



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111

Office hours: Tues-Fri.

12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-770-3749

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

Youth Coordinator

Tyler Speier tyler@stathanasius.org

Parish Council 2017-2018:

Kristi King, President

Dan Braun, Treasurer

Benjamin Hedges, Secretary

Laurie Baker

Corina Berari

David Dillon

Dottie Genatone

Verne Gish

Terri Speier

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, October 15, 2017

Tone 2 / Eothinon 8

**Sunday of Holy Fathers of Seventh Ecumenical Council
& Fourth Sunday of Luke**

Hieromartyr Lucian of Antioch;

Venerable Euthymios the Younger of Athos;

Savvinos, Bishop of Catania



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

OCTOBER IS STEWARDSHIP MONTH!

Sunday, October 15

9:00 a.m. Matins
9:00 a.m. Religious Ed. for ages 6-18
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:30 p.m. Young Adult luncheon/meeting

Monday, October 16

6:45 a.m. Daily Matins
5:00 p.m. St. Brigid Outreach Dinner
at St. Michael's in Isla Vista

Tuesday, October 17

5:30 p.m. Daily Vespers

Wednesday, October 18-St. Luke the Apostle

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Ministry

Thursday, October 19

11:00 a.m. Showers of Blessing Ministry
5:30 p.m. Daily Vespers
7:00 p.m. Choir Rehearsal
NO YOUTH GROUP

Friday, October 20

YOUTH GROUP OVERNIGHT AT ST. BARBARA MONASTERY

6:45 a.m. Daily Matins

Saturday, October 21

6:00 p.m. Great Vespers, Confessions

Sunday, October 22

9:00 a.m. Matins
9:00 a.m. Religious Ed for ages 6-18
10:00 a.m. Divine Liturgy/Trisagion Prayers
for Silvia & Dn. Paul Yova
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

Sunday Morning Ministries Schedule

Eucharist Bread

October 15 Sieck
October 22 Hedges
October 29 Jacobs
November 5 Dn. G. Braun

Coffee Hour

October 15 D. & K. King
October 22 V. Yova in memory of her parents:
Silvia (10/21/16) Dn. Paul (11/9/87)
October 29 Lander
November 5 P. Brunner in memory of
Cyrus Brunner

Greeters

October 15 H. Lange, G. Shannon
October 22 D. Lewis, D. Washburn
October 29 K. Fox, L. Baker
November 5 K. & L. Jacobs

Ushers

October 15 C. Berari, G. Shannon, S. Speier
October 22 P. Brunner, P. King, D. Meyer
October 29 R. Barre, D. Lewis, C. Speier
November 5 J. King, D. Washburn, C. Berari

Readers

October 15 T. Harris
October 22 V. Gish
October 29 H. Lange
November 4 D. Meyer (Liturgy for St. Raphael)
November 5 D. Washburn

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

le

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

) Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incar-
nate of the holy Theotokos and ever virgin Mary, who without change didst become man and
wast crucified, O Christ our God, trampling down death by death, who art one of the Holy
Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection

(Music on p. 42 of Liturgy book)

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow’r,
and when Thou didst raise the dead from beneath the earth,
all the pow’rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, Glory to Thee.

Tone 2 Byzantine melody
harmonized by Fr. J. Finley

Troparion for the Fathers of the 7th Ecumenical Council

Most glorious are You, O Christ our God.
You have established the Holy Fathers as lights on the earth.
Through them you have guided us to the true faith.
O greatly compassionate One, glory to You!

Tone 8 Serbian Chant

Troparion to St. Athanasius

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Kontakion - Ordinary Sundays

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

Tone 4 Byzantine melody
harmonized by F. Karam

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 8

Blessed are You, O Lord God of our Fathers, and praised and glorified is
Your name forever.

Verse: For You are just in all that You have done for us.

EPISTLE READING

Titus 3:8-15

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissension, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 2
(Music on page 64 of Liturgy Booklet)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: May the Lord hear you in the day of trouble!
 May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

GOSPEL READING

Luke 8:5-15

The Lord spoke this parable: “A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold.” And when His Disciples asked Him what this parable meant, Jesus said, “To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience.” As Jesus said this, He called out, “He who has ears to hear, let him hear.”

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest! Alleluia! (Ps. 148)
Rejoice in the Lord, O you righteous! Praise befits the just! (Ps 32/33:1)
Alleluia, Alleluia, Alleluia!

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,*

“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

CELEBRATIONS for this WEEK

Wedding Anniversaries

10/15 Noelle & Edgar Aviles
10/17 Tyson & Sherie Shackelford

Birthdays

10/16 Angelina Speier
10/17 Abigail Simonsen
10/18 Jordan Williams
10/20 Noah Hedges
10/21 Diane Carrillo

Patronal Feast Days

10/18 St. Luke the Apostle Steven Gross, Luke Hedges, Luke Speier
10/19 St. John of Kronstadt (birth of) Zak Landrum, David Lewis, Jill Wallerstedt

Our St. Athanasius parish will, once again, participate in the 40 Days for Life Vigil by praying the Trisagion (Memorial) Prayers in front of Planned Parenthood on Saturday, October 28th at 10:00 a.m. Please join us in this peaceful vigil. We will carpool at 9:30 a.m. from the church.

PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the "40 Days for Life Vigil" - September 27-November 5, 2017)

O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.

St. Lucian of Antioch

The saints of God place great importance on receiving Holy Communion before their death. Even though they were sacrificing their lives for Christ the Lord and washing away all their sins by the blood of martyrdom, the martyrs longingly received the Holy Mysteries whenever it was possible. St. Lucian was in prison with several of his disciples and other Christians. On the eve of Theophany, Lucian longed, on such a great Christian feast, to partake of the Body and Blood of Christ, for he knew that his death was imminent. Seeing the sincere desire of His sufferer, God Almighty arranged that some Christians pass bread and wine into the prison. When the Feast of Theophany dawned, Lucian called all the Christian prisoners to stand in a circle around him and said to them: "Surround me and be the Church." He had no table, chair, stone or wood in the prison upon which to celebrate the Divine Liturgy. "Holy Father, where shall we place the bread and wine?" they asked Lucian. He lay down in their midst and said: "Place them on my chest, let it be a living altar for the Living God!" And thus the Liturgy was celebrated correctly and prayerfully on the chest of the martyr, and all received Holy Communion. The next day, the emperor sent soldiers to bring Lucian out for torture. When the soldiers opened the door of the prison, St. Lucian cried out three times: "I am a Christian! I am a Christian! I am a Christian!" and with that, he gave up his soul to his God.

Dear SAOC Family,

We would like to announce that we are moving to Carlsbad, CA, Patrick's hometown, on November 1. Thank you for the ways you provided for us and gave us opportunities to stay in Goleta for the past four years. God has blessed us greatly through you. We are moving chiefly so Patrick will be able to expand his woodworking business, with the added bonus of being in close proximity to immediate family, in a city we call home. This is a bitter-sweet time for us - we cherish the many memories and will remember you with great gratitude and love. Please keep in touch! Email Nancy if you want to receive occasional photos and updates of our new place. njosephinegilbert@gmail.com.

We will attend Saint Anthony the Great Antiochian Church in Linda Vista, CA. We hope to be able to visit SAOC frequently! Please keep us in your prayers.

In Christ,

Patrick John and Nancy Mary Gilbert



OCTOBER

STEWARDSHIP MONTH

BRING THEM TO ME

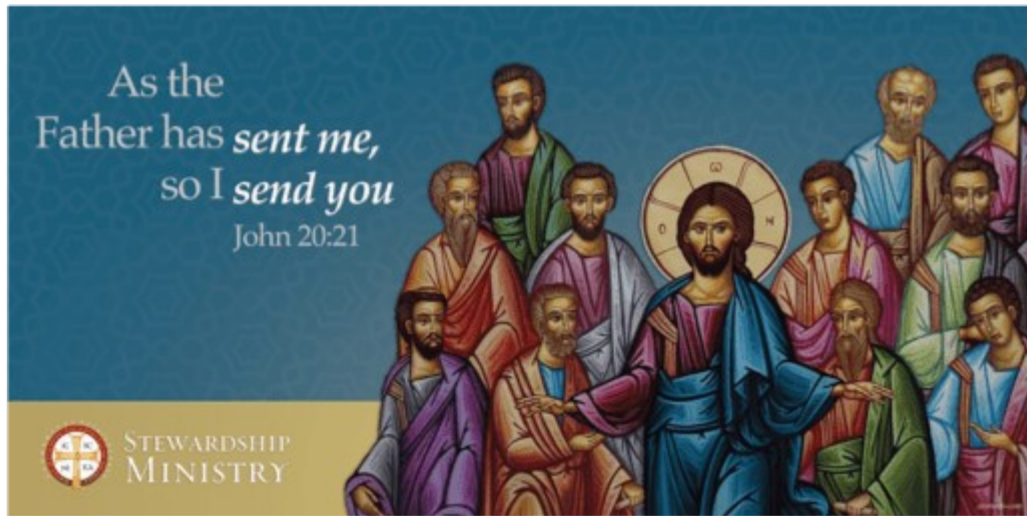
Jesus is concerned about the 5,000 men plus women and children that are with him in the wilderness. His disciples tell him that all they have are five loaves and two small fish that a boy has offered. Jesus' response is the phrase, "*Bring them to me.*" Jesus then takes the loaves, blesses and breaks them, and feeds 5,000 men plus women and children.

We also bring what we have to Jesus. We offer bread and wine. He returns it to us as His body and blood in Holy Communion. We offer ourselves and we become the Church, His body on earth. No matter how much we give, He cannot be outdone. Just like the boy who offered the loaves and the fish, if we offer what we have – however great or small our gift – with prayer and humility, God will receive our gifts and multiply them to feed His people.



