

ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

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5580 Calle Real
Goleta, CA 93111-1646
Office hours: Tues-Fri.
11:00 a.m.—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

Dana Alexander, President
Dan Braun, Treasurer
Douglas Meyer, Secretary
Katie AbuGhazaleh
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, September 29, 2013

**Tone 5 / Eothinon 3; Fourteenth Sunday
after Pentecost & Second Sunday of Luke**

Venerable Kyriakos the Hermit of Palestine,
Martyr Petronia and those with her in Palestine;

Mother Mary the Hermit of Palestine;

Martyrs Gudelia, Casdous, Casdoa,

Gargalus, Dada and Gobdelaas of Persia



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, September 29

Blessing of the Musicians

8:45 a.m. Religious Ed. 3 yrs-High School
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:45 a.m. Coffee Hour at Hollister building
 5-7 p.m. "Fire on Father" for teens in grades 9-12

Monday, September 30

6:45 a.m. Daily Matins
 5:00 p.m. Outreach Meal at St. Michael's University Church in Isla Vista

Tuesday, October 1

3:00 p.m. Catechesis Level I
 5:30 p.m. Daily Vespers
 7:00 p.m. Catechists Meeting

Wednesday, October 2

6:45 a.m. Daily Matins
 12:00 p.m. Women's Prayer Group

Thursday, October 3

5:30 p.m. Daily Vespers
 7:00 p.m. Choir Rehearsal

Friday, October 4

6:45 a.m. Daily Matins

Saturday, October 5

J2A Retreat/Camping Trip

9:00 a.m. Parish Council Retreat
 4:30 p.m. Adult Catechism
 6:00 p.m. Great Vespers/Confession
 7-8:00 p.m. Rite13 Dinner & Wii

Sunday, October 6

Atrium Open House

J2A Retreat/Camping Trip

8:45 a.m. Religious Ed. 3 yrs- High School
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:45 a.m. Coffee Hour
 12:00 p.m. Choir Rehearsal

Sunday Morning Ministries Schedule

Eucharist Bread

September 29 Gish
 October 6 Dn. G. Braun and Meyer
 October 13 Dillon
 October 20 Tinyayeva

Coffee Hour

September 29 Choir/Junior Highers
 (Commemorating St. Romanos)
AT THE NEW BUILDING
 October 6 Giordani Family
 October 13 Craig Speier Family
 October 20 Ballew & Kern Families

Greeters

September 29 P. Morrison & D. Genatone
 October 6 P. King & P. Matthews
 October 13 K. & L. Jacobs
 October 20 D. Washburn & D. Lewis

Ushers

September 29 Jon King, G. Braun, P. King
 October 6 S. & L. Speier, P. Brunner
 October 13 D. Meyer, R. Barre, D. Lewis
 October 20 C. Speier, Rita Schneider, P. King

CHANGEABLE TEXTS FOR THE DAY

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
("Glory to You, Who have shown us the light..." - Complete text is
in the front of the Liturgy Book.)**

THE LITURGY OF THE WORD

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**PROCESSION OF THE CLERGY
AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 5

(Music on p. 47-48 of Liturgy Book)

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.

For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Troparion for Venerable Kyriakos, Hermit of Palestine

Tone 1

Dweller of the desert and angel in the body,

You were shown to be a wonder-worker, our God-bearing Father Kyriakos.

You received heavenly gifts through fasting, vigil, and prayer;
healing the sick and the souls of those drawn to you by faith.

Glory to Him who gave your strength!

Glory to Him Who granted you a crown!

Glory to Him Who through you grants healing to all!

Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays**Tone 4**

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Music on page 60 of Liturgy booklet)****Tone 5**

Thou O Lord shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

Verse: Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

**EPISTLE READING FOR THE DAY
2 Corinthians 1:21-2:4**

Brethren, it is God who establishes us with you in Christ, and has commissioned us; He has put his seal upon us and given us His Spirit in our hearts as a guarantee. But I call God to witness against me -- it was to spare you that I refrained from coming to Corinth. Not that we lord it over your faith; we work with you for your joy, for you stand firm in your faith. For I made up my mind not to make you another painful visit. For if I cause you pain, who is there to make me glad but the one whom I have pained? And I wrote as I did, so that when I came I

might not suffer pain from those who should have made me rejoice, for I felt sure of all of you, that my joy would be the joy of you all. For I wrote you out of much affliction and anguish of heart and with many tears, not to cause you pain but to let you know the abundant love that I have for you.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 5
(Music on page 64 of Liturgy Booklet)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: I will sing of the mercies of the Lord forever; with my mouth
 I will make known Thy faithfulness to all generations. (Ps 88/89:1)
Alleluia...

Verse: For Thou hast said: “Mercy shall be built up forever;
 In the heavens shall Thy truth be established.” (Ps 88/89:2) **Alleluia...**

GOSPLE READING FOR THE WEEK

Luke 6:31-36

The Lord said, “As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful.”

LITURGY OF THE FAITHFUL

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Hymn sung as the clergy receive the Eucharist:

Praise the Lord from the heavens; praise Him in the Highest!

Hymn during Communion of the People

Receive the Body of Christ, taste the fountain of immortality. Alleluia, Alleluia, Alleluia.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

COFFEE HOUR TODAY will be served over at the new church building on Hollister and Sumida Gardens Lane. Come and celebrate the progress! Coffee Hour is being coordinated by the choir in honor of St. Romanos the Melodist (commemorated on October 1) with the much appreciated help of the 7th & 8th grade class. **COFFEE ONLY** will be served after Liturgy in our Calle Real building. Soft drinks and snacks will be served over at the new building. Feel free to grab a quick cup of coffee on your way out!

**FOR THE FALL SEASON OF COFFEE HOURS, we still need hosts for:
November 17 & 24**

Please see the sign-up board in the narthex and help us to fill in the blank Sundays!

MINISTRY BLESSINGS

Today we will bless all those who participate in the Music Ministry of our parish, and who give a significant amount of time to prepare for their responsibility of leading the musical part of our worship services, including Saturday Great Vespers, Sunday Matins and Liturgy, all extra services of Great Lent and Advent, week day feasts, and Daily Vespers and Matins. We give thanks to God for blessing our parish with so many talented singers who are committed to offering their gifts to God.

A NEW CATECHISM/INQUIRERS CLASS began yesterday and will continue on **Saturdays at 4:30 p.m.** Even if you did not sign up for the class, all are welcome to sit in on the class, to learn or refresh!

PARISH COUNCIL RETREAT OCTOBER 5th

The Parish Council will meet on Saturday, October 5th from 9:00 a.m.-12:00 noon, for a retreat/workshop to set goals for the coming year.

FALL WOMEN'S BIBLE STUDY

Ladies, we are gearing up for a 6 week study of the book of Ephesians. We will begin on Monday, October 7th at 7:00 pm. Our last study will be on Monday, November 11th. If you would like to be a part of this time together, please email Karen Jacobs by Monday, September 23rd. Our Spring study of Philippians was a full, enriching time of both study and fellowship. Please consider joining us for our Fall endeavor!

Karen's email: kijacobs@cox.net

WEEKLY BULLETIN

Feel free to take extra bulletins and mail them to friends and family, or forward them the link in the weekly e-mail announcements to the bulletin that is posted each week on our website.

ATRIUM OPEN HOUSE OCTOBER 6

Come and see what an Atrium is and learn a bit about the program that we have adopted in our parish for the spiritual formation of our children — called the “Catechesis of the Good Shepherd.” The teachers will be in their classrooms to welcome you during Coffee Hour that day. There will also be a children’s sermon that day during the Divine Liturgy.

DIOCESAN FALL DELEGATES GATHERING October 11-13, 2013

Our Western Region will gather in Lancaster, CA, at Holy Cross parish on the weekend of October 11-13. The purpose of the Fall Gathering is to help the various organizations and groups within the diocese to plan their activities for the upcoming year. This includes the Teens, Young Adults-St. John the Divine, and the Antiochian Women. The weekend also includes a keynote address by Archbishop JOSEPH, worship services, social events, and even a basketball tournament, plus a “town hall” style meeting to discuss the format of our Parish Life Conferences and Fall Gatherings. A small group of our teens will be attending the gathering this year with Fr. Nicholas.

