



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Verne Gish
Benjamin Hedges
Kristi King

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, August 7, 2016

**Tone 6 / Eothinon 7; Seventh Sunday after Pentecost
& Seventh Sunday of Matthew**

After-feast of the Transfiguration of Christ

Martyrs Dometios of Persia; Sozon of Nicomedia;
Hieromartyr Narcissos, Patriarch of Jerusalem;
Venerable Theodosios the New of the Peloponnesos;
Nikanor the Wonderworker of Mt. Kalistratos



WELCOME TO OUR VISITORS!

We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion. Please join us at Breakfast ~ we'd love to meet you!

Calendar for this Week

Sunday, August 7

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

Monday, August 8

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michael
University Church in Isla Vista

Tuesday, August 9

5:30 p.m. Daily Vespers

Wednesday, August 10

6:45 a.m. Daily Matins
11 a.m.-1p.m. Shower of Blessings Ministry
12:00 p.m. Intercessory Prayer Group

Thursday, August 11

6:00 p.m. Paraklesis Service

Friday, August 12

6:45 a.m. Daily Matins

Saturday, August 13-St. Maximus the Confessor

1:00-4:00 p.m. Choir Rehearsal
6:00 p.m. Great Vespers/Confessions

Sunday, August 14—Transferrance of the Feast of the Dormition of the Theotokos

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

August 7 Hedges
August 14 Dn. G. Braun
August 21 Meyer
August 28 Sieck

Coffee Hour

August 7 AbuGhazaleh/Simonsen
August 14 Finley Family
August 21 HOST NEEDED
August 28 HOST NEEDED

Greeters

August 7 G. Shannon/K. King
August 14 D. Genatone/P. Morrison
August 21 K. Fox/H. Lange
August 28 Berari, Washburn

Ushers

August 7 R. Barre, D. Lewis, C. Speier
August 14 J. King, D. Washburn, C. Berari
August 21 G. Shannon, S. Speier, P. Brunner
August 28 P. King, D. Meyer, R. Barre

Readers

August 7 H. Lange
August 13 M. Kern (Vespers)
August 14 R. Barre (Dormition)
August 21 D. Washburn
August 28 D. Alexander

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses for the Feast of Transfiguration with Refrain

Vs. Great is the Lord, and greatly to be praised, in the city of our God, in His holy mountain. (Ps. 47:2) Who settest fast the mountains by Thy strength, Who art girded about with power.(Ps. 64:7-8)

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Honor and majesty hast Thou put on, who coverest Thyself with light as with a garment. (Ps. 103:1-2)

The mountains shall rejoice at the presence of the Lord, for He cometh; yea, He is come to judge the earth. (Ps. 97:8-09) [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses for the Feast of Transfiguration with Refrain

Vs. His foundations are in the holy mountains. (Ps. 86:1)

**Refrain: O Son of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. The Lord loveth the gates of Zion more than all the dwellings of Jacob. Glorious things are spoken of thee, O city of God. [Refrain]

Vs. Zion is our mother, a man shall say, and such a man was born in her; and the Most High Himself hath established her. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—Verses with Troparion Refrain for the Feast

Vs. Of Thy mercies, O Lord, will I sing forever. (Ps. 88:2)

Refrain: (See music on page 8 of this bulletin)

**You were transfigured on the mountain, O Christ God,
revealing Your glory to Your disciples, as far as they could bear it.
Let your everlasting light shine upon us sinners,
through the prayers of the Theotokos. Glory to You, O Giver of light!**

Vs. The heavens shall confess Thy wonders, O Lord, and Thy truth in the congregation of saints. **[Refrain]**

Vs. Thine are the heavens, and Thine is the earth; the world and the fullness thereof hast Thou founded. **[Refrain]**

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY:**

**Troparion of the Resurrection
(Music on p. 49 of Liturgy book)**

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Tone 6 Byzantine melody
harmonized by Fr. J. Finley

Troparion of Transfiguration (Music on p. 8 of this bulletin) Tone 7 Carpatho-Russian
You were transfigured on the mountain, O Christ God,
revealing Your glory to Your disciples, as far as they could bear it.
Let your everlasting light
shine upon us sinners,
through the prayers of the Theotokos.
Glory to You, O Giver of light!

