

ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane Santa Barbara, CA 93111 **Office hours:** Tues-Fri. 12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-770-3749 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

Music Director/Administrator:

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

Youth Coordinator

Tyler Speier tyler@stathanasius.org

Parish Council 2017-2018:

Kristi King, President
Dan Braun, Treasurer
Benjamin Hedges, Secretary
Laurie Baker
Corina Berari
David Dillon
Dottie Genatone
Verne Gish
Terri Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, October 8, 2017
Tone 1 / Eothinon 7; Eighteenth Sunday after Pentecost
& Third Sunday of Luke

Righteous Mother Pelagia the Penitent of Antioch

Marytr Pelagia the Virgin of Antioch; Venerable Thaïs of Egypt; New-martyr Ignatius of Prodromou Skete on Athos; Venerable Philotheos, Patriarch of Constantinople; Martyr Ignatius the Monk of Bulgaria



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

OCTOBER IS STEWARDSHIP MONTH!

Fr. Nicholas and Jan are away this weekend at our Diocesan Fall Gathering in Fairfield, CA.

Sunday, October 8

9:00 a.m. Matins

10:00 a.m. Divine Liturgy & Trisagion

Prayers for Mary Sue Walker and

Bishop Antoun

11:45 a.m. Coffee Hour

Monday, October 9—St. Tikhon

6:45 a.m. Daily Matins

5:00 p.m. St. Brigid Outreach Dinner

at St. Michael's in Isla Vista

Tuesday, October 10

5:30 p.m. Daily Vespers

Wednesday, October 11

6:45 a.m. Daily Matins

12:00 p.m. Intercessory Prayer Ministry

Thursday, October 12

11:00 a.m. Showers of Blessing Ministry

5:30 p.m. Daily Vespers

6-7:30 p.m. Jr. High Youth Group 6:30-8:30 p.m. High School Youth Group

Friday, October 13

6:45 a.m. Daily Matins

Saturday, October 14

6:00 p.m. Great Vespers, Confessions

Sunday, October 15

9:00 a.m. Matins

10:00 a.m. Divine Liturgy 11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

October 8 Dillon
October 15 Sieck
October 22 Hedges
October 29 Jacobs

Coffee Hour

October 8 Dn. G. & M. Braun in memory of Kh. Mary Sue Walker

October 15 D. & K. King

October 22 V. Yova in memory of her parents:

Silvia (10/21/16) Dn. Paul (11/9)/87)

October 29 Lander

Greeters

October 8
October 15
October 22
October 29
D. Genatone, P. Morrison
H. Lange, G. Shannon
D. Lewis, D. Washburn
K. Fox, L. Baker

Ushers

October 8
October 15
October 22
October 29
C. Speier, J. King, D. Washburn
C. Berari, G. Shannon, S. Speier
P. Brunner, P. King, D. Meyer
R. Barre, D. Lewis, C. Speier

Readers

October 8 D. Washburn
October 15 V. Gish
October 22 T. Harris
October 29 H. Lange

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

GREAT LITANY

e

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]
- Vs. Glory...now & ever...Amen. [Refrain]

(1) SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

- Vs. For He hath established the world which shall not be shaken. [Refrain]
- Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or "Sermon on the Mount"

After each of the verses, the choir and congregation sing the refrain:

"Remember us, O Lord, when you come in your Kingdom."

FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection (Music on p. 40 of Liturgy book)

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly pow'rs cried aloud unto Thee, O Giver of life; Glory to Thy resurrection, O Christ! Glory to Thy kingdom! Glory to Thy providence, O Thou Who alone art the lover of mankind.

Tone 1 Byzantine melody harmonized by Fr. J. Finley

Venerable Pelagia

Tone 8 Slavic Chant

The image of <u>God</u> was <u>truly</u> preserved in you, O <u>Mother</u>, for you took <u>up</u> the <u>Cross</u> and <u>fol</u>lowed Christ. By so doing you <u>taught</u> us to disregard the flesh for it <u>passes</u> away but to care in<u>stead</u> for the <u>soul</u>, since it is im<u>mortal.</u>//
Therefore your <u>spirit</u>, <u>venerable</u> Pelagía, rejoices with the <u>angels</u>.

