



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## **Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-770-3749  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## **Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## **Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
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## **Youth Coordinator**

Tyler Speier tyler@stathanasius.org

## **Parish Council:**

Douglas Meyer, President  
Dan Braun, Treasurer  
Benjamin Hedges, Secretary  
Katie AbuGhazaleh  
Richard Barre  
Catherine Braun  
Dottie Genatone  
Verne Gish  
Kristi King

## **LITURGY OF ST. JOHN CHRYSOSTOM**

**Sunday, June 25, 2017**

Tone 2 / Eothinon 3; Third Sunday after Pentecost  
& Third Sunday of Matthew  
Apodosis (Leave-Taking) of the Forerunner's Nativity



## **WELCOME TO OUR VISITORS!**

We are glad you are with us this morning.  
If you are not Orthodox, we invite you to partake of the  
blessed bread during communion.  
Please join us at Coffee Hour~ we'd love to meet you!

# ***Calendar for this Week***

**APOSTLES FAST BEGAN on June 12 and lasts through Vespers-Liturgy on June 28th.**

## **Sunday, June 25**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour, Parish Council Elections  
12:15 p.m. All-parish Meeting including presentation on Syrian Relief

## **Monday, June 26**

6:45 a.m. Daily Matins  
5:00 p.m. St. Brigid Outreach Dinner at St. Michael's in Isla Vista

## **Tuesday, June 27**

5:30 p.m. Daily Vespers

## **Wednesday, June 28**

6:45 a.m. Daily Matins  
11:00 a.m. Showers of Blessing Ministry  
12:00 p.m. Intercessory Prayer Group  
6:00 p.m. Vespers-Liturgy for the Feast of Saints Peter & Paul

## **Thursday, June 29**

5:30 p.m. Daily Vespers  
6:00 p.m. Jr. High & High School Youth Group  
7:00 p.m. Choir Rehearsal

## **Friday, June 30**

6:45 a.m. Daily Matins

## **Saturday, July 1**

6:00 p.m. Great Vespers/Confessions

## **Sunday, July 2**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

June 25 Dn. G. Braun  
July 2 Meyer  
July 9 Tinyayeva  
July 16 D. Washburn

### **Coffee Hour**

June 25 Meyer  
July 2 Subdn. S. Butler (in honor of the feast day of St. John Maximovich the Wonder-Worker (Patron saint of John Butler)  
July 9 Harris  
July 16 J. & G. Morrison

### **Greeters**

June 25 K. Fox, M. Andonian  
July 2 L, Baker, P. King  
July 9 G. Shannon, K.P. King  
July 16 P. Morrison, D. Genatone

### **Ushers**

June 25 R. Barre, D. Lewis, C. Speier  
July 2 J. King, D. Washburn, C. Berari  
July 9 G. Shannon, S. Speier, P. Brunner  
July 16 P. King, D. Meyer, R. Barre

### **Readers**

June 25 D. Washburn  
June 28 D. Alexander (Vespers-Liturgy)  
July 2 D. Alexander  
July 9 R. Barre  
July 15 V. Gish (Great Vespers)  
July 16 D. Meyer

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages  
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate  
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was  
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,  
glorified with the Father and the Holy Spirit: save us.

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses, the choir and congregation sing the refrain:

**“Remember us, O Lord, when you come in your Kingdom.”**

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection**

**(Music on p. 42 of Liturgy book)**

When Thou didst submit Thyself unto death,  
O Thou deathless and immortal One,  
then Thou didst destroy hell with Thy Godly power.  
And when Thou didst raise the dead from beneath the earth,  
all the powers of Heaven did cry aloud unto Thee:  
O Christ, Thou giver of life, glory to Thee.

**Tone 2 Byzantine melody**  
harmonized by Fr. J. Finley

**Troparion for Nativity of St. John the Baptist**

Prophet and Forerunner of the coming of Christ,  
although we cannot praise you worthily,  
we honor you in love at your nativity,  
for by it you ended your father’s silence and your mother’s barrenness,//  
proclaiming to the world the incarnation of the Son of God!

