



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## Parish Council:

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Dottie Genatone  
Benjamin Hedges  
Karen Jacobs  
Jon King

## LITURGY OF ST. JOHN CHRYSOSTOM Sunday, September 27, 2015

**Tone 8 / Eothinon 6; Seventeenth Sunday after  
Pentecost & First Sunday of Luke  
Martyr Kallistratos and the 49 Martyrs with Him**  
The Apostles Aristarchos, Zenon and Mark of the Seventy;  
New-martyr Aquilina of Thessalonica;  
Venerable Ignatius, Abbot in Asia Minor;  
Venerable Savvatiος of Solovky



**The “Visitation” of the Mother of God to her cousin Elizabeth, who was carrying St. John the Baptist in her womb.**

**Pray for sanctity of all life.**

**40 Days for Life Vigil is Sept. 23-Nov. 1, 2015**

## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

# Calendar for this Week

## Sunday, September 27

### Blessing of Ministry Leaders

- 9:00 a.m. Religious Ed classes for teens  
9:00 a.m. Matins/  
10:00 a.m. Divine Liturgy and Blessing of the  
Ministry Leaders  
11:45 a.m. Coffee Hour/ MINISTRIES  
INFORMATION FAIR  
4:00 p.m. St. Barbara Monastery Friends  
Gathering (Fr. Nicholas Speier  
will be the guest speaker: "If God  
is for us, who can be against us?")

## Monday, September 28

- 6:45 a.m. Daily Matins  
5:00 p.m. Outreach Meal at St. Michaels'  
University Church in Isla Vista

## Tuesday, September 29

- 5:30 p.m. Daily Vespers

## Wednesday, September 30

- 6:45 a.m. Daily Matins  
12:00 p.m. Intercessory Prayer Group

## Thursday, October 1

- 5:30 p.m. Daily Vespers  
7:00 p.m. Parish Council Meeting

## Friday, October 2

- 6:45 a.m. Daily Matins

## Saturday, October 3

### PARISH COUNCIL RETREAT

- 6:00 p.m. Vespers/Confessions  
4:30 p.m. Adult Catechism

## Sunday, October 4—Atrium Levels II & II begin

- 9:00 a.m. Religious Ed classes Grades 1-12  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

- September 27 C. Sieck  
October 4 Dillon  
October 11 Meyer  
October 18 Thomas

### Coffee Hour

- September 27 C. & J. Speier  
October 4 P. King  
October 11 POTLUCK—Fall Gathering  
October 18 Kern/Ballew

### Greeters

- September 27 D. Lewis  
October 4 D. Genatone/P. Morrison  
October 11 K. & L. Jacobs  
October 18 K. Fox/ P. King

### Ushers

- September 27 S. Speier, P. Brunner, P. King  
October 4 D. Meyer, G. Shannon, D. Lewis  
October 11 C. Speier, P. King  
October 18 J. King, G. Shannon

### Readers

- September 27 D. Meyer  
October 4 D. Washburn  
October 10 D. Alexander (Great Vespers)  
October 11 R. Barre  
October 18 P. Braun

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.**  
(“Glory to You, Who have shown us the light...” ) followed by the Matins Dismissal  
Troparion. Complete text is in front of Liturgy book.

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**THE LITURGY OF THE WORD**

**THE GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath  
girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]  
Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto  
ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be in-  
carnate of the holy Theotokos and ever-virgin Mary, who without change didst become  
man and wast crucified, O Christ our God, trampling down death by death, who art one of  
the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses is sung by antiphonal choirs, the choir and congregation sing the refrain:

**“Remember us, O Lord, when you come in your Kingdom.”**

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY**

#### **Troparion of the Resurrection**

**(Music on p. 53 of Liturgy book)**

From the heights Thou didst descend,  
O Compassionate One;  
and Thou didst submit to the three day burial,  
that Thou might deliver us from passion.  
Thou art our Life and our Resurrection,  
O Lord, glory to Thee.

**Tone 8** Byzantine melody  
harmonized by Fr. J. Finley

#### **Troparion to St. Athanasius**

**(Music on p. 54 of Liturgy book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3** Byzantine melody  
harmonized by Fr. J. Finley

#### **Kontakion - Ordinary Sundays**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten unto us with intercessions, O Theotokos,  
who dost ever intercede for those who honor thee.

**Tone 4 (Byzantine melody**  
armonized by F. Karam)

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle  
(Page 62 of Liturgy book)**

**Tone 8** Byzantine melody  
harmonized by Fr. J. Finley

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

**Verse:** *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

**EPISTLE READING**

**2 Corinthians 6:16-7:1**

Brethren, we are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be My people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel  
(Music on page 64 of Liturgy Booklet)**

**Tone 8**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior.

**Verse:** Come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

## GOSPEL READING

### Luke 5:1-11

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at your word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed Him.

## LITURGY OF THE FAITHFUL

### Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

### Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia!

Jesus Prayer: O Lord, Jesus Christ, Son of God, have mercy on me, a sinner.

### **HOLY COMMUNION**

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
"Father, bless" when you get to the chalice.*

# CELEBRATIONS for THIS WEEK

## Wedding Anniversaries

9/28 Michiel & Andrea de Bruin

## Birthdays

9/27 Sherie Shackelford

9/28 Amanda Morrison, Jessica Berari, Dn. John Young

9/29 Nicole Berari

9/30 Michael Loulias, Scott Williams

10/1 Jase Speier

10/3 Kassiana Van Wagoner

## Patron Saint Commemorations

9/28 **St. Jerome** Tyson Shackelford

10/2 **St. Justina of Nicomedia** Justina King

## PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the “40 Days for Life Vigil” - September 23-November 1, 2015)

*O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.*

# **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

**TODAY WE WILL BLESS ALL MINISTRY LEADERS at the end of the Liturgy.**

**ST. BARBARA MONASTERY FRIENDS MEET TODAY at 4 p.m.** Fr. Nicholas Speier will speak on "If God is for us, who can be against us?" Vespers will follow the presentation and a potluck supper will be served at 6:00 p.m.

**SEPTEMBER IS STEWARDSHIP MONTH!** This month, we are reviewing the concepts of stewardship of our time, talents and treasures, and we will ask each parish family to prayerfully consider how they are able to contribute to the building up of the parish and God's Kingdom. **Today, you have received a commitment form** regarding your intentions for the coming fiscal year, 2016. This will help the Parish Council to plan better for the coming year. Feel free to drop the form in the tithe box (envelopes provided next to the tithe box). You may also submit this form online through the parish website:

[www.stathanasius.org/stewardship/](http://www.stathanasius.org/stewardship/)

**ADULT CATECHISM BEGINS NEXT SATURDAY, OCT. 3rd**

Join us at 4:30 p.m. on Saturdays from October 4-December 19. Inquirers and those who just want a refresher course are welcome! Please let Fr. Nicholas know if you are planning to attend.

**WE ARE HOSTING THE DIOCESE FALL GATHERING OCTOBER 9-11!**

This year, we have been granted the honor by His Eminence, Metropolitan JOSEPH, to host the Fall Gathering (Western Region Delegates Meeting) the weekend of October 9-11. This is a meeting of the officers of Teen SOYO, Antiochian Women, and the Fellowship of St. John the Divine. We will be hosting the delegates in a reception after Vespers on Friday evening, a dinner after Great Vespers on Saturday evening, and a Potluck after Liturgy on Sunday. We are expecting 80-120 people to be visiting our parish for services that weekend and Metropolitan Joseph will be with us for Matins and Divine Liturgy that Sunday. If you are available to help, please speak to Christie Speier Robinson or contact her at [christie.d.robinson@gmail.com](mailto:christie.d.robinson@gmail.com) or [805-455-4312](tel:805-455-4312).

For more information on the Fall Gathering, and a complete schedule, go to: <https://www.stathanasius.org/events/2015-fall-gathering/>

**FROM JAN ISHAM (The iconography who painted the majority of our icons)**

After my mother passed I moved to Indianapolis where my daughter and grandchildren live. My address is:

875 Massachusetts Ave # 311  
Indianapolis IN 46202



40 DAYS FOR LIFE™  
**HELP SAVE LIVES**  
**SEPTEMBER 23 - NOVEMBER 1**

*Join the worldwide  
movement to protect  
mothers and babies*

From **September 23 – November 1**, our community will join with hundreds of other cities participating in *40 Days for Life*, a life-saving campaign made up of three components:



**PRAYER &  
FASTING**



**COMMUNITY  
OUTREACH**

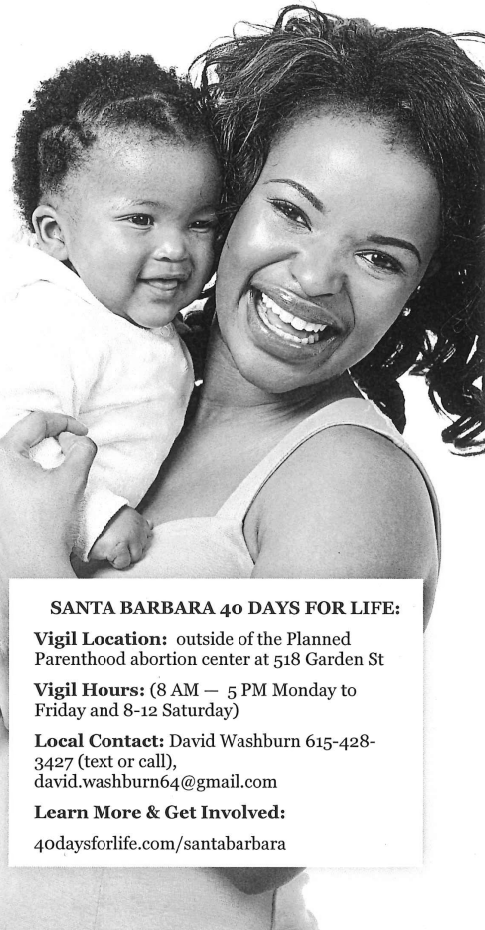


**PEACEFUL  
VIGIL**

*40 Days for Life* is a peaceful pro-life effort made up of more than 625,000 volunteers in 559 cities across 24 nations.

With God's help, *40 Days for Life* has seen proven results: **10,331** babies spared from abortion, **118** abortion worker conversions, and **60** closed abortion centers.

Get involved, and *you* can help save lives!



**SANTA BARBARA 40 DAYS FOR LIFE:**

**Vigil Location:** outside of the Planned Parenthood abortion center at 518 Garden St

**Vigil Hours:** (8 AM – 5 PM Monday to Friday and 8-12 Saturday)

**Local Contact:** David Washburn 615-428-3427 (text or call), david.washburn64@gmail.com

**Learn More & Get Involved:**  
40daysforlife.com/santabarbara

**JOIN US FOR AN ORTHODOX PRAYER SERVICE OCT. 17  
IN FRONT OF PLANNED PARENTHOOD**

Fr. Nicholas and a group of singers from our choir will pray a memorial service in front of Planned Parenthood on Saturday, October 17th at 9:00 a.m. We will also pray for all medical practitioners and staff who have participated in abortions.



**With the blessing of His Eminence, Metropolitan Joseph**  
Archbishop of New York and Metropolitan of all North America

We embark on the annual Pilgrimage to St. Paisius Monastery

**“With Faith and Love Draw Near”**  
**October 30-November 1, 2015**



*Presenting an Icon of St. Raphael of Brooklyn to St. Paisius Monastery  
in Celebration of the Centennial Jubilee of St. Raphael's Repose*

**Friday, October 30, 2015 – DEPARTURE (times are sharp)**

6:00 AM – Departure from St. Steven's Serbian Orthodox Cathedral – 1621 W. Garvey Ave., Alhambra, 91803

6:45 AM – Riverside/OC group pick up at St. Andrew's – 4700 Canyon Crest Dr., Riverside, 92507

Phoenix lunch stop – Lunch is included

4:00 PM – Arrival at St. Paisius Serbian Orthodox Monastery, Safford, AZ

Evening service, light meal with sisters, check in to hotel

**Saturday, October 31, 2015**

Topic Presentations by Abbess Mihaila and Fr. Dorotheus

Explore the monastery, visit the bookstore, confession

Vespers, light meal, presentation follow-up, group Q&A time

**Sunday, November 1, 2015**

Divine Liturgy and breakfast

Hit the road home!

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**3-day Round Trip Bus Fare: Adults \$130.00 – Children 15 and under \$65.**

Fare includes all transfers, Friday Lunch, snacks and drinks.

‡ Luxury air-conditioned bus with restroom ‡ Seats are limited ‡ Non-refundable bus fare must be paid in advance

‡ In the event of cancellation, your fare will be considered a donation to the monastery ‡

**MAKE BUS FARE CHECKS PAYABLE TO:**

**James Gabrie, 5228 Hartwick Street, Los Angeles, CA 90041**

Springhill Suites Marriott 928-428-6900 ‡ Special Group Rates: King and Double Suites \$94

Use this link to book directly:

OR call hotel directly to reserve your own room using the key code **“MONASTERY TRIP”**

**ROOMS ARE BLOCKED WITH SPECIAL RATES GOOD ONLY UNTIL October 2, 2015!**

For additional general info call Jimmy at (213) 819-2030 OR email Jasminka [jgabrie@earthlink.net](mailto:jgabrie@earthlink.net)

## PRAAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Dn. Richard E.  
Kh. Mary Sue W.  
Greg & Margaret Y.  
Hoppe Family  
Kh. Mary Ellen B.  
Gail S.  
Dean & Penny  
Mary  
Susan B.

Baby Christian F.  
Duane F.  
Stan and Donna F.  
Angel, Helen and Family  
Joy  
Ryan Family  
Terri-Lynn H.  
Hannah Rose H.  
Holly C.  
Valeria  
Tami, Denny, Maddie B.  
Kevin O.

Steve T.  
Temmo K.  
Paige  
Galina, Nikolai & Nataliya  
Nikita  
Marina  
All those suffering and  
in danger in the Ukraine,  
Africa, and the Middle East

**For repose of the souls of:** Roseann B., David W., Ryan B., Jane W.

All who have died in the conflicts in the Ukraine, Africa & the Middle East

### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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\* **ST. ATHANASIUS BOOK CENTER** \*  
\*  
\* The church bookstore is located in the fellowship hall. The two \*  
\* enclosed cabinets hold icons, books, jewelry and other items that \*  
\* are FOR SALE. Payment should be made at time of purchase and \*  
\* placed in the brown lock box ON THE BOOKSTORE SHELF. \*  
\* Make checks payable to "St. Athanasius Book Center." \*  
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**THE MISSION AND VISION  
OF  
ST. ATHANASIUS  
ORTHODOX  
CHRISTIAN CHURCH  
(Ephesians 3:14-21)**

- That we would be rooted and grounded in  
FAITH, LOVE AND HUMILITY  
so we might experience and manifest the  
FULLNESS OF THE CHURCH
- in the WORSHIP of the Holy Trinity
  - in the CARE AND GROWTH of the people
  - in SERVING new members, catechumens,  
inquirers and visitors
  - In SHARING THE ANCIENT FAITH with  
our community, the wayward and seekers
  - In LOVING AND CARING FOR OUR COM-  
MUNITY

**Unto the inheritance of the  
KINGDOM OF HEAVEN**