Troparion to St. Athanasius (Music on p. 54 of Liturgy book)

Tone 3 Byzantine melody harmonized by Fr. J. Finley

Holy Bishop Athanasius, you became a stronghold of Orthodoxy, strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius, you explained and taught that the Son is equal in nature with the Father. O holy Father, intercede with Christ God that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4 Byzantine melody harmonized by F. Karam

O undisputed intercessor of Christians,

O mediatrix, who is unrejected by the creator.

Turn not away from the voice of our petitions, though we be sinners.

Come to us with aid in time, who cry unto thee in faith,

for thou art good. Hasten to us with intercessions, O Theotokos,

who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 1

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Verse: Rejoice in the Lord, O you righteous! Praise is becoming to the upright.

(Ps 32/33:1)

EPISTLE READING 2 Corinthians 9:6-11

Brethren, he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, "He scatters abroad, he gives to the poor; his righteousness endures forever." He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your righteousness. You will be enriched in every way for great generosity, which through us will produce thanksgiving to God.

Alleluia before the Gospel

Chanter: Alleluia, Alleluia, Alleluia! **People: Alleluia, Alleluia, Alleluia!**

Verse: It is God Who avenges me, and subdues people under me. (Ps 17/18:47)

Verse: He gives great deliverance to His King, and shows mercy to His anointed,

to David and his seed forever. (Ps 17/18:50)

GOSPEL READING Luke 7:11-16

At that time, Jesus went to a city called Nain, and many of His disciples and a great crowd went with Him. As He drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, He had compassion on her and said to her, "Do not weep." And He came and touched the bier, and the bearers stood still. And Jesus said, "Young man, I say to you, arise." And the dead man sat up, and began to speak. And Jesus gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited His people!"

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest! Alleluia! (Ps. 148)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

Tone 1

CELEBRATIONS for this WEEK

Wedding Anniversaries

10/13 Verne & Joanne Gish

Birthdays

10/8	Troy Harris
10/9	Jason Wallace
10/9	Jennifer Speier
10/10	Michiel de Bruin

Patronal Feast Days

10/13 St. Benjamin Benny Madrigal, Ben Ballew

Our St. Athanasius parish will, once again, participate in the 40 Days for Life Vigil by praying the Trisagion (Memorial) Prayers in front of Planned Parenthood on Saturday, October 28th at 10:00 a.m.

Please join us in this peaceful vigil. We will carpool at 9:30 a.m. from the church.

PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the "40 Days for Life Vigil" - September 27-November 5, 2017)

O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.

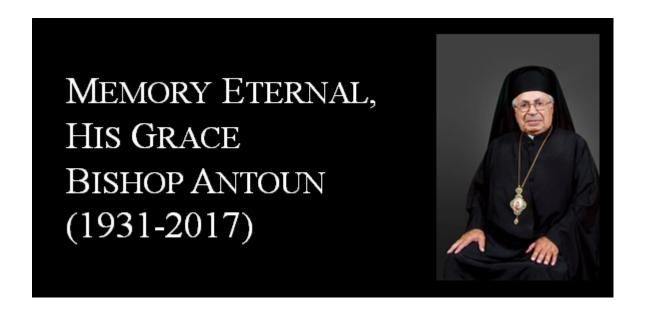
ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on VIEW CALENDAR at the bottom left.

Fr. Nicholas and Jan are away this weekend at our Diocesan Fall Gathering in Fairfield, CA.

The Young Adult & College group will gather for a pizza lunch next Sunday, October 15th, in the Teen Room from 12:30-2:00 p.m. to discuss the coming year. Please R.S.V.P. to Michael Easbey by text of email.: measbey@gmail.com or 805 -705-6121.

THANK YOU to those who contributed to help with Tony Easbey's medical expenses. We have raised \$1,832 in the past 3 weeks. Tony is still waiting for another surgery which has been postponed a couple of times. They are waiting for the skin on his back to heal enough in order to graft more skin which is needed. The good news is that he has been up walking which helps both his physical and mental state. Please continue to pray for him.





STEWARDSHIP MONTH

Christian Stewardship is...

...learning how to be a responsible and concerned caretaker of Christ's Church; it is learning how to enjoy Church life and be happy in Church work., for in Her dwells the fullness of the Spirit of God.

