



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## **Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## **Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## **Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## **Parish Council:**

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## **LITURGY OF ST. JOHN CHRYSOSTOM**

**Sunday, July 12, 2015**

**Tone 5 / Eothinon 6; Sixth Sunday  
after Pentecost  
& Sixth Sunday of Matthew**

Holy Martyrs Proclus and Hilary of Ancyra;  
Veronica, the woman with the issue of blood who was  
healed by our Lord;  
Venerable Father Paisios the New of Athos



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

# Calendar for this Week

The parish office is closed this week.

## Sunday, July 12

9:00 a.m. Matins/NO RELIGIOUS ED  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## Monday, July 13

6:45 a.m. Daily Matins  
5:00 p.m. Outreach Meal at St. Michaels'  
University Church in Isla Vista

## Tuesday, July 14

5:30 p.m. Daily Vespers

## Wednesday, July 15

6:45 a.m. Daily Matins  
12:00 p.m. Women's Prayer Group

## Thursday, July 16

5:30 p.m. Daily Vespers  
7:00 p.m. Choir Rehearsal

## Friday, July 17

6:45 a.m. Daily Matins

## Saturday, July 18

### **FUNDRAISER FOR MISSION TEAM 2015**

6:00 p.m. Vespers/Confessions

## Sunday, July 19

9:00 a.m. Matins/NO RELIGIOUS ED  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

July 12 N. Tinyayeva  
July 19 Dn. G. Braun  
July 26 C. Sieck  
August 2 Dillon

### Coffee Hour

July 12 Young/Madrigal  
July 19 Sieck  
July 26 Cocores  
August 2 C. Shannon

### Greeters

July 12 Dottie G./P. Morrison  
July 19 D. Washburn/D. Lewis  
July 26 K. Fox/P. King  
August 2 L. Baker/P. King

### Ushers

July 12 D. Meyer, R. Barre, D. Lewis  
July 19 C. Speier, R. Schneider, P. King  
July 26 J. King, G. Shannon  
August 2 S. Speier, P. Brunner, P. King

### Readers

July 12 D. Meyer  
July 18 H. Lange  
July 19 D. Washburn  
July 26 D. Alexander  
August 2 R. Barre

**Fr. Nicholas and Jan will be at the Archdiocese  
Convention in Boston from July 19-25.**

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

+

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

## **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY**

#### **Troparion of the Resurrection**

**(Music on p. 47-48 of Liturgy book)**

Let us believers praise and worship the Word,  
co-eternal with the Father and the Spirit,  
born of the Virgin for our salvation.

For He took pleasure in ascending the Cross in the flesh  
to suffer death and to raise the dead by His glorious resurrection.

**Tone 5** (Byzantine melody  
harmonized by Fr. J. Finley)

#### **Troparion to St. Athanasius**

**(Music on page 54 of Liturgy Book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3 (Byzantine Melody**  
harmonized by Fr. J. Finley }

**Kontakion - Ordinary Sundays**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost ever intercede for those who honor thee.

**Tone 4 (Byzantine melody  
armonized by F. Karam)**

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle  
(Page 60 of Liturgy Book)**

**Tone 5** (Byzantine melody  
harmonized by Fr. J. Finley)

Thou O Lord shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

**Verse:** Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

**THE EPISTLE READING****Romans 12:6-14**

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness.

Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality.

Bless those who persecute you; bless and do not curse them.

## Alleluia Refrain and Psalm verses before the Gospel

Tone 5

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

**Verse:** I will sing of the mercies of the Lord forever; with my mouth;  
I will make known Thy faithfulness to all generations. (Ps 88/89:1)

**Verse:** For Thou hast said: "Mercy shall be built up forever;  
In the heavens shall Thy truth be established." (Ps 88/89:2)

## THE GOSPEL READING

### Matthew 9:1-8

At that time, Jesus got into a boat, crossed over and came to His own city. And behold, they brought to Him a paralytic, lying on his bed; and when Jesus saw their faith He said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins" -- He then said to the paralytic -- "Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, who had given such authority to men.

## Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

## Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1)

Alleluia, Alleluia, Alleluia!

Jesus Prayer: O Lord, Jesus Christ, Son of God, have mercy on me, a sinner.

## HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
"Father, bless" when you get to the chalice.*

## LOST AND FOUND

The Lost and Found basket is now located in the foyer near the office, underneath the information table. There is also a clothes rack in the alcove at the far end of the long hallway, next to the little sitting area.

### AED

#### (Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office. If an emergency should occur, please ask for assistance from one of the many medical professionals in the parish.

Please do not allow anyone, adults or children, to open the device without assistance.

## CELEBRATIONS for THIS WEEK

### Wedding Anniversaries

7/12 Jon & Kristin King  
7/16 Kent & Amanda Jacobs

### Birthdays

7/12 Hani AbuGhazaleh, Paige Zidek  
7/13 Darbi Johnson, Larry Lander  
7/15 Juliana Shackelford  
7/16 Mary Gish, Melissa Braun, Rebekah Dillon  
7/17 Carissa Giordani

### Patronal Feast Days

7/13	<b>Archangel Gabriel</b>	Cheryl Giordani, Gabe Speier, Jamie Van Wagoner
7/17	<b>St. Marina of Antioch</b>	Margaret Easbey
7/18	<b>St. Elizabeth the New Martyr</b>	Elizabeth Butler, Carla Harris, Jenny Speier

## INCOME FOR JUNE 2015

	<b>General Operating</b>	<b>Building Fund</b>
Monthly Goal	\$33,000	\$14,120
Monthly Actual	\$34,448	\$10,044

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

### **ARCHDIOCESE SACRED MUSIC INSTITUTE**

Please pray for safe travels for our musicians who are traveling back home today from the Antiochian Village in Pennsylvania, where they have been attending the Archdiocese Sacred Music Institute. (Fr. John Finley, Valerie Yova, Verne Gish, Catherine Braun and John Butler)

Thank you to Reader Howard Lange for leading the music this weekend!

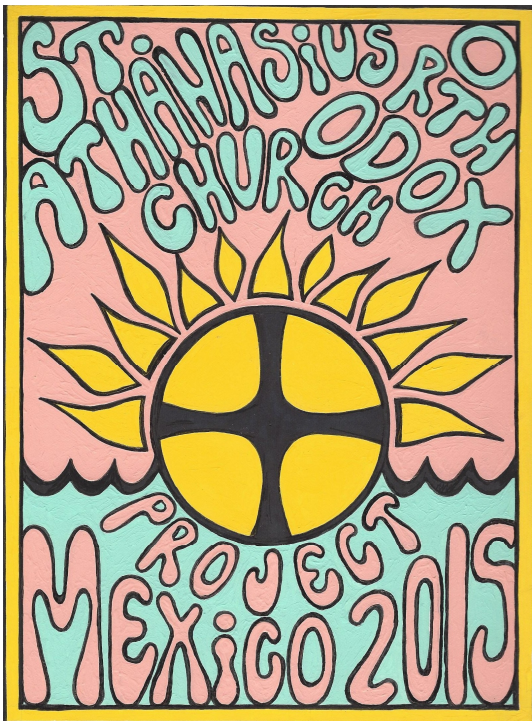
### **PLEASE SUPPORT OUR PROJECT MEXICO MISSION TEAM! HOME-BUILDING TRIP—AUGUST 13-19, 2015**

We have a beautiful new page on our website (thank you, Hani, our amazing webmaster!) so please log on and watch the moving video created by our 2015 mission team members. From that page, you can make a donation towards the trip or order a t-shirt and join the support team of “Prayer Warriors” who will be praying here at home for our team’s safety and spiritual edification. We will wear the t-shirts in support of our team on Sunday, August 9th, the Sunday before they leave for Mexico. The deadline for ordering t-shirts is July 19.

