



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## **Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## **Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## **Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## **Parish Council:**

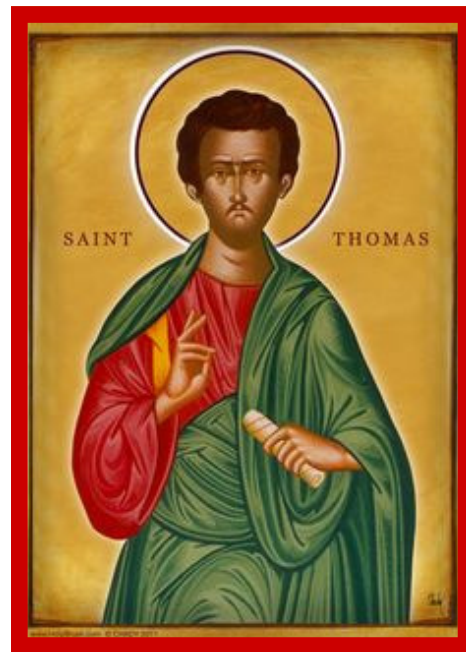
Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Dottie Genatone  
Benjamin Hedges  
Karen Jacobs  
Jon King

## **LITURGY OF ST. JOHN CHRYSOSTOM**

**Sunday, October 4, 2015**

**Tone 1 / Eothion 7; Eighteenth Sunday after Pentecost  
& Second Sunday of Luke**

Hieromartyr Hierotheos, Bishop of Athens; Hieromartyr Peter of Capitolia in Syria; Martyrs Domnina and her daughters of Syria; Gurius, First Archbishop of Kazan and Barsanouphios, Bishop of Tver; and Martyrs Stephen (Stiljanovich) and Elizabeth of Serbia



**St. Thomas the Apostle—October 6**

## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

## Calendar for this Week

### Sunday, October 4—Atrium Levels II & II begin

9:00 a.m.	Religious Ed classes Grades 1-12
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:00 p.m.	Girls' Choir Rehearsal
12:20 p.m.	Adult Choir Rehearsal
5:00 p.m.	College "Fire on Father"

### Monday, October 5

6:45 a.m.	Daily Matins
5:00 p.m.	Outreach Meal at St. Michaels' University Church in Isla Vista

### Tuesday, October 6

5:30 p.m.	Daily Vespers
3:00 p.m.	Catechesis Level I

### Wednesday, October 7

6:45 a.m.	Daily Matins
12:00 p.m.	Intercessory Prayer Group

### Thursday, October 8

5:30 p.m.	Daily Vespers
7:00 p.m.	Choir Rehearsal

### Friday, October 9-ST TIKHON

#### **FALL GATHERING**

6:45 a.m.	Daily Matins
6:30 p.m.	Vespers
7:15 p.m.	Welcome Reception

### Saturday, October 10

#### **FALL GATHERING**

4:30 p.m.	Adult Catechism
6:00 p.m.	Vespers
7:00 p.m.	Dinner (All are welcome!)

### Sunday, October 11- FALL GATHERING

9:00 a.m.	Religious Ed classes Grades 1-12
9:00 a.m.	Matins
10:00 a.m.	Hierarchal Divine Liturgy
11:45 a.m.	POTLUCK/Reception for the Metropolitan & Visitors

*His Eminence, Metropolitan JOSEPH will be with us for Matins and Divine Liturgy on Sunday, October 11th.*

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

October 4	Dillon
October 11	Meyer
October 18	Thomas
October 25	Hedges

### Coffee Hour

October 4	P. King
October 11	POTLUCK—Fall Gathering
October 18	Kern/Ballew
October 25	Harris

### Greeters

October 4	D. Genatone/P. Morrison
October 11	K. & L. Jacobs
October 18	K. Fox/ P. King
October 25	L. Baker/G. Shannon

### Ushers

October 4	D. Meyer, G. Shannon, D. Lewis
October 11	C. Speier, P. King
October 18	J. King, G. Shannon
October 25	S. Speier, P. Brunner, P. King

### Readers

October 4	D. Washburn
October 10	D. Alexander (Great Vespers)
October 11	R. Barre
October 18	P. Braun
October 25	V. Gish

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.**  
(“Glory to You, Who have shown us the light...” ) followed by the Matins Dismissal  
Troparion. Complete text is in front of Liturgy book.

