



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Benjamin Hedges
Karen Jacobs
Dr. Jon King

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, October 25, 2015

**Tone 4 / Eothinon 10; Twenty-First Sunday
after Pentecost & Sixth Sunday of Luke**

**Martyrs Marcian and Martyrios the Notaries;
Martyrs Valerios and Chrysaphios; Tabitha the Merciful,
raised from the dead by the Apostle Peter;
Relics Translation of Venerable Sabbas the
Sanctified & Venerable John of Beverly**



St. Demetrius—Commemorated on October 26

WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, October 25

- 9:00 a.m. Religious Ed. classes Grades 1-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
4:00 p.m. St. Barbara Monastery Friends
7:00 p.m. Vespers St. Demetrios parish for their Patronal Feast

Monday, October 26

- 6:45 a.m. Daily Matins
10:00 a.m. Liturgy at St. Demetrios parish for their Patronal Feast Day
5:00 p.m. Outreach Meal at St. Michaels' University Church in Isla Vista

Tuesday, October 27

- 3:30 p.m. Catechesis Level I
5:30 p.m. Daily Vespers

Wednesday, October 28

- 6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Group
6:00 p.m. Outreach Team Meeting

Thursday, October 29

- 5:30 p.m. Daily Vespers
7:00 p.m. Choir Rehearsal

Friday, October 30

PILGRIMAGE TO ST. PAISIUS MONASTERY

- 6:45 a.m. Daily Matins

Saturday, October 31

- 4:30 p.m. Adult Catechism
6:00 p.m. Vespers

Sunday, November 1

- 9:00 a.m. Religious Ed. classes Grades 1-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

- October 25 Fr. Nicholas
November 1 D. Washburn
November 8 Fr. J. Hedges
November 15 N. Tinyayeva

Coffee Hour

- October 25 Harris
November 1 Penny Brunner (in memory of Cyrus Brunner)
November 8 Lander
November 15 Meyer

Greeters

- October 25 L. Baker, G. Shannon
November 1 K. King, P. King
November 8 D. Genatone, P. Morrison
November 15 D. Washburn, D. Lewis

Ushers

- October 25 S. Speier, P. Brunner, P. King
November 1 D. Meyer, R. Barre, D. Lewis
November 8 C. Speier, J. King, P. King
November 15 G. Shannon, C. Speier, P. Brunner

Readers

- October 25 V. Gish
November 1 T. Harris
November 7 D. Meyer (Liturgy for St. Rafael)
November 8 H. Lange
November 15 D. Alexander

INCOME FOR SEPTEMBER 2015

	Gen. Operating	Building Fund
Monthly Goal	\$33,000	\$14,120
Monthly Actual	\$28,730	\$ 4,762

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
(“Glory to You, Who have shown us the light...”) followed by the Matins Dismissal
Troparion. Complete text is in front of Liturgy book.

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE LITURGY OF THE WORD

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath
girded Himself.

**Refrain: O Son of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto
ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be in-
carnate of the holy Theotokos and ever-virgin Mary, who without change didst become
man and wast crucified, O Christ our God, trampling down death by death, who art one of
the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection (Music on page 45 of Liturgy book)

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Tone 4 Byzantine melody
harmonized by Fr. J. Finley

Troparion for the Martyrs Marcian and Martyrius

In holy zeal you dispelled the error of Arius
and proclaimed the Trinity, one in essence.
Holy martyrs Marcian and Martyrius,
unshaken bulwarks of Orthodoxy,
entreat Christ our God to grant us His great mercy!

Tone 3 Slavic Chant

Troparion to St. Athanasius
(Music on p. 54 of Liturgy book)

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten unto us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm verses before the Epistle
(Music on page 59 of Liturgy book)

Tone 4 Byzantine melody
harmonized by Fr. J. Finley

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (*Ps 103/104:24*)
Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

EPISTLE READING

Galatians 2:16-20

Brethren, you know that a man is not justified by works of the Law but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the Law, because by works of the Law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of

sin? Certainly not! But if I build up again those things, which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

Alleluia Refrain and Psalm verses before the Gospel

Tone 4

(Music on p. 64 of Liturgy book)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Draw Thy bow and prosper and reign, in the cause of truth, meekness, and righteousness. (*Ps 44/45:5*)

Verse: Thou hast loved righteousness and hated wickedness. (*Ps 44/45:8*)

GOSPEL READING

Luke 8:26-39

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before Him, and said with a loud voice, "What have you to do with me, Jesus, Son of the Most High God? I beseech you, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. [For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.] Jesus then asked him, "What is your name?" And he said, "Legion," for many demons had entered him. And they begged Jesus not to command them to depart into the abyss.

Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and were drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.

LITURGY OF THE FAITHFUL

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1)

Alleluia, Alleluia, Alleluia!



Calling all Santa's Helpers!

It's time for our annual Project Mexico Christmas Project. This year we will purchase new tennis shoes for all 25 boys at the orphanage.

Preliminary shopping searches have shown that each pair can be up to \$45. We'll need to collect approximately \$1200 so we will need many donors/supporters (45-60 @ \$20-\$25).