Here is the link to the website page: <https://www.stathanasius.org/missions/project-mexico/>

### **MISSION TEAM FUNDRAISER SATURDAY, JULY 18th**

The Project Mexico team is sponsoring a fundraiser in the church parking lot on Saturday, July 18th to raise money to help cover the \$9,000 plus in expenses for the team, including the cost of the building materials for the house they will construct. The fundraiser will include a garage sale, bake sale, and small farmer’s market.



**ORDER A T-SHIRT AND SUPPORT  
OUR 2015 MISSION TEAM!**

**Order online at:**

**<https://www.stathanasius.org/missions/project-mexico/>**

**T-shirts will arrive by August 4th.**



save the date

09.18.15

THE HOWARD SHANNON  
**GOLF TOURNAMENT & DINNER**

ST. ATHANASIUS ORTHODOX CHURCH BUILDING FUND  
GLEN ANNIE GOLF CLUB SANTA BARBARA

**UPCOMING FEAST DAY CELEBRATIONS**

LOOKING AHEAD...

FEAST OF THE TRANSFIGURATION OF THE LORD

Vesperal Liturgy      Wednesday, August 5th at 6:00 p.m.

FEAST OF THE DORMITION (ASSUMPTION) OF THE MOTHER OF GOD

Divine Liturgy      Saturday, August 15th at 8:00 a.m.

# Summer School 2015

## Thank you to our staff!!

**Fr. Nicholas Speier & Lara Jacobs—Co-directors & Instructors**  
**Chris Dillon, Week 2 Classroom Instructor**

### Guest lecturers:

Dayli Braun, Pizza Guru Restaurant—Eating organic, eating local, going “green”

Gary Braun—CPR Instruction

Stephanie Braun—Fitness, Nutrition

Chantél Cappuccilli—Soccer

Sam Breyfogle, Fairview Gardens-Organic Farming

Dr. Jon King—Dental Health & Hygiene



### **Summer School Teen Assistants**

Asia Ballew

Joe Ballew\*

Tom Ballew

Anna Grace Butler

Amanda Diaz

Adam King

Elleney King

Bella Madrigal

Gianni Madrigal

Peter Speier

Tatiana Speier\*

(\*not pictured here)

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH Mother Victoria Met. Paul & Abp. John Dn. Richard E. Kh. Peggy K. and Family Fr. Gordon & Kh. Mary Sue W. Greg & Margaret Y. Hoppe Family Kh. Mary Ellen B. Gail S. Dean & Penny Mary	Susan B. Baby Christian F. Duane F. Stan and Donna F. Molly M. Mikael M. Angel, Helen and Family Jim M. Joy Kh. Marilyn G.	All those suffering and in danger in the Ukraine, Africa, and the Middle East Ryan Family Terri-Lynn H. Hannah Rose H. Cole K. Subdn. Stephen B. Maria B. Lisa, Asia, Joe B. Joanne G. Holly C. Valeria
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**For repose of the souls of:** Benjamin, Sohei, All who have died in the conflicts in the Ukraine, Africa & the Middle East

### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS BOOK CENTER**  
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The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF.  
Make checks payable to "St. Athanasius Book Center."

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# THE MISSION AND VISION

OF

## ST. ATHANASIUS ORTHODOX CHRISTIAN CHURCH (Ephesians 3:14-21)

That we would be rooted and grounded in  
FAITH, LOVE AND HUMILITY  
so we might experience and manifest the  
FULLNESS OF THE CHURCH

- in the WORSHIP of the Holy Trinity
- in the CARE AND GROWTH of the people
- in SERVING AND INTEGRATING new members
- in RETURN OF THE WAYWARD
- in the CARE FOR OUR COMMUNITY

### Unto the inheritance of the KINGDOM OF HEAVEN

