

### St. Athanasius Antiochian Orthodox Church

300 Sumida Gardens Lane Santa Barbara, CA 93111 **Office hours:** Tues-Fri. 12:00—5:00 p.m.

### **Senior Pastor:**

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

### **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-968-2448 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

#### Deacons:

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

#### **Music Director/Administrator:**

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

#### **Parish Council:**

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

### LITURGY OF ST. JOHN CHRYSOSTOM Sunday, June 28, 2015

Tone 3 / Eothinon 4; Fourth Sunday after Pentecost & Fourth Sunday of Matthew

Recovery of the relics of Cyrus & John the Unmercenaries;
Martyr Papios; Paul the Physician of Corinth;
Venerable Moses the Anchorite;
Ven. Sergios and Herman, Wonderworking abbots of Valaam



### **WELCOME TO OUR VISITORS!**

We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!

### Calendar for this Week

Fr. Nicholas & Kh. Jan will be in Orange County June 30-July 4 for the Diocesan Parish Life Conference.

### Sunday, June 28-NATHAN HOPPE VISITING

9:00 a.m. Matins/NO RELIGIOUS ED
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

### Monday, June 29—SUMMER SCHOOL

6:45 a.m. Daily Matins 8:45-11:30 a.m. Summer School

5:00 p.m. Outreach Meal at St. Michaels'

University Church in Isla Vista

6:00 p.m. Liturgy for SS. Peter & Paul

### Tuesday, June 30

8:45 a.m.-2 p.m. Summer School 5:30 p.m. Daily Vespers

### Wednesday, July 1

### PARISH LIFE CONFERENCE BEGINS

6:45 a.m. Daily Matins 8:45-11:30 a.m. Summer School

12:00 p.m. Women's Prayer Group

### Thursday, July 2-St. John Maximovich feast day

### **PARISH LIFE CONFERENCE** 5:30 p.m. Daily Vespers

8:45 a.m.-2 p.m. Summer School 7:00 p.m. Choir Rehearsal

### Friday, July 3

### PARISH LIFE CONFERENCE

6:45 a.m. Daily Matins 8:45 a.m.-2 p.m. Summer School

### Saturday, July 4

### PARISH LIFE CONFERENCE

6:00 p.m. Vespers/Confessions

### Sunday, July 5

### PARISH LIFE CONFERENCE

9:00 a.m. Matins/NO RELIGIOUS ED

10:00 a.m. Divine Liturgy 11:45 a.m. Coffee Hour

### Sunday Morning Ministries Schedule

### **Eucharist Bread**

June 28 D. Washburn
July 5 M. Kern
July 12 N. Tinyayeva
July 19 Dn. G. Braun

### **Coffee Hour**

June 28 D. & K. King July 5 Gish

July 12 Young/Madrigal

July 19 Sieck

### **Greeters**

June 28

July 5

G. Shannon/K. King

July 12

Dottie G./P. Morrison

July 19

D. Washburn/D. Lewis

### **Ushers**

June 28
J. King, G. Shannon

July 5
S. Speier, P. Brunner, P. King

July 12
D. Meyer, R. Barre, D. Lewis

July 19
C. Speier, R. Schneider, P. King

### Readers

June 28 T. Harris
June 29 H. Lange (festal Liturgy for SS. Peter & Paul)

July 4 Mark Kern (Vespers)
July 5 M. Kern

July 12 D. Meyer
July 18 H. Lange
July 19 D. Washburn

### At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

### THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

#### **GREAT LITANY**

### FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]
- Vs. Glory...now & ever...Amen. [Refrain]

### SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

- Vs. For He hath established the world which shall not be shaken. [Refrain]
- Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### THIRD ANTIPHON—The Beatitudes or "Sermon on the Mount"

In Thy kingdom remember us, O Lord,

when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,

for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

### AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

### Troparion of the Resurrection (Music on p. 44 of Liturgy book)

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death and become the first born from the dead. He hath delivered us from the depths of Hades, granting the world the great mercy.

### Troparion to St. Athanasius (Music on page 54 of Liturgy Book)

Holy Bishop Athanasius, you became a stronghold of Orthodoxy, strengthening the Church through your divine teachings. Opposing the heretical opinion of Arius,

you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God that He may grant us abundant mercy.