CELEBRATIONS for THIS WEEK

Birthdays

9/29	Nicole Berari
9/30	Scott Williams
10/1	Jase Speier
10/3	Kassiana Van Wagoner
10/6	Austin Harris, Holden Dillon

Patron Saint Commemorations

10/2	St . Justina	Justina King
10/6	St. Thomas the Apostle	Tom Johnson, Thomas Ballew, Craig Speier

**Please don't forget to submit any changes
in your contact information**
to the parish office. The phone list and address/e-mail lists
get updated on a regular basis. Thanks for your help!!
Send to: office@stathanasius.org

Are you using the parish website? **www.stathanasius.org**

Here are some things that can now be accessed through the parish website:

- Regularly updated photos of the building project—thanks to Matt Roberts!
 - The weekly bulletin and quarterly newsletter
- A large photo gallery of parish events and liturgical celebrations (Thank you, Judy Braun and all of our amazing photographers!)
 - Resources & educational materials for Lent & Advent
- A regularly updated Master Calendar for the complete Liturgical Year

And in the password-protected section for parish members:

- Parish Council monthly meeting summaries
 - Parish phone list
 - Parish Family Photo Album
- Directory of members who own/operate their own businesses

Many thanks to Hani AbuGhazaleh for giving us such a beautiful and functional website!

“The Sacred, the Profane, and Everything in Between”

**A music seminar for all adults and teens who love music and/
or are interested in learning more!**

Saturday, October 26, 2013

10:00 a.m.-4:00 p.m.

\$5 donation requested at the door — Lunch is included.

We will listen to, explore and discuss:

- A wide variety of musical styles, including rock, pop, blues, jazz, sacred and liturgical;
 - What can be learned from analyzing the lyrics or text of a composition;
 - What inspires the art of composition;
 - “Para-liturgical” music, or faith-based music not used in worship;
 - How and why liturgical music differs from all other forms of music.

Please register in advance through the church office:

685-5400 or office@stathanasius.org





TEEN SCENE

JOURNEY TO ADULthood

Schedule of Activities and Service Projects
September- November 2013

RITE-13 Grades 7-8

September

Saturday, 9/28

Building clean-up at Hollister property & Coffee Hour set-up

October

Saturday, 10/5

Fri./Sat. 10/18-19

Event-Wii Night with Dinner (after Vespers 7-9?)

Over night retreat at St. Barbara's Monastery

November

Sunday, 11/3

Sunday, 11/17

Dinner and Game Night

Transition House/Unity Shop service project

J2A Grades 9-10

September

Sunday, 9/29

Fire on Father, 5-7 p.m. at Fr. Nicholas and Jan's home

October

Fri. 10/5-Sat. 10/6

Friday, 10/18

Retreat (camping)

Serve dinner at Casa Esperanza, 5 p.m.

November

Friday, 11/1

Tuesday, 11/12

Game Night, 6-8pm

IV Hot Cocoa Project, 6-8pm

YAC Grades 11-12

September

Sunday, 9/29

Fire on Father, 5-7 p.m. at Fr. Nicholas and Jan's home

October

Fri.-Sun, 10/11-13

Sunday, 10/20

Thursday, 10/31

Diocesan Fall Delegates Meeting

Fire on Father, 5-7 p.m. at Fr. Nicholas and Jan's home

Halloween Party/Trick or Treat by gathering canned goods for Food Bank or Unity Shoppe at the Dillon's home

November

Sunday, 11/17

TBA

Fire on Father, 5-7 p.m. at Fr. Nicholas and Jan's home

Social activity

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Fr. Alexander Atty	Gail S.	Frank G.
Mother Victoria	Olga G.	Patrick B.
Met. Paul & Abp. John	Leona G.	Baby Christian F.
who have been	Presbytera Katherine H.	Richard
kidnapped by terrorists	Mick K. & Family	Eleni Z.
in Turkey.	Mary & Susan	Bobbie B.
Fr. Gordon & Mary Sue W.	Duane F.	Sylvia G.
Greg & Margaret Y.	Marna D.	James & Jasmink G.