**Troparion to St. Athanasius
(Music on page 54 of Liturgy Book)**

Tone 3 Byzantine Melody
harmonized by Fr. J. Finley

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Transfiguration of Our Lord Tone 7 Carpathian Chant

You were transfigured on the mountain, O Christ God,
and Your disciples saw Your glory as far as they were able,
so that when they saw You crucified,
they might know that You suffered voluntarily,
and might proclaim to the world
that You are truly the radiance of the Father.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)
(Page 61 of Liturgy Book)

Tone 6

O Lord save Thy people and bless Thine inheritance. (*PS 27/28:9*)

Verse: *To Thee will I cry, O Lord, O my God,
do not be silent unto me. (PS 27/28:1)*

EPISTLE READING
Romans (15:1-7)

Brethren, we who are strong ought to bear with the failings of the weak, and not to please ourselves; let each of us please his neighbor for his good, to edify him. For Christ did not please himself; but, as it is written, “The reproaches of those who reproached thee fell on me.” For whatever was written in former days was written for our instruction, that by steadfastness and by the encouragement of the scriptures, we might have hope. May the God of steadfastness and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, so that together you may with one voice glorify the God and Father of our Lord Jesus Christ. Welcome one another, therefore, as Christ has welcomed you, for the glory of God.

Alleluia Refrain and Psalm verses before the Gospel
(Music on p. 65 of Liturgy Booklet)

Tone 6

Chanter: Alleluia, Alleluia, Alleluia!
People: Alleluia, Alleluia, Alleluia!

Vs. 1 He Who dwelleth in the help of the Most High shall abide under the shadow of the protection of the God of Heaven. (*Ps 90/91:1*) **Alleluia**

Vs. 2 He will say to the Lord, Thou art my protector and my refuge, my God, in Him will I hope. (*Ps 90/91:2*) **Alleluia**

GOSPEL READING
Matthew (9:27-35)

At that time, as Jesus passed on from there, two blind men followed him, crying aloud: “Have mercy on us, Son of David.” When He entered the house, the blind men came to Him; and Jesus said to them, “Do you believe that I am able to do this?” They said to Him, “Yes, Lord.” Then He touched their eyes, saying, “According to your faith be it done to you.” And their eyes were opened. And Jesus sternly charged them, “See that no one knows it.” But they

went away and spread His fame through all that district. As they were going away, behold, a dumb demoniac was brought to Him. And when the demon had been cast out, the dumb man spoke; and the crowds marveled, saying, “Never was anything like this seen in Israel.” But the Pharisees said, “He casts out demons by the prince of demons.” And Jesus went about all the cities and villages, teaching in their synagogues and preaching the gospel of the kingdom, and healing every disease and every infirmity.

Meglynarion—Hymn to the Mother of God

Magnify, O my soul, the Lord who was transfigured on Mount Tabor!
Your birthgiving was incorruptible!
God came from your body,
and appeared on earth in the flesh,
dwelling among mankind.
Therefore we magnify you,
O Theotokos!

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

O Lord, we shall walk in the light of Your face, and rejoice in Your name all the day.
(*Ps 88/89:15b*)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,

“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

TROPARION of the TRANSFIGURATION

Tone 7,
Carpatho-Russia:

Musical notation for the first line of the troparion, featuring a treble and bass clef with a key signature of one flat. The melody is written in the treble clef, and the bass line is in the bass clef. The lyrics are: YOU WERE TRANS-FI-GURED ON THE MOUN-TAIN, O CHRIST GOD,

Musical notation for the second line of the troparion. The melody continues in the treble clef, with some notes marked with a 'b' for a flat. The lyrics are: REVEAL-ING YOUR GLO-RY TO YOUR DIS-CI -PLES, AS FAR AS THEY

Musical notation for the third line of the troparion. The melody continues in the treble clef. The lyrics are: COULD BEAR IT. LET YOUR E-VER-LASTING LIGHT SHINE U-PON US

Musical notation for the fourth line of the troparion. The melody continues in the treble clef. The lyrics are: SIN - NERS, THROUGH THE PRAYERS OF THE THE - O - TO - KOS.

Musical notation for the fifth line of the troparion. The melody continues in the treble clef. The lyrics are: GLORY TO YOU, O GI - VER OF LIGHT.

