



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## **Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## **Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## **Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## **Parish Council:**

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Dottie Genatone  
Verne Gish  
Benjamin Hedges  
Kristi King

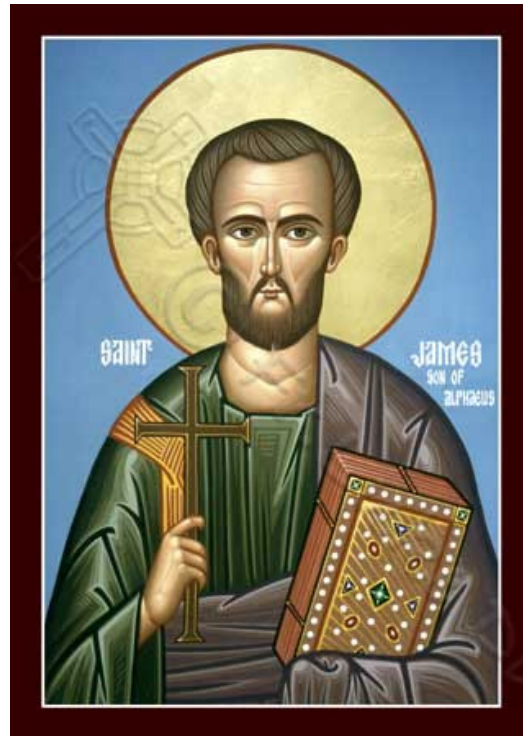
## **LITURGY OF ST. JOHN CHRYSOSTOM**

**Sunday, October 9, 2016**

**Tone 7 / Eothinon 5;**

**Sixteenth Sunday after Pentecost  
& Third Sunday of Luke**

The Holy Apostle James, Son of Alphaeus  
Venerable Andronikos and Athanasia of Egypt;  
Venerable Poplia the Confessor of Antioch;  
Righteous Forefather Abraham and his Nephew the Righteous Lot;  
Stephen the Younger, King of Serbia; Dionysios, Bishop of Paris



## ***WELCOME TO OUR VISITORS!***

*We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion.  
Please join us at Coffee Hour~ we'd love to meet you!*

# ***Calendar for this Week***

## **Sunday, October 9**

9:00 a.m. Religious Education ages 6-18 yrs.  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## ***Sunday Morning Ministries Schedule***

## **Monday, October 10**

6:45 a.m. Daily Matins in the new chapel

## **Tuesday, October 11**

5:30 p.m. Daily Vespers in the new chapel

## **Wednesday, October 12**

6:45 a.m. Daily Matins in the new chapel  
11 a.m.-1p.m. Shower of Blessings Ministry  
12:00 p.m. Intercessory Prayer Group

## **Thursday, October 13**

5:30 p.m. Daily Vespers in the new chapel  
7:00 p.m. Choir Rehearsal  
**TEEN NIGHT:**  
6:00-7:30 p.m. Jr. High Group  
6:30-8:30 p.m. High School Group

## **Friday, October 14**

6:45 a.m. Daily Matins in the new chapel

## **Saturday, October 15**

7:30 a.m. Clergy Meeting  
11:00 am. Wedding—Noelle Ballew &  
Edgar Aviles  
4:30 p.m. Adult Catechism  
6:00 p.m. Great Vespers/Confessions

## **Sunday, October 16**

9:00 a.m. Religious Education ages 6-18 yrs.  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## **Eucharist Bread**

October 9 Kern  
October 16 Tinyayeva  
October 23 Sieck  
October 30 Dillon

## **Coffee Hour**

October 9 S. & T. Speier  
October 16 Orthodox Christian Fellowship  
October 23 S. Wiley/L. Baker  
October 30 G. & R. Moon

## **Greeters**

October 9 D. Washburn/D. Lewis  
October 16 K. & L. Jacobs  
October 23 P. King,/L. Baker  
October 30 G. Shannon/K. King