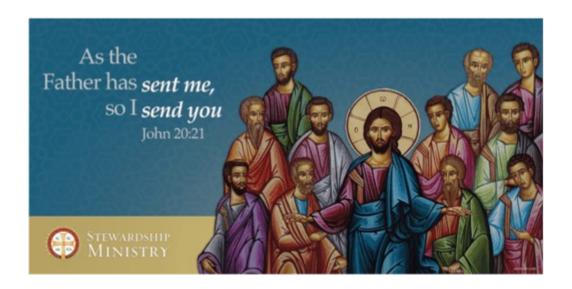
...our active commitment to use all our time, talent and treasure for the benefit of humankind in grateful acknowledgment of Christ's redeeming love.

...caring for the needs of others.

...offering one's self to God as He offered Himself to us.

...what a person does after saying "I believe...", as proof of that belief.

...devotion and service to God and His Church as persons, as families, as diocese/metropolis, as national Church and as Church universal.



at St. Athanasius

Christian Stewardship is

about becoming good caretakers of all that God has given us. God has given each of us special and unique gifts. And through Holy Scripture He teaches us all that we have is a loan. He lends everything to us, and reminds us that one day He will ask us to give a detailed accounting of what we have done with the gifts He has given us. Archbishop Anastasios of Albania has noted that "we find ourselves by offering ourselves." Have we learned the blessedness of generously giving to others of all we have?



When we speak of stewardship and family we must also consider stewardship of family. Most often, we stress the importance of stewardship of the great gifts of God's material world, but which of God's gifts is greater than family?

Throughout our life's journey, our family will take many forms. For a child, the family is parents, siblings, grandparents, cousins, godparents and individuals with significant roles in the child's life. As we mature, we become stewards of our parents as they also are of us. We are stewards of our siblings, aunts, uncles, cousins and more. We are called to encourage and support our family members to grow in the faith. We are also called to encourage and support them in developing their God-given gifts and talents to the full for the glory of God. If we are blessed with a spouse, our concept of family expands and our stewardship of family expands with it.

As our role within our family evolves, we become stewards of the authority and influence which we hold in the family. This requires balance tempered by love and respect. A spouse or parent with authority must also relate to family members with respect and humility. St. Paul writes to the Ephesians, "Submit to one another out of reverence for Christ" (5:21). St. Paul further instructs us, "Husbands, love your wives, just as Christ loved the church and gave himself up for her" (5:25). And in Colossians 3:21, St. Paul instructs, "Parents, do not embitter your children, or they will become discouraged."

We are stewards of our family through the influence that we have upon them. This influence may be for good or for evil. In *The Moral Intelligence of Children*, Robert Coles writes, "...the child is an everattentive witness of grown-up morality – or lack thereof; the child looks and looks for cues as to how one ought to behave, and finds them galore as we parents and teachers go about our lives, making choices, addressing people, showing in action our rock-bottom assumptions, desires, and values, and thereby telling those young observers much more than we may realize." We exercise our stewardship of family by our actions more than our words.

Throughout our lives and the roles we assume within the family, we are stewards of the love, authority, trust and respect that exist among members of the family. Unlike material possessions, these are not diminished by use. But if mishandled, they can be lost. Love, authority, trust and respect require the most diligent stewardship, because once they are lost, they are most difficult to recover.

The Divine Liturgy of Saint Basil the Great includes beautiful silent prayers expressing the Church's concern for the family: "...remember, Lord, the people here present and those that are absent with good cause. Have mercy on them and on us according to the multitude of your mercy, fill their storehouses with every good thing; maintain their marriage-bonds in peace and concord; nurture the infants; instruct the young, strengthen the aged, encourage the faint-hearted, gather together again those that are scattered; bring back those who went astray and unite them to Your holy, catholic and apostolic church; defend the widows; protect the orphans..."

As Orthodox Christians, we are also stewards of our Church family – those with whom we worship, fellowship and serve the community. In the same way that we care for our immediate family, we also care for our Christian brothers, sisters, fathers, mothers, sons and daughters. In his book on the Eucharist/Divine Liturgy, Fr Alexander Schmemann explains that in the early church, the Eucharistic sacrifice was offered by all the members of the church. Each person coming to the gathering of the Church brought with them everything they could spare for the needs of the Church. This meant for the sustenance of the clergy, widows and orphans, for helping the poor, and for all the good works of the Church. This is the Church that we as Orthodox Christians claim to be.



