



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Benjamin Hedges
Karen Jacobs
Dr. Jon King

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, June 26, 2016

Tone 8 / Eothinon 1; First Sunday after Pentecost

Commemoration of All Saints

Venerable David of Thessalonica;
John, Bishop of the Goths in the Crimea



WELCOME TO OUR VISITORS!

We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion. Please join us at Breakfast ~ we'd love to meet you!

Calendar for this Week

Sunday, June 26—ALL SAINTS SUNDAY

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. All-parish Meeting

NO MONASTERY FRIENDS GATHERING

Monday –APOSTLES FAST

6:45 a.m. Daily Matins
8:45-11:30 a.m. SUMMER SCHOOL
5:00 p.m. Outreach Meal at St. Michael
University Church in Isla Vista

Tuesday, June 28-APOSTLES FAST

8:45 a.m.-2:00 SUMMER SCHOOL
5:30 p.m. Daily Vespers for Saints Peter & Paul

Wednesday June 29-SAINTS PETER & PAUL

6:45 a.m. Daily Matins
8:45-11:30 a.m. SUMMER SCHOOL
11 a.m.-1p.m. Shower of Blessings Ministry
12:00 p.m. Intercessory Prayer Group

Thursday June 30

5:30 p.m. Daily Vespers
8:45 a.m.-2:00 SUMMER SCHOOL

Friday July 1

6:45 a.m. Daily Matins
8:45-11:30 a.m. SUMMER SCHOOL

Saturday July 2

NO BOOK STUDY
6:00 p.m. Great Vespers/Confessions

Sunday, June 3—ALL SAINTS of AMERICA

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. All-parish Meeting

HAPPY 4TH OF JULY!!!

***Fr. Nicholas and Jan will be at the Parish
Life Conference June 18-July 2.***

Sunday Morning Ministries Schedule

Eucharist Bread

June 26 M. Kern
July 3 C. Sieck
July 10 Dillon
July 17 Tinyayeva

Coffee Hour

June 26 Jan & Christie Speier
July 3 NEED A HOST
July 10 Gish
July 17 NEED A HOST

Greeters

June 26 P. King/G. Shannon
July 3 D. Genatone/P. Morrison
July 10 K. Fox/D. Washburn
July 17 H. Lange/D. Lewis

Ushers

June 26 J. King, D. Washburn, G. Shannon
July 3 S. Speier, P. Brunner, P. King
July 10 D. Meyer, R. Barre, D. Lewis
July 17 C. Speier, J. King, D. Washburn

Readers

June 26 H. Lange
July 3 TBA
July 10 TBA
July 17 TBA

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 8

(Music on page 53 of Liturgy Book)

From the heights Thou didst descend,
O Compassionate One;
and Thou didst submit to the three day burial,
that Thou might deliver us from passion.
Thou art our Life and our Resurrection,
O Lord, glory to Thee.

Troparion of All Saints

Tone 4

As with fine porphyry* and royal purple,
Your Church has been adorned with Your martyr’s blood,
shed throughout all the world.
She cries to You, O Christ God:
“Send down Your bounties
on Your people,//
grant peace to Your habitation and great
mercy to our souls!”

(*Porphyry is a deep purple stone quarried in Egypt.)

Troparion to St. Athanasius

Tone 3

(Music on page 54 of Liturgy Book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for All Saints

Tone 8

The universe offers You the God-bearing Martyrs
as the first fruits of creation, O Lord and Creator.
By their prayers keep Your Church,
Your habitation, in abiding peace//
through the Theotokos, O most Merciful One!

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Prokeimenon before the Epistle

Tone 4

God is wonderful in His saints, the God of Israel. (Ps. 68:35)

VERSE: *In the churches bless ye God the Lord, from the fountains of Israel.*

THE EPISTLE READING

Hebrews 11:33-12:2

Brethren, all the saints through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were tempted, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth.

And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect. Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfection of our faith.

Alleluia before the Gospel Tone 4

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: *The righteous cried and the Lord heard them and delivered them out of all their troubles. (Ps 33/34:18)*

Verse: *Many are the afflictions of the righteous; the Lord will deliver them out of them all. (Ps 33/34:20)*

THE GOSPEL READING

Matthew 10:32-33, 37-38; 19:27-30 (All Saints)

The Lord said to His disciples, "Everyone who acknowledges Me before men, I also will acknowledge before my Father who is in heaven; but whoever denies Me before men, I also will deny before my Father who is in heaven."

"He who loves father or mother more than Me is not worthy of Me; and he who loves son or daughter more than Me is not worthy of Me; and he who does not take his cross and follow Me is not worthy of Me."