**Tone 4**

**Troparion to St. Athanasius**

**(Music on page 54 of Liturgy Book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3 Byzantine Melody**  
harmonized by Fr. J. Finley

**Kontakion - Ordinary Sundays****Tone 4 Byzantine melody**

O undisputed intercessor of Christians,

harmonized by F. Karam

O mediatrix, who is unrejected by the creator.

Turn not away from the voice of our petitions, though we be sinners.

Come to us with aid in time, who cry unto thee in faith,

for thou art good. Hasten to us with intercessions, O Theotokos,

who dost always intercede for those who honor thee.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon) Tone 2**  
**(Music on p. 57 of Liturgy book.)**The Lord is my strength and my song; He has become my salvation. *(Ps 117/118:4)**v: The Lord has chastened me sorely, but He has not given me over to death.**(Ps 117/118:18)***THE EPISTLE READING****Romans. (5:1-11)**

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through Him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man—though perhaps for a good man one will dare even to die. But God shows His love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by His blood, much more shall we be saved by Him from the wrath of God. For if while we were enemies we were reconciled to God by the death of His Son, much more, now that we are reconciled, we shall be saved by His life. Not only so, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received our reconciliation.

**Alleluia before the Gospel**  
**(Music on p. 64 of Liturgy book.)**

**Tone 2**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

*v: May the Lord hear you in the day of trouble! May the name of the God of Jacob protect you! (Ps 118:1)*

*v: Save the King, O Lord, and hear us on the day we call! (Ps 118:9)*

**GOSPEL READING**

**Matthew. (6:22-33)**

The Lord said, “The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is evil, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore, I tell you, do not be anxious about your life, what you shall eat or what you shall drink; nor about your body, what you shall put on. Is not the soul more than food, and the body more than clothing? Look at the birds of heaven: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his stature? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon himself in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O men of little faith? Therefore, do not be anxious, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first His kingdom and His righteousness, and all these things shall be yours as well.”

**Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

**Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia!

## HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,

*“Father, bless” when you get to the chalice.*

### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## *CELEBRATIONS* for THIS WEEK

### Wedding Anniversaries:

- 6/25 Scott & Terri Speier  
6/26 Mick & Ginger Kronman

### Birthdays:

- 6/26 Ryder Heiduk, Dn. Scott Jacobs  
6/27 Kirsten Jaqua  
6/28 Taylor Speier  
6/29 Dorian Easbey, Sierra Seraphima Boatwright  
6/30 Joanne Gish

### Patron Saint Feast Days

- 6/27 **St. Joanna the Myrrh-bearer** Joanne Gish, Kh. Jan Speier
- 6/29 **The Apostle Paul** Josh Dillon, Paul Franzen, Stan Friesen,  
Robert Kinman, Paul Wintz
- 6/29 **The Apostle Peter** Hani AbuGhazaleh, Peter Braun, Dean Brunner,  
Ivan de Bruin, Peter Speier, Hudson Zidek

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

### **SAVE THE DATE!**

### **S.A.O.C. GOLF TOURNAMENT IS FRIDAY, SEPTEMBER 15th**

**THE ST. BARBARA MONASTERY FRIENDS GATHERING is today, June 25th.** The topic will be: *The Female Diaconate--Questions and Considerations*, presented by Sister Margarete of Holy Assumption Monastery, Calistoga, CA. This presentation will begin at 4:00 PM, followed by Vespers and a potluck supper.

**WE WILL HAVE OUR ANNUAL ALL-PARISH MEETING TODAY** after Coffee Hour. Please plan to stay for this important informational meeting.

**PARISH COUNCIL ELECTIONS WILL TAKE PLACE TODAY AND NEXT SUNDAY DURING COFFEE HOUR.** Parish members in good standing who are 18 years or older may vote today or next Sunday by ballot, or by e-mail between now and next Sunday, July 2nd at midnight. Email your two top choices to: [frnicholas@stathanasius.org](mailto:frnicholas@stathanasius.org).