Remember all donation amounts are welcome. Please sign up next Sunday and the Sunday following on the SIGN UP SHEET IN THE NARTHEX, or contact Cheryl Washburn-Lander if you can participate, 698-1485. Donations must be received by Sunday, November 8th.



ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

REMINDER: PLEASE SUBMIT YOUR STEWARDSHIP FORM BY NOVEMBER 1st!

You can submit the paper form and put it in the tithe box, or go to this link and fill it out on line:
www.stathanasius.org/stewardship/

ST. BARBARA MONASTERY FRIENDS meet today at 4:00 p.m. Brother Lawrence will speak on the topic: "Love your Enemies." The presentation will be followed by Vespers and a potluck supper.

FR. NICHOLAS & JAN WILL BE ON THE RETREAT NEXT WEEKEND AT ST. PAISIUS MONASTERY, Friday, October 30-Sunday, November 1.

ST. DEMETRIOS GREEK ORTHODOX CHURCH will be celebrating its **patronal feast day** today and tomorrow with Vespers tonight at 7 p.m., and tomorrow with Matins and Divine Liturgy beginning at 9:00 a.m. The church is at 5575 Santa Rose Rd. in Camarillo. For more information, call 482-1273.

WE WILL COMMEMORATE ST. RAPHAEL OF BROOKLYN ON NOV. 7TH at 9:00 am. with Divine Liturgy. There will be a marathon that morning passing through Hollister Ave. and Sumida Gardens Lane from 7-8:00 a.m., which is why we are beginning at 9:00 a.m.

NOV. 6-7, 2015—ST. RAPHAEL OF BROOKLYN ORTHODOX CHURCH in Thousand Palms, CA will celebrate its patronal feast day and the 100-Year Jubilee of the Falling Asleep of St. Raphael.

Friday, Nov. 6th: Great Vespers at 6:00 p.m.

Saturday, Nov. 7: Matins at 9:00 a.m. followed by Liturgy at 10:00 a.m. & luncheon

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

10/28 Andy & Alyssa Simonsen

Birthdays

10/25 Justin Brunner

10/26 Tiffany Van Wagoner

10/27 Ben Hedges

10/28 Penny Brunner

Patron Saint Commemorations

10/26 **St. Demetrios** Jackson Stetler

10/28 **St. Paraskeva the Martyr** Penny Brunner



MANY THANKS...

To all those who contributed to the success of the
DIOCESAN FALL GATHERING
which our parish hosted October 9-11!
Special thanks to Christie Speier Robinson for coordinating
the entire weekend and for being such an inspiring team
leader. Many hands made the work lighter! Many of our visitors
commented on the warm hospitality shown to them by all in our parish!



TEEN SCENE

Activities—Autumn 2015

High School

Date	Activity	Time and Location
Sunday, 11/8	Rescue Mission Service Project	Meet at SAOC. Time TBA
Sunday, 11/22	Fire on Father	5:00 p.m. at Fr. Nicholas & Jan's
Sunday, 12/6	White Elephant Gift Exchange	5:00 p.m., Location TBA
Sunday, 12/13	St. Nicholas Night	Meet at 4:00 pm. to set up

Junior High School

All activities are on Saturdays after Vespers

Saturday, 11/7	Event TBA
Saturday, 12/5	Christmas Party

The Pastor's Benevolence Fund

The Pastor's Benevolence Fund enables our priest to respond to the needs of the parish and our local community at his own discernment and discretion. Many members of the parish donate to this fund periodically or monthly with donations earmarked "Pastor's Fund." Consider supporting this fund as you are able. Some of the causes supported this past year through this fund have included:

Members of our parish in need or crisis
FOCUS North America
Orthodox Christian Prison Ministries
Santa Barbara Rescue Mission
Network Medical Pregnancy Crisis Center
Villa Majella Crisis Pregnancy Home
Special Olympics

Homeless and needy individuals in our community
International Orthodox Christian Charities (IOCC)
St. Barbara Monastery
Casa Esperanza Homeless Center
Sarah House (Hospice for the homeless & needy)
Transition House (families in unstable conditions)
St. Athanasius Academy of Orthodox Theology

PRAAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Dn. Richard E.
Kh. Mary Sue W.
Greg & Margaret Y.
Hoppe Family
Kh. Mary Ellen B.
Gail S.
Dean & Penny
Kevin & Angel
Mary

Susan B.
Baby Christian F.
Duane F.
Stan and Donna F.
Angel, Helen and Family
Joy
Terri-Lynn H.
Hannah Rose H.
Holly C.
Temmo K.
Paige
Galina, Nikolai & Nataliya

Nikita
Marina
Olga Marie G.
Krista & Family
Emily F.
Joan, Jerry, Brenda
Kevin O.
Delaney N.
Sabina S.
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Adrian, Roseann B., David W., Ryan B., Jane W.

All who have died in the conflicts in the Ukraine, Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

*
* **ST. ATHANASIUS BOOK CENTER** *
*
* The church bookstore is located in the fellowship hall. The two *
* enclosed cabinets hold icons, books, jewelry and other items that *
* are FOR SALE. Payment should be made at time of purchase and *
* placed in the brown lock box ON THE BOOKSTORE SHELF. *
* Make checks payable to “St. Athanasius Book Center.” *
*

PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the “40 Days for Life Vigil” - September 23-November 1, 2015)

O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.