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

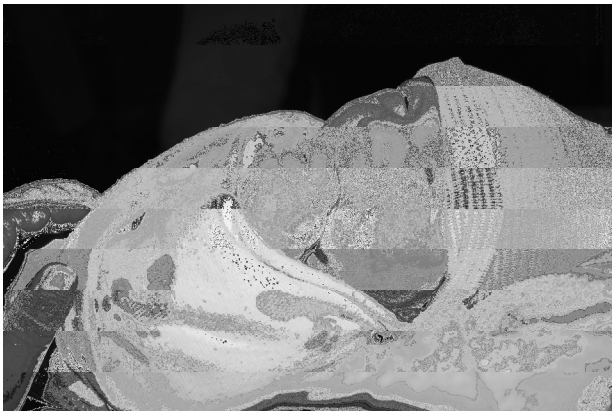
8/10 Dean & Penny Brunner
8/12 Craig & Jennifer Speier

Birthdays

8/7 Howard Lange
8/8 Joshua Kern, Steve Thomas
8/9 Craig Speier, Scott Speier, Verne Gish
8/11 Phyllis Morrison, Aaron Simonsen
8/12 Joshua Dillon
8/13 Lucas AbuGhazaleh, David Dillon

Patronal Feast Days

8/9 **St. Herman of Alaska** Verne Gish



Congratulations and many years to Nathan and Gabriela Wright on the birth of their son, Owain Boniface Wright, on July 25th.

From Gabriela: "Please give our heartfelt thanks to the congregation for their prayers and well-wishes."

UPCOMING FEAST DAY CELEBRATIONS

We will sing the Paraklesis to the Theotokos
on Thursday, August 11 at 6:00 p.m.
in preparation for the Feast of the Dormition

FEAST OF THE DORMITION (ASSUMPTION) OF THE MOTHER OF GOD

Divine Liturgy Sunday, August 14th (transferred from Aug. 15)

Welcomē to our church family, Jerry Jones!



Jerry Jones is not a brand new face at St. Athanasius. He has been here for several extended visits in the past year, trying out Santa Barbara as a possible new home. He made the big leap a few months ago and relocated here from Minneapolis, Minnesota, to be closer to his son, daughter-in-law and grandchildren who live here. Jerry came into the Orthodox Faith on Holy Saturday of 1996 at St. Mary's (OCA) Orthodox Cathedral in Minneapolis. Jerry is a fascinating guy. Take a few minutes at Coffee Hour to get to know him and hear his "story."

A big thank you to...

*...Karen Jacobs and Dr. Jon King for serving for the past 3 years
on the Parish Council.*



Per the parish Constitution and By-laws, they will rotate off of the Council this September and our two newly- elected Council members will take their place. Their expertise and wise counsel have been greatly valued these past three years.



God grant them many years!

Only 6 more weeks to September 16th!

***For the Annual Howard Shannon Golf Tournament,
Dinner & Silent Auction***



NOW IS THE TIME TO.....



FORM YOUR TEAM



REGISTER AND PAY FOR GOLF AND DINNER TICKETS



INVITE YOUR NEIGHBORS AND COWORKERS



ASK FOR SILENT AUCTION ITEMS (check with Terri or Sheri first)

www.stathanasius.org/golf



It's that time again!

Time to sign up to host a

Coffee Hour

during the 2016-2017 Liturgical Year!

We need EVERYONE's participation!

We ask that each parish family/household host or co-host a Coffee Hour once during the year. This is our chance to offer hospitality and to provide the opportunity for fellowship for the whole parish after the Sunday Divine Liturgy. Coffee Hour is an important time for bonding and reaching out to each other. It's also a great way to commemorate a birthday, anniversary, name day or to honor the memory of a departed family member.

If you are not able to host a Coffee Hour on your own, you can sign up to be in the rotation for set-up and take-down or please let Christie Robinson know that you can help when we have parish potlucks.

Wondering what is expected of you?

- Put simply, hosts bring some food and drink, set it up, and clean it up. Some financial assistance is available for those who need it.
- More detailed information will be emailed and posted on the bulletin board.

This past year's coordinators, Christie Speier Robinson and Carla Brunstead, have made it really easy with detailed instructions, reminders the week before you host, and even a **HOW-TO MANUAL with PHOTOS**, located in the little kitchen.

Coffee Hour Advisors

We have a team of Coffee Hour "Advisors" and one of them will be available each Sunday morning to answer any questions the hosts might have. On the team so far: Laurie Baker, Corina Berari, Chantél Cappuccilli, Cheryl Washburn-Lander, Suzi Wiley.

New this past year...

