



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## **Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## **Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## **Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## **Parish Council:**

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Dottie Genatone  
Verne Gish  
Benjamin Hedges  
Kristi King

## **LITURGY OF ST. JOHN CHRYSOSTOM** Sunday, September 25, 2016

**Tone 5 / Eothinon 3;  
Fourteenth Sunday after Pentecost  
& First Sunday of Luke**

## **Our Righteous Mother Euphrosyne**

Venerable Martyr Paphnoutios of Egypt and those slain with him;  
Repose of Venerable Sergios of Radonezh;  
Translation of the relics of Herman, Archbishop of Kazan



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion. Please join us at Coffee Hour~ we'd love to meet you!*

# ***Calendar for this Week***

## **Sunday, September 25—STEWARDSHIP COMMITMENT SUNDAY**

9:00 a.m. Jr. High/High School Religious  
Education classes  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy/**BLESSING OF  
ALL MINISTRY LEADERS**  
11:45 a.m. Coffee Hour  
4:00 p.m. St. Barbara Monastery Friends

## **Monday, September 26**

6:45 a.m. Daily Matins in the new chapel

## **Tuesday, September 27**

5:30 p.m. Daily Vespers in the new chapel

## **Wednesday, September 28**

6:45 a.m. Daily Matins in the new chapel  
11 a.m.-1p.m. Shower of Blessings Ministry  
12:00 p.m. Intercessory Prayer Group

## **Thursday, September 29**

5:30 p.m. Daily Vespers in the new chapel  
**TEEN NIGHT:**  
6:00-7:30 p.m. Jr. High Group  
6:30-8:30 p.m. High School Group

## **Friday, September 30**

6:45 a.m. Daily Matins in the new chapel

## **Saturday, October 1**

4:30 p.m. ADULT CATECHISM BEGINS  
6:00 p.m. Great Vespers/Confessions

## **Sunday, October 2—**

9:00 a.m. Jr. High/High School Religious  
Education classes//  
**CATECHESIS BEGINS for  
Children 6-12 years old**  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy/**BLESSING OF  
MUSICIANS**  
11:45 a.m. Coffee Hour

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

Sept. 25 Hedges  
October 2 Tinyayeva  
October 9 Fr. Nicholas  
October 16 Sieck

### **Coffee Hour**

Sept. 25 Vander Laan for Freedom Sunday  
October 2 Easbey Family  
October 9 NEED A HOST  
October 16 NEED A HOST

### **Greeters**

Sept. 25 D. Genatone/P. Morrison  
October 2 K. Fox/H. Lange  
October 9 C. Berari/D. Lewis  
October 16 K. & L. Jacobs

### **Ushers**

Sept. 25 D. Meyer, R. Barre, D. Lewis  
October 2 C. Speier, J. King, D. Lewis  
October 9 C. Berari, G. Shannon, S. Speier  
October 16 P. Brunner, P. King, D. Meyer

### **Readers**

Sept. 25 D. Meyer  
October 2 M. Kern  
October 9 D. Alexander  
October 15 R. Barre (Vespers)  
October 16 V. Gish

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son...(See music on next page.)**

# Only-Begotten Son

N. Soloviev

GLO - RY TO THE FATHER AND TO THE SON AND TO THE HOLY SPI - RIT,

NOW AND EVER AND UNTO A - GES OF A - GES. A - MEN.

ON - LY BE - GOT - TEN SON AND IM - MOR - TAL WORD OF GOD,

WHO FOR OUR SAL - VA - TION DIDST WILL TO BE IN - CAR - - NATE

OF THE HO - LY THEOTOKOS AND EVER VIR - GIN MA - - - RY,

WHO WITH - OUT CHANGE DIDST BE-COME MAN AND WAST CRU - - CI - - FIED, V

O CHRIST OUR GOD, TRAMP - LING-DOWN DEATH BY DEATH V WHO ART ONE

OF THE HO - LY TRI - - NI - TY, GLO - RI - FIED WITH THE FATHER AND

THE HO - LY SPI - - - RIT SAVE US.

