

## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
11:00 a.m.—5:00 p.m.

### **Senior Pastor:**

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

### **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-968-2448

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

### **Deacons:**

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

### **Music Director/Administrator:**

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

### **Parish Council:**

Dana Alexander, President

Dan Braun, Treasurer

Douglas Meyer, Secretary

Katie AbuGhazaleh

Karen Jacobs

Jon King

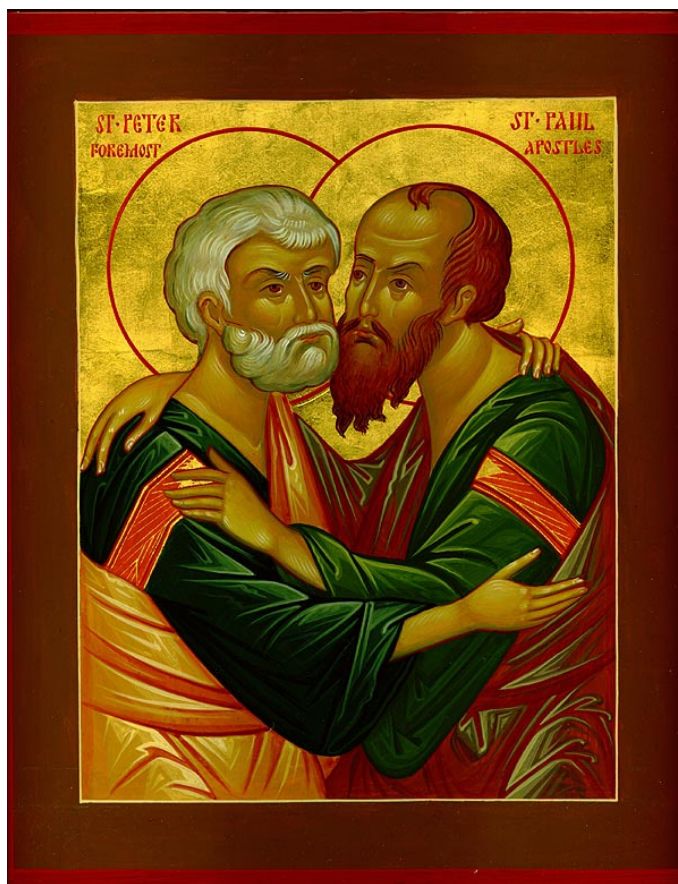
Laurence Lander

Craig Speier

## **LITURGY OF ST. JOHN CHRYSOSTOM**

**Sunday, June 29, 2014**

**The Holy, Glorious Apostles  
Peter and Paul**



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

## **Calendar for this Week**

### **Sunday, June 29-SS. PETER & PAUL** **RELIGIOUS ED. ON SUMMER BREAK**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour-Project Mexico  
Fundraiser  
12:15 p.m. ALL-PARISH MEETING  
4:00 p.m. St. Barbara Monastery Friends  
Gathering

### **Monday, June 30** **SUMMER SCHOOL 8:45-11:30 a.m.**

6:45 a.m. Daily Matins  
5:00 p.m. Outreach Meal at St. Michael's  
University Church in Isla Vista

### **Tuesday, July 1** **SUMMER SCHOOL 8:45am-2pm** **NO DAILY VESPERS**

7:00 p.m. Women's Bible Study

### **Wednesday, July 2—Parish Life Conference** **SUMMER SCHOOL 8:45-11:30 A.M.**

6:45 a.m. Daily Matins  
12:00 p.m. Women's Prayer Group

### **Thursday, July 3—Parish Life Conference** **SUMMER SCHOOL 8:45am-2pm (Zoo Trip)**

5:30 p.m. Daily Vespers

### **Friday, July 4—Parish Life Conference** **SUMMER SCHOOL 8:45am-2pm (Beach)**

6:45 a.m. Daily Matins

### **Saturday, July 5—Parish Life Conference** **RUMMAGE SALE—FUNDRAISER FOR** **MISSION TEAM TO MEXICO**

6:00 p.m. Vespers/Confession

### **Sunday, July 6—Parish Life Conference** **RELIGIOUS ED. ON SUMMER BREAK**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## ***Sunday Morning Ministries*** ***Schedule***

### **Eucharist Bread**

June 29 Tinyayeva  
July 6 Thomas  
July 13 Hedges  
July 20 G. Braun

### **Coffee Hour**

June 29 Project Mexico Team  
July 6 D. King Family  
July 13 Potluck  
July 20 Sieck Family

### **Greeters**

June 29 D. Morrison/D. Genatone  
July 6 D. Washburn/D. Lewis  
July 13 K. & L. Jacobs  
July 20 S. & C. Shackelford

### **Ushers**

June 29 C. Speier, Rita Schneider, P. King  
July 6 Jon King, G. Braun Jr., P. King  
July 13 S. & L. Speier, P. Brunner  
July 20 D. Meyer, R. Barre, D. Lewis

### **LOST AND FOUND**

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

### **AED**

**(Automated External Defibrillator)**

The AED is located in the foyer, on the ledge of the window that looks into the church office.

