



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Benjamin Hedges
Karen Jacobs
Dr. Jon King

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, June 19, 2016

THE FEAST OF PENTECOST 50 days after Pascha



WELCOME TO OUR VISITORS!

We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion. Please join us at Breakfast ~ we'd love to meet you!

Calendar for this Week

Sunday, June 19—PENTECOST

HAPPY FATHER'S DAY!

- 9:00 a.m. Religious Education (Last day)
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. BBQ/Potluck

Monday June 20—HOLY SPIRIT DAY

- 6:45 a.m. Daily Matins
8:45-11:30 a.m. SUMMER SCHOOL
5:00 p.m. Outreach Meal at St. Michael
University Church in Isla Vista

Tuesday, June 21

- 8:45 a.m.-2:00 SUMMER SCHOOL
5:30 p.m. Daily Vespers

Wednesday June 22

- 6:45 a.m. Daily Matins
8:45-11:30 a.m. SUMMER SCHOOL
12:00 p.m. Intercessory Prayer Group

Thursday June 23—Mission Team returns

- 5:30 p.m. Daily Vespers
8:45 a.m.-2:00 SUMMER SCHOOL
7:00 p.m. Choir Rehearsal

Friday June 24

- 6:45 a.m. Daily Matins
8:45-11:30 a.m. SUMMER SCHOOL

Saturday June 25

- 4:30 p.m. Book Study—A Conversation of
St. Seraphim with Motovilov
6:00 p.m. Great Vespers/Confessions

Sunday, June 26—ALL SAINTS SUNDAY

- 9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. All-parish Meeting

Sunday Morning Ministries Schedule

Eucharist Bread

- June 19 M. Kern
June 26 M. Kern
July 3 C. Sieck
July 10 Dillon

Coffee Hour

- June 19 PENTECOST & FATHER'S DAY
BARBECUE (Please bring a salad or
dessert to share.)
June 26 NEED A HOST
July 3 NEED A HOST
July 10 Gish

Greeters

- June 19 P. King/G. Shannon
June 26 K. & L. Jacobs
July 3 D. Genatone/P. Morrison
July 10 K. Fox/H. Lange

Ushers

- June 19 R. Barre, D. Lewis, C. Speier
June 26 J. King, D. Washburn, G. Shannon
July 3 S. Speier, P. Brunner, P. King
July 10 D. Meyer, R. Barre, D. Lewis

Readers

- June 18 D. Alexander (Vespers of Pentecost)
June 19 D. Washburn (Pentecost)
June 26 H. Lange
July 3 TBA
July 10 TBA

**At the conclusion of Matins, we sing the Great Doxology
followed by the Troparion of the Feast.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON with verses for the Feast of Pentecost

Verse: The heavens are telling the glory of God; and the firmament proclaims His handiwork. (*Ps. 18/19:1*)

Refrain: **Through the intercessions of the Theotokos, O Savior, save us!**

Verse: Day to day pours forth speech, and night to night declares knowledge. (*Ps 18/19:2*) **[Refrain]**

Verse: Their proclamation has gone out into all the earth, and their words to the ends of the universe. (*Ps 18/19:4*) **[Refrain]**

Verse: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen. **[Refrain]**

SECOND ANTIPHON with verses for the Feast of Pentecost

Verse: The Lord answer you in the day of trouble; the name of the God of Jacob protect you! (*Ps.19/20:1*)

Refrain: O Good Comforter, save us who sing to Thee, Alleluia!

Verse: May He send you help from the sanctuary and give you support from Zion! (*Ps 19/20:2*) **[Refrain]**

Verse: May He remember all your offerings, and fulfill all your plans! (*Ps 19/20:3*) **[Refrain]**

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON FOR FEAST

Verse: In Your strength the king rejoices, O Lord, and exults greatly in Your salvation. (*Ps. 20/21:1*)

Refrain:

Troparion of Pentecost (Music on next page.)

Blessed art Thou, O Christ our God,
Who hast revealed the fishermen as most wise,
having sent upon them the Holy Spirit,
and through them Thou hast fished the universe,
O Lover of Mankind, glory be to Thee.

