday Liturgy Coffee Hour followed by Work Party Choir Rehearsal Vespers of Palm Sunday
Sun., 4/5	9:00 a.m. 10:00 a.m.	Matins of Palm Sunday Liturgy of Palm Sunday

# CELEBRATIONS for THIS WEEK

## Birthdays

3/30 Virginia (Ginny) Braun  
4/2 Christina Shackelford  
4/3 Donna Friesen, Josh Braun  
4/4 Duane Franzen  
4/5 Corina Berari  
4/5 Ethan Keller

## Pastronal Feast Day Celebrations

March 29 and April 1 **St. Mary of Egypt**  
Corina Berari, Kristen Roberts, Corie Sieck, Valerie Yova

## **BRIDEGROOM MATINS OF HOLY TUESDAY** **The Hymn of Kassiani**

On Tuesday of Holy Week this year, (April 7th) our choir will introduce a brand new musical setting by Nazo Zakkak of the Hymn of Kassiani, which comes towards the end of the 6:00 p.m. Bridegroom Matins as part of the Aposticha. We commissioned Nazo to write this hymn for our choir, and we look forward to sharing it with you. The text of the hymn is about the fallen woman who anointed Christ's feet with expensive perfume. (Matthew 26:16) It is a very moving penitential text, written by the nun, Kassiani, who was born around A.D. 805.



## **PASCHA EGG HUNT**

### **Time to prepare for the fun!**

If you have kids who will be participating in the egg hunt at the Pascha picnic, it's time to start thinking about getting your plastic eggs and candy/toys/coins! Don't wait until the last minute when it might be hard to find them. Please bring 12-18 filled eggs per child with you to the picnic (along with a basket or bag for your child to collect eggs). Please make sure you consider any non-church family and friends you will be inviting and bring enough for them as well. If you can do more than a dozen, that really helps for people who would like to participate but don't have the means to bring eggs. Contact Katie AbuGhazaleh at 453-5324 with any questions. Thank you!

# PASCHA CELEBRATION 2015

It's that time of year again!

## PASCHA BREAKFAST

Immediately following the Divine Liturgy on Pascha we will celebrate together with our traditional BREAK-fast at our new Church!

Due to limited kitchen facilities we will again be "downsizing" our morning festivities a bit. Please plan **now** to put together a family Easter basket. Add to it your own family favorites and include some meats, eggs, cheeses, etc.

We are very pleased that our Stan is doing so well, but he needs a break this year! Brian Sieck has graciously offered to take over this huge part of the morning - and we thank him! We will provide the Pascha Cheese, sliced ham, deviled eggs and beverages. Agape Vespers (with the Gospel read in many languages) will follow the breakfast. Please see the food sign-up list in the fellowship hall. We need volunteers to bring:

- Deviled eggs (please respond with how many)
- Large fancy assorted cheese platters
- Large assorted fruit platters
- Homemade sweet rolls, yeast breads, sweet loaves
- Set up and clean up help

## PASCHA PICNIC

The main focus of our celebration this year will be the afternoon PICNIC at Kiwanis Meadows/ Tuckers Grove at 3pm. The deacons will barbeque tri-tip for all. Bread will be provided. Please bring a large salad (green, potato, pasta, fruit) to share and your own place settings and beverages. There will of course be games, activities for our children, plus music and lots of wonderful fellowship. Plan to attend this special day for our church family. It is a great opportunity to bring your non-Orthodox friends and family members, as well!

**The day's festivities cost the church over \$4,000** and we typically collect only around \$2,000 from those who participate. Please help us to break even on the costs for the day. We are asking for a donation for each adult and child participating in order to help cover the cost of the day's festivities. You can pay in advance at the table set up during Coffee Hour on the two Sundays before Pascha, or you can pay in the food line on Pascha. Pricing is as follows:

**Adults:                \$15 for breakfast only**  
**\$20 for breakfast and picnic**

**Children:             \$10 flat fee**  
**(Maximum charge per family: \$80)**

Of course we could use some help with preparation and clean up and with the children's activities. Please email June @ [june1211@msn.com](mailto:june1211@msn.com) or call 805.705.3668 to volunteer.



## **ANNUAL WORK PARTY ON LAZARUS SATURDAY**

**April 4th from 10:00 a.m.-3:00 p.m.**

Even though we are in our brand new building, we still have much to do in order to prepare for Holy Week and Pascha. A sign-up list will be posted on the bulletin board. Please plan to stay after the Liturgy on Lazarus Saturday to lend a hand. There will be a short Coffee Hour after the Liturgy.