Then Peter said in reply, "Lo, we have left everything and followed you. What then shall we have?" Jesus said to them, "Truly, I say to you, in the New World, when the Son of Man shall sit on His glorious throne, you who have followed Me will also sit on twelve thrones, judging the twelve tribes of Israel. And everyone who has left houses or brothers or sisters or father or mother or wife or children or lands, for My Name's sake, will receive a hundred fold, and inherit eternal life. But many that are first will be last, and the last first.."

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! *(Ps 148:1)*

Rejoice in the Lord, O you righteous; praise befits the just! *(Ps 32/33:1)*

Alleluia, Alleluia, Alleluia!

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

SUNDAY OF ALL SAINTS

The Sunday following Pentecost is dedicated to All Saints, both those who are known to us, and those who are known only to God. There have been saints at all times, and they have come from every corner of the earth. They were Apostles, Martyrs, Prophets, Hierarchs, Monastics, and Righteous, yet all were perfected by the same Holy Spirit.

The Descent of the Holy Spirit makes it possible for us to rise above our fallen state and to attain sainthood, thereby fulfilling God's directive to "be holy, for I am holy" (Lev. 11:44, 1 Peter 1:16, etc.). Therefore, it is fitting to commemorate All Saints on the first Sunday after Pentecost.

This feast may have originated at an early date, perhaps as a celebration of all martyrs, then it was broadened to include all men and women who had borne witness to Christ by their virtuous lives, even if they did not shed their blood for Him.

ANNUAL ALL-PARISH MEETING PLEASE ATTEND!

WE WILL HAVE OUR ANNUAL ALL-PARISH MEETING TODAY after Coffee Hour. Please plan to stay for this important informational meeting. The meeting will be 60 minutes and we will keep to a very tight agenda. Feel free to pick up the Reports Booklet on the way to Coffee Hour and to peruse it while having your coffee.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

THERE WILL BE NO ST. BARBARA MONASTERY FRIENDS gathering today.

FAST AND FEAST OF SAINTS PETER AND PAUL

The Apostles' Fast is only June 27-28 this year. The duration of the Fast is different each year, depending upon when Pascha falls. We will not be doing a Liturgy for the feast this year because of Fr. Nicholas's travel schedule to the Parish Life Conference that week. We will commemorate Saints Peter and Paul at **Daily Vespers on Tuesday, June 28th.**

PARISH COUNCIL ELECTIONS are today. All adult, communing (baptized and chrismated Orthodox) members of the parish 18 years and older and invited to fill out one ballot and put it in the ballot box out in the foyer. Members not present today may cast a vote by sending an e-mail directly to Fr. Nicholas at frnicholas@stathanasius.org before midnight tonight, or by leaving him a phone message on his private line: 805-685-5495

PARISH LIFE CONFERENCE—JULY 1-5 in PHOENIX

Our Antiochian Diocese of Los Angeles and the West meets for the Parish Life Conference in Phoenix from June 29-July 3. Fr. Nicholas and Jan will be attending on behalf of our parish.

CONGRATULATIONS TO NIKOLAI RICE for helping his class to earn special honors in the Math Olympiads by placing in the top 2% nationally. Way to go, Nikolai!

WELCOME BACK TO OUR MISSION TEAM TO MEXICO!



CELEBRATIONS for THIS WEEK

Wedding Anniversaries

6/26 Mick & Ginger Kronman
7/04 Paul & Kirsten Franzen

Birthdays

6/26 Joseph Greenwood
6/26 Ryder Heiduk
6/26 Dn. Scott Jacobs
6/27 Kirsten Jaqua
6/28 Carol Johnson
6/28 Taylor Speier
6/29 Dorian Easbey
6/29 Sierra Seraphima Butler
6/30 Joanne Gish

Patronal Feast Days

6/15 **St. Jerome of Stridonium** Jerry Jones (We missed it 2 weeks ago. New member—just added to list.)

6/26 **Holy Prince Jonathan (All Saints)** Fr. Jon Braun

6/27 **St. Joanna the Myrrh-bearer** Joanne Gish, Kh. Jan Speier

6/29 **The Apostle Paul** Josh Dillon, Paul Franzen, Stan Friesen, Robert Kinman, Paul Wintz

6/29 **The Apostle Peter** Hani AbuGhazaleh, Peter Braun, Dean Brunner, Ivan de Bruin, Peter Speier, Hudson Zidek

7/2 **St. John Maximovich** Lucas AbuGhazaleh, John Butler

Our 2 new activity rooms were finished in time to be used for summer school this year, thanks be to God!!