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**THE LITURGY OF THE WORD**

**THE GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath  
girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]  
Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto  
ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be in-  
carnate of the holy Theotokos and ever-virgin Mary, who without change didst become  
man and wast crucified, O Christ our God, trampling down death by death, who art one of  
the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses is sung by antiphonal choirs, the choir and congregation sing the refrain:

**“Remember us, O Lord, when you come in your Kingdom.”**

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY**

#### **Troparion of the Resurrection**

While the stone was sealed by the Jews,  
and the soldiers were guarding Thy most pure body,  
Thou didst arise on the third day,  
O Savior, granting life to the world.  
For which cause the heavenly pow’rs  
cried aloud unto Thee, O Giver of life;  
Glory to Thy resurrection, O Christ!  
Glory to Thy kingdom!  
Glory to Thy providence, O Thou  
Who alone art the lover of mankind.

**Tone 1** Byzantine melody  
harmonized by Fr. J. Finley

#### **Troparion to St. Athanasius (Music on p. 54 of Liturgy book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3** Byzantine melody  
harmonized by Fr. J. Finley

#### **Kontakion - Ordinary Sundays**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten unto us with intercessions, O Theotokos,  
who dost ever intercede for those who honor thee.

**Tone 4** Byzantine melody  
harmonized by F. Karam

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle**

**Tone 1** Byzantine melody  
harmonized by Fr. J. Finley

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

**Verse:** Rejoice in the Lord, O you righteous! Praise is becoming to the upright.  
(Ps 32/33:1)

**EPISTLE READING**  
**Corinthians. (9:6-11)**

Brethren, he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, "He scatters abroad, He gives to the poor; His righteousness endures forever." He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your righteousness. You will be enriched in every way for great generosity, which through us will produce thanksgiving to God.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**

**Tone 1**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** It is God Who avenges me, and subdues people under me. (Ps 17/18:47)

**Verse:** He gives great deliverance to His King, and shows mercy to His anointed, to David and his seed forever. (Ps 17/18:50)

## GOSPEL READING

**Luke. (6:31-36)**

The Lord said: “As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for He is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful.”

## LITURGY OF THE FAITHFUL

### **Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

### **Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia!

Jesus Prayer: O Lord, Jesus Christ, Son of God, have mercy on me, a sinner.

### **HOLY COMMUNION**

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, “Father, bless” when you get to the chalice.*

## **JOIN US FOR AN ORTHODOX PRAYER SERVICE OCT. 17 IN FRONT OF PLANNED PARENTHOOD**

Fr. Nicholas and a group of singers from our choir will pray a memorial service in front of Planned Parenthood on Saturday, October 17th at 9:00 a.m. We will also pray for all medical practitioners and staff who have participated in abortions.



## CELEBRATIONS for THIS WEEK

### Wedding Anniversaries

10/4 Corina and Adrian Berari  
10/7 Benny & Michelle Madrigal

### Birthdays

10/6 Austin Harris, Holden Dillon  
10/8 Troy Harris  
10/9 Jason Wallace, Jennifer Speier  
10/10 Michiel de Bruin

### Patron Saint Commemorations

10/6 **The Apostle Thomas** Tom Ballew, Tom Johnson, Craig Speier

*Dearest Parish Family,*

*On behalf of the Walker and Braun families, I would like to thank you for the love and care that you showered on us before and after the death of my dad, the Very Rev. Fr. Gordon Walker. When my dad took an unexpected downturn in his health and I flew to Nashville at a moment's notice, people brought my husband and children meals, and pitched in with child care. After Dad passed away and we returned home, we continued to be cared for and cooked for, and that meant a great deal to us. We are also so grateful for the many, many prayers for my dad and our family, and for the cards and calls and notes, as well as the lovely flower arrangement sent by the Church office for my dad's funeral services. All of these lifted our spirits and brought much comfort during a difficult time. My dad's final illness was very difficult due to his immense physical pain and suffering, and yet I was given much grace to help care for him, and to bear witness to his final days. It is because remembering his pain is so difficult for me that I have been so slow to send this thank you message. Please don't think that we haven't appreciated all of your love and care; we have. I struggle with sharing much about that time and with handling my memories. But please know how much your love and prayers mean to me and our family. We are blessed to be members of such a caring congregation.*

