



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Youth Coordinator

Tyler Speier tyler@stathanasius.org

Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Benjamin Hedges, Secretary
Katie AbuGhazaleh
Richard Barre
Catherine Braun
Dottie Genatone
Verne Gish
Kristi King

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, April 30, 2017

Tone 2 / Eothinon 4

Sunday of the Myrrh-Bearing Women,
Pious Joseph of Arimathea & Righteous Nicodemus



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, April 30—Myrrhbearing Women

9:00 a.m. Religious Education ages 6-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday, May 1

6:45 a.m. Daily Paschal Matins
5:00 p.m. Outreach Meal at St. Michaels'
University Church in Isla Vista

Tuesday, May 2

2:30 p.m. Catechesis Level I
6:00 p.m. Liturgy for Feast of
St. Athanasius

Wednesday, May 3

6:45 a.m. Daily Paschal Matins
11:00 a.m. Showers of Blessing Ministry
12:00 p.m. Intercessory Prayer Group

Thursday, May 4

5:30 p.m. Daily Vespers
6:00 p.m. Jr. High Youth Group
6:30 p.m. High School Youth Group
7:00 p.m. Choir Rehearsal

Friday, May 5

6:45 a.m. Daily Paschal Matins
4:00 p.m. Vigil at St. Barbara Monastery

Saturday, May 6

9:00 a.m. Consecration of chapel and
Hierarchical Divine liturgy at
St. Barbara Monastery
6:00 p.m. Great Vespers/Confessions
7:00 p.m. Network Medical hosts
“At the Heart of the Matter” at
the Lobero Theatre.

Sunday, May 7

9:00 a.m. Religious Education ages 6-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

April 30 Dn. G. Braun
May 7 D. Washburn
May 10 Kern (Mid-Pentecost)
May 14 Hedges
May 21 Sieck

Coffee Hour

April 30 McCalmont/Sasala
May 7 Project Mexico Mission Team Fundraiser
May 14 V. Yova in memory of her mother
and all of the deceased mothers of our
parish members
May 21 S. Wiley/L. Baker

Greeters

April 30 K. & L. Jacobs
May 7 L. Baker//P. King
May 14 K. Fox/G. Shannon
May 21 D. Genatone/P. Morrison

Ushers

April 30 P. King, D. Meyer, R. Barre
May 7 D. Lewis, C. Speier, J. King
May 14 D. Washburn, C. Berari, G. Shannon
May 21 S. Speier, P. Brunner, P. King

Readers

April 30 D. Washburn
May 2 G. Wiley (Liturgy for St. Athanasius)
May 7 M. Kern
May 10 M. Kern (Liturgy for Mid-Pentecost)
May 14 D. Alexander
May 21 R. Barre

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

Refrain: **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

Refrain: **O Son of God, Who rose from the dead,
save us who sing to Thee, Alleluia.**

Verse: That we may know Thy way upon the earth, and Thy salvation among all nation!
[Refrain]

Verse: Let the people give thanks to Thee, O God! Let all the people give thanks to Thee!
[Refrain]

Glory to the Father and to the Son and to the Holy Spirit now and ever and unto
ages of ages. Amen

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate
of the holy Theotokos and ever virgin Mary, who without change didst become man and wast
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee
from before His face.

Refrain: **Christ is risen from the dead trampling down death by death,
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]

LITTLE ENTRANCE

**In the gathering places bless ye God the Lord from the Springs of Israel.
O Son of God Who Rose From the dead, save us who sing to Thee, Alleluia!**

Troparion of the Resurrection

Tone 2

(Music on page 42 of Liturgy Booklet)

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow'r,
and when Thou didst raise the dead from beneath the earth,
all the pow'rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, glory to Thee.

Troparion of Joseph of Arimathea**Tone 2**

The noble Joseph,
when he had taken down Your most pure Body from the Tree,
wrapped it in fine linen and anointed it with spices,
and placed it in a new tomb.
But You rose on the third day, O Lord,//
granting the world great mercy.

Troparion of the Myrrh-bearing Women**Tone 2**

The angel came to the myrrhbearing women at the tomb and said:
Myrrh is fitting for the dead;
But Christ has shown Himself a stranger to corruption!
So proclaim: The Lord is risen,
Granting the world great mercy.

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
That He may grant us abundant mercy.

Kontakion for Pascha

Thou didst descend into the tomb O Immortal. Thou didst destroy the pow'r of death. In victory Thou didst arise, O Christ God, proclaiming rejoice to the myrrh-bearing women, granting peace to Thine apostles, and bestowing resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)
(Page 57 of Liturgy Book)

Tone 2

The Lord is my strength and my song. He has become my salvation.

Verse. The Lord has chastened me severely but He has not given me over to death.

THE EPISTLE READING

Acts 6:1-7

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the Twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolas, a proselyte of Antioch. These they set before the Apostles, and they prayed and laid their hands upon them.

And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Alleluia before the Gospel

Tone 2

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: May the Lord hear you in the day of trouble!

May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

GOSPEL READING—Mark 15:43-16:8

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the Kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Jesus saw where he was laid.

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back -- it was very large.

And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, He is not here; see the place where they laid Him. But go, tell his disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine, O New Jerusalem! The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the resurrection of your Son, of your Son!

Communion of the Clergy and Communion of the Faithful

Receive the body of Christ. Taste the fountain of immortality.

