



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## Parish Council:

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## LITURGY OF ST. JOHN CHRYSOSTOM Sunday, April 19, 2015 New Sunday or Anti-Pascha

### Sunday of Thomas the Apostle, Called “The Twin”

Hieromartyr Paphnoutios of Jerusalem; Tryphon, Patriarch of Constantinople; Venerable Martyr Agathangelos of Esphigmenou Monastery on Athos; Venerable Simeon of Philotheou Monastery on Athos; Venerable John of Old Lavra in Palestine



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

## **Calendar for this Week**

### **Sunday, April 19—THOMAS SUNDAY**

9:00 a.m.	Religious Education
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
1:00 p.m.	Fire on Father for teens in Grades 9-12

### **Monday, April 20**

6:45 a.m.	Paschal Daily Matins
5:00 p.m.	Outreach Meal at St. Michaels' University Church in Isla Vista

### **Tuesday, April 21**

5:30 p.m.	Paschal Daily Vespers
-----------	-----------------------

### **Wednesday, April 22**

6:45 a.m.	Paschal Daily Matins
12:00 p.m.	Women's Prayer Group
6:00 p.m.	Outreach Team Meeting

### **Thursday, April 23**

5:30 p.m.	Paschal Daily Vespers
-----------	-----------------------

### **Friday, April 24**

6:45 a.m.	Paschal Daily Matins
-----------	----------------------

### **Saturday, April 25**

10:00 a.m.	Estate Planning Seminar
3:00 p.m.	Women's Fellowship Activity at the home of Gail Shannon
6:00 p.m.	Vespers/Confession

### **Sunday, May 4—MYRRHBEARERS**

9:00 a.m.	Religious Ed. 3 yrs-High School
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:30 p.m.	Blessing of the Graves in Goleta Cemetery
5:00 p.m.	High School Progressive Dinner

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

April 19	Fr. Nicholas
April 26	Tinyayeva
May 3	Dn. G. Braun
May 10	Sieck

### **Coffee Hour**

April 19	T. & S. Speier
April 26	Parents of kids going to St. Nicholas Camp (Fundraiser)
May 3	McCalmont
May 10	V. & B. Hedges

### **Greeters**

April 19	D. Genatone/P. Morrison
April 26	D. Washburn/D. Lewis
May 3	K. & L. Jacobs
May 10	K. Fox/P. King

### **Ushers**

April 19	D. Meyer, R. Barre, D. Lewis
April 26	C. Speier, R. Schneider, P. King
May 3	J. King, G. Shannon
May 10	S. Speier, P. Brunner, P. King

### **Readers**

April 19	R. Barre
April 26	P. Braun
May 1	V. Gish (Friday)
May 3	T. Harris
May 6	D. Meyer (Wednesday)
May 10	H. Lange

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion:**

**Troparion of Antipascha**

From the sealed tomb, You shone forth, O Life! Through closed doors You came to Your disciples, O Christ God! Renew in us, through them, an upright spirit, By the greatness of Your mercy, O Resurrection of all!

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

*The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds “Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion and censes the west side of the Altar Table.*

**Priest:** Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

**People:** Amen.

**Clergy:** Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

**People:** Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

**GREAT LITANY**

**FIRST ANTIPHON**

Verse:            Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

**Refrain:**        **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Your enemies cringe before You. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

## SECOND ANTIPHON

**Verse:** God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

**Refrain:** **O Son of God, Who arose from the dead,  
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nations! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages.  
Amen

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

## THIRD ANTIPHON

**Verse:** Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

**Refrain:** **Christ is risen from the dead trampling down death by death,  
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]

## LITTLE ENTRANCE

**Clergy:** **In the gathering places bless ye God the Lord from the Springs of Israel.**

**People:** O Son of God Who rose from the dead, save us  
who sing to Thee, Alleluia!

## Troparion of Antipascha

From the sealed tomb,

You shone forth, O Life!

Through closed doors You came to Your disciples, O Christ God!

Renew in us, through them,

an upright spirit,

By the greatness of Your mercy,

O Resurrection of all!

## **Kontakion for Pascha**

Thou didst descend into the tomb O Immortal. Thou didst destroy the pow'r of death. In victory Thou didst arise, O Christ God, proclaiming rejoice to the myrrh-bearing women, granting peace to Thine apostles, and bestowing resurrection on the fallen.

## **TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

## **PROKEIMENON (Psalm verses with refrain)**

**Tone 3**

Great is our Lord, and abundant in power! His understanding is beyond measure!  
(Ps 146/147:5)

*Verse: Praise the Lord! For it is good to sing praises to our God! (Ps 146/147:1)*

## **THE EPISTLE READING—Acts 5:12-20**

In those days, many signs and wonders were done among the people by the hands of the Apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the Apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

## **ALLELUIA BEFORE THE GOSPEL**

**Tone 8**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** Come, let us rejoice in the Lord. Let us shout with jubilation unto God our Savior  
(Ps. 94:1)

**Verse:** For the Lord is a great God and a great king over all the earth. (Ps. 94:3)

## **THE GOSPEL READING**

### **John 20:19-31**

On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent Me, even so I send you." And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

Now Thomas, one of the Twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe."

Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be with you." Then he said to Thomas, "Put your finger here, and see My hands; and put out your hand, and place it in My side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen Me? Blessed are those who have not seen and yet believe."

Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His Name.

### **Hymn to the Mother of God (Meglynarion)**

#### **Music by Pavel Makarov (adapted by Fr. John Finley)**

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your Son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine! O New Jerusalem. The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the Resurrection of your Son, of your Son!

### **Communion of the Clergy—for Thomas Sunday**

Praise the Lord, O Jerusalem; praise thy God, O Zion. Alleluia. (Ps. 147:1)

### **Communion of the Faithful**

Receive the body of Christ. Taste the fountain of immortality.

Alleluia! Alleluia! Alleluia!

## **HOLY COMMUNION**

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith.*

*Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this,*

*please just say,  
“Father, bless” when you get to the chalice.*

**Instead of “We have seen the true light, we sing: “Christ is risen” ONE time.**

**At the end of the dismissal prayer** the service then continues with the typical Paschal dialogue, as follows:

*Priest: Christ is risen.*

*Faithful: Indeed He is risen.*

*Priest: Christ is risen.*

*Faithful: Indeed He is risen*

*Priest: Christ is risen.*

*Faithful: Indeed He is risen.*

*Priest: Glory to His third-day Resurrection.*

*Faithful: Let us worship His third-day Resurrection.*

*Priest: Christ is risen from the dead, trampling down death by death, and upon those in the tombs*

*Faithful: bestowing life.*

**English: Christ is risen!**

**Greek: Christos anesti!**

**Arabic: El Messieh kahm!**

**Slavonic: Christos voskrese!**

**Romanian: Hristos a inviat!**

**Spanish: Christo ha resucitado!**

**He is risen indeed!**

**Alithos anesti!**

**Hakken kahm!**

**Voistinu voskrese!**

**Adeverat a inviat!**

**En verdad ha resucitado!**





# CELEBRATIONS for THIS WEEK

## Wedding Anniversaries

4/22 O.J. & Monica Finley

## Birthdays

4/19 Dn. Richard Easbey

4/20 Paul Wintz

4/21 Carla Brunstead

4/22 Dn. Gary Braun, Elias Woodrow Hedges

4/23 Cheryl Giordani

4/24 Christie Robinson, Julianna Ballew, Sydney Hedges

## Patronal Feast Days

4/19 **St. Thomas the Apostle** (Thomas Sunday)  
Tom Ballew, Tom Johnson, Craig Speier

4/23 **St. George the Great Martyr** Richard Ballew, Austin Harris

4/25 **St. Mark the Evangelist** Mark Kern



## **PENTECOST FAMILY DAY**

**JOIN US AS WE CELEBRATE  
"THE BIRTHDAY OF THE CHURCH!"**

**Sunday, May 31, 2015**

Plan now to be with us on the Feast of Pentecost for a Family Day  
of fun and celebration!

Including:

Taco truck, Tres Leches Cake, Music for all ages,  
a special play area and games for the kids, and more!

**More details to follow soon!**



# TEEN SCENE

## JOURNEY TO ADULTHOOD

### Schedule of Activities and Service Projects

For more information, contact Lara Jacobs —Teen Program Coordinator  
at: [cpejacobs@gmail.com](mailto:cpejacobs@gmail.com)

#### High School —Grades 9-12

Sunday, April 19	1:00-3:00 p.m.	Fire on Father	Fr. Nicholas and Jan's Home
Sunday, April 26	5:00-7:00 pm	Progressive Dinner	TBA
Sunday, May 3	4:30-6:00 pm	Girls Small Groups	TBA
	6:00-7:30 pm	Boys Small Group	TBA
Fri. May 15- Sun. May 17		YES Weekend	SAOC
Sunday, May 24	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home

#### Junior High School—Grades 7-8

Fri. May 15- Sun. May 17	Weekend	YES Weekend	SAOC
Friday, June 12		Raging Waters	
Sunday, June 7		Family Event: Graduation Party and Kick-off Dinner	TBA

## THOMAS SUNDAY

Some icons depicting this event are inscribed "The Doubting Thomas." This is incorrect. In Greek, the inscription reads, "The Touching of Thomas." The Slavonic inscription is, "The Belief of Thomas." When St. Thomas touched the Life-giving side of the Lord, he no longer had any doubts. This day is also known as "Antipascha." This does not mean "opposed to Pascha," but "in place of Pascha." Beginning with this first Sunday after Pascha, the Church dedicates every Sunday of the year to the Lord's Resurrection. Sunday is called "Resurrection" in Russian, and "the Lord's Day" in Greek.

