

## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane Santa Barbara, CA 93111 **Office hours:** Tues-Fri. 12:00—5:00 p.m.

Senior Pastor: Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

#### Deacons:

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

Music Director/Administrator: Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

#### Parish Council:

Douglas Meyer, President Dan Braun, Treasurer Katie AbuGhazaleh, Secretary Richard Barre Catherine Braun Karen Jacobs Jon King Laurence Lander Craig Speier

# LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, July 26, 2015 Tone 7 / Eothinon 8 The Holy Righteous Martyr Paraskeva of Rome & Eighth Sunday of Matthew

Hieromartyrs Hermolaus, Hermippus, and Hermocrates of Nicomedia; Venerable Gerontios, first settler of St. Anne Skete on Athos; Moses the Hungarian; Sabbas III, Archbishop of Serbia; Priest Jacob Netsvetov, Enlightener of the Peoples of Alaska



## WELCOME TO OUR VISITORS!

We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during Communion and to join us at Coffee Hour ~ we'd love to meet you!

## **Calendar for this Week**

Fr. Nicholas and Jan will be at the Archdiocese Convention in Boston from July 19-25.

#### Sunday, July 26

9:00 a.m.	Matins/NO RELIGIOUS ED
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour

#### Monday, July 27

6:45 a.m. Daily Matins5:00 p.m. Outreach Meal at St. Michaels' University Church in Isla Vista

#### Tuesday, July 28

5:30 p.m. Daily Vespers

#### Wednesday, July 29

6:45 a.m. Daily Matins12:00 p.m. Women's Prayer Group

#### Thursday, July 30

5:30 p.m. Daily Vespers7:00 p.m. Choir Rehearsal7:00 p.m. Parish Council Meeting

#### Friday, July 31

6:45 a.m. Daily Matins

#### <u>Saturday, August 1</u>

11:00 a.m. Baptism of Dexton Braun and Daniel Berry
6:00 p.m. Vespers/Confessions

#### Sunday, August 2

9:00 a.m. Matins/NO RELIGIOUS ED
10:00 a.m. Divine Liturgy & Chrismations of Chuck Sasala and Richard Ferraez
11:45 a.m. Coffee Hour

# Sunday Morning Ministries Schedule

#### Eucharist Bread

July 26	C. Sieck
August 2	Fr. Nicholas
August 9	J. Meyer
August 16	Dn. G. Braun

#### **Coffee Hour**

July 26	Cocores/Loulias
August 2	C. Shannon
August 9	AbuGhazaleh/Simonsen
August 16	Gabrie (in memory of Olguita)

#### **Greeters**

July 26	K. Fox/P. King
August 2	L. Baker/P. King
August 9	G. Shannon, Kristin King
August 16	P. Morrison/D. Genatone

#### **Ushers**

July 26	J. King, G. Shannon
August 2	S. Speier, P. Brunner, P. King
August 9	D. Meyer, R. Barre, D. Lewis
August 16	C. Speier, P. King

#### **Readers**

- July 26 August 2 August 5 August 9 August 15 August 16
- D. Alexander
  R. Barre
  P. Braun (Transfiguration)
  V. Gish
  T. Harris (Dormition)
  - D. Meyer

# At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

#### THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

#### **GREAT LITANY**

#### FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

#### Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]
- Vs. Glory...now & ever...Amen. [Refrain]

#### SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

#### Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

- +
- Vs. For He hath established the world which shall not be shaken. [Refrain]
- Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

#### THIRD ANTIPHON—The Beatitudes or "Sermon on the Mount"

After each of the verses sung by antiphonal choirs, the choir and congregation sing the refrain:

#### "Remember us, O Lord, when you come in your Kingdom."

# AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

#### **Resurrectional Troparion** (Music on p. 51 of Liturgy Booklet)

Thou didst shatter death by Thy Cross; Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment bearing women into joy, and didst bid Thine apostles proclaim a warning that Thou hast risen, O Christ, granting the world the great mercy.

#### **Troparion for St. Paraskeva**

Showing a diligence befitting thy calling, O namesake of preparedness, thou hast gained, as thy dwelling, a faith worthy of thy name, O prize-winning Paraskeva. Hence, thou pourest forth healings and intercedest for our souls.

