

# St. Athanasius Antiochian Orthodox Church

300 Sumida Gardens Lane Santa Barbara, CA 93111 **Office hours:** Tues-Fri. 12:00—5:00 p.m.

### **Senior Pastor:**

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

### **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-968-2448 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

#### **Deacons:**

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

#### **Music Director/Administrator:**

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

### **Parish Council:**

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Verne Gish
Benjamin Hedges
Kristi King

# LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, October 30, 2016

Tone 2 / Eothinon 8; Nineteenth Sunday after Pentecost & Fifth Sunday of Luke

The Holy Martyrs Zenobius and Zenobia; Apostles Cleopas and Artemas of the Seventy; Venerable Joseph and Kyriakos, Patriarchs of Constantinople; Therapont and John the Wonderworkers; Stephen Milutin the Serbian King



### **WELCOME TO OUR VISITORS!**

We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us at Coffee Hour~ we'd love to meet you!

## Calendar for this Week

### Sunday, October 30

9:00 a.m. Religious Education ages 6-18 yrs.

9:00 a.m. Matins

10:00 a.m. Divine Liturgy 11:45 a.m. Coffee Hour

12:15 p.m. Choir Rehearsal

## Monday, October 31

6:45 a.m. Daily Matins in the new chapel

## Tuesday, November 1

3:15 p.m. Catechesis Level I

5:30 p.m. Daily Vespers in the new chapel

### Wednesday, November 2

6:45 a.m. Daily Matins in the new chapel 11 a.m.-1p.m. Shower of Blessings Ministry 12:00 p.m. Intercessory Prayer Group 5:45 p.m. Outreach Team Meeting

## Thursday, November 3

5:30 p.m. Daily Vespers in the new chapel

7:00 p.m. Choir Rehearsal

## **TEEN NIGHT:**

6:00-7:30 p.m. Jr. High Group

6:30-8:30 p.m. High School Group

## Friday, November 4

6:45 a.m. Daily Matins in the new chapel

## Saturday, November 5

8:30 a.m. Liturgy for St. Raphael

4:30 p.m. Adult Catechism

6:00 p.m. Great Vespers/Confessions

# Sunday, November 6

9:00 a.m. Religious Education ages 6-18 yrs.

9:00 a.m. Matins

10:00 a.m. Divine Liturgy 11:45 a.m. Coffee Hour 12:15 p.m. Choir Rehearsal

> Sunday Morning Ministries Schedule

### **Eucharist Bread**

October 30 Dillon November 6 Hedges November 13 Braun

November 20 Fr. Nicholas

### **Coffee Hour**

October 30 G. & R. Moon

November 6 P. Brunner in memory of Cyrus Brunner

November 13 Subdn. S. Butler (Donut Sunday!)

November 20 NEED A HOST

### **Greeters**

October 30 G. Shannon/K. King November 6 D. Genatone/P. Morrison

November 13 H. Lange/K. Fox

November 20 C. Berari, D. Washburn

### **Ushers**

October 30 J. King, D. Washburn, C. Berari November 6 G. Shannon, S. Speier, P. Brunner

November 13 P. King, D. Meyer, R. Barre November 20 D. Lewis, C. Speier, J. King

#### Readers

October 30 H. Lange November 6 D. Washburn

November 12 G. Wiley (Vespers)

November 13 D. Alexander

November 19 R. Barre (Vespers)

November 20 V. Gish

# At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

# THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

### **GREAT LITANY**

### FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

## Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]
- Vs. Glory...now & ever...Amen. [Refrain]

### SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

# Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

- Vs. For He hath established the world which shall not be shaken. [Refrain]
- Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### THIRD ANTIPHON—The Beatitudes or "Sermon on the Mount"

After each of the verses sung by antiphonal choirs, the choir and congregation sing the refrain: "Remember us, O Lord, when you come in your Kingdom."

# AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

# **Troparion of the Resurrection**

(Music on p. 42 of Liturgy book)

Tone 2 Byzantine melody harmonized by Fr. J. Finley

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy hell with Thy Godly power.
And when Thou didst raise the dead from beneath the earth,
all the powers of Heaven did cry aloud unto Thee:
O Christ, Thou giver of life, glory to Thee.

## **Troparion for Martyrs Zenobius and Zenobia**

Tone 4 Slavic Chant

As brother and sister united in <u>god</u>liness together you struggled in contest Zenóbius and Zeno<u>bí</u>a. You received incor<u>rupt</u>ible crowns and unending <u>glo</u>ry and shine forth with the grace of healing upon <u>those</u> in the world.

# Troparion to St. Athanasius (Music on p. 54 of Liturgy book)

**Tone 3** Byzantine melody harmonized by Fr. J. Finley

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

### **Kontakion - Ordinary Sundays**

### **Tone 4 Byzantine melody**

O undisputed intercessor of Christians,

harmonized by F. Karam

O mediatrix, who is unrejected by the creator.

Turn not away from the voice of our petitions, though we be sinners.