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.**

**Please pray for the health of:**

- |                              |                     |                              |
|------------------------------|---------------------|------------------------------|
| Metropolitan JOSEPH          | Mary                | Khouria Katherine & Children |
| Mother Victoria              | Susan B.            | Angel, Helen and Family      |
| Met. Paul & Abp. John        | Baby Christian F.   | Jim M.                       |
| Dn. Richard E.               | Duane F.            | Joy                          |
| Kh. Peggy K. and Family      | Stan and Donna F.   | Kh. Marilyn G.               |
| Fr. Gordon & Kh. Mary Sue W. | Molly M.            | All those suffering and      |
| Greg & Margaret Y.           | Chris and Claire D. | in danger in the Ukraine,    |
| Hoppe Family                 | Mikael M.           | Africa, and the Middle East  |
| Kh. Mary Ellen B.            |                     | Fr. Roman B.                 |
| Gail S.                      |                     | Dan S.                       |
| Dean & Penny                 |                     |                              |

**For repose of the souls of:** Charyl B., Fr. Thomas Hopko, Fr. Matthew B., Marc K.,  
21 Coptic Christians who were martyred in Libya,  
All who have died in the conflicts in the Ukraine, Africa & the Middle East

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

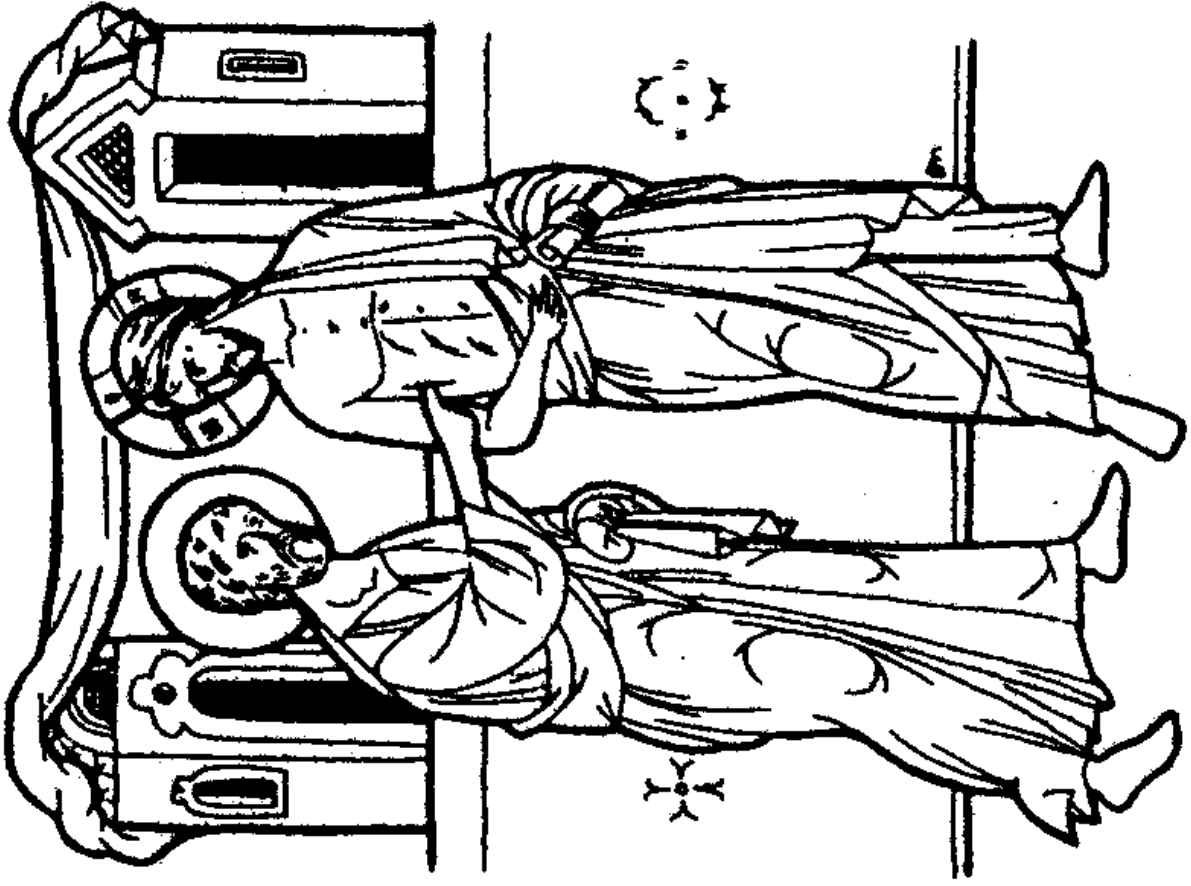
\*\*\*\*\*

**ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF.  
Make checks payable to “St. Athanasius Book Center.”

\*\*\*\*\*

THE DOUBTING THOMAS



FOR THE CHILDREN TO COLOR

DURING THE HOMILY OR AT HOME