#### Troparion to St. Athanasius (Music on page 54 of Liturgy Book)

Holy Bishop Athanasius, you became a stronghold of Orthodoxy, strengthening the Church through your divine teachings. Opposing the heretical opinion of Arius, you explained and taught that the Son is equal in nature with the Father. O holy Father, intercede with Christ God that He may grant us abundant mercy.

**Tone 7** (Byzantine melody harmonized by Fr. J. Finley)

**Tone 1** (Byzantine chant St. Anthony Monastery)

**Tone 3** (Byzantine Melody harmonized by Fr. J. Finley}

#### **Kontakion - Ordinary Sundays**

**Tone 4** (Byzantine melody harmonized by F. Karam)

O undisputed intercessor of Christians, h O mediatrix, who is unrejected by the creator. Turn not away from the voice of our petitions, though we be sinners. Come to us with aid in time, who cry unto thee in faith, for thou art good. Hasten to us with intercessions, O Theotokos, who dost ever intercede for those who honor thee.

#### TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon:With strength!People:Holy God, Holy Mighty, Holy Immortal, have mercy on us.

#### **Preparatory Psalm Verses before the Epistle**

**Tone 7** (Byzantine melody harmonized by Fr. J. Finley)

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

#### THE EPISTLE READING Galatians 3:23-4:5

Brethren, before faith came, we were confined under the Law, kept under restraint until faith should be revealed. So that the Law was our custodian until Christ came, that we might be justi-fied by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's off-spring, heirs according to promise.

I mean that the heir, as long as he is a child, is no better than a slave, though he is the owner of all the estate; but he is under guardians and trustees until the date set by the father. So with us; when we were children, we were slaves to the elemental spirits of the universe. But when the time had fully come, God sent forth His Son, to redeem those who were under the Law, so that we might receive adoption as sons.

Preparatory Psalm V Chanter: People:	Verses with Alleluia Refrain Before the GospelTone 7Alleluia, Alleluia!Alleluia, Alleluia!Alleluia, Alleluia!Alleluia
Verse:	It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. Alleluia
Verse:	To declare Thy mercy in the morning, and Thy truth in the night. <b>Alleluia</b>

#### THE GOSPEL READING Matthew 14:14-22

At that time, when Jesus went ashore he saw a great throng; and He had compassion on them, and healed their sick. When it was evening, the disciples came to Him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to Him, "We have only five loaves here and two fish." And He said, "Bring them here to Me." Then He ordered the crowds to sit down on the grass; and taking the five loaves and the two fish He looked up to Heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then Jesus made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds.

#### Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

#### **HOLY COMMUNION**

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice.

#### **Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*) Alleluia, Alleluia! Jesus Prayer: O Lord, Jesus Christ, Son of God, have mercy on me, a sinner.

#### LOST AND FOUND

The Lost and Found basket is now located in the fover near the office, underneath the information table. There is also a clothes rack in the alcove at the far end of the long hallway, next to the little sitting area.

#### AED

#### (Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office. If an emergency should occur, please ask for assistance from one of the many medical professionals in the parish. Please do not allow anyone, adults or children, to open the device without assistance.

# CELEBR ATIONS for THIS WEEK

#### Wedding Anniversaries

- Zach & Sarah Brasel 7/27
- 7/29 Matthew & Kristen Roberts

#### **Birthdays**

- 7/29 **Douglas Meyer**
- Phoebe Lenhart 7/29
- 7/30 **Emily King**
- Dean Papazacharioudakis 7/30
- Jackson Stetler 7/30
- Nikolai Rice 7/30
- 8/1 Michael Andonian

#### Patronal Feast Days

St. Angelina of Serbia 7/30 Angel Speier

**UPCOMING FEAST DAY CELEBRATIONS** LOOKING AHEAD...

FEAST OF THE TRANSFIGURATON OF THE LORD Vesperal Liturgy Wednesday, August 5th at 6:00 p.m.

FEAST OF THE DORMITION (ASSUMPTION) OF THE MOTHER OF GOD Divine Liturgy Saturday, August 15th at 8:00 a.m.

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### **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: **www.stathanasius.org.** 

#### PLEASE SUPPORT OUR PROJECT MEXICO MISSION TEAM! HOME-BUILDING TRIP—AUGUST 13-19, 2015

It it not too late to give a donation to help cover the costs of our upcoming mission trip. Here is the link to the website page: https://www.stathanasius.org/missions/project-mexico/

Thank you! Thank you! Thank you!!