## **Ushers**

October 9 R. Barre, G. Shannon, S. Speier  
October 16 P. Brunner, P. King, D. Meyer  
October 23 R. Barre, D. Lewis, C. Speier  
October 30 J. King, D. Washburn, C. Berari

## **Readers**

October 9 D. Alexander  
October 15 R. Barre (Vespers)  
October 16 V. Gish  
October 23 T. Harris  
October 30 H. Lange

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be  
incarnate of the holy Theotokos and ever-virgin Mary, who without change didst be-  
come man and wast crucified, O Christ our God, trampling down death by death, who  
art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY**

#### **Troparion of the Resurrection (Music on p. 51 of Liturgy book)**

Thou didst shatter death by Thy Cross;  
Thou didst open paradise to the thief;  
Thou didst turn the sadness of the  
ointment bearing women into joy,  
and didst bid Thine apostles proclaim  
a warning that Thou hast risen, O Christ,  
granting the world the great mercy.

**Tone 7** Byzantine melody  
harmonized by Fr. J. Finley

#### **Troparion for the Apostle James, Son of Alphaeus**

Holy Apostle James,  
entreat the merciful God  
to grant our souls forgiveness of transgressions.

**Tone 3** Slavic Chant

**Troparion to St. Athanasius**  
**(Music on p. 54 of Liturgy book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3** Byzantine melody  
harmonized by Fr. J. Finley

**Kontakion - Ordinary Sundays**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost always intercede for those who honor thee.

**Tone 4** Byzantine melody  
harmonized by F. Karam

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle**

**Tone 7** Byzantine melody  
harmonized by Fr. J. Finley

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

## **EPISTLE READING**

### **2 Corinthians. 6:1-10**

Brethren, working together with Him, then, we entreat you not to accept the grace of God in vain. For He says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

### **Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**

**Tone 7**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

**Verse:** To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

## **GOSPEL READING**

### **Luke. 7:11-16**

At that time, Jesus went to a city called Nain, and many of His disciples and a great crowd went with Him. As He drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, He had compassion on her and said to her, "Do not weep." And He came and touched the bier, and the bearers stood still. And Jesus said, "Young man, I say to you, arise." And the dead man sat up, and began to speak. And Jesus gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited His people!"

## Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

## Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia.

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the “40 Days for Life Vigil” - September 28-November 6, 2016)

*O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.*

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

**PLEASE PRAYERFULLY CONSIDER WHAT YOU ARE ABLE TO TITHE** in the coming year to both the General Operating Fund and the Building Fund, and let the Treasurer know by filling out a commitment form. There are blank forms next to the tithe box, or you can fill it in online on the church website. <https://www.stathanasius.org/stewardship/>

### **FOOD & TOILETRIES DRIVE FOR PROJECT MEXICO**

From now through October 16 we will be collecting items on St. Innocent Orphanage's "Most Needed" list. Our goal is to collect 20 boxes (or jumbo bags of rice or beans) so that we can get the free shipping offered to Project Mexico by a local shipping company. Please see the flyer available in the foyer with the "Most Needed Items" for the orphanage. You can drop off your donated items in the designated area at the end of the long hallway. Help us to provide for the boys at St. Innocent Orphanage during the time of year when donations typically decrease.

**THERE WILL BE A MEETING OF ALL MINISTRY TEAM LEADERS ON SATURDAY, OCTOBER 22nd from 9:00-11:00 a.m.**

**ON SATURDAY, OCTOBER 22nd at 12:00 noon**, we will do a short prayer service in front of Planned Parenthood in downtown Santa Barbara as part of the "40 Days for Life" Vigil in Santa Barbara that runs from Sept. 28-Nov. 6. Please join us! (518 Garden St., Santa Barbara 93101)

### **YOUNG ADULT WINTER RETREAT JANUARY 13-15, 2017**

With the blessing of His Eminence Metropolitan Joseph, the Young Adult Ministry will be hosting its **4th annual Young Adult Winter Retreat in Big Bear Lake, CA , January 13-15, 2017**. The retreat is titled *Wash me and I shall be Whiter than Snow* and will focus on the importance of Confession. Register early as space is limited. For more information and to register go to: [www.dlawyoungadults.com](http://www.dlawyoungadults.com).