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY**

#### **Troparion of the Resurrection**

**(Music on p. 47-48 of Liturgy book)**

Let us believers praise and worship the Word,  
co-eternal with the Father and the Spirit,  
born of the Virgin for our salvation.

For He took pleasure in ascending the Cross in the flesh  
to suffer death and to raise the dead by His glorious resurrection.

**Tone 5** Byzantine melody  
harmonized by Fr. J. Finley

#### **Troparion for St. Euphrosyne**

The image of God was truly preserved in you, O Mother,  
for you took up the Cross and followed Christ.

By so doing you taught us to disregard the flesh for it passes away  
but to care instead for the soul, since it is immortal //

Therefore your spirit, venerable Euphrosyne, rejoices with the Angels.

**Tone 8** Serbian Chant

**Troparion to St. Athanasius**  
**(Music on p. 54 of Liturgy book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3** Byzantine melody  
harmonized by Fr. J. Finley

**Kontakion - Ordinary Sundays**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost always intercede for those who honor thee.

**Tone 4** Byzantine melody  
harmonized by F. Karam

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle**  
**(Page 60 of Liturgy book)**

**Tone 5** Byzantine melody  
harmonized by Fr. J. Finley

Thou O Lord shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

**Verse:** Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

**EPISTLE READING**  
**2 Corinthians 1:21-2:4**

Brethren, it is God who establishes us with you in Christ, and has commissioned us; He has put his seal upon us and given us His Spirit in our hearts as a guarantee. But I call God to witness against me—it was to spare you that I refrained from coming to Corinth. Not that we lord it over your faith; we work with you for your joy, for you stand firm in your faith. For I made up my mind not to make you another painful visit. For if I cause you pain, who is there to make me glad but the one whom I have pained? And I wrote as I did, so that when I came I might not suffer pain from those who should have made me rejoice, for I felt sure of all of you, that my joy would be the joy of you all. For I wrote you out of much affliction and anguish of heart and with many tears, not to cause you pain but to let you know the abundant love that I have for you.

**Alleluia Refrain and Psalm verses before the Gospel**

**Tone 5**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** I will sing of the mercies of the Lord forever; with my mouth;  
I will make known Thy faithfulness to all generations. (Ps 88/89:1)

**Verse:** For Thou hast said: “Mercy shall be built up forever;  
In the heavens shall Thy truth be established.” (Ps 88/89:2)

**GOSPEL READING**  
**Luke 5:1-11**

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon’s, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, “Put out into the deep and let down your nets for a catch.” And Simon answered, “Master, we toiled all night and took nothing! But at Thy word I will let down the nets.” And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus’ knees, saying, “Depart from me, for I am a sinful man, O Lord.” For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, “Do not be afraid; henceforth you will be catching men.” And when they had brought their boats to land, they left everything and followed Him.



## Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

## Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia.

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the

priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

### INCOME FOR JULY 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$42,502	\$ 14,396

### INCOME FOR AUGUST 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$35,179	\$ 11,964

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

**ADULT CATECHISM** begins this coming Saturday, October 1st at 4:30 p.m.

**ST. BARBARA MONASTERY FRIENDS** will gather today at 4:00 p.m. for a presentation by Maximus Diaz from St. Andrew's Antiochian Church in Riverside, CA, on "The Ministry of the St. Andrew Burial Society." Vespers and a potluck supper will follow the presentation.