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

## **THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM**

### **GREAT LITANY**

#### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

#### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath  
girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of  
the holy Theotokos and ever virgin Mary, who without change didst become man and wast cruci-  
fied, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified  
with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY**

#### **Troparion of the Resurrection**

**Tone 2**

**(Music on page 42 of Liturgy Booklet)**

When Thou didst submit Thyself unto death,  
O Thou deathless and immortal One,  
then Thou didst destroy Hell with Thy Godly pow’r,  
and when Thou didst raise the dead from beneath the earth,  
all the pow’rs of heaven did cry aloud unto Thee.  
O Christ, Thou art the Giver of life, glory to Thee.

#### **Troparion for Saints Peter & Paul**

**Tone 4**

First-enthroned of the Apostles,  
and teachers of the universe:  
entreat the Master of all  
to grant peace to the world,//  
and to our souls great mercy!

#### **Troparion to St. Athanasius**

**Tone 3**

**(Music on page 54 of Liturgy Book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,

you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion for Saints Peter and Paul**

**Tone 2**

O Lord, You have taken up to eternal rest  
and to the enjoyment of Your blessings  
the two divinely inspired preachers, the leaders of the Apostles,  
for You have accepted their labors and deaths as a sweet-smelling  
sacrifice,//  
for You alone know what lies in the hearts of men.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)**

**Tone 8**

Their proclamation has gone out into all the earth, and their words to the ends of  
the universe! (*Ps 18/19:4*)

*v: The heavens are telling the glory of God, and the firmament proclaims  
His handiwork. (Ps 18/19:1)*

**THE EPISTLE READING**

**2 Corinthians 11:21-12:9**

Brethren, whatever anyone dares to boast of -- I am speaking as a fool -- I also dare to  
boast of that. Are they Hebrews? So am I. Are they Israelites? So am I. Are they descendants  
of Abraham? So am I. Are they servants of Christ? I am a better one -- I am talking like a mad-  
man -- with far greater labors, far more imprisonments, with countless beatings, and often near  
death. Five times I have received at the hands of the Jews the forty lashes less one. Three times  
I have been beaten with rods; once I was stoned. Three times I have been shipwrecked; a night  
and a day I have been adrift at sea. On frequent journeys, in danger from rivers, danger from  
robbers, danger from my own people, danger from Gentiles, danger in the city, danger in the wil-  
derness, danger at sea, danger from false brethren. In toil and hardship, through many a sleep-  
less night, in hunger and thirst, often without food, in cold and exposure! And, apart from other

things, there is the daily pressure upon me of my anxiety for all the Churches. Who is weak, and I am not weak? Who is made to fall, and I am not indignant?

If I must boast, I will boast of the things that show my weakness. The God and Father of the Lord Jesus, he who is blessed forever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped his hands.

I must boast; there is nothing to be gained by it, but I will go on to visions and revelations of the Lord. I know a man in Christ who fourteen years ago was caught up to the third heaven -- whether in the body or out of the body I do not know, God knows. And I know that this man was caught up into Paradise -- whether in the body or out of the body I do not know, God knows -- and he heard things that cannot be told, which man may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me. And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but he said to me, "My grace is sufficient for you, for My power is made perfect in weakness." I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

### **Alleluia before the Gospel with Psalm Verses**

### **Tone 1**

**Chanter:** Alleluia, Alleluia, Alleluia!

**All:** Alleluia, Alleluia, Alleluia!

*Verse: The heavens will praise Your wonders, O Lord; and Your truth in the congregation of the saints. (Ps 88/89:5)*

*Verse: God is glorified in the council of the saints. (Ps. 88/89:7)*

### **GOSPEL READING**

### **Matthew 16:13-19 "Peter: the Rock"**

At that time, when Jesus came into the district of Caesarea Philippi, He asked His disciples, "Who do men say that I, the Son of Man, am?" And they said, "Some say John the Baptist, others say Elijah, and others Jeremiah or one of the prophets." Jesus said to them, "But who do you say that I am?" Simon Peter replied, "You are the Christ, the Son of the living God." And Jesus answered him, "Blessed are you, Simon Barjona! For flesh and blood has not revealed this to you, but My Father who is in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of hell shall not prevail against it. I will give

you the keys of the kingdom of heaven, and whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven."

### **Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **HOLY COMMUNION**

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

### **Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Their proclamation has gone out into all the earth, and their words to the ends of the universe! (*Ps 18/19:4*) Alleluia, Alleluia, Alleluia!