## **CELEBRATIONS for THIS WEEK**

### **Wedding Anniversaries**

10/13 Verne & Joanne Gish

### **Birthdays**

10/9 Jason Wallace

10/9 Jennifer Speier

10/10 Michiel de Bruin

### **Patronal Feast Days**

10/13 **St. Benjamin** Benny Madrigal, Ben Ballew





## **The St. Athanasius Orthodox Church Choir,**

under the direction of Valerie Yova,  
invites you to  
join our team of supporters for

## **"HYMNS WE LOVE TO SING"**

**- a recording of Orthodox Christian hymns by American composers  
including:**

**Very Rev. John D. Finley  
Very Rev. Sergei Glagolev  
Nazo Zakkak  
Vladimir Morosan  
Maia Aprahamian**

**The recording will:**

- **be released in conjunction with our parish's 30th Anniversary in February of 2017**
- **honor our founders**
- **document our musical history and traditions**
- **celebrate our choir's growth and love of singing**

**Proceeds from the fundraising campaign and CD sales will be split between our Building Fund and our Music Fund. The Music Fund will be established to support special projects like public outreach concerts and the eventual purchase of a grand piano.**

Thanks to the Parish Council  
for approving a contribution of  
\$3,000 in "seed money" for this  
project, and to those who have  
donated so far!

Goal:

\$6,000

Received to date:

\$4,055

Donations of any size will help us to cover the costs related to sound engineering, editing, rental of our recording venue (Garden Street Chapel at the Santa Barbara Mission) and printing of the first 300 CDs.

The recording will also be available for purchase as an online download.

**You can make a fast and easy donation  
on the parish website:**

**[www.stathanasus.org/choir-cd/](http://www.stathanasus.org/choir-cd/)**

**or send your donation to:**

**St. Athanasius Orthodox Church CD Project,  
300 Sumida Gardens Lane, Santa Barbara, CA 93111**



## TEEN SCENE OCTOBER

Unless specified otherwise, on Thursday evenings the Jr. Highers meet from 6pm - 7:30pm and High Schoolers meet from 6:30pm - 8:30pm.

- 10/13 - Fire on Father with Fr. Nicholas at Thursday Night Youth Group in the teen room. Dinner provided by Jan Speier.
- 10/20 - Thursday Night Youth Group Need a dinner host.
- 10/27 - Thursday Night Youth Group Dinner provided by Berari Family

Please help us to spread the word,  
and invite your friends to attend our

### **Concert of Sacred Music**

**Sunday, November 13 at 3:00 p.m.**

**at St. Athanasius Orthodox Church**

Including Gregorian Chant, Georgian Chant,  
Orthodox Liturgical Music by Nazo Zakkak, Negro Spirituals and more!

featuring:

**The St. Athanasius Parish Choir, Valerie Yova - Conductor**  
**The Santa Barbara Catholic Mission Schola, Roy Spicer - Conductor**  
**Adelfos Ensemble, Temmo Korisheli - Conductor**

Reception following the concert.

(\$5 donation, no charge for children 12 yrs. and under, seating first-come/first-served)

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Jon Braun  
Dn. Richard E.  
Kh. Diane C.  
Kh. Mary Sue W.  
Fr. Patrick and Vanessa K.  
Greg & Margaret Y.  
Hoppe Family  
Gail S.  
Dean & Penny B.  
Kevin & Angel S.

Mary  
Susan B.  
Baby Christian F.  
Duane F.  
Galina, Nikolai & Nataliya  
Olga Marie G.  
Emily F.  
Joan T.  
Terri-Lynn & Hannah Rose H.  
Silvia Y.  
Jared E.