**The ISLA VISTA GIVE SALE is this weekend, Saturday and Sunday 8 a.m.-4 p.m. at Embarcadero Hall.**

### **UPCOMING FEAST DAY SERVICES**

Wednesday, June 28 6:00 p.m. Vesperal Liturgy for Feast of SS. Peter & Paul

### **FINANCIAL SNAPSHOT**

#### **INCOME FOR MAY, 2017**

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$47,153	\$ 8,809



**Jennifer (Genevieve) Ferraez** sends her greetings and thanks to the choir and parish members for the beautiful icon of St. Elizabeth the New Martyr which was commissioned from Dorothy Alexander as a farewell gift to her. She has settled on a 5-acre piece of land in Oregon and has begun to develop the very fertile land, woods and buildings in the hopes of someday providing a healing community for those who are recovering from addiction and trauma. St. Elizabeth the New Martyr is the patron saint that she chose for this vision many years ago. Through the prayers of St. Elizabeth, may her efforts be blessed! (Our Music Director, Valerie, delivered the icon to Jennifer in person to Jennifer a few weeks ago.)



## Pentecost 2017



## TEEN SCENE

**During the summer, all teens will meet together from 6-8 p.m. on Thursdays in the Teen Room at the church, unless noted otherwise.**

- 6/29 Thursday Night Youth Group 6pm - 8pm
- 7/2 Dancing and Fun at the DeBruin's Home from 2pm - 5pm! Please R.S.V.P. if you can come..
- 7/6 No Youth Group (Summer School Magic Mountain Day/ Parish Life Conference Weekend)
- 7/13 Thursday Night Youth Group 6pm - 8pm
- 7/20 Youth Group HIKE: 1pm - 3pm (note change in time). More details to follow.
- 7/27 Thursday Night Youth Group 6pm - 8pm

### Annual Diocesan Parish Life Conference July 5-9, 2017 Hosted by St. Michael Church in Van Nuys Taking place at the Marriott Hotel at LAX <http://www.antiochianevents.com/la.html>

Some sessions that might be of interest:

#### **Thursday, July 6**

- 10:00-11:15 a.m. Workshop: *Spiritual but not Religious—What does this mean for Orthodoxy?*
- 12:15-1:30 p.m. *Intentional Parenting in a reckless World*
- 2:30-4:00 p.m. *Our Identity as Orthodox Christians in the World of Social Media*
- 5:00-6:00 p.m. Keynote address by Fr. Joseph Copeland: *“God’s house as a house of prayer, an icon of His Kingdom, a place of the sacraments*

#### **Friday, July 7**

- 10:00-11:30 a.m. Workshop for Men: *The pursuit of priorities—learning how to identify temptations and put them into proper perspective*
- 1:30-3:00 p.m. Met Joseph’s address and general session
- 5:00-6:00 p.m. Keynote address by Fr. Alban West: *What prevents God’s house from being a house of prayer, and what must we do to properly prepare to enter His house and receive the Sacraments?*
- 7:00-9:30 p.m. BIBLE BOWL

#### **Saturday, July 8**

- 1:30-4:00 p.m. ORATORICAL CONTEST
- 5:30-6:30 p.m. Keynote address by Calinic Berger—*God’s house as the place where we pray “for all nations” and as the universal home of the members of His Kingdom*

## PRAAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Jon Braun  
Dn. Richard E.  
Kh. Diane C.  
Kh. Mary Sue W.  
Fr. Patrick and Vanessa K.  
Greg & Margaret Y.  
Hoppe Family  
Gail S.  
Dean & Penny B.  
Angelina, Jase & Alina S.

Baby Emma  
Mary  
Rich and Susan B.  
Christian F.  
Duane F.  
Galina, Nikolai & Nataliya  
Joan T.  
Friesen Family  
Dawn L.  
Johnny Z.  
Temmo K.  
Nancy R.

Ethan K.  
Tony C.  
Mona Z.  
All those suffering and  
in danger in the Ukraine,  
Africa, and the Middle East

**For repose of the souls of:** Met. Antonios, Howard F., Baby Alia  
All who have died in the conflicts in the Ukraine Africa & the Middle East

### ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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\* **ST. ATHANASIUS BOOK CENTER** \*  
\* The church bookstore is located in the foyer of the fellowship hall. The two \*  
\* enclosed cabinets hold icons, books, and other items that are FOR SALE. \*  
\* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- \*  
\* ment should be made at time of purchase and placed in the brown lockbox \*  
\* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. \*  
\* Athanasius Book Center." \*  
\* **All proceeds go to the parish Building Fund.** \*  
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# Summer School 2017

## Week 1

