

ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane Santa Barbara, CA 93111 **Office hours:** Tues-Fri. 12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-968-2448 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

Music Director/Administrator:

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, May 10, 2015
Tone 4 / Eothinon 7
Fifth Sunday of Pascha:
Sunday of the Samaritan Woman & After-feast of Mid-Pentecost

Apostle Simon the Zealot; Venerable Laurence of Egypt



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!

Calendar for this Week

Fr. Nicholas and Jan will be away from this evening through Wednesday of this week. The church office will be closed this Friday.

Sunday, May 10-Sun. of Samaritan Woman **HAPPY MOTHER'S DAY!**

Religious Ed. 3 yrs-High School 9:00 a.m.

9:00 a.m. **Matins**

Divine Liturgy 10:00 a.m. Coffee Hour 11:45 a.m.

Monday, May 11

6:45 a.m. Paschal Daily Matins

5:00 p.m. Outreach Meal at St. Michaels'

University Church in Isla Vista

Tuesday, May 12

5:30 p.m.	Paschal Daily Vespers
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Wednesday, May 13

Paschal Daily Matins 6:45 a.m. Women's Prayer Group 12:00 p.m.

Thursday, May 14

5:30 p.m.	Paschal Daily Vespers	
7:00 p.m.	Choir Rehearsal	

Friday, May 15

Paschal Daily Matins 6:45 a.m.

Saturday, May 16

Vespers/Confession 6:00 p.m.

Sunday, May 17-Sunday of the Blind Man

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9:00 a.m.	Religious Ed. 3 yrs-High School
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:15 p.m.	All-parish Meeting

Sunday Morning Ministries Schedule

Eucharist Bread

May 10	Sieck
May 17	Dillon
May 24	Kern
May 31	Meyer

Coffee Hour

May 10	V. & B. Hedges
May 17	Jacobs
May 24	Lander
May 31	Robinson
	(Light Coffee Hour —
	Pentecost Picnic at 4:00 p.m.)

Greeters

May 10	L. Baker/P. King	
May 17	K. Fox/P. King	
May 24	G. Shannon/K. King	
May 31	D. Genatone/P. Morrison	

Ushers May 10

May 17	D. Meyer, R. Barre, D. Lewis
May 24	C. Speier, R. Schneider, P. King

S. Speier, P. Brunner, P. King

May 31 J. King, G. Shannon

Readers

May 10	H. Lange
May 17	D. Washburn
May 20	D. Washburn/R. Barre
	(Ascension)
May 23	P. Braun (Vespers)
May 24	V. Gish
May 30	T. Harris (Soul Liturgy

D. Meyer (Vespers) May 30

May 31 H. Lange

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

The Priest begins Divine Liturgy with "Blessed is the Kingdom" and the choir responds "Amen." Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion and censes the west side of the Altar Table.

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of ages.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. (2 times)

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy

countenance upon us and have mercy on us!

Refrain: O Son of God, Who arose from the dead,

save us who sing to Thee, Alleluia.

• That we may know Thy way upon the earth, and Thy salvation among all nations! [Refrain]

- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages. Amen

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

Refrain: Christ is risen from the dead trampling down death by death, and upon those in the tombs bestowing life.

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages. Amen [Refrain]

LITTLE ENTRANCE

Clergy: In the gathering places bless ye God the Lord from the Springs of Israel.

People: O Son of God Who rose from the dead, save us

who sing to Thee, Alleluia!

Troparion of the Resurrection (Music on page 45 of Liturgy Book)

Tone 4 (Byzantine melody) harmonized by Fr. J. Finley

Having learned the joyful message of the Resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation, and proudly broke the news to the disciples saying death has been spoiled.

Christ God is risen, granting the world great mercy.

Troparion for Mid-Pentecost

Tone 8 (Slavic Melody)

In the middle <u>of</u> the <u>feast</u>, O <u>Savior</u>, fill my thirsting <u>soul</u> with the <u>waters</u> of piety as You <u>cried</u> to all: "If anyone <u>thirst</u>, let him <u>come</u> to <u>Me</u> and drink!"// O Christ God, Fountain of our life, glory to You!

Troparion to St. Athanasius

Tone 3 (Byzantine melody)

Holy Bishop Athanasius, you became a stronghold of Orthodoxy, strengthening the Church through your divine teachings. Opposing the heretical opinion of Arius, you explained and taught that the Son is equal in nature with the Father. O holy Father, intercede with Christ God That He may grant us abundant mercy.

