



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
11:00 a.m.—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh
Richard Barre
Catherine Braun
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, September 28, 2014

Tone 7 / Eothinon 5;

**Sixteenth Sunday after Pentecost
& First Sunday of Luke**

Venerable Chariton the confessor, Abbot of Palestine;
Prophet Baruch; Venerable Neophytos and Auxentios of
Cyprus; Martyr Heliodoros and companions in Pisidia;
Martyr Wenceslaus, Prince of the Czechs



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, September 28-Blessing of Musicians

9:00 a.m. Religious Ed. (ages 3-18)
9:00 a.m. Matins
10:00 a.m. Divine Liturgy/ 40-day Trisagion
Prayers for Olguita Gabriele
11:45 a.m. Coffee Hour
4:00 p.m. St. Barbara Monastery Friends
Gathering: "Syriac Christendom"
5:30 p.m. Jr. High BBQ

Monday, September 29

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michael's
University Church in Isla Vista

Tuesday, September 30

5:30 p.m. Daily Vespers

Wednesday, October 1

6:45 a.m. Daily Matins
12:00 p.m. Women's Prayer Group

Thursday, October 2

5:30 p.m. Daily Vespers
7:00 p.m. Choir Rehearsal (revised schedule)

Friday, October 3

6:45 a.m. Daily Matins

Saturday, October 4

9:00 a.m.-Noon ALL PARISH MEETING
12:00 p.m. Choir Rehearsal
4:30 P.M. ADULT CATECHISM
6:00 p.m. Great Vespers/Confession

Sunday, October 5

9:00 a.m. Religious Ed. (ages 3-18)
9:00 a.m. Matins
10:00 a.m. Divine Liturgy/
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

September 28 Gabriele
October 5 Gish
October 12 Dillon
October 19 Meyer

Coffee Hour

September 28 Gabriele/Chala in memory of Olguita
October 5 Ballew/Kern
October 12 NEED A HOST
October 19 C. & C. Robinson

Greeters

September 28 D. Washburn/D. Lewis
October 5 L. Baker/P. King
October 12 D. Genatone, P. Morrison
October 19 K. & L. Jacobs

Ushers

September 28 J. King, G. Braun Jr., P. King
October 5 P. Brunner, G. Shannon, P. King
October 12 D. Meyer, R. Barre, D. Lewis
October 19 C. & G. Speier, Rita Schneider

Readers

September 28 D. Washburn

LOST AND FOUND

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

AED

(Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office.

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
("Glory to You, Who have shown us the light..." - Complete text is
in the front of the Liturgy Book.)

THE LITURGY OF THE WORD

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

Music by
P. Mironositsky

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

LITTLE ENTRANCE

**AS THE CLERGY ENTER THE ALTAR, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Resurrectional Troparion

Thou didst shatter death by Thy Cross;
Thou didst open paradise to the thief;
Thou didst turn the sadness of the
ointment bearing women into joy,
and didst bid Thine apostles proclaim
a warning that Thou hast risen, O Christ,
granting the world the great mercy.

Tone 7 (Byzantine melody)
harmonized by Fr. J. Finley)

Troparion for St. Chariton

By a flood of tears you made the desert fertile,
and your longing for God brought forth fruits in abundance.
By the radiance of miracles you illumined the whole universe.//
Our Father Chariton, pray to Christ God to save our souls!

Tone 8 (Serbian Chant)

Troparion to St. Athanasius

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 (Byzantine melody)

harmonized by Fr. J. Finley)

Kontakion - Ordinary Sundays

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

Tone 4 (Byzantine melody)

harmonized by F. Karam)

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle**Tone 7 (Byzantine melody)**

Harmonized by Fr. J. Finley)

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

EPISTLE READING
2 Corinthians 6:1-10 "On Reconciliation"

Brethren, working together with Him, then, we entreat you not to accept the grace of God in vain. For He says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 7

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

Verse: To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

GOSPEL READING
Luke 5:1-11

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at your word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he

fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed Him.