**Tone 3** (Byzantine melody harmonized by Fr. J. Finley)

Tone 3 (Byzantine Melody harmonized by Fr. J. Finley)

### **Kontakion - Ordinary Sundays**

**Tone 4 (Byzantine melody** 

O undisputed intercessor of Christians,

harmonized by F. Karam)

O mediatrix, who is unrejected by the creator.

Turn not away from the voice of our petitions, though we be sinners.

Come to us with aid in time, who cry unto thee in faith,

for thou art good. Hasten to us with intercessions, O Theotokos,

who dost always intercede for those who honor thee.

### TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Page 58 of Liturgy Book)

**Tone 3** (Byzantine melody harmonized by Fr. J. Finley)

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (Ps 46/47:6)

Verse: Clap your hands all you peoples!

Shout to God with a voice of joy! (Ps 46/47:1)

### THE EPISTLE READING Romans 6:18-23

Brethren, having been set free from sin, you have become slaves of righteousness. I am speaking in human terms, because of your natural limitations. For just as you once yielded your members to impurity and to greater and greater iniquity, so now yield your members to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. But then what return did you get from the things of which you are now ashamed? The end of those things is death. But now that you have been set free from sin and have become slaves of God, the return you get is sanctification and its end, eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Chanter: Alleluia, Alleluia, Alleluia! People: Alleluia, Alleluia, Alleluia!

**Verse:** In Thee, O Lord, I have hoped; let me never be ashamed. (Ps. 30/31:1)

**Verse:** Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

### THE GOSPEL READING Matthew 8:5-13

At that time, Jesus entered Capernaum, and a centurion came forward to him, beseeching him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And Jesus said to him, "I will come and heal him." But the centurion answered him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, `Go,' and he goes, and to another, `Come,' and he comes, and to my slave, `Do this,' and he does it." When Jesus heard him, he marveled, and said to those who were following him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.

### Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1)

Alleluia, Alleluia!

Jesus Prayer: O Lord, Jesus Christ, Son of God, have mercy on me, a sinner.

### **HOLY COMMUNION**

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice.

#### LOST AND FOUND

The Lost and Found basket is now located in the foyer near the office, underneath the information table. There is also a clothes rack in the alcove at the far end of the long hallway, next to the little sitting area.

#### **AED**

### (Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office. If an emergency should occur, please ask for assistance from one of the many medical professionals in the parish.

Please do not allow anyone, adults or children, to open the device without assistance.

### CELEBRATTONS for THIS WEEK

### **Wedding Anniversaries**

7/04 Paul & Kirsten Franzen

### **Birthdays**

7/2

6/28	Carol Johnson
6/28	Taylor Speier
6/29	<b>Dorian Easbey</b>
6/29	Seraphima Butler
6/30	Joanne Gish
7/5	Beau Brunner

St. John Maximovich

### **Patronal Feast Days**

6/29	The Apostle Paul	Josh Dillon, Paul Franzen, Stan Friesen, Doug Giordani, Robert Kinman, Paul Wintz
6/29	The Apostle Peter	Hani AbuGhazaleh, Peter Braun, Dean Brunner, Ivan de Bruin, Peter Speier, Hudson Zidek

Lucas AbuGhazaleh, John Butler

### ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: **www.stathanasius.org.** 

Fr. Nicholas and Kh. Jan will be in Orange County June 30-July 4 for the Diocesan Parish Life Conference.

### ST. BARBARA MONASTERY FRIENDS GATHERING TODAY

All are invited to attend the monthly gathering of the Friends of St. Barbara Monastery, today, June 28th. Missionary Nathan Hoppe will give a presentation on "Missions and the Local Eucharistic Community" at 4:00 p.m., followed by Vespers and a potluck supper.

**MADELEINE MEYER will be performing this evening** at 8:00 p.m. at the Soho Restaurant and Music Club, 1221 State Street in Santa Barbara. Admission is \$8.

### FEAST OF SAINTS PETER AND PAUL

We will celebrate the Liturgy for the Feast of SS. Peter and Paul TOMORROW, Monday, June 29th at 6:00 p.m..