We will need help with the following tasks:

- Cleaning of all icons
- Cleaning of the woodwork on iconostasis and wooden furniture
- Decorating
- Gathering palms
- Ironing of cloths to be used for Holy Week and Pascha
- Cleaning of altar articles
- Possibly some clean-up outside around the building

We will have someone working with the children who want to learn to make palm crosses.



## SERVICES OF HOLY WEEK 2015

(Please note that the Tues-Friday morning services are at 7:00 a.m.)

Palm Sunday, 4/5	Bridegroom Matins	6:00—7:15 p.m. (Finish times are approximate.)
Monday, 4/6	Bridegroom Matins	6:00 –7:15 p.m.
Tuesday, 4/7	Presanctified Liturgy	7:00—8:15 a.m.
	Bridegroom Matins	6:00-7:20 p.m.
	<b>The choir will sing the responses, including a newly composed Hymn of Kassiani by Nazo Zakkak.</b>	
Wednesday, 4/8	Presanctified Liturgy	7:00—8:15 a.m.
	Holy Unction	6:00-7:40 p.m.
Thursday, 4/9	Institution Liturgy	7:00-8:20 a.m.
	Matins with 12 Passion Gospels	6:00-8:30 p.m.
Friday, 4/10	Royal Hours	7:15-8:00 a.m.
	Royal Hours	12:15-1:00 p.m.
	Burial Vespers (Full choir)	3:00-4:00 p.m.
	Lamentation Matins (Full choir)	7:00-8:50 p.m.
	All-night Vigil	10:00 p.m.-6:00 a.m.
Saturday, 4/11	Vesperal Liturgy celebrating Christ's Victory over Hades (Full Choir)	8:00 a.m.-9:45 a.m.
	(Baptism of Chantel Cappuccilli, Chrismations of Patrick & Nancy Gilbert, Michael Andonian, Regina Moon)	
Sunday, 4/12	Paschal Procession, Matins	5:00—8:00 a.m.
	Liturgy, Blessing of baskets (Full Choir)	
	Break-fast	8:00 a.m.
	Agape Vespers	9:30-10:15 a.m.
	Picnic at Tucker's Grove	3:00 p.m.

**(When the “Full Choir” is not indicated, services will be led by smaller ensembles of chanters.)**

# TEEN SCENE

## JOURNEY TO ADULTHOOD

### Schedule of Activities and Service Projects

For more information, contact Lara Jacobs —Teen Program Coordinator  
at: [cpejacobs@gmail.com](mailto:cpejacobs@gmail.com)

#### High School —Grades 9-12

Sunday March 29	4:30-6:00 pm	Girls Small Group	TBA
	6:00-7:30 pm	Boys Small Group	TBA
Fri./Sat. April 10-11	8 pm Fri.-10 am Sat.	All Night Vigil/Liturgy	SAOC
Sunday, April 19	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home
Sunday , April 26	5:00-7:00 pm	Progressive Dinner	TBA
Sunday, May 3	4:30-6:00 pm	Girls Small Groups	TBA
	6:00-7:30 pm	Boys Small Group	TBA
Fri. May 15- Sun. May 17		YES Weekend	SAOC
Sunday, May 24	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home

#### Junior High School—Grades 7-8

Friday April 10	8:00-10:00 p.m.	All Night Vigil Reading	SAOC
Saturday, April 18	7:00-8:30 pm	Activity	SAOC
Fri. May 15- Sun. May 17	Weekend	YES Weekend	SAOC
Friday, June 12		Raging Waters	
Sunday, June 7		Family Event: Graduation Party and Kick-off Dinner	TBA

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

- |                          |                     |                              |
|--------------------------|---------------------|------------------------------|
| Metropolitan JOSEPH      | Mary                | Khouria Katherine & Children |
| Mother Victoria          | Susan B.            | Angel, Helen and Family      |
| Met. Paul & Abp. John    | Baby Christian F.   | Jim M.                       |
| Dn. Richard E.           | Duane F.            | Joy                          |
| Kh. Peggy K. and Family  | Stan and Donna F.   | Kh. Marilyn G.               |
| Fr. Gordon & Mary Sue W. | Molly M.            | All those suffering and      |
| Greg & Margaret Y.       | Chris and Claire D. | in danger in the Ukraine,    |
| Hoppe Family             | Mikael M.           | Africa, and the Middle East  |
| Kh. Mary Ellen B.        |                     | Fr. Roman B.                 |
| Gail S.                  |                     | Cheryl B.                    |
| Dean & Penny             |                     |                              |