The chapel (center room) will be finished in September.



The Lost and Found

is located in the cubby (open closet) at the end of the long hallway in the seating area where the couches are.



Does any of this look familiar? If so, grab it next time you are at church, or let Valerie in the office know to hold it for you. Items are kept for 60 days. office@stathanasius.org



A message from Jill Wallerstedt...

Dearest St. Athanasius Family,

This week I am moving to St. Barbara Monastery in Santa Paula. Mother Victoria is accepting me and Asia Ballew as “lay sisters” for a year. We will take part in the life of the monastery every day and also go into the community to offer works of mercy for the needy in the name of Christ and the monastery.



The vision to begin a Lay Sisterhood comes from monasteries founded by St. Elizabeth the New Martyr in Moscow. After her husband, the Grand Duke Sergei Alexandrovich, was assassinated in 1905, St. Elizabeth became a nun. She used her resources to start the St. Martha and Mary convent which focused on both prayer and social work. Today, there are monasteries in Moscow and Minsk, Belarus, which have both monastic and lay sisters working together. You can read about them at <http://www.alexanderpalace.org/palace/marthamary.html> and http://www.obitel-minsk.by/obitel-minsk_mid2951.html

I believe that we are created by God to live in close community with like-minded people. My three wonderful children live in three different places (Boise, ID; Austin, TX; and Washington DC.) I don't have any family in Santa Barbara. I want to live with like-minded women who want to serve God and the poor. My work with homeless men and women at our St. Brigid Fellowship and at the Santa Barbara Rescue Mission has shown me my gifts from God, and I want to continue to use them in Santa Paula. (I will still work 20 hours a week at the Rescue Mission and come to church here regularly.)

You might have heard that I found a “Tiny House” on sale, and we were able to move it onto the monastery property. God provided everything along the way and I am so grateful to Mitch Denny and Asia for accompanying me and making it happen. We are happy to have visitors – but I don't think we can offer overnight accommodations!

Asia and I covet your prayers as we embark on this adventure. We are representing you and hope to do you proud!



ST. ATHANASIUS

Liturgical Arts Festival

SAVE THE DATES!!! November 11-13, 2016

at St. Athanasius Church

**“Beauty: Seeing & Manifesting the Magnificence of the
Kingdom of God on Earth”**

Keynote speaker: Archimandrite Irenei Steenberg



**Director & Lecturer: St. Cyril & St. Athanasius Institute for
Orthodox Studies in San Francisco**

**Formerly a fellow in Patristics and Early Church History at the University of Oxford and
alternating Chair of Theology at Leeds Trinity University in the United Kingdom,
Fr. Irenei is currently an active speaker and lecturer around the world on Orthodox
theology and practice, and has also been heavily involved in bringing patristic study into
wider access through the internet. He is the founder of www.monachos.net.**

know your
faith

by completing the

St. Stephen's Certificate!



Do you wish to serve the church community via teaching, music, youth ministry, or at the altar?
-OR-

Do you desire a deeper understanding of the church and its history, teachings, and liturgics, to enhance your own spiritual growth?

The St. Stephen's Certificate, offered through the Antiochian House of Studies, is an intensive three-year course for laymen or clergy interested in a rigorous introduction to Orthodox faith and practice.

Normally a self-directed course, we would like to start a group of people meeting at St. Athanasius who wish to complete this course together. Weekly discussions will help us digest the material and work as a team to complete our certificate.

If interested, please email Michael Easbey at measbey@gmail.com. The goal is to meet on Sundays shortly after the Liturgy, but we are open to suggestions!

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Kh. Mary Sue W.
Greg & Margaret Y.
Hoppe Family

Gail S.
Dean & Penny B.
Kevin & Angel S.
Mary
Susan B.
Baby Christian F.
Duane F.
Galina, Nikolai & Nataliya
Olga Marie G.

Mike, Trevor & Adam
Emily F.
Joan T.
Terri-Lynn & Hannah Rose H.
Silvia Y.
Manny
Philip E.
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Jeff E., Victims of the shooting in Orlando, All who have died in the conflicts in the Ukraine, Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS BOOK CENTER** *
* The church bookstore is located in the foyer of the fellowship hall. The two *
* enclosed cabinets hold icons, books, and other items that are FOR SALE. *
* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- *
* ment should be made at time of purchase and placed in the brown lockbox *
* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. *
* Athanasius Book Center." *
* **All proceeds go to the parish Building Fund.** *



HOLY SPIRIT

COME
AND
ABIDE
IN
US