Alleluia! Alleluia! Alleluia!

Instead of "We have seen the true light, we sing:" "Christ is risen" ONE time.

At the end of the dismissal prayer the service then continues with the typical Paschal dialogue, as follows:

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Christ is risen.

Faithful: Indeed He is risen

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Glory to His third-day Resurrection.

Faithful: Let us worship His third-day Resurrection.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

CHANGE IN DAILY TRISAGION PRAYERS

1. From Pascha until Pentecost, do not say, “O Heavenly King...”
2. From Pascha until Ascension, replace “Holy God, Holy Mighty...” with “Christ is risen from the dead, trampling down death by death, and upon those in tombs bestowing life.”

MID-FEAST OF PENTECOST

We will celebrate the Mid-feast on Wednesday, May 10th at 6 p.m. with Divine Liturgy.

SUMMER SCHOOL is June 19-July 6. Registration forms will be available next week.

Please support our Project Mexico Mission Team 2017

by going to the team fundraising page and making a donation for one or more team members. Each participant must raise \$690 to cover home-building materials, food, transportation and other trip costs. To make an online donation, go to:
<https://www.stathanasius.org/project-mexico>

Our Mission Team will be hosting Coffee Hour on

Sunday, May 7th

to raise funds for our trip.

Please join us that day and offer your support as you are able.

You are invited to the consecration of the new chapel at

St. Barbara Orthodox Monastery

Friday, May 5th—Vigil at 4 p.m.

Saturday, May 6th - Consecration at 9:00 a.m.

followed by Hierarchical Divine Liturgy

PLEASE R.S.V.P. at sbmonastery@gmail.com or by calling 805.921.1563.

No parking available on site except for clergy and handicapped.

General parking at Thomas Aquinas & Vida Nueva Church.

Shuttle service will be provided.

DOZENS OF PHOTOS from Holy Week and Pascha have been posted to the parish website. Check them out: <https://www.stathanasius.org/media/photo-gallery/>

HAVE YOU HOSTED A COFFEE HOUR YET THIS YEAR?

We have NO COFFEE HOUR HOSTS for the following dates.

May 28	July 2	July 23	August 13
June 11	July 9	July 30	August 27
June 18 (Father's Day)	July 16		
June 25			

If you have not hosted yet during this Liturgical year, (September 1, 2016-August 31, 2017) please sign up on line here: <http://www.signupgenius.com/go/20f0a49a5ab2ba6fc1-coffee>
OR Contact Christie Speier Robinson at: christie.d.robinson@gmail.com.

Keep in mind that you can make it as simple as you like. Donuts are fine. Kids and clergy LOVE donuts! Consider asking another family to host with you, or forming a group of single adults. We all benefit from Coffee Hour, so the hope is that we would all take a turn in hosting. Partial reimbursement is available if needed. Just be sure to save your receipts and turn them in to the church office.

Thanks in advance to all for doing your part as members of our worship family!

CELEBRATIONS for THIS WEEK

Wedding Anniversaries:

5/07 Michael & Margaret Easbey

Birthdays:

4/30 John Butler
5/1 Chantél Cappuccilli
5/2 Kristin King

Patronal Feast Days:

4/30	St. James, Son of Zebedee	Ethan Keller
5/4	St. Monica, Mother of Augustine	Monica Finley
5/5	St. Irene of Thessalonica	Karen Jacobs, Hailey Parodi

TEEN SCENE

April, 2017

Unless noted otherwise, the Junior Highers meet from 6:00-7:30 p.m. on Thursdays, and the High Schoolers meet from 6:30-8:30 p.m. in the Teen Room at the church.

Wednesday, May 3rd: Movie Night at Ty and Tay's House

- 5/11 Thursday Night Youth Group
- 5/18 Thursday Night Youth Group
- 5/25 Thursday Night Youth Group
- 6/1 (Thursday) Fire on Father at Fr. Nicholas and Jan's House
- 6/8 No Thursday Night Youth Group
Instead we will attend the various junior high and high school graduations happening around town in support of our fellow teens who are graduating.

INCOME FOR MARCH, 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$38,289	\$ 7,879



CONGRATULATIONS
to
Mitchell Denny and
Josh Dillon -
Winners of the 2017 EGG TOSS!!

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Kh. Mary Sue W.
Fr. Patrick and Vanessa K.
Greg & Margaret Y.
Hoppe Family
Gail S.
Dean & Penny B.
Angelina, Jase & Alina S.

Baby Emma
Mary
Rich and Susan B.
Christian F.
Duane F.
Galina, Nikolai & Nataliya
Olga Marie G.
Joan T.
Terri-Lynn & Hannah Rose H.
Jared E. James
Alma G.
Dawn L.

Johnny Z.
Temmo K.
Nancy R.
Ethan K.
Tony C.
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Baby Alia, Carmen G., Emily, Molly, Donald S., Kevin S.
All who have died in the conflicts in the Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the foyer of the fellowship hall. The two enclosed cabinets hold icons, books, and other items that are FOR SALE. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in the brown lockbox mounted on wall next to Fr. Nicholas’ office. Make checks payable to “St. Athanasius Book Center.”

All proceeds go to the parish Building Fund.

THE MYRRHBEARERS:



- FOR THE CHILDREN TO COLOR DURING THE HOMILY OR AT HOME -