## **CELEBRATIONS for THIS WEEK**

### **Wedding Anniversaries**

7/04 Paul & Kirsten Franzen

### **Birthdays**

6/29 Dorian Easbey, Seraphima Butler

6/30 Joanne Gish

7/5 Beau Brunner

### **Patronal Feast Days**

**6/29 The Apostle Paul**

Josh Dillon, Paul Franzen, Stan Friesen,  
Doug Giordani, Robert Kinman, Paul Wintz

**6/29 The Apostle Peter**

Hani AbuGhazaleh, Peter Braun, Dean Brunner,  
Ivan de Bruin, Peter Speier, Hudson Zidek

**7/2 St. John Maximovich**

Lucas AbuGhazaleh, John Butler



## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

### **ALL-PARISH MEETING TODAY**

All adult parish members please join us today for the all-parish meeting right after Coffee Hour. We will have an update on the parish finances and begin to talk about financial priorities.

### **OUR PROJECT MEXICO MISSION TEAM NEEDS YOUR HELP!**

If you have not done so already, please support our mission team today with a donation. They will be hosting a light Mexican lunch before the All-Parish Meeting as a fundraiser for their trip to Mexico this summer, during which they will build a house for an impoverished Mexican family.

### **ST. BARBARA MONASTERY FRIENDS GATHERING**

The Monastery Friends will gather today at 4:00 p.m. for a presentation by Fr. Lawrence Russell on "The Gobezie Goshu Home," for the elderly, disabled and children of Ethiopia. Vespers and a potluck will follow the presentation.

**ALL MEMBERS OF OUR PARISH FAMILY ARE INVITED** to attend the baptism of Elias Hedges, newborn son of Ben and Viktoria, on Saturday, July 12th at 9:30 a.m.

### **A BIG THANK YOU to all who helped make our Pentecost celebration so joyful!**

The church was beautifully green, thanks to our liturgical decorating team (Lisa Ballew, Phoebe Lenhart, Rich Barre, and helpers) and to all who brought greenery and flowers as an offering for the feast. The children of the Atrium participated by inviting us to pray for the gifts of the Spirit in our own lives, led by their dedicated catechists, and they sang during Communion and at the potluck. The choir helped us to enter more fully into the melody of prayer, and many parishioners brought festive green deliciousness for the potluck luncheon. It was truly like a second Pascha!!





# PROJECT **MEXICO** 2014!!

We are very excited to be taking a team of fifteen adults and youth down to Rosarito, Mexico this August 13-19th. Please join us in raising the funds needed to get down there and construct a home for a family in need. Here's how you can help:



We are sponsoring today's coffee hour. Get a cuppa joe and a burrito for lunch. All proceeds go to benefit our adventure.



Make a Donation. Please visit our table outside. We accept all major credit cards, as well as pesos.



Huh? How does spring cleaning help? Well, let's just say you've been looking for an alternate home for your clutter. Give it to us! We'll be having a RUMMAGE SALE on SAT. JULY 5th. We're even willing to come pick it up from your porch the morning of July 4th (contact [mitchdennyjr@gmail.com](mailto:mitchdennyjr@gmail.com)).

**Thank you so much for all your support!**

## Frontliners Training

### Up close and Personal with International Orthodox Christian Charities

Last month I had the honor of attending the week-long IOCC Frontliners training. There were twenty “new recruits” present for the first two thirds of the week. We were a group composed of clergy and lay people, many of whom already serve in hospitals, jails, and with law enforcement as chaplains and counselors. The last couple days we were joined by fifty others who had been trained in the past three years, including our own Fr. Jon-Stephen Hedges. We concluded our time together with an exploration of “self-care.” Healers are most effective when healed themselves—or at least beginning this lifetime process!

I have been through many trainings involving the subjects of mental health first aid and disaster medicine, but this was the first time I had ever explored in a classroom the spiritual aspects of what happens to the mind and soul when one’s life view is suddenly turned upside down and one’s belief system may be seriously challenged. It was a wonderful thing to be with other Orthodox Christians to explore common language for our healing work together. To read more about the IOCC training: <http://www.iocc.org/news/6-4-14orthodox-frontline.aspx>

Returning home in the wake of the Isla Vista tragedy, we dug back into the work before us. As we know, events like this do not just affect those directly impacted, but ripple out into the community. Our response can vary depending on our history of exposure to past trauma, life outlook, whatever additional stressors may be already occurring in our lives, and a healthy support system. It is important that we are not alone, but are present with each other in suffering. All of our healing is intertwined! Please pray for the precious work of IOCC and for all of our clergy, who are “first responders” every day! If you would like to hear more about the conference or have been impacted by the recent tragedy and would like to talk, please come see me or Fr. Jon-Stephen. To learn more about what IOCC is doing around the world you can check out their website: <http://www.iocc.org/>

Jennifer (Genevieve) Ferraez, LCSW

### PARISH LIFE CONFERENCE THIS WEEK

Fr. Nicholas and Jan will be attending the Parish Life Conference  
this coming week, Wednesday thru Saturday.