LITURGY OF THE FAITHFUL

The following changeable hymns for the feast are sung after the Anaphora:

Meglynarion (Hymn to the Mother of God)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Hymns sung as the clergy receive the Eucharist for the feast of the Cross

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

The righteous shall be in everlasting remembrance! He shall not fear evil tidings! (*Ps 111/112:6*)

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

9/28 Michiel & Andrea de Bruin

Birthdays

9/28 Amanda Morrison, Jessica Berari Dn. John Young

9/29 Nicole Berari

9/30 Michael Loulias, Scott Williams

10/1 Jase Speier

10/3 Kassiana Van Wagoner

Patron Saint Commemorations

9/28 **St. Jerome** Tyson Shackelford

10/2 **St. Justina of Nicomedia** Justina King

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

TODAY WE WILL BLESS THE MUSICIANS OF THE PARISH (choir members and chanters) in commemoration of the feast day of St. Romanos the Melodist on October 1st.

DURING COFFEE HOUR TODAY, we will show a slide show of Olguita Gabrie's life, compiled by he children. Coffee Hour is hosted in her memory by her family to commemorate her birthday on September 28th and the 40 days since she fell asleep in the Lord. May her memory be eternal!

NEW!! FIRE ON FATHER FOR COLLEGE STUDENTS AND YOUNG ADULTS!

Sunday, October 5th at 5:00 p.m. at Fr. Nicholas and Jan's home.

ST. BARBARA MONASTERY FRIENDS GATHERING IS TODAY. Fr. Yusuf Rassam will speak on **"Syriac Christendom: What is Being Lost And What Can Be Preserved?"** Fr. Yusuf is Pastor of St. Innocent Orthodox Church (OCA) in Tarzana, CA. The presentation will begin at 4:00 PM, followed by Vespers and a potluck supper.

ALL-PARISH MEETING THIS SATURDAY—OCTOBER 4th

We will meet from 9 a.m.-12 noon on Saturday, October 4th for a brief presentation and workshop. The goal of the session is to get feedback on developing priorities for our building project. Coffee and light snacks will be available at 8:30 a.m., and during the break. The meeting will be inside the nave of the church. No food in the nave, please.

COFFEE HOUR HOSTS STILL NEEDED

Please remember to sign up to host a Coffee Hour during the 2014-2015 liturgical year. See the large bulletin board in the hallway for the sign-up list.

DIOCESE FALL GATHERING OCTOBER 10-12

This year's Fall Gathering for our Western Diocese will be hosted by St. James parish in Modesto, CA. The gathering schedule includes meetings of Teen SOYO, the Fellowship of St. John the Divine, the Antiochian Women, and special activities for teens. Fr. Nicholas will attend with a group of our teens. For more information, go to: http://www.antiochianladiocese.org/news_100321_1.html



ST. ATHANASIUS

Liturgical Arts Festival

October 17-19, 2014

Exploring 2,000 years of Orthodox Musical Tradition: When East meets West

300 Sumida Gardens Lane, Santa Barbara, CA 93111

(All lectures free and open to the public.)

Friday, October 17

- 5:00-7:00 p.m. Tours, Bookstore, Exhibits and Vendors
- 7:00-8:30 p.m. Keynote Address: "Worship in the Early Christian Church : Old Testament Influences on New Testament Worship"
Archbishop BENJAMIN (Peterson) of the O.C.A. Western Diocese
- Reception, Bookstore, Exhibits and Vendors following presentation.