We also have a new team of **SUPERMEN** who rotate each week in helping with set-up and take down of the tables and umbrellas: Michael Andonian, Joe Ballew, Tom Ballew, Nicholas Berari, Ronald Berari, Patrick Gilbert, Tom Jennings, Andre Moskalyk, Edward Severy, David Washburn and Galen Wiley. And Richard Barre, who ALWAYS helps WHEREVER AND WHENEVER NEEDED!!

How to Sign up

Sign-ups will be done online again this year, but you can also sign up on the big bulletin board at the church. Please consult your family calendar, and then use one list or the other to sign up. We will be emailing the link to you, or you can type it into your computer's browser. You can also e-mail a preferred date to christie.d.robinson@gmail.com.

Here is the link:

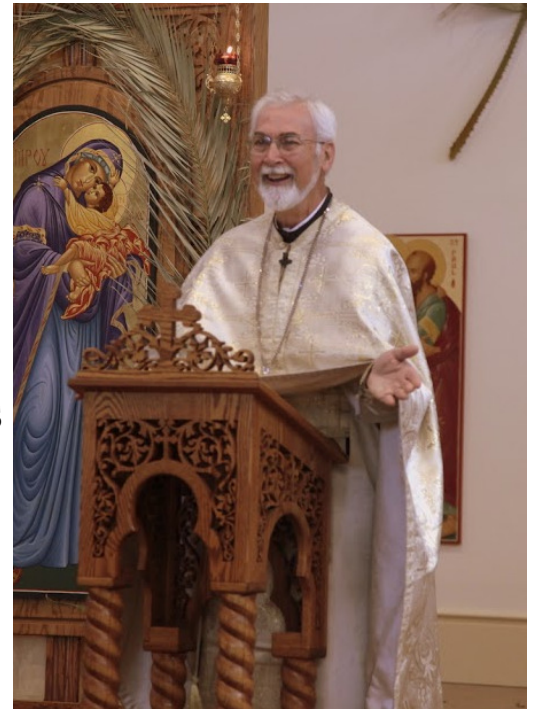
<http://www.signupgenius.com/go/20f0a49a5ab2ba6fc1-coffee>

Many thanks to all of our hosts for 2015-2016 and to all who contributed to our many potlucks during the year!

And many, many thanks to Carla Brunstead, who is going off the Coffee Hour team after 2 years of tireless work helping us get Coffee Hour up and running in our new building!

CONGRATULATIONS & MANY YEARS...

...to Fr. John Finley, who has been appointed as the **Chairman** of the Department of Missions and Evangelism for the Antiochian Archdiocese, effective September 1, 2016.



Fr. John will work closely with Fr. Joseph Huneycutt from Houston, Texas, who has been appointed as the new Vice-Chairman.

May God give them strength, courage and wisdom in their new responsibilities!

INCOME FOR MAY 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$40,133	\$ 12,549

INCOME FOR JUNE 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$29,735	\$ 5,504

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Kh. Mary Sue W.
Greg & Margaret Y.
Hoppe Family

Gail S.
Dean & Penny B.
Kevin & Angel S.
Mary
Susan B.
Baby Christian F.
Duane F.
Galina, Nikolai & Nataliya
Olga Marie G.

Emily F.
Joan T.
Terri-Lynn & Hannah Rose H.
Silvia Y.
Manny
Jared E.
James
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Fr. Jacques—new Martyr of France, William, All who have died in the conflicts in the Ukraine, Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS BOOK CENTER** *
* The church bookstore is located in the foyer of the fellowship hall. The two *
* enclosed cabinets hold icons, books, and other items that are FOR SALE. *
* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- *
* ment should be made at time of purchase and placed in the brown lockbox *
* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. *
* Athanasius Book Center." *
* **All proceeds go to the parish Building Fund.** *

PRAYER IN TIME OF DROUGHT

(Kallistos, Patriarch of Constantinople— circa A.D. 1350)

O Master, Lord our God, who having heard the prayer of Elijah the Tishbite, for the sake of his zeal held back rain from the earth, and again for the sake of his prayer, granted fruit-bearing rain: As You are the Master of All, we entreat You: out of Your deep compassion grant abundant rain to Your inheritance; and, overlooking our sins, send down Your rain on this place. Make glad the face of the earth, for the sake of Your needy people, children, and animals and all others, for they trust in You, that You give them nourishment in due season. For You are our God, a God merciful and quick to save, and unto You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages, Amen.