**For repose of the souls of:** Fr. Thomas Hopko, Fr. Matthew B., Marc K.  
21 Coptic Christians who were martyred in Libya,  
All who have died in the conflicts in the Ukraine, Africa & the Middle East

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

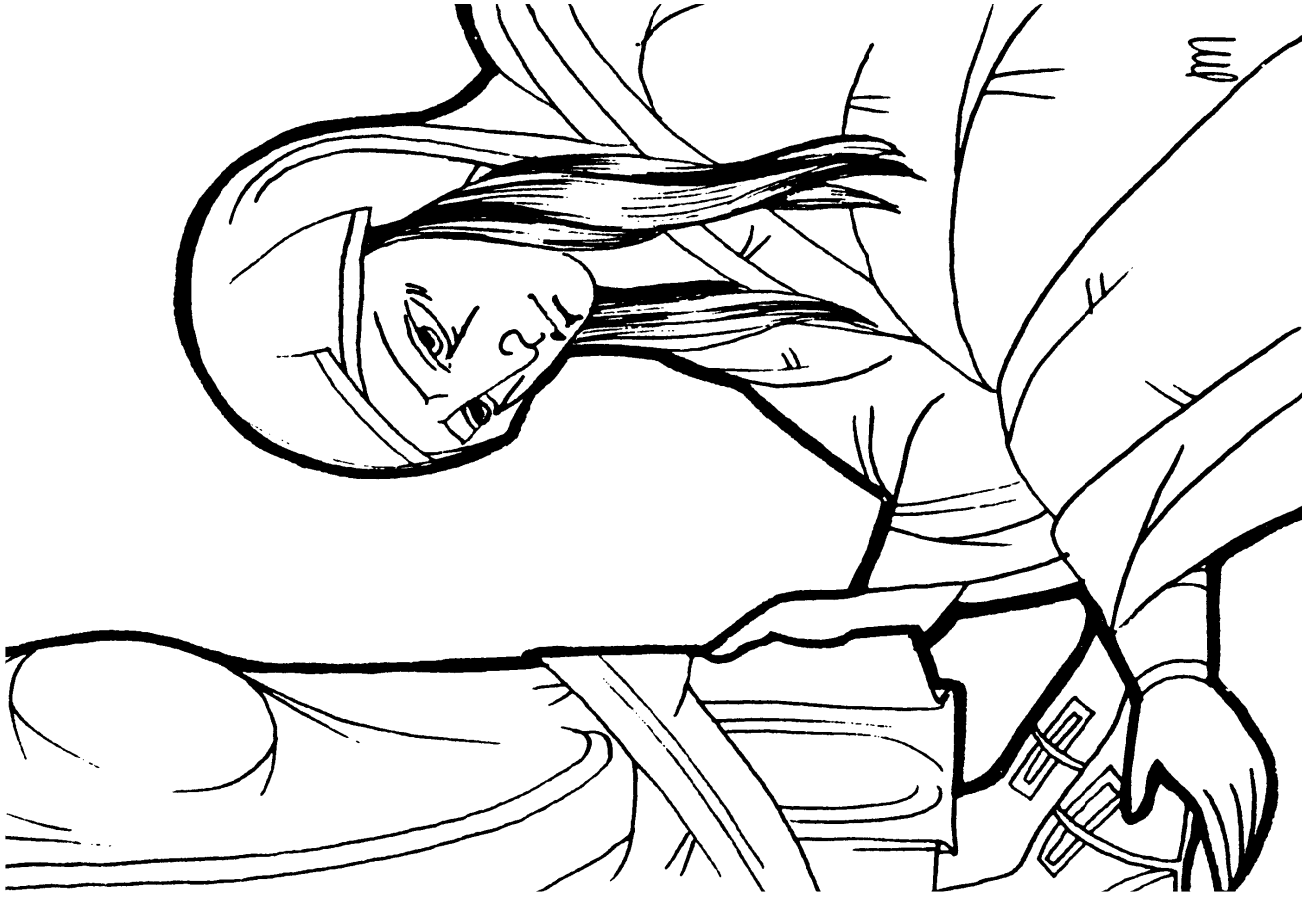
Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF.  
Make checks payable to “St. Athanasius Book Center.”

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