Verse: You have given him his heart's desire, and have not withheld the request of his lips. (*Ps 20/21:2*) [**Refrain**]

Verse: For You meet him with goodly blessings; You set a crown of fine gold upon his head. (*Ps 20/21:3*) [**Refrain**]

LITTLE ENTRANCE

Troparion of Pentecost (Music on next page.)

Blessed art Thou, O Christ our God,
Who hast revealed the fishermen as most wise,
having sent upon them the Holy Spirit,
and through them Thou hast fished the universe,
O Lover of Mankind, glory be to Thee.

Kontakion of Pentecost

When the Most High came down, and confused the tongues, He divided the nations.
But when He distributed the tongues of fire, He called all to unity.
Therefore, with one voice we glorify the Holy Spirit.

BLESSED ARE YOU, O CHRIST OUR GOD

(Troparion for Pentecost)

Tone 8

Kazan

Harm. J.D.F.

In a rhythmic style

$\text{♩} = 68$

Bles - sed art Thou O Christ our God, Who

hast re - vealed the fish - er - men as most wise, hav - ing

sent up - on them the Ho - ly Spir - it,

and through them Thou hast fished the un - i -

verse, O Lov - er of Man - kind, glo - ry be to Thee.

ANTI-TRISAGION

People: As many as have been baptized into Christ have put on Christ Alleluia, Alleluia, Alleluia. (Repeat 3X)

All glory be to the Father to the Son and Holy Ghost, now and ever and unto ages of ages. Amen.

Deacon: **With strength!**

People: As many as have been baptized ...

PREPARATORY PSALM VERSES before the Epistle (Prokeimenon) Tone 8

Their proclamation has gone out into all the earth, and their words to the ends of the universe! (Ps. 19)

Vs. The heavens are telling the glory of God, and the firmament proclaims His handiwork.

THE EPISTLE READING for PENTECOST

Acts 2:1-11

When the day of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance.

Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven. And at this sound the multitude came together, and they were bewildered, because each one heard them speaking in his own language. And they were amazed and wondered, saying, "Are not all these who are speaking Galileans? And how is it that we hear, each of us in his own native language? Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabians, we hear them telling in our own tongues the mighty works of God."

PREPARATORY VERSES and ALLELUIA Response Before the Gospel—Tone 1

Chanter: **Alleluia, Alleluia, Alleluia**

All: **Alleluia, Alleluia, Alleluia**

Verse: *By the word of the Lord the heavens were established, and all their power by the Spirit of His mouth. (Alleluia...)*

Verse: *From heaven the Lord hath looked upon the earth: He saw all the children of humankind. (Alleluia...)*

THE GOSPEL READING for PENTECOST

John 7:37-52, 8:12

On the last day of the feast, the great day, Jesus stood up and proclaimed, "If anyone thirst, let him come to Me and drink. He who believes in Me, as the Scripture has said, 'Out of his belly shall flow rivers of living water.'" Now this He said about the Spirit, which those who believed in Him were to receive; for as yet the Spirit had not been given, because Jesus was not yet glorified.

When they heard these words, many of the people said, "This is really the prophet." Others said, "This is the Christ." But some said, "Is the Christ to come from Galilee? Has not the Scripture said that the Christ is descended from David, and comes from Bethlehem, the village where David was?" So there was a division among the people over Him. Some of them wanted to arrest Him, but no one laid hands on Him.

The officers then went back to the chief priests and Pharisees, who said to them, "Why did you not bring Him?" The officers answered, "No man ever spoke like this man!" The Pharisees answered them, "Are you led astray, you also? Have any of the authorities or of the Pharisees believed in Him? But this crowd, who do not know the Law, are accursed." Nicodemus, who had gone to Him before, and who was one of them, said to them, "Does our Law judge a man without first giving him a hearing and learning what he does?" They replied, "Are you from Galilee too? Search and you will see that no prophet is to rise from Galilee."

Again Jesus spoke to them, saying, "I am the light of the world; he who follows Me will not walk in darkness, but will have the light of life."

HYMN TO THE MOTHER OF GOD (Meglynarion)

9th Ode of the Canon for Pentecost:

Rejoice, O Queen, glory of mothers and virgins!
No tongue, however sweet or fluent,
is eloquent enough to praise you worthily.
Every mind is overawed by your childbearing.
Therefore, with one voice, we glorify you.

Hymns for Communion of the Clergy:

1) Music by Paul Tschesnokoff, arranged and edited by Peter Lindsay

“May Thy Holy Spirit come upon us, O Lord.