SANTA BARBARA CHAPTER #243 PRESENTS AN UPLIFTING AFTERNOON WITH

UCSB Middle East Ensemble



Photo by Tony Mastres

The Ensemble's musicians, dancers, and soloists will celebrate traditional music from throughout the Mediterranean and the Levant. Players include our own Voula Aldrich on classic Oud!

Date: Saturday, November 4th

Time: 3:00 To 5:00 PM (*Reception to Follow*)

Location: St. Barbara Greek Orthodox Church Event Center

1205 San Antonio Creek Road, Santa Barbara

General Admission: \$20.00 **Students** (12-21 Years): \$10.00 **Children Under 12**: Free

Purchase Tickets at: www.Eventbrite.com

Enter Search "Middle East Ensemble," Click "Tickets," Purchase & Print Direct: https://www.eventbrite.com/e/middle-east-ensemble-concert-tickets-38418489737

For Information and Assistance: Please Email Ahepa243@gmail.com Or Call 805-682-4733 & 310-903-2688

TEEN SOENE

Junior High teens meet from 6:00-7:30 p.m. and High School teens meet from 6:30-8:30 p.m. on Thursdays in the Teen Room at the church, unless noted otherwise.

October 12 Regular Youth Group
October 19 NO YOUTH GROUP

October 20- 21 Overnight at Saint Barbara's Monastery

(Final details are in the works. We will be leaving SB in the late afternoon and returning on Saturday in the early afternoon).

October 26 Regular Youth Group
Nov. 2 Regular Youth Group



BUILDING COMMITTEE UPDATE

Design. Working with our landscape architect, the parish council has approved a preliminary design for the shade structure, an extension of the pavers/hardscape, and the TotLot/play area. The hardscape and TotLot do not require permits, and we are in the process of final budget and scheduling for that work. Brian Sieck is our leader.

Permiting. The Shade Structure on the patio will require the full permitting process, from Architectural Review to Substantial Conformance Review to Land Use Permit to Building Permit. Our landscape architect is preparing the documents for the first ABR review now. Sometimes that process is straightforward, and sometimes it is not. There are time and costs associated with each step. Such are the times we live in. We will update as information is available.

- Dn. Scott Jacobs, Brian Sieck







PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Fr. Patrick and Vanessa K.
Greg & Margaret Y.
Hoppe Family
Gail S.
Dean & Penny B.
Angelina, Jase & Alina S.
Mary

Rich and Susan B.

Duane F.
Galina, Nikolai & Nataliya
Joan T.
Friesen Family
Temmo K.
Ethan K.
Tony C.
Mona Z.
Paul F. and Family
Justin B.
Fr. Anthony Y. and Family
Bill & Robin H. and Family
Tony E.

Yong and Amy

Michael A. & Edward S., who are studying in Russia All those suffering and

Clifford Y.

in danger in the Ukraine,
Africa, and the Middle East

The victims of hurricanes, floods, fires and earthquakes in Texas, Florida, Montana and Mexico, and all of the disaster relief workers and first-responders

For repose of the souls of:

James P., Rosa R., Kh. Mary Sue W.

All who have died in the conflicts in the Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ADULT CATECHSIM 2017-2018 Saturdays at 4:30 p.m.

All are welcome!

- 9/23 Important Concepts
- 9/30 Tradition, pp. 7-30 from book: **DOCTRINE**
- 10/7 Trinity, pp. 137-149 (Fr. Jon Braun teaching)
- 10/14 History of the Church (Fr. Jon-Stephen Hedges teaching)
- 10/21 Creed and Creation, pp. 33-50
- 10/28 Man and Christ, pp. 52-85
- 11/4 Redemption and Resurrection, pp. 86-116
- 11/11 The Holy Spirit, pp. 118-134
- 11/18 Church art/architecture, pp. 3-22 from book: WORSHIP
- 11/25 Thanksgiving weekend—NO CLASS
- 12/2 Sacraments I, pp. 25-58
- 12/9 Sacraments II, pp. 25-58
- 12/16 Cycle of Prayers, pp. 60-68
- $12/23\,$ NO CLASS
- 12/30 NO CLASS
- 1/6 The Church Year I, pp. 70-117