Come to us with aid in time, who cry unto thee in faith,

for thou art good. Hasten to us with intercessions, O Theotokos,

who dost always intercede for those who honor thee.

### TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

# Preparatory Psalm Verses before the Epistle (Prokeimenon) (Music on p. 57 of Liturgy book.)

Tone

2

The Lord is my strength and my song; He has become my salvation.(Ps 117/118:4)

v: The Lord has chastened me sorely, but He has not given me over to death. (Ps 117/118:18)

# EPISTLE READING 2 Corinthians1 1:31-12:9

Brethren, the God and Father of the Lord Jesus, He Who is blessed forever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped his hands. I must boast; there is nothing to be gained by it, but I will go on to visions and revelations of the Lord. I know a man in Christ who 14 years ago was caught up to the third heaven—whether in the body or out of the body I do not know, God knows. And I know that this man was caught up into Paradise—whether in the body or out of the body I do not know, God knows—and he heard things that cannot be told, which man may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me. And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated.

Three times I besought the Lord about this, that it should leave me; but He said to me, "My grace is sufficient for you, for My power is made perfect in weakness." I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

# Alleluia before the Gospel (Music on p. 64 of Liturgy book.)

Tone 2

Chanter: Alleluia, Alleluia, Alleluia! People: Alleluia, Alleluia, Alleluia!

v: May the Lord hear you in the day of trouble! May the name of the God of Jacob protect you! (Ps 19/20:1)

v: Save the King, O Lord, and hear us on the day we call! (Ps 19/20:9)

### GOSPEL READING Luke 16:19-31

The Lord said, "There was a rich man, who was clothed in purple and fine linen and who feasted sumptuously every day. And at his gate lay a poor man named Lazarus, full of sores, who desired to be fed with what fell from the rich man's table; moreover the dogs came and licked his sores. The poor man died and was carried by the angels to Abraham's bosom. The rich man also died and was buried; and in Hades, being in torment, he lifted up his eyes, and saw Abraham far off and Lazarus in his bosom. And he called out, 'Father Abraham, have mercy upon me, and send Lazarus to dip the end of his finger in water and cool my tongue; for I am in anguish in this flame.' But Abraham said, 'Son, remember that you in your lifetime received your good things, and Lazarus in like manner evil things; but now he is comforted here, and you are in anguish. And besides all this, between us and you a great chasm has been fixed, in order that those who would pass from here to you may not be able, and none may cross from there to us.' And he said, 'Then I beg you, father, to send him to my father's house, for I have five brothers, so that he may warn them, lest they also come into this place of torment.' But Abraham said, 'They have Moses and the prophets; let them hear them.' And he said, 'No, father Abraham; but if someone goes to them from the dead, they will repent.' He said to him, 'If they do not hear Moses and the prophets, neither will they be convinced if someone should rise from the dead.""

## Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*) Alleluia, Alleluia, Alleluia.

#### **HOLY COMMUNION**

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice.

### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the "40 Days for Life Vigil" - September 28-November 6, 2016)

O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.

### ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: **www.stathanasius.org.** 

**CONGRATULATIONS** to Amanda Morrison and Chris on the birth of their second child, a baby girl named Chloe Rose., born Friday October 21 at 7:17pm, 9.9lbs and 20 3/4 inches. Congratulations and many years, also, to grandparents Jim and Gloria Morrison and great grandparents Fr. John and Diane Carrillo and Phyllis Morrison!

**SINCERE CONDOLENCES** to Valerie Yova, Greg and Margaret Yova, and Fr. Anthony and Stefanie Yazge on the passing from this life of their mother, Silvia Yova, on October 21 in Akron, Ohio. May her memory be eternal. Valerie has been away for two weeks, first to minister to her mother in her last week of life, and then for the funeral and burial services.

PLEASE PRAYERFULLY CONSIDER WHAT YOU ARE ABLE TO TITHE in the coming year to both the General Operating Fund and the Building Fund, and let the Treasurer know by filling out a commitment form. There are blank forms next to the tithe box, or you can fill it in online on the church website. https://www.stathanasius.org/stewardship/

### NEED HELP WITH ARTS FESTIVAL RECEPTION

We need some help with the Sunday reception on November 13 after the choral concert. Please see the sign-up board if you can bring cookies or help, or contact Christie Speier Robinson at christie.d.robinson@gmail.com.

# CELEBRATIONS for THIS WEEK

### **Wedding Anniversaries**

11/04 Troy & Carla Harris

### **Birthdays**

11/01	Kate Vander Laan
11/01	Miriam Vander Laan
11/3	<b>Emily Speier</b>

# PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

Saturday, Nov. 5 at 8:30 a.m. Liturgy for St. Raphael

Friday, Nov. 11-Sunday, Nov. 13 Liturgical Arts Festival

Wednesday, Nov. 16 at 7:00 p.m. Frederica Mathewes Green will speak

on "The Incarnational Stream: The Sacramental Life," at SAOC,

sponsored by the Martin Institute.

Wednesday, Nov. 23 at 6:00