Come Holy Spirit, Thou art our Love, our love and joy divine. “

2) Let Your good Spirit lead me on a level path. Alleluia, Alleluia, Alleluia. (Ps. 143)

Instead of “We have seen the true light, we sing the Troparion for Pentecost. (Music on previous page.)

At the end of the Liturgy, we will say the **Kneeling Prayers of Pentecost**. Between Pascha and Pentecost, the Church proscribes no kneeling during services as we celebrate the joy of the Resurrection for 40 days. With these prayers, we resume kneeling in the church.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

PENTECOST CELEBRATION

Thank you to the teachers and children of our Catechesis of the Good Shepherd program for, once again, providing us with an opportunity to actively engage in today's celebration by praying for the Gifts of the Holy Spirit!

THE WEEK AFTER PENTECOST IS A FAST-FREE WEEK.

TODAY IS THE LAST DAY OF SUNDAY RELIGIOUS EDUCATION CLASSES for this school year. Thank you to our amazing and dedicated teachers, and to all of the students who participated faithfully on Sunday mornings!

FAST AND FEAST OF SAINTS PETER AND PAUL

The Apostles' Fast is only June 27-28 this year. The duration of the Fast is different each year, depending upon when Pascha falls. We will not be doing a Liturgy for the feast this year because of Fr. Nicholas's travel schedule to the Parish Life Conference that week. We will commemorate Saints Peter and Paul at **Daily Vespers on Tuesday, June 28th.**

PARISH COUNCIL ELECTIONS have been rescheduled for Sunday, June 26th. We will vote by ballot on that day during Coffee Hour. Regular, communing adult members 18 years and older may cast one vote for one of the four candidates. (Photos and bios are in this bulletin.) If you are a parish member and cannot be present that day, you may cast a vote by sending an e-mail directly to Fr. Nicholas before midnight on June 26th. frnicholas@stathanasius.org

PARISH LIFE CONFERENCE—JULY 1-5 in PHOENIX

Our Antiochian Diocese of Los Angeles and the West meets for the Parish Life Conference in Phoenix from June 29-July 3. Fr. Nicholas and Jan will be attending on behalf of our parish.

CONGRATULATIONS TO JEFF PETERSILIA for finishing in second place in the golf tournament at the Special Olympics on June 11-12. We have an Olympian among us!

S.A.O.C. SUMMER SCHOOL

begins this Monday, June 20th,
at 8:45 a.m.!

May it be a blessed time for all!

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

6/19 Fr. John & Diane Carrillo
6/21 Dan & Judy Braun
6/24 Dn. Gary & Melissa Braun
6/25 Scott & Terri Speier

Birthdays

6/20 Christopher Nalepa
6/24 Michael Easbey

PLEASE PRAY FOR OUR MISSION TEAM TO MEXICO!

They left this past Friday morning, headed to Project Mexico/St. Innocent Orphanage for six days to build a house for a needy family.

They were given a proper send-off at the church before leaving.



THE GIFTS OF THE HOLY SPIRIT

On Pentecost, fifty days after His glorious resurrection, Jesus gave His friends the promised gift of the Holy Spirit. The Holy Spirit—the treasury of good things and giver of life—brought life-giving gifts. These gifts were not just for Jesus' friends long ago. Jesus promises these gifts to all who ask. These gifts are for us!

- **Wisdom:** knowing the way that pleases God and walking in it
- **Understanding:** seeing clearly with spiritual eyes as a result of listening for God's voice with an open heart
- **Counsel:** helpful words and wise guidance for others
- **Might:** strength and courage to do what's right
- **Knowledge:** knowing more and more of God through prayer, God's Word and God's Creation
- **Fear of the Lord:** living without fear of anyone or anything except the Awesome, Holy, and Almighty God in whom we take refuge
- **Delight:** living in joy and wonder at the recognition of God's presence all around, all the time

"With the descent of the Holy Spirit upon Christ's disciples, the time of salvation, the Divine work of redemption has been completed, the fullness revealed, all gifts bestowed: it belongs to us now to "appropriate" these gifts, to be that which we have become in Christ: participants and citizens of His Kingdom."