**SEPTEMBER IS STEWARDSHIP MONTH!** For the next month, we will review the concepts of stewardship of our time, talents and treasures, and we will ask each parish family to consider how they may serve in the building up of the parish and God's Kingdom. Each family/household will also be asked to consider how they can support the General Fund and Building Fund in 2017. Please take the time to fill out the commitment form in this week's bulletin, either at church (and drop it in the tithe box), at home and mail it in, or online on the church website. <https://www.stathanasius.org/stewardship/>

### **FOOD & TOILETRIES DRIVE FOR PROJECT MEXICO**

From October 2-16 we will be collecting items on St. Innocent Orphanage's "Most Needed" list. Our goal is to collect 20 boxes (or jumbo bags of rice or beans) so that we can get the free shipping offered to Project Mexico by a local shipping company. A flyer will be distributed at Coffee Hour next week with a shopping list and more details. On Sundays, you can drop off your donated items in the designated area at the end of the long hallway. Help us to provide for the boys at St. Innocent Orphanage during the time of year when donations typically decrease. Growing boys need good nutrition!

## **College Conference 2016**

December 27-30, 2016

Each year during Christmas Break, OCF's College Conference hosts hundreds of college students from across North America for four days of fellowship, education, and prayer.

### **College Conference 2016 Locations**

East: Antiochian Village – Boliver, Pennsylvania

Midwest: St. Iakovos Retreat Center – Kansasville, Wisconsin

West: St. Nicholas Ranch – Dunlap, California

<http://www.ocf.net/college-conference/>

# CELEBRATIONS for THIS WEEK

## Wedding Anniversaries

9/28 Michiel & Andrea de Bruin

## Birthdays

9/27 Gianni Madrigal, Sherie Shackelford  
9/28 Amanda Morrison, Jessica Berari, Dn. John Young  
9/29 Nicole Berari  
9/30 Michael Loulias, Scott Williams  
10/1 Jase Speier  
10/2 Andrew Macdonald

## Patronal Feast Days

9/25 **St. Sergius of Radonezh** Brain Sieck  
9/26 **St. John the Theologian** Douglas Meyer  
9/28 **St. Jerome** Tyson Shackelford  
10/1 **St. Sidonia of Georgia** Suzi Wiley



Dearest St. Athanasius Parish Family,

We would like to invite you to witness the Sacrament of Marriage as we are joined together as husband and wife on Saturday, October 15th at 11:00 a.m. at St. Athanasius Church. Due to financial limitations, the reception is by personal invitation only, but we would be very honored by the presence of anyone in the parish family who would like to join us at the service. We hope to see many of you there!

Noelle Ballew and Edgar Aviles

WITH THE BLESSING OF HIS EMINENCE, METROPOLITAN JOSEPH  
THE YOUNG ADULT MINISTRY PRESENTS

# ORTHODOXY IN THE VINEYARD

**“IN THE WORLD, BUT NOT OF THE WORLD”**

Ever wonder how to be an Orthodox Christian in a materialistic and sometimes superficial world? Meet and hangout with like-minded young adults in beautiful Napa, CA as we address and discuss these common struggles. Then we'll head over to the local vineyard for a wine tasting session and fellowship.

Register early as space is limited!

*Featuring:*

**JACOB SAYLOR**

Pastoral Assistant/Youth Director at  
Assumption Greek Orthodox Church in Scottsdale, Arizona.

**NOV. 5, 2016 | NAPA, CA**

**COST: \$50 | 21+ YOUNG ADULT EVENT**

*Includes bus to/from Napa, Wine Tasting, Lunch and Dinner*

For more info and to register visit [www.dlawyoungadults.com](http://www.dlawyoungadults.com)

Register by Sunday, October 30, 2016

*Orthodox Christian*  
**YOUNG ADULT MINISTRY** †



## **The St. Athanasius Orthodox Church Choir,**

under the direction of Valerie Yova,  
invites you to  
join our team of supporters for

## **"HYMNS WE LOVE TO SING"**

**a recording of Orthodox Christian hymns by American composers including:**

**Very Rev. John D. Finley  
Very Rev. Sergei Glagolev  
Nazo Zakkak  
Vladimir Morosan  
Maia Aprahamian**

**The recording will:**

- **be released in conjunction with our parish's 30th Anniversary in February of 2017**
- **honor our founders**
- **document our musical history and traditions**
- **celebrate our choir's growth and love of singing**

Proceeds from the fundraising campaign and CD sales will be split between our Building Fund and our Music Fund. The Music Fund will be established to support special projects like public outreach concerts and the eventual purchase of a grand piano.

