

ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
11:00 a.m.—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

Dana Alexander, President
Dan Braun, Treasurer
Douglas Meyer, Secretary
Katie AbuGhazaleh
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, July 6, 2014

**Tone 3 / Eothinon 4; Fourth Sunday after Pentecost
& Fourth Sunday of Matthew**

Righteous Father Sisoës the Great of Egypt;
Apostles Archippos, Philemon and Onesimos
of the Seventy; Martyrs Lucy the Virgin,
Rex the Imperial Vicar in Campania and 24 others with
them; Martyrs Apollonius, Epimachus & Alexander



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, July 6—Parish Life Conference

RELIGIOUS ED. ON SUMMER BREAK

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday, July 7

SUMMER SCHOOL 8:45-11:30 a.m.

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michael's
University Church in Isla Vista

Tuesday, July 8

SUMMER SCHOOL 8:45am-2pm

Wednesday, July 9

SUMMER SCHOOL 8:45-11:30 A.M.

6:45 a.m. Daily Matins
12:00 p.m. Women's Prayer Group

Thursday, July 10

SUMMER SCHOOL-TRIP TO MAGIC MOUNTAIN

5:30 p.m. Daily Vespers
7:00 p.m. Choir Rehearsal

Friday, July 11

6:45 a.m. Daily Matins

Saturday, July 12

6:00 p.m. Vespers/Confession

Sunday, July 13

RELIGIOUS ED. ON SUMMER BREAK

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:30 p.m. Teens: Family Bowling Party

Sunday Morning Ministries Schedule

Eucharist Bread

July 6 Thomas
July 13 Hedges
July 20 G. Braun
July 27 Dillon

Coffee Hour

July 6 D. King Family
July 13 Potluck
July 20 Sieck Family
July 27 Harris

Greeters

July 6 D. Washburn/D. Lewis
July 13 K. & L. Jacobs
July 20 S. & C. Shackelford
July 27 D. & D. Alexander

Ushers

July 6 Jon King, G. Braun Jr., P. King
July 13 S. & L. Speier, P. Brunner
July 20 D. Meyer, R. Barre, D. Lewis
July 17 C. Speier, Rita Schneider, P. King

Axios! He is worthy!

May God grant many years to His Eminence, Archbishop JOSEPH, who was appointed by the Holy Synod of Antioch to be the new Metropolitan of the Antiochian Orthodox Christian Archdiocese of North America.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath
girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of
the holy Theotokos and ever virgin Mary, who without change didst become man and wast cruci-
fied, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified
with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection

Tone 3

(Music on page 44 of Liturgy Book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Troparion to St. Sisoës

Tone 1

Dweller of the desert and Angel in the body,
You were shown to be a wonder-worker, our God-bearing Father Si-so-ës.
You received heavenly gifts through fasting, vigil, and prayer:
healing the sick and the souls of those drawn to you by faith.
Glory to Him Who gave your strength!
Glory to Him Who granted you a crown!//
Glory to Him Who through you grants healing to all!

Troparion to St. Athanasius
(Music on page 54 of Liturgy Book)

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)
(Page 58 of Liturgy Book)

Tone 3

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!
Shout to God with a voice of joy! (*Ps 46/47:1*)

THE EPISTLE READING

Romans 6:18-23

Brethren, having been set free from sin, you have become slaves of righteousness. I am speaking in human terms, because of your natural limitations. For just as you once yielded your members to impurity and to greater and greater iniquity, so now yield your members to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. But then what return did you get from the things of which you are now ashamed? The end of those things is death. But now that you have been set free from sin and have become slaves of God, the return you get is sanctification and its end, eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 3

(Music on Page 64 in Liturgy Book)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

GOSPEL READING

Matthew 8:5-13

At that time, Jesus entered Capernaum, and a centurion came forward to him, beseeching him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And Jesus said to him, "I will come and heal him." But the centurion answered him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, he marveled, and said to those who were following him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

7/10 Chris & Christie Robinson
7/12 Jon & Kristin King

Birthdays

7/7 Daniel Giordani, Ekaterina Nikolov
7/9 Laurie Baker
7/11 David Washburn, Dayli Braun, Fr. John Carrillo
7/12 Hani AbuGhazaleh, Paige Zidek
7/13 Darbi Johnson, Larry Lander

Patronal Feast Days

7/11	St. Olga (Elena)	Olguita Gabrie
7/13	Archangel Gabriel	Cheryl Giordani, Gabe Speier, Jamie Van Wagoner

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: **www.stathanasius.org**.