*With love in our Lord and hope in the Resurrection,*

*Melissa Walker Braun and Family*



AN EVENING IN

Greece

AT THE

Taverna

SATURDAY, OCTOBER 17TH, 2015

5:30PM TO 10:30PM

Come & Enjoy Greek Cuisine,  
LIVE MUSIC, DANCING, RAFFLE & SILENT AUCTION!

VETERAN'S HALL

801 GRAND AVENUE

SAN LUIS OBISPO, CA 93405

ADULTS \$50

CHILDREN UNDER 14 AND STUDENTS \$35

LIMITED TO GO ORDERS WILL BE AVAILABLE \$45

RESERVED TABLES (8) \$500

(Includes 2 bottles of wine & preferred seating)

FOR TICKETS AND INFORMATION PLEASE VISIT

[WWW.BROWNPAPERTICKETS.COM](http://WWW.BROWNPAPERTICKETS.COM)

SOME FEES WILL APPLY

LIMITED TICKETS AVAILABLE, BE SURE TO ORDER EARLY!



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# TEEN SCENE

## Activities—Autumn 2015

### High School

<b>Date</b>	<b>Activity</b>	<b>Time and Location</b>
Saturday, 10/10 Jr. High & High School	Fall Gathering Service Project	Pescadero Lofts in Isla Vista then Jami & Stoney Stetler Home
Sunday, 10/18	Fire on Father	5:00 p.m. at Fr. Nicholas & Jan's
Sunday, 11/8	Rescue Mission Service Project	Meet at SAOC. Time TBA
Sunday, 11/22	Fire on Father	5:00 p.m. at Fr. Nicholas & Jan's
Sunday, 12/6	White Elephant Gift Exchange	5:00 p.m., Location TBA
Sunday, 12/13	St. Nicholas Night	Meet at 4:00 pm. to set up

### Junior High School

All activities are on Saturdays after Vespers

Saturday, 10/10 Jr. High & High School	Fall Gathering Service Project	Pescadero Lofts in Isla Vista then Jami & Stoney Stetler Home
Saturday, 11/7	Event TBA	
Saturday, 12/5	Christmas Party	

## PRAAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Dn. Richard E.  
Kh. Mary Sue W.  
Greg & Margaret Y.  
Hoppe Family  
Kh. Mary Ellen B.  
Gail S.  
Dean & Penny  
Mary  
Susan B.

Baby Christian F.  
Duane F.  
Stan and Donna F.  
Angel, Helen and Family  
Joy  
Ryan Family  
Terri-Lynn H.  
Hannah Rose H.  
Holly C.  
Valeria  
Tami, Denny, Maddie B.  
Kevin O.

Steve T.  
Temmo K.  
Paige  
Galina, Nikolai & Nataliya  
Nikita  
Marina  
Olga Marie G.  
Krista & Family  
Emily F.  
All those suffering and  
in danger in the Ukraine,  
Africa, and the Middle East

**For repose of the souls of:** Roseann B., David W., Ryan B., Jane W.

All who have died in the conflicts in the Ukraine, Africa & the Middle East

### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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\* **ST. ATHANASIUS BOOK CENTER** \*  
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\* The church bookstore is located in the fellowship hall. The two \*  
\* enclosed cabinets hold icons, books, jewelry and other items that \*  
\* are FOR SALE. Payment should be made at time of purchase and \*  
\* placed in the brown lock box ON THE BOOKSTORE SHELF. \*  
\* Make checks payable to “St. Athanasius Book Center.” \*  
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## PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the “40 Days for Life Vigil” - September 23-November 1, 2015)

*O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.*