Our rummage and bake sale last weekend brought in \$1,708.50. About 300 people attended our sale here on our church property. Many needy families were able to buy clothes for their families.

All left over rummage went to Alpha Thrift, Medical Network and St. Brigid Fellowship.



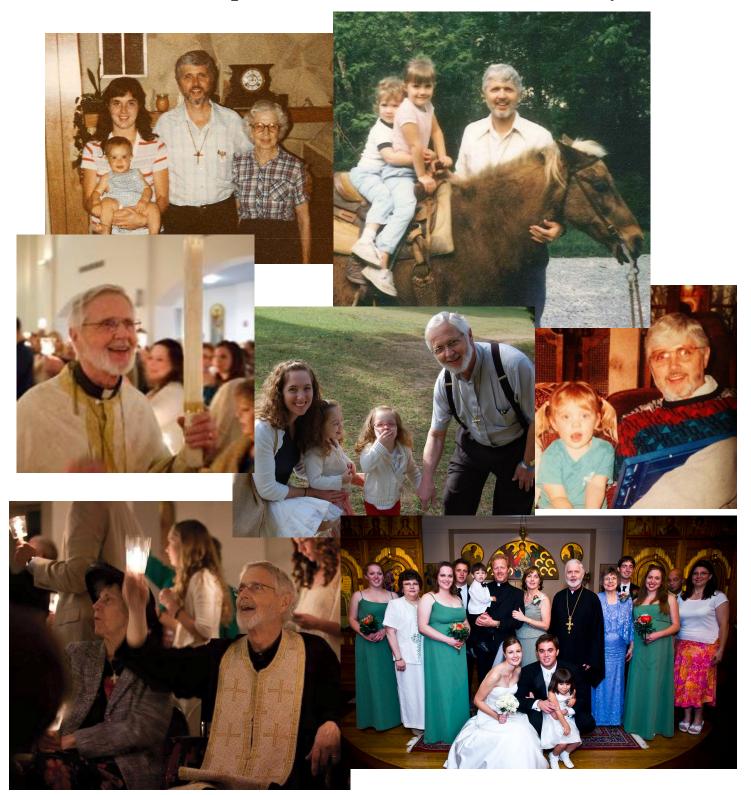
Project Mexico Team 2015

#### ST. BARBARA GREEK ORTHODOX CHURCH—GREEK FESTIVAL at OAK PARK

Saturday, August 1<sup>st</sup> Sunday, August 2<sup>nd</sup> 11 a.m. to 7 p.m. 11 a.m. to 7 p.m.



#### Memory Eternal— Fr. Gordon Walker - One of the priests who led the EOC into Orthodoxy -



Our heartfelt condolences to Fr. Gordon's family, most especially to his wife, Kh. Mary Sue, and to Dn. Gary & Melissa (Walker) Braun and their children, to whom Fr. Gordon was a beloved Grandaddy.



# SAVE THE

DATE!

# ST. ATHANASIUS FAMILY DAY

to celebrate the beginning of the New Liturgical Year

on the church patio Saturday, August 29, 2015 Beginning at 2:00 p.m. and culminating with Vespers. The children will be singing part of Vespers!

Music led by "Uncle" Verne Gish Games led by Fr. Nicholas Chili, salad, bread, brownies, ice-cream, beverages Admission—\$5 \$2/children 7 and younger

Please respond to the Evite to make a reservation, or contact Christie Speier Robinson

#### **PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

#### Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPH Mother Victoria Met. Paul & Abp. John Dn. Richard E. Kh. Peggy K. and Family Kh. Mary Sue W. Greg & Margaret Y. Hoppe Family Kh. Mary Ellen B. Gail S. Dean & Penny Mary Susan B. Baby Christian F. Duane F. Stan and Donna F. Molly M. Mikael M. Angel, Helen and Family Jim M. Joy Kh. Marilyn G. Ryan Family Terri-Lynn H. Hannah Rose H. Holly C. Valeria Tami, Denny, Maddie B. Kevin O. Steve T. All those suffering and in danger in the Ukraine, Africa, and the Middle East

# *For repose of the souls of:* Fr. Gordon W. Ryan B. Benjamin, Sohei, All who have died in the conflicts in the Ukraine, Africa & the Middle East

#### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