For repose of the souls of: Rae, Audrey L., Claudia

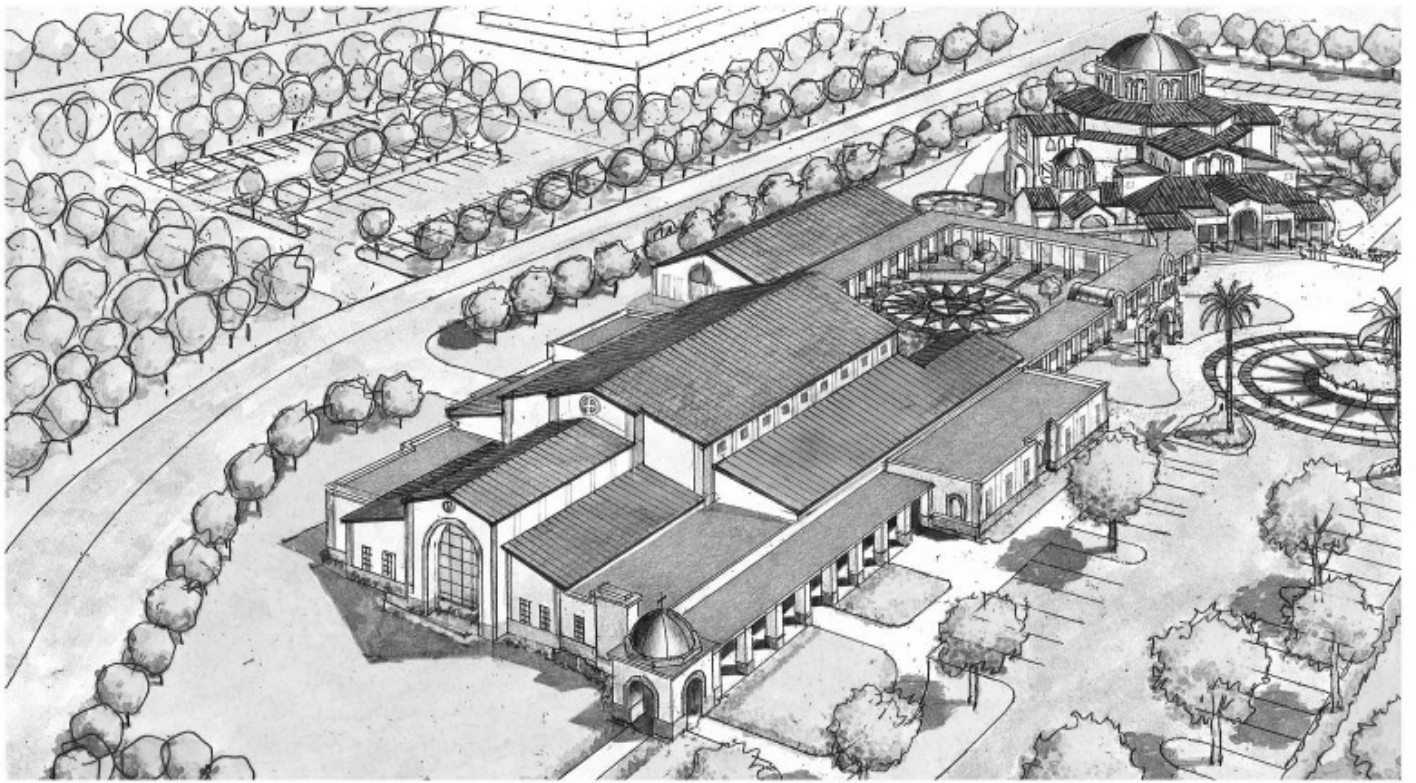
ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread.

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to "St. Athanasius Book Center."



SAINT ATHANASIUS
ANTIOCHIAN ORTHODOX CHURCH
GOLETA, CALIFORNIA