Donations of any size will help us to cover the costs related to sound engineering, editing, rental of our recording venue (Garden Street Chapel at the Santa Barbara Mission) and printing of the first 300 CDs.

The recording will also be available for purchase as an online download.

**You can make a fast and easy donation on the parish website:**

**[www.stathanasus.org/choir-cd/](http://www.stathanasus.org/choir-cd/)**

**or send your donation to:**

St. Athanasius Orthodox Church CD Project,  
300 Sumida Gardens Lane, Santa Barbara, CA 93111



ST. ATHANASIUS

*Liturgical Arts Festival*

**November 11-13, 2016**

*Beauty in Orthodox Spirituality and Worship:  
Manifesting the Kingdom of God on Earth*

**St. Athanasius Antiochian Orthodox Church  
300 Sumida Gardens Lane, Santa Barbara, CA 93111**

*- Produced with the blessing of His Eminence, Metropolitan JOSEPH -*

**Friday, November 11**

- 5:00-6:30 p.m. Church Tours, Bookstore, Icon Exhibit and Vendors
- 6:30-7:00 p.m. Children's Session with **Jane G. Meyer**, Children's Book Author  
\*Jane will read her book, *When God Made You*, to the children.
- 7:00-8:30 p.m. Keynote Address: *Beauty that Transfigures -- Beauty that Saves*  
**Rt. Rev. Archimandrite Irenei Steenberg, Bishop-Elect of Sacramento**  
(Activity for children ages 4-10 yrs. in the classrooms. Children under 4 welcome to attend with a parent. Please register your child in advance at office@stathanasius.org. Please specify ages.)
- 8:30-9:30 p.m. Reception, Bookstore, Icon Exhibit and Vendors following presentation.



Bishop-Elect Irenei Steenberg

**Saturday, November 12**

- 12:00-1:00 p.m. Church Tours, Bookstore, Icon Exhibit and Vendors
- 1:00-2:30 p.m. Christian Church Architecture: *Reflecting the Beauty of the Kingdom in Worship Space* - **Christ J. Kamages, FAIA ACLS**
- 3:00-4:00 p.m. *Fighting for Beauty in a Fallen World* - **Jane G. Meyer, Children's Author**
- 6:00 p.m. Great Vespers
- 7:00 p.m. *From Observation to Experience: Encountering the Beautiful*  
**Rt. Rev. Archimandrite Irenei Steenberg, Bishop-Elect of Sacramento**
- 8:30 p.m. Reception, Bookstore, Icon Exhibit and Vendors following presentation.



Christ Kamages



Jane G. Meyer

**Sunday, November 13**

- 3:00 p.m. **Concert of Sacred Music (Reception following concert)**  
The St. Athanasius Parish Choir, Valerie Yova - Conductor  
The Santa Barbara Catholic Mission Schola, Roy Spicer - Conductor  
Adelfos Ensemble, Temmo Korisheli - Conductor

(\$5 donation for concert, no charge for children 12 yrs. and under, seating first-come/first-served)

**FOR MORE INFORMATION, GO TO: WWW.STATHANASIUS.ORG**  
**office@stathanasius.org 805-685-5400**

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Jon Braun  
Dn. Richard E.  
Kh. Diane C.  
Kh. Mary Sue W.  
Fr. Patrick and Vanessa K.  
Greg & Margaret Y.  
Hoppe Family

Gail S.  
Dean & Penny B.  
Kevin & Angel S.  
Mary  
Susan B.  
Baby Christian F.  
Duane F.  
Galina, Nikolai & Nataliya  
Olga Marie G.  
Emily F.  
Joan T.  
Terri-Lynn & Hannah Rose H.