IS

at St. Athanasius



The Voice of Christ in a Changing World

The base from which we serve as the *Voice of Christ in a Changing World* is the parish. A strong parish provides opportunities for sharing the Good News of Christ, for welcoming those that are searching for a spiritual home, and a base from which we are sent out into the world. The parish also provides a place for worship, community and education in the faith. To be stewards of the Gospel, we need to be stewards of our parish. This requires the vision and inspiration to see the parish, not as it is, but as it could be. We are called to offer ourselves and our treasure to make our local church all that it can be.

ADULT CATECHSIM 2017-2018
Saturdays at 4:30 p.m.

All are welcome!

- 9/23 Important Concepts
- 9/30 Tradition, pp. 7-30 from book: **DOCTRINE**
- 10/7 Trinity, pp. 137-149 (Fr. Jon Braun teaching)
- 10/14 History of the Church (Fr. Jon-Stephen Hedges teaching)
- 10/21 Creed and Creation, pp. 33-50
- 10/28 Man and Christ, pp. 52-85
- 11/4 Redemption and Resurrection, pp. 86-116
- 11/11 The Holy Spirit, pp. 118-134
- 11/18 Church art/architecture, pp. 3-22 from book: **WORSHIP**
- 11/25 Thanksgiving weekend—NO CLASS
- 12/2 Sacraments I, pp. 25-58
- 12/9 Sacraments II, pp. 25-58
- 12/16 Cycle of Prayers, pp. 60-68
- 12/23 NO CLASS
- 12/30 NO CLASS
- 1/6 The Church Year I, pp. 70-117



SANTA BARBARA CHAPTER #243 PRESENTS
AN UPLIFTING AFTERNOON WITH

VCSB Middle East Ensemble



Photo by Tony Mastres

The Ensemble's musicians, dancers, and soloists will celebrate traditional music from throughout the Mediterranean and the Levant. Players include our own Voula Aldrich on classic Oud!

- Date:** Saturday, November 4th
Time: 3:00 To 5:00 PM (*Reception to Follow*)
Location: St. Barbara Greek Orthodox Church Event Center
1205 San Antonio Creek Road, Santa Barbara
- General Admission:** \$20.00
Students (12-21 Years): \$10.00
Children Under 12: Free

Purchase Tickets at: www.Eventbrite.com

Enter Search "*Middle East Ensemble*," Click "*Tickets*," Purchase & Print

Direct: <https://www.eventbrite.com/e/middle-east-ensemble-concert-tickets-38418489737>

For Information and Assistance: Please Email Ahepa243@gmail.com
Or Call 805-682-4733 & 310-903-2688

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

October 19	NO YOUTH GROUP
October 20- 21	Overnight at Saint Barbara's Monastery <i>(Final details are in the works. We will be leaving SB in the late afternoon and returning on Saturday in the early afternoon).</i>
October 26	Regular Youth Group
Nov. 2	Regular Youth Group

BUILDING COMMITTEE UPDATE

Design. Working with our landscape architect, the parish council has approved a preliminary design for the shade structure, an extension of the pavers/hardscape, and the TotLot/play area. The hardscape and TotLot do not require permits, and we are in the process of final budget and scheduling for that work. Brian Sieck is our leader.

Permitting. The Shade Structure on the patio will require the full permitting process, from Architectural Review to Substantial Conformance Review to Land Use Permit to Building Permit. Our landscape architect is preparing the documents for the first ABR review now. Sometimes that process is straightforward, and sometimes it is not. There are time and costs associated with each step. Such are the times we live in. We will update as information is available.

- Dn. Scott Jacobs, Brian Sieck



PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Fr. Patrick and Vanessa K.
Greg & Margaret Y.
Hoppe Family
Gail S.
Dean & Penny B.
Angelina, Jase & Alina S.
Mary
Rich and Susan B.

Duane F.
Galina, Nikolai & Nataliya
Joan T.
Friesen Family
Temmo K.
Ethan K.
Tony C.
Mona Z.
Paul F. and Family
Justin B.
Fr. Anthony Y. and Family
Bill & Robin H. and Family
Tony E.
Yong and Amy

Clifford Y.
Alma G.
Guadalupe

Michael A. & Edward S., who are
studying in Russia
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

The victims of hurricanes, floods,
fires and earthquakes in Texas,
Florida, Montana and Mexico, those
injured in Las Vegas, and all of the
disaster relief workers and first-
responders

For repose of the souls of: James P., Rosa R., Kh. Mary Sue W., Victims of Las Vegas shooting, All who have died in the conflicts in the Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the foyer of the fellowship hall. The two enclosed cabinets hold icons, books, and other items that are FOR SALE. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in the brown lockbox mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. Athanasius Book Center."

All proceeds go to the parish Building Fund.