Saturday, October 18

- 10:00 a.m.-12 p.m. "Ancient Chant in a Modern World: our received Byzantine Tradition"
Fr. Joseph Morris, Abbot of St. Gregory Palamas Orthodox Monastery, Perrysville, Ohio
- 1:00-3:00 p.m. Tours, Bookstore, Exhibits and Vendors
- 3:00-5:00 p.m. "Orthodoxy moves Westward: Slavic Chant and the Music of the Cathedrals of E. Europe"
Dr. Vladimir Morosan, Pres. of Musica Russica Publishing Company, Dir. -Archangel Voices
- 6:00 p.m. Vespers
- 7:00-9:00 p.m. "America's Voice: When Protestants look Eastward"
Fr. John David Finley - Composer, Priest for Antiochian Archdiocese Dept. of Missions
- Reception, Bookstore, Exhibits and Vendors following presentation.

Sunday, October 19

- 3:00 p.m. Concert of Sacred Music: "From Byzantium to Beverly Hills"
Featuring: Adelfos Ensemble, the St. Athanasius Choir,
and Providence High School School Chamber Choir.
Including Orthodox hymns from the Byzantine and Slavic traditions,
sacred works by contemporary composers John Tavener, Arvo Pärt,
Fr. Sergei Glagolev, Fr. John D. Finley, Nazo Zakkak, and more!

(\$5 donation for concert, no charge for children 12 yrs. and under, seating first-come/first-served)

(Orthodox Music CDs and sheet music will be for sale throughout the 3 days during exhibit hours, courtesy of Musica Russica Publishing. Includes music of the great Slavic composers as well as music in English.)

FOR MORE INFORMATION, GO TO: WWW.STATHANASIUS.ORG OR CALL 805-685-5400

DIRECTORY OF PARISH MEMBERS
WHO OWN A BUSINESS OR HAVE SKILLS/SERVICES TO OFFER

[St. Athanasius Church does not endorse any products or services sold by its parishioners
and is released from any liability related to them.]

If you are an active parish member and would like to be listed,
please send your information to: office@stathanasius.org or leave a note in the tithe box.

Dana Alexander

Career and Life Planning Consulting
Career and Educational Counseling
805-565-6237, dalexand@westmont.edu
Career Counseling, Personal Assessments
Job Search help, (including Resume Writing
and Interviewing, Career Transition Assistance,
Educational Advisement)

Adrian Berari

Kelly Williams Realty
Real Estate Negotiation
805-637-3482, adrian@adrianberari.com

Penny Brunner

"Just Me"
Bridal dress cleaning, boxing and preserving
(and baptismal gowns)
805-968-0655
Very reasonably priced!

Penny Brunner

Baby Class
Instruction in care of newborns/infants
805-968-0655
I have been teaching first-time moms how
to care for their newborn babies for over
35 years. I cover all the basics and try to
direct the moms to sensible baby care.

Jan Finley

Realtor--Central Coast Landmark Properties
(serving the Central Coast since 2001)
PH: 805-698-7549 E-MAIL:
janfinley@comcast.net
www.janfinley.com
www.centralcoastlandmarkproperties.com

Jan Finley

LifeVantage (a Publically Traded Company--
LVFN--Stock Ticker Symbol)
Business Partner
PH: 805-698-7549 E-MAIL:
janfinley@comcast.net
www.lifevantage.com/janfinley
The flagship product of LifeVantage is Protandim,
the first Nrf2 activator focusing on aiding the
body to naturally heal itself and possibly aid with
the reduction or elimination of dependence on
pharmaceuticals.

Carla Harris

Shaklee
Health and Business Mentoring, Natural
Supplements, and Green Cleaners
TheGift@CarlaHarris.biz, 805-569-1335,
TheGift.MyShaklee.com

I love to help people find solutions to health
issues and to protect and build health with pure,
natural products provided by a trusted and
trustworthy company.

Chris Robinson

Will Do It
Affordable Handyman Services
805-294-0950
No job is too big or too small. Specializing in glass
work (windows mirrors, and shower doors).

PRAYER IN PIGMENT:

ORTHODOX ICONOGRAPHY

Exhibit Dates:

August 28, 2014 - October 12, 2014

Location: Voskuyl Library, Westmont College at
Main & Lower Levels

Byzantine Iconography, egg tempera on wood icon boards (with an example of fresco and acrylic icons) painted by the hand of Dorothy Alexander.