We wish our Bible Bowl team the best in this year’s competition!  
(Luke Speier, Josh Dillon, Jesse Speier & Cole Kronman)

## TEEN SCENE

### JOURNEY TO ADULTHOOD

Schedule of Activities and Service Projects

#### All Teens and their Families

Sunday, 7/13 after church

Friday, 8/8 at Noon

Family Bowling Party

Family Beach Day

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Mother Victoria  
Met. Paul & Abp. John of Syria  
Dn. Richard E.  
Peggy K. and Family  
Fr. Gordon & Mary Sue W.  
The Hartung Family  
Greg & Margaret Y.  
Mary Ellen B.  
Mother Olga

Gail S.  
Dean & Penny  
Olga G.  
Mary & Susan  
Baby Christian F.  
Duane F.  
Susan R.

All those suffering and  
in danger in the Ukraine  
and Syria  
The girls kidnapped in  
Nigeria  
Merian I.  
Isla Vista Community  
Seattle Pacific Univ.  
Community

### **For repose of the souls of:**

Tommy M., Victims of Isla Vista tragedy,  
Paul (student at Seattle Pacific),  
All who have died in the conflict in the Ukraine and Syria

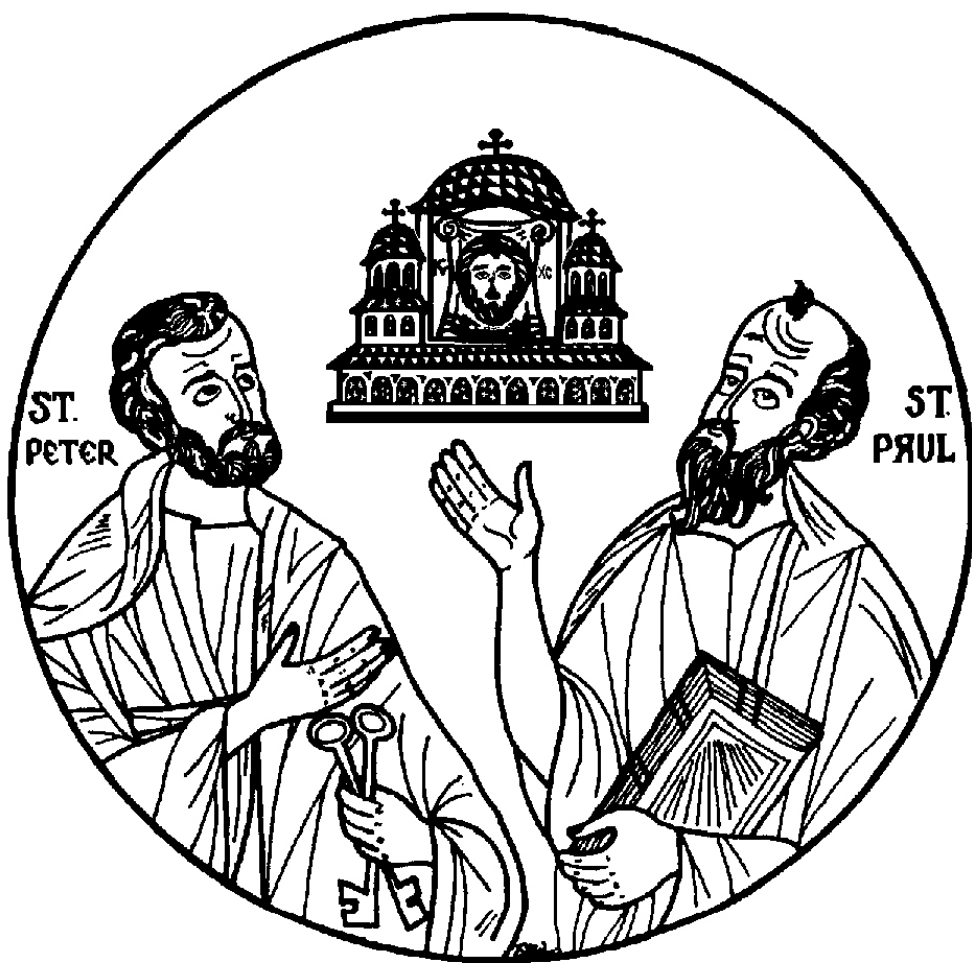
### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

## **ST. ATHANASIOS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to "St. Athanasios Book Center."



-For the children to color during  
the homily or at home -