THE BAPTISM OF ELIAS HEDGES, newborn son of Ben and Viktoria, has been moved to Sunday, July 20th, the feast of the Prophet Elias!

CLOSING THE CHURCH P.O. BOX

If you have automatic payments sent from your bank to the church, you will need to change the delivery address by September of this year to:

St. Athanasius Orthodox Church
300 Sumida Gardens Lane
Santa Barbara, CA 93111

We have a secure, locked mailbox on the church property and so we are closing our post office box account.

FAREWELL TO REBEKAH CASH

Two Sundays ago, we bid a fond farewell to Rebekah Cash, who has finished her teaching certification and has accepted a teaching position near Los Angeles. Rebekah has been an invaluable member of our St. Brigid Fellowship and our Teen Leadership Team, and an active parish member since the day of her Chrismation in April of 2012. We will miss the light of her joyful countenance that has shone on us so freely these past several years. May God grant her many years, and His guidance and protection in this next part of her life's journey.

Rebekah's new address is:
350 East Del Mar #317
Pasadena, CA 91101
Email: rebekah.cash.2@gmail.com



2 JOBS AVAILABLE AT RESCUE MISSION

There are two positions open at Santa Barbara Rescue Mission. This is a wonderful place to work, with Christian coworkers and values. **The Operations Assistant** is part time and would be great for a stay-at-home mom or a student who wants extra income. **The Program Clerk and Night Supervisor** includes room and board and \$10/hour for about 20 hours a week work. The Night Supervisor must be a female because it is at our women's residential treatment house. If you are interested in either position, please contact me at jillw@sbrm.org or 805 966-1316 x111

- Jill Wallerstedt

SAVE
THE
DATE
9.19.14

the 3RD ANNUAL
Howard Shannon
GOLF TOURNAMENT

Dinner • Silent Auction

to benefit
THE ST. ATHANASIUS ORTHODOX CHURCH BUILDING FUND

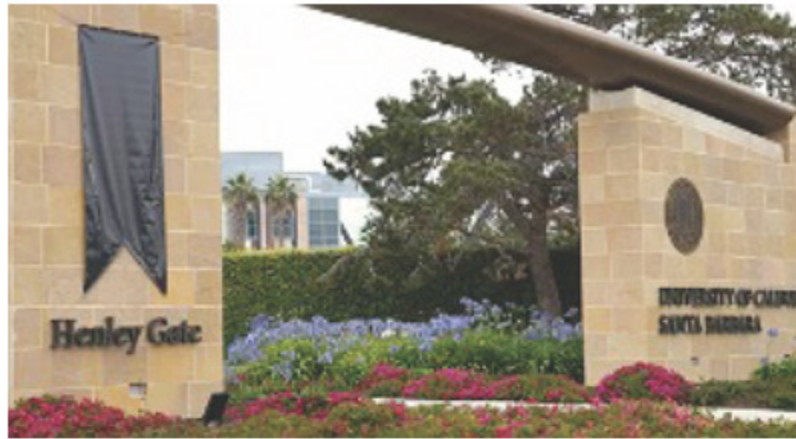
www.stathanasius.org

Glen Annie Golf Club • Santa Barbara, CA

ST. ATHANASIUS
SUMMER SCHOOL FUN
June 23-July 10, 2014



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Disasters and First Responders

Humanities and Social Sciences Building 4080

July 7, 2014 at 1:00pm

You are invited to a panel of first responders in Isla Vista, who provided services in the aftermath of the recent IV shooting as well as other tragedies in our community and around the country. The panel discussion will explore the role of spiritual and emotional caregivers in response to disasters, and how they work with other first responders to serve the needs of the community.