James  
Alma G.  
Carla H.  
Carla B.  
Dawn L.  
Zamora Family  
Michael L., Penny C. and Family  
All those suffering and  
in danger in the Ukraine,  
Africa, and the Middle East

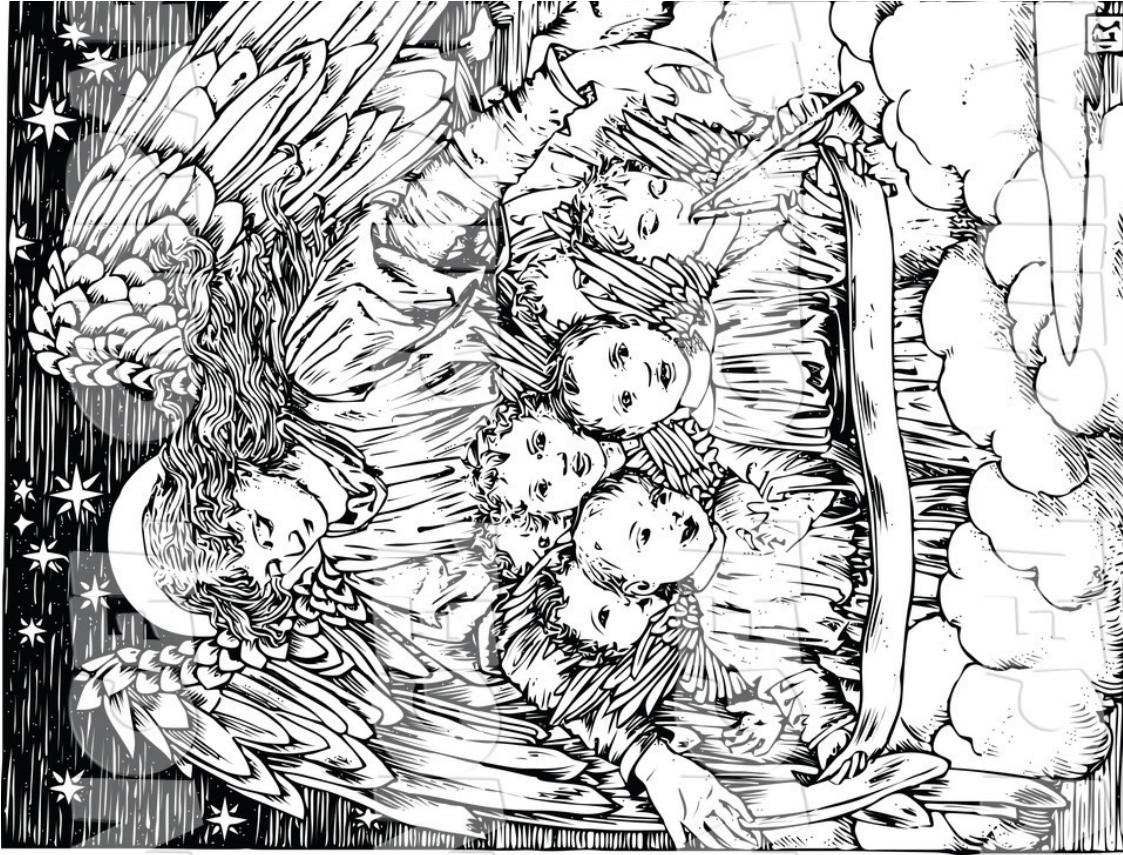
**For repose of the souls of:** Tony S., Gabriel Z., All who have died in the conflicts in the Ukraine, Africa & the Middle East

### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of

\*\*\*\*\*  
\* **ST. ATHANASIUS BOOK CENTER** \*  
\* The church bookstore is located in the foyer of the fellowship hall. The two \*  
\* enclosed cabinets hold icons, books, and other items that are FOR SALE. \*  
\* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- \*  
\* ment should be made at time of purchase and placed in the brown lockbox \*  
\* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. \*  
\* Athanasius Book Center." \*  
\* **All proceeds go to the parish Building Fund.** \*  
\*\*\*\*\*



For the children to color during the sermon or at home.