### PARISH LIFE CONFERENCE—JULY 1-5 in IRVINE

The Antiochian Diocese of Los Angeles and the West is having its Parish Life Conference in Irvine from July 1-5, 2015, hosted by St. Andrew parish of Riverside. It offers something for everyone this year, including keynote speaker, Fr. Maximos Constas from Mount Athos, Consider attending a little or all of the conference. For more information and to register: www.laplc.org

### **ELCAMINO REAL FESTIVAL**

Thanks to all from our parish who participated in the gathering on June 13th at the Goleta Community Center in Old Town Goleta. This wonderful joint effort was a collaboration between our parish, Goleta Vineyard, Christ the King Episcopal Church and Jubilee Christian Fellowship, and was the first of hopefully many joint outreach activities. We had a delicious BBQ, music, children's activities and great fellowship with our friends and neighbors in Old Town. Glory to God!

### ARCHDIOCESE SACRED MUSIC INSTITUTE

From July 7-12 our Music Director, Valerie, along with Fr. John Finley and 3 members of our choir (John Butler, Verne Gish and Catherine Braun) will be attending the 30th Annual Sacred Music Institute of our Archdiocese at the Antiochian Village in Pennsylvania. Valerie and Fr. John will be presenters. In fact, Fr. John will be presenting the history of the musical development of our parish beginning from its years as the "Evangelical Orthodox Church." We are very excited to share this history with over 100 other musicians from our Archdiocese who will be attending the Institute. Please pray for safe travels for our team.

### Summer School 2015 is in session! Week 1











# Summer School 2015 is in session! Theme: Health & Wellness



Sam Breyfogle of Fairview Gardens talking about organic farming



Stephanie Braun leading a class on health & fitness

### PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

### Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Dn. Richard E.
Kh. Peggy K. and Family
Fr. Gordon & Kh. Mary Sue W.

Greg & Margaret Y.

Hoppe Family Kh. Mary Ellen B.

Gail S.

Dean & Penny

Mary Susan B.

Baby Christian F.

Duane F.

Stan and Donna F.

Molly M. Mikael M.

Angel, Helen and Family

Jim M. Joy

Kh. Marilyn G.

All those suffering and in danger in the Ukraine, Africa, and the Middle East

Ryan Family Terri-Lynn H. Hannah Rose H.

Cole K.

Subdn. Stephen B.

Maria B.

Lisa, Asia, Joe B.

Joanne G. Holly C. Valeria

For repose of the souls of:

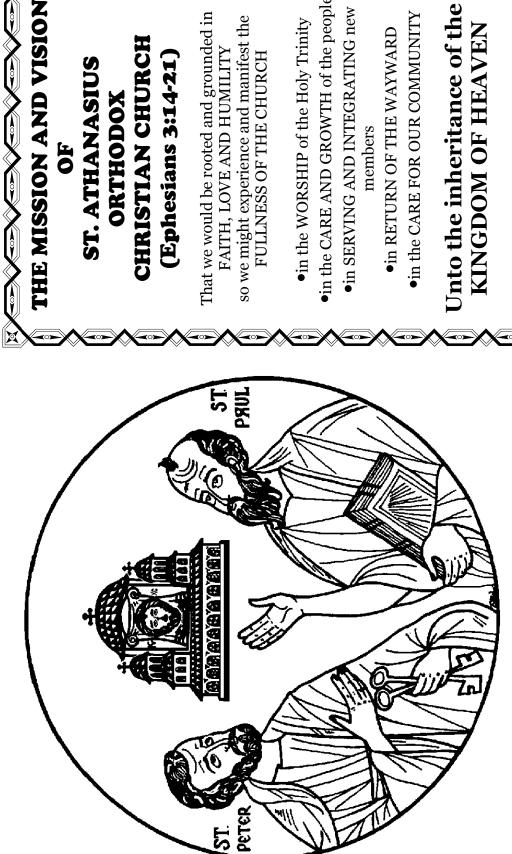
Sohei, All who have died in the conflicts in the Ukraine, Africa & the Middle East

#### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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## THE MISSION AND VISION CHRISTIAN CHURCH (Ephesians 3:14-21) ST. ATHANASIUS ORTHODOX

That we would be rooted and grounded in FAITH, LOVE AND HUMILITY so we might experience and manifest the FULLNESS OF THE CHURCH

•in the CARE AND GROWTH of the people •in SERVING AND INTEGRATING new •in the WORSHIP of the Holy Trinity

•in the CARE FOR OUR COMMUNITY •in RETURN OF THE WAYWARD

members

Unto the inheritance of the KINGDOM OF HEAVEN