Silvia Y.  
Manny  
Jared E.  
James  
Alma G.  
Carla H.  
Carla B.  
Zamora Family  
All those suffering and  
in danger in the Ukraine,  
Africa, and the Middle East

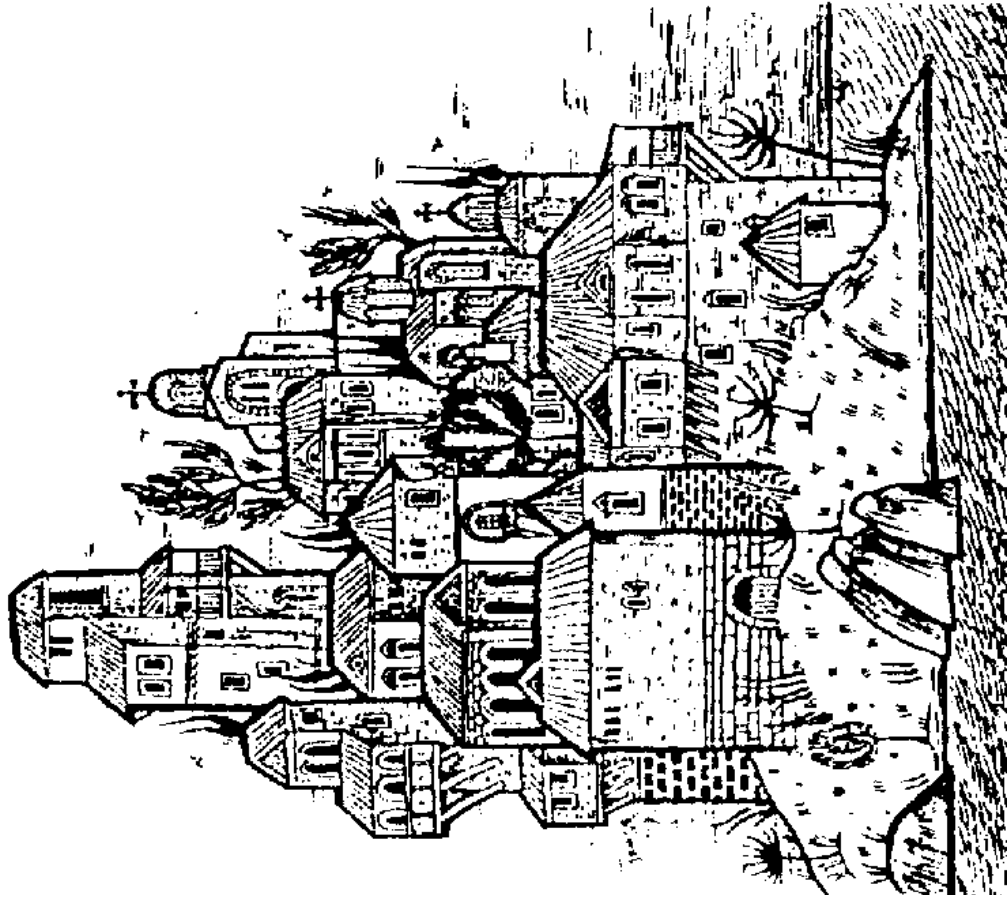
**For repose of the souls of:** Gabriel Z., All who have died in the conflicts in the Ukraine, Africa & the Middle East

### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

\*\*\*\*\*  
\* **ST. ATHANASIUS BOOK CENTER** \*  
\* The church bookstore is located in the foyer of the fellowship hall. The two \*  
\* enclosed cabinets hold icons, books, and other items that are FOR SALE. \*  
\* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- \*  
\* ment should be made at time of purchase and placed in the brown lockbox \*  
\* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. \*  
\* Athanasius Book Center." \*  
\* **All proceeds go to the parish Building Fund.** \*  
\*\*\*\*\*



For the children to color during the sermon or at home.