Panel Members

Father Jon-Stephen Hedges, Chaplain for Santa Barbara Sheriff's Office

Reverend Suzanne Malloy, Chaplain, Cottage Hospital, Presbyterian Disaster Assistance

Firefighter Justin Moore, Station 17 (UC-Santa Barbara), SB County

This panel is free and open to the public, For more information, please contact SUSI staff at:

susi.ucsb@gmail.com

805-895-7700

TEEN SCENE

JOURNEY TO ADULTHOOD

Schedule of Activities and Service Projects

All Teens and their Families

Sunday, 7/13 after church

Friday, 8/8 at Noon

Family Bowling Party

Family Beach Day

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Mother Victoria
Met. Paul & Abp. John of Syria
Dn. Richard E.
Peggy K. and Family
Fr. Gordon & Mary Sue W.
The Hartung Family
Greg & Margaret Y.
Mary Ellen B.
Mother Olga

Gail S.
Dean & Penny
Olga G.
Mary & Susan
Baby Christian F.
Duane F.
Susan R.

All those suffering and
in danger in the Ukraine
and Syria
The girls kidnapped in
Nigeria
Merian I.
Isla Vista Community
Seattle Pacific Univ.
Community

For repose of the souls of: Tommy M., Victims of Isla Vista tragedy,
Paul (student at Seattle Pacific),
All who have died in the conflict in the Ukraine and Syria

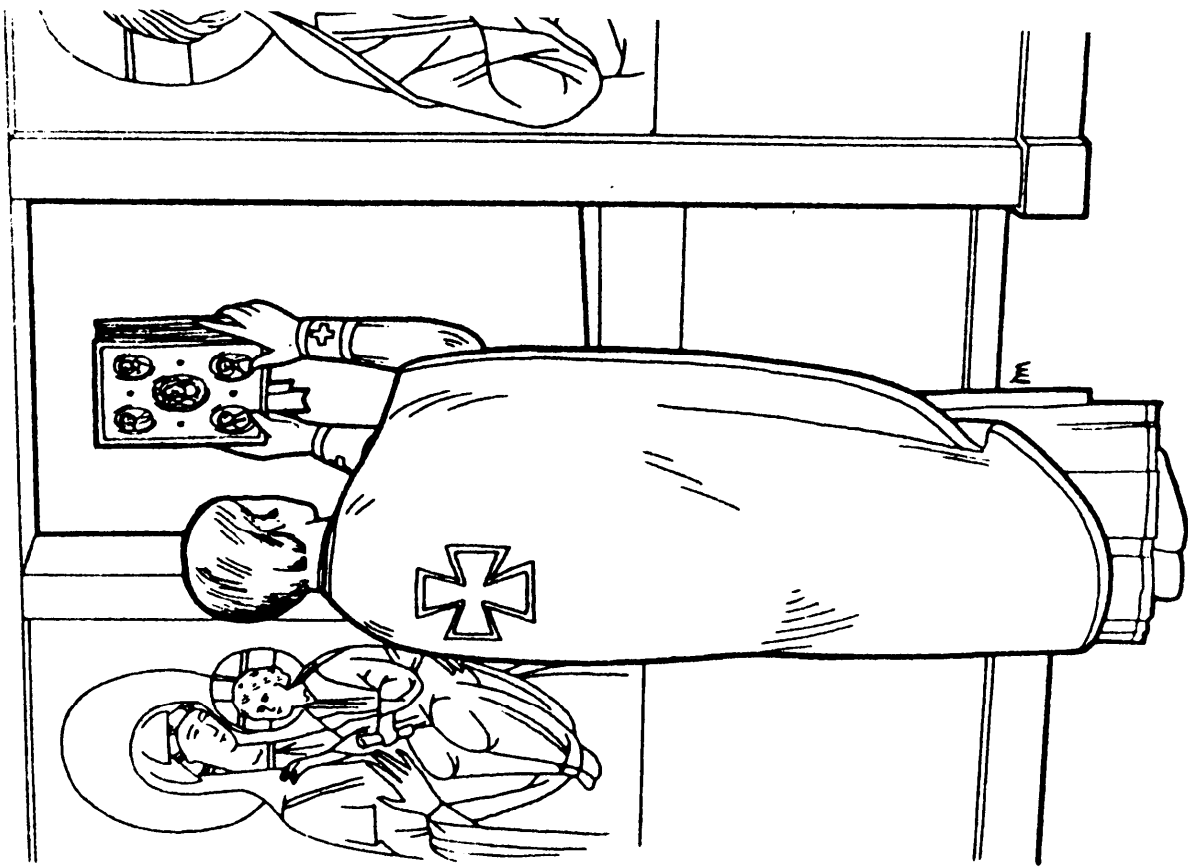
ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedie (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to "St. Athanasius Book Center."



-For the children to color during
the homily or at home -