Kontakion for Pascha

Tone 8 (Slavic Melody)

Thou didst descend into the tomb O Immortal. Thou didst destroy the pow'r of death. In victory Thou didst arise, O Christ God, proclaiming rejoice to the myrrh-bearing women, granting peace to Thine apostles, and bestowing Resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen. Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm verses before the Epistle (Music on page 59 of Liturgy Book)

Tone 4 (Byzantine melody)

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (*Ps 103/104:24*) Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

THE EPISTLE READING—Acts 11:19-30

In those days, those apostles who were scattered because of the persecution that arose over Stephen traveled as far as Phoenicia and Cyprus and Antioch, speaking the word to none except Jews. But there were some of them, men of Cyprus and Cyrene, who on coming to Antioch spoke to the Greeks also, preaching the Lord Jesus. And the hand of the Lord was with them, and a great number that believed turned to the Lord. News of this came to the ears of the church in Jerusalem, and they sent Barnabas to Antioch. When he came and saw the grace of God, he was glad; and he exhorted them all to remain faithful to the Lord with steadfast purpose; for he was a good man, full of the Holy Spirit and of faith. And a large company was added to the Lord. So Barnabas went to Tarsus to look for Saul; and when he had found him, he brought him to Antioch. For a whole year they met with the church, and taught a large company of people; and in Antioch the disciples were for the first time called Christians.

Now in these days prophets came down from Jerusalem to Antioch. And one of them named Agabus stood up and foretold by the Spirit that there would be a great famine over all the world; and this took place in the days of Claudius. And the disciples determined, everyone according to his ability, to send relief to the brethren who lived in Judea; and they did so, sending it to the elders by the hand of Barnabas and Saul.

Alleluia Refrain and Psalm verses before the Gospel

Tone 4

(Music on p. 64 of Liturgy Book)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Draw Thy bow and prosper and reign, in the cause of

truth, meekness and righteousness. (Ps 44/45:5)

Verse: Thou hast loved righteousness and hated wickedness. (*Ps 44/45:8*)

GOSPEL READNG— John 4:5-42

At that time, Jesus came to a city of Samaria, called Sychar, near the field that Jacob gave to his son Joseph. Jacob's well was there, and so Jesus, wearied as He was with His journey, sat down beside the well. It was about the sixth hour.

There came a woman of Samaria to draw water. Jesus said to her, "Give Me a drink." For His disciples had gone away into the city to buy food. The Samaritan woman said to Him, "How is it that You, a Jew, ask a drink of me, a woman of Samaria?" For Jews have no dealings

with Samaritans. Jesus answered her, "If you knew the gift of God, and Who it is that is saying to you, 'Give Me a drink,' you would have asked Him, and He would have given you living water." The woman said to Him, "Sir, you have nothing to draw with, and the well is deep; where do You get that living water? Are You greater than our father Jacob, who gave us the well, and drank from it himself, and his sons, and his cattle?" Jesus said to her, "Everyone who drinks of this water will thirst again, but whoever drinks of the water that I shall give him will never thirst forever; the water that I shall give him will become in him a spring of water welling up to eternal life." The woman said to Him, "Sir, give me this water, that I may not thirst, nor come here to draw."

Jesus said to her, "Go, call your husband, and come here." The woman answered Him, "I have no husband." Jesus said to her, "You are right in saying: 'I have no husband,' for you have had five husbands, and he whom you now have is not your husband; this you said truly." The woman said to Him, "Sir, I perceive that You are a prophet. Our fathers worshiped on this mountain; and You say that in Jerusalem is the place where men ought to worship." Jesus said to her, "Woman, believe Me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship Him. God is spirit, and those who worship Him must worship in spirit and truth." The woman said to Him, "I know that Messiah is coming [He who is called Christ]; when He comes, He will tell us all things." Jesus said to her, "I who speak to you am He."

Just then His disciples came. They marveled that He was talking with a woman, but none said, "What do you wish?" or, "Why are you talking with her?" So the woman left her water jar, and went away into the city, and said to the people, "Come, see a man who told me all that I ever did. Can this be the Christ?" They went out of the city and were coming to Him.

Meanwhile the disciples besought Him, saying, "Rabbi, eat." But He said to them, "I have food to eat of which you do not know." So the disciples said to one another, "Has anyone brought Him food?" Jesus said to them, "My food is to do the will of Him who sent Me, and to accomplish His work. Do you not say, 'There are yet four months, then comes the harvest?' I tell you, lift up your eyes, and see how the fields are already white for harvest. He who reaps receives wages, and gathers fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor; others have labored, and you have entered into their labor."

Many Samaritans from that city believed in Him because of the woman's testimony, "He said to me all that I ever did." So when the Samaritans came to Him, they asked Him to stay with them; and He stayed there two days. And many more believed because of His words. They said to the woman, "It is no longer because of your words that we believe, for we have heard for ourselves, and we know that this is indeed the Savior of the world."

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice! Rejoice O pure virgin! Again I say rejoice, your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice, rejoice, O ye people. Shine! Shine! O New Jerusalem. The glory of the Lord has shone on you. Exult, now exult and be glad, O Zion. Be radiant, O pure Theotokos, in the resurrection, the resurrection of your son!

Communion Hymn

Receive the Body of Christ; taste the fountain of immortality!

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice.

IMMEDIATELY FOLLOWING COMMUNION:

Instead of "We have seen the true light, we sing: "Christ is risen" ONE time.

Instead of "Glory...now & ever" at the dismissal, we sing "Christ is risen" THREE times.

At the end of the dismissal prayer the service then continues with the typical Paschal dialogue,

as follows:

Priest: Christ is risen.
Faithful: Indeed He is risen.
Priest: Christ is risen.
Faithful: Indeed He is risen
Priest: Christ is risen.
Faithful: Indeed He is risen.
Faithful: Indeed He is risen.

Priest: Glory to His third-day Resurrection.

Faithful: Let us worship His third-day Resurrection.

Priest: Christ is risen from the dead, trampling down death by death, and upon those in

the tombs

Faithful: bestowing life.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: **www.stathanasius.org.**

Fr. Nicholas and Jan will be away from this evening through Wednesday of this week.

The church office will be closed this Friday.

ALL-PARISH MEETING—SUNDAY, May 17

There will be an all-parish meeting next Sunday, May 17th, after Liturgy to update the parish on the Building Project, including plans for moving ahead with completion of Phase I, and a report on our financial progress and goals with regard to the Building Fund.

STRESSED OUT? LEARN HOW TO SHRINK YOUR STRESS! Sat. May 16

Jubilee Christian Church has extended an invitation to our parishioners to attend a session taught by Jon Eymann (MFT) that will offer some simple, everyday skills for decreasing your stress level. The session is on Saturday, May 16 at Jubilee Church, 7190 Hollister Ave. Jon is the Lead Psychotherapist and Team Supervisor at Santa Barbara County Mental Health Adult Outpatient Clinic. Childcare will be provided during the session.

BOOK STUDY May 23-June 27

On May 23rd, Fr. Nicholas will begin an adult study group on the book "Divine Energy: The Orthodox Path to Christian Victory" by Fr. Jon Braun. If you would like to participate, please let Fr. Nicholas know before the first class session. 805-685-5495

SAOC SUMMER SCHOOL will be from Monday, June 22-Thursday, July 9 this year. Registration information will be available soon.

PENTECOST FAMILY DAY, SUNDAY, MAY 31st: JOIN US AS WE CELEBRATE THE "BIRTHDAY" OF THE CHURCH!

Plan now to be with us on the Feast of Pentecost for a Family Day of fun and celebration on Sunday, May 31, 2015 at 4:00 p.m., including: a taco truck, Tres Leches cake, music for all ages, a special play area and games for the kids, and more! Adults 13 yrs and older: \$12 Kids 3-12 yrs.:: \$6 / Kids 2 and under: free; Maximum Family price is \$50.

R.S.V.P. and advance payment are required. Christie.d.robinson@gmail.com

REGISTRATION FOR CAMP ST. NICHOLAS opened on March 1st. If your children would like to go this summer, it is important to register right away because camp fills up quickly. Log onto www.campstnicholas.com. If finances are an obstacle, please let Fr. Nicholas know.

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

5/12 Jim & Gloria Morrison

5/12 Larry & Cheryl Lander

5/13 Hani & Katie AbuGhazaleh

Birthdays

5/11 Benny Madrigal, Brett Williams

5/12 Kevin de Bree

5/14 Brian Sieck

Welcome to Chantél Cappuccilli!



On the Feast of Pentecost (Sunday, May 31, 2015) catechumen Chantél Cappuccilli will be baptized into the Orthodox Faith here at St. Athanasius. Chantél was born and raised in Carlsbad, California and comes from a nondenominational Protestant background. At a young age she fell in love with the game of soccer, dreaming of one day playing in college. Little did she know how drastically a game could change her life, and eventually help lead her to a concurrence with the Orthodox Faith. Chantél attended St. Mary's College of California and played Division One soccer for the Gaels. After her sophomore year, she transferred to California Baptist University, where she finished her soccer career and was introduced to Orthodoxy for the first time. Over the course of the next few years questions continually came up regarding Orthodoxy and tested her pursuit for the Ancient Christian Church founded by Jesus Christ and his apostles. Four years after her initial introduction,

she fully embraces the Church, its teachings and traditions with open arms. After graduating from CBU in 2012 with a B.S. in Kinesiology/Exercise Science, she earned her Master's Degree in Kinesiology/Sports Management in August of 2013. She was hired at Westmont College in July 2013 as Assistant Women's Soccer Coach and Adjunct Professor of Kinesiology. We are thrilled to announce that Chantél was just appointed Head Soccer Coach for the Westmont College Women's Soccer Team. Congratulations, welcome, and many years!

LOST AND FOUND

The Lost and Found basket is now located in the foyer near the office, underneath the information table. There is also a clothes rack in the alcove at the far end of the long hallway, next to the little sitting area.

AED (Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office. If an emergency should occur, please ask for assistance from one of the many medical professionals in the parish.

Please do not allow anyone, adults or children, to open the device without assistance.

INCOME FOR MARCH, 2015

	General Operating	Building Fund
Monthly Goal	\$33,000	\$14,120
Monthly Actual	\$33,752	\$ 14,014



FAREWELL TO BEN & CECILIA SACKSEN

Ben and Cici have been part of our parish family as often as they were able to join us for the past two years, while serving in the U.S. Navy. They are being deployed to the Washington, D.C. area, and in fact, Ben has already moved to the East Coast. Cici will follow him in June. We have loved having them as part of our community and will miss them. God be with you as you begin the next chapter of your married life!



BLESSING OF THE GRAVES

On Sunday, April 26th, a group of our faithful accompanied Fr. Nicholas to Goleta Cemetery, as we blessed the graves of all of our parishioners and family members who have fallen asleep in the Lord. We laid a bouquet on each grave and sang the Paschal hymn, "Christ is risen from the dead," as we moved from one grave to the next, proclaiming the victory of Christ over death, and we prayed for all of our loved ones who have passed from this earthly life but are alive in Christ and awaiting His Second Coming.





Network Medical's 2015 Fundraiser presents "ALL OF ME"



featuring Nick Vujicic, who was born with no arms and no legs. Vujicic is married with children, golfs, surfs, and skydives, to name a few of his pastimes. He is an international speaker and New York Times best-selling author who travels the world (almost 60 countries) speaking to millions about hope and finding meaning in life. Come and see that life is more than meets the eye!

Monday, May 18, 2015 7-8:30 p.m. Granada Theatre If you would like to attend, let Fr. Nicholas know.



PROVIDENCE SANTA BARBARA presents LES MISERABLES

The musical by Alain Boublil and Claude-Michel Schönberg May 14-17, 2015—Porter Theatre at Westmont College

Starring our own JOHN BUTLER as Jean Valjean

Chorus Members:: Tatiana Speier & Anna Grace Butler; Costume Crew: Elleney King
For tickets and information:

http://www.providencesb.org/high-school/hs-arts/lesmis/ 805-962-4400

TEEN SCENE

JOURNEY TO ADULTHOOD Schedule of Activities and Service Projects

For more information, contact Lara Jacobs —Teen Program Coordinator at: cpejacobs@gmail.com

High School — Grades 9-12

Saturday, May 16	7:00 p.m.	Les Miserables (Providence H.S. musical)	Porter Theatre, Westmont
Monday, May 18	7:00 p.m.	Network Medical presentation	Granada Theatre
Sunday, May 24	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home
Saturday, June 6	Day Trip	Magic Mountain	Details TBA

Junior High School-Grades 7-8

Saturday, May 16	7:00 p.m.	Les Miserables (Providence H.S. musical)	Porter Theatre, Westmont
Monday, May 18	7:00 p.m.	Network Medical presentation	Granada Theatre
Sunday, June 7		Family Event: Graduation Party	TBA
		and Kick-off Dinner	
Saturday, June 13	Day Trip	Raging Waters	ТВА

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPH Mary All those suffering and Mother Victoria Susan B. in danger in the Ukraine, Baby Christian F. Africa, and the Middle East Met. Paul & Abp. John

Duane F. Dn. Richard E. Dan S.

Kh. Peggy K. and Family Stan and Donna F. Ryan Family Fr. Gordon & Kh. Mary Sue W. Molly M. Terri-Lynn H. Greg & Margaret Y. Mikael M. Hannah Rose H.

Hoppe Family Angel, Helen and Family

Kh. Mary Ellen B. Jim M. Gail S. Joy

Dean & Penny Kh. Marilyn G.

For repose of the souls of: Archimandrite Roman B., Steve R., Charyl B., Fr. Thomas H., 21 Coptic Christians who were martyred in Libya,

All who have died in the conflicts in the Ukraine. Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the wooden box in the narthex will be said silently at the altar at most services. During the Great Entrance of the Divine Liturgy, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

********************************* 米 ST. ATHANASIUS BOOK CENTER ********

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and

Make checks payable to "St. Athanasius Book Center."



THE MISSION AND VISION OF CHRISTIAN CHURCH ST. ATHANASIUS ORTHODOX

That we would be rooted and grounded in so we might experience and manifest the FAITH, LOVE AND HUMILITY FULLNESS OF THE CHURCH

•in the WORSHIP of the Holy Trinity

•in SERVING AND INTEGRATING new members

•in RETURN OF THE WAYWARD

in the CARE FOR OUR COMMUNITY

Unto the inheritance of the KINGDOM OF HEAVEN