- Fr. Alexander Schmemmann

The Great Feast of Pentecost

The Celebration—June 19th

- An Invitation from the Children of Atrium Level III -

Today, Pentecost Sunday, we invite you to "ask that you might receive" . . .

Before you enter the sanctuary, you will receive a taper candle.

At the back of the sanctuary there is a table with seven green candles—each labeled with one of the gifts listed on the front of this insert.

We invite you to **light your own candle from the green candle designating the gift you have chosen** and place your candle in the sand in front of that green candle.

Once you have lit and placed your taper candle, we will give you a **handmade card with the name of the gift and a description** on it. Hopefully this will sit on your altar or some other prominent place to remind you all year long of the gift you have asked for!

Blessed Feast!



NEW MEMBER HIGHLIGHT

Welcome to Nestan Tsiskaridze !

I was born in Tbilisi, Georgia and baptized as an infant in my grandparent house in Tbilisi. My focus in high school was Mathematics, and my undergraduate studies were in Physics and Informatics (Computer Science). I have a Masters Degree in Informatics and a PhD in Computer Science from the University of Manchester in UK. That is where I lived almost 5 years before coming to the US. Then I lived in Princeton, New Jersey for 2 years as I was a postdoctoral researcher at the department of Electrical Engineering there. After that, I moved to Iowa City, Iowa, for three years, where I was a postdoc doing research in Computer Science, and a Visiting Assistant Professor teaching courses in the same department.



In my spare time, I try to feed my soul by painting (which I have been doing from childhood), music - I have started learning to play guitar not long ago, and I loved having a chance to sing in the choir at St. Raphael's church, which was a dream come true for me. I am also fond of theatre, films, and books that give food for thought.

I moved to Santa Barbara after accepting an invitation to work on a project at the UCSB department of Computer Science. The project is very interesting and exciting for me, and is a rare good fit with my background.

I was drawn to St. Athanasius parish because it offers so many liturgical services, and the services are in English, the language I speak. (There is no Georgian parish here.) My last parish in Iowa City was also Antiochian. I left a big piece of my heart there, as was also the case in my previous parishes. But there was something very special about the parish in Iowa City. The services were in English, and having parishioners from very diverse nationalities (and backgrounds) brought a special joy and love to the parish.

Thank you to the many of parishioners at St. Athanasius who have already given me a warm and precious welcome during my first weeks in Santa Barbara!

Nestan



ST. ATHANASIUS

Liturgical Arts Festival

SAVE THE DATES!!

November 11-13, 2016

“Beauty: Seeing & Manifesting the Magnificence of the Kingdom of God on Earth”

Keynote speaker: Archimandrite Irenei Steenberg

Director & Lecturer: St. Cyril & St. Athanasius Institute for
Orthodox Studies in San Francisco

Formerly a fellow in Patristics and Early Church History at the University of Oxford and alternating
Chair of Theology at Leeds Trinity University in the United Kingdom,

Fr. Irenei is currently an active speaker and lecturer around the world on Orthodox
theology and practice, and has also been heavily involved in bringing patristic study into wider ac-
cess through the internet. He is the founder of www.monachos.net.

ANNUAL ALL-PARISH MEETING

PLEASE ATTEND!

WE WILL HAVE OUR ANNUAL ALL-PARISH MEETING ON SUNDAY, JUNE 26 after Coffee Hour. Please plan to stay for this important informational meeting. The 60-minute meeting agenda will be as follows:

- | | |
|---|-------------------------------|
| 1. Introduction and Agenda Review | Douglas Meyer, President |
| 2. Young Adults & Young Families Ministry Update | Fr. Nicholas Speier, Pastor |
| 3. Music/Administration Update | Valerie Yova, Music Dir/Admin |
| 4. Finance Update—General Operating Budget | Dan Braun, Treasurer |
| 5. Building Project Update—Newly finished rooms | Dn. Scott Jacobs, Chairperson |
| 6. Building Project Update—Looking ahead: Warming Kitchen | Cheryl Washburn-Lander |
| 7. Building Project Update—Looking ahead: Patio | Brian Sieck |
| 8. Building Fund Update—Finances & Goals | Dr. Scott Speier, Fundraising |
| 9. Questions & Answers | |

PARISH COUNCIL NOMINEES

The following four individuals have been chosen by the Nominating Committee to run for the vacant seat on the Parish Council. On Sunday, June 26th we will vote for one new Council member by paper ballot. Fr. Nicholas will also appoint one new member to the Council.