~The purpose of this exhibit is to present an opportunity for viewers to pause, rest, and pray—to draw closer to God in the midst of our scheduled lives.~



Schedule of speaking events:

Monday, September 29

† 7:00pm—7:45pm Fr. Josiah Trenham,

A Revelation of Heaven: The Gospel Message Proclaimed by Iconography.

† 7:45pm-8:15pm Dr. Lisa DeBoer, Westmont College History of Art Professor, The Orthodox

Covenant with Icons: How Images Shape a Culture

† 8:15-8:30pm Q & A

For additional information or questions please contact Dorothy Alexander at (805) 563-1446 | dotaalexander@westmont.edu

Voskuyl Library, Westmont College

**955 La Paz Rd., Santa Barbara, CA
93108**

Library/Exhibit Hours: Sunday: 12pm—1am

Monday—Thursday: 7:45—1am

Friday: 7:45am—6pm

& Saturday: 10am—6pm



BLESSING OF MINISTRY TEAM LEADERS

Last Sunday we blessed our Ministry Team leaders as they begin the new Liturgical Year in their leadership roles. May God grant them strength, wisdom and discernment!

We need your help with the Liturgical Arts Festival!

We need volunteers to bring desserts/fruit for the two evening receptions (Friday 10/17 and Saturday 10/18.)

We also need clean-up crews for Friday and Saturday.

Please see the sign-up list on the bulletin board in the hallway and consider helping out.

The Outreach Team

FROM THE GOLF TOURNAMENT COMMITTEE

A great big thanks to all of our parishioners for your support of our Annual Howard Shannon Golf Tournament and Dinner!

We are so grateful to:

- Our corporate sponsors: Gail Shannon and Larry Lander
 - Our many other sponsors (see the sign in the foyer)
 - All who donated or procured items for the raffle,
- Those who golfed and/or invited friends, family and colleagues to golf
 - All who attended the dinner, invited guests or sponsored guests
 - All who participated in the Silent Auction
- Terri Speier & Jenny Speier for assistance with running the auction
 - Those who assisted the committee on the day of the tournament
 - ...And all those who prayed for the success of the tournament!

We will provide a financial report to the parish in the next few weeks.

God bless you!

Dr. Scott Speier, Chairperson
Dorian Easbey
Dr. Jon King
Cheryl Washburn Lander
Sherie Shackelford
Angel Mamey Speier
Jami Stetler

TEEN SCENE

JOURNEY TO ADULTHOOD Schedule of Activities and Service Projects High School —Grades 9-12 Autumn 2014

For more information, contact Lara Jacobs —Teen Program Coordinator

September		
Sunday Sept 21	Kick off Dinner	5:00 pm at the church
October		
Saturday, Oct 25	Teen room service project	12:00 p.m.
Sunday Oct 26	Teen room service project Fire on Father	After Coffee Hour 5:00 p.m. at Fr. Nicholas & Jan's
November		
Sat Nov 1	Broomball	7:15 p.m./\$10 per person
Sun Nov 2	Small groups	TBA
Sunday Nov 16	Fire on Father	5:00 pm at Fr. Nicholas and Jan's house
December		
Sun Dec 7	Transition House shopping	Time and place TBA
Sun Dec 14	Fire on Father	5:00 pm Fr. Nicholas and Jan's house
Sun Dec 21	Xmas party	5:00 pm Teen room

at: cpejacobs@gmail.com

Junior High School—Grades 7-8

Sunday, September 28: BBQ at the church from 5:00 - 6:30 p.m.

Friday, October 10: “Just Dance” night at Dr. Jon and Kristin King’s. 7:00pm

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
of Syria
Dn. Richard E.
Dn. Scott J.
Peggy K. and Family
Fr. Gordon & Mary Sue W.
The Hartung Family
Greg & Margaret Y.