Corina Berari

My husband, Adrian, and I have owned and operated Berari Dental Labs since 2002. We immigrated from Romania to Canada, where we lived for six years and then moved to the United States. After moving around a bit because of our business, we settled in Santa Barbara and joined St. Athanasius parish in 2010. We have four children: Nicole (studying at UC San Diego), twins Nicholas and Ron, and Jessica. I have served in our parish in St. Brigid Ministry, on the Coffee Hour Team, and Jessica and I often assist the Festal Decorating Team. I would do anything to help our parish because the parish has done so much for our family. I feel compelled to give back, and if I can do so as a member of the Parish Council, I would be honored to do so.

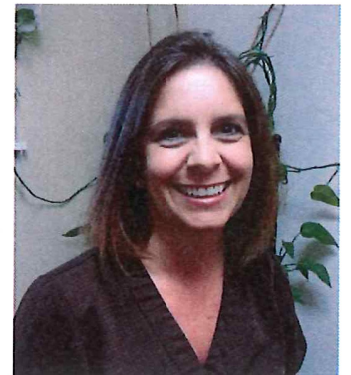


Verne Gish

I am an Experimental Machinist for Raytheon, a local aerospace company. I have been employed there for 34 years. I have been married to Joanne for 32 years and we have three grown children: Tim, Mary and Garrett, and two grandchildren. I have been a member of St. Athanasius since 1975, and was chrismated in 1987 when the parish was first founded. I have served in a variety of ministries throughout the life of the parish including the choir, as a chanter, in Campus Ministry, and in our Parish Life Music Ministry (Family Night and Feast Day Musical Presentations) Years ago Metropolitan Joseph gave a homily on how important it was that every member of the parish serve on the Parish Council at some point and I really took it to heart. It has always been my desire to serve the church and I would be honored to serve in this capacity, if elected.

Kristi King

My husband, Doug, and I currently live and work in Solvang, where we own and operate the Family EyeCare Optometry Center. We have three children: Chase, Lauren and Emily. I have been a member of St. Athanasius since the beginning! We moved away for about 15 years and finally made the move home about 7 years ago. I served in the military for six years. I am currently an assistant in the Level II atrium and have loved working with and observing our kids as they learn about the Orthodox faith. I enjoy serving both the Solvang community and our church community as much as I possibly can. I accepted the nomination because I am always looking and praying for ways that I can serve my church community.



Jami Stetler

I currently serve as a property manager for my family's business, Dean Brunner Rentals. I have held many "titles": teacher, medical receptionist, dental office manager, tax preparer, administrative assistant, insurance coordinator, personnel manager, payroll clerk, painter and President of the local little league. I entered this parish in 1971 through my parents, Dean and Penny Brunner. I was chrismated Orthodox in 1987, my senior year of high school, along with the rest of our parish, and have been a part of this community since then, with a lapse of 6 years when I lived out of town. I am the oldest of 7 children, a mother of 5 children, a stepmother of 2 children and grandmother of 3. I currently serve in the Music Ministry as an active member of the choir and I am also a member of the Building Committee Fundraising Team. Being a part of St. Athanasius parish is a huge part of my life and has been for as long as I can remember. I am thankful for the nomination to the Parish Council and hope that I can give back to the parish in whatever capacity is needed through my continued service if you elect me.



PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Kh. Mary Sue W.
Greg & Margaret Y.
Hoppe Family

Gail S.
Dean & Penny B.
Kevin & Angel S.
Mary
Susan B.
Baby Christian F.
Duane F.
Galina, Nikolai & Nataliya
Olga Marie G.

Mike, Trevor & Adam
Emily F.
Joan T.
Terri-Lynn & Hannah Rose H.
Silvia Y.
Manny
Philip E.
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Jeff E., Victims of the shooting in Orlando, All who have died in the conflicts in the Ukraine, Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS BOOK CENTER** *
* The church bookstore is located in the foyer of the fellowship hall. The two *
* enclosed cabinets hold icons, books, and other items that are FOR SALE. *
* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- *
* ment should be made at time of purchase and placed in the brown lockbox *
* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. *
* Athanasius Book Center." *
* **All proceeds go to the parish Building Fund.** *



HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*