Mary Ellen B.
Gail S.
Dean & Penny
Mary & Susan
Baby Christian F.
Duane F.
Larry L.
Sandy S.
Drew W.
Susan R.

Katie Zoe
Yvette B.
Marliese Z.
All those suffering and
in danger in the Ukraine,
Nigeria, and the
Middle East
Cheri W.
Hoppe Family

For repose of the souls of:

Fr. Paul Schneirla, Olga Gabrie, Rosella K. (Mick Kronman's mother) All who have died in the conflicts in the Ukraine, Syria and Palestine

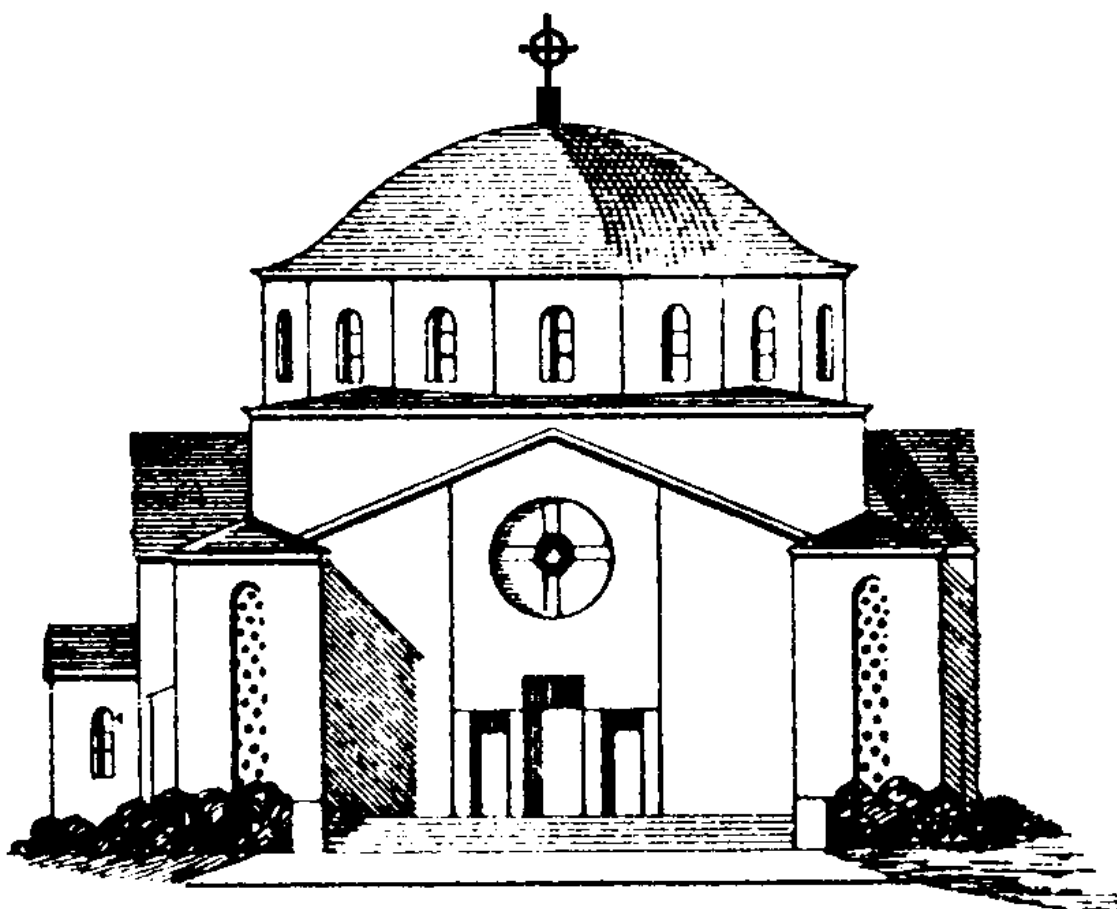
ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to "St. Athanasius Book Center."



FOR THE CHILDREN TO COLOR

DURING THE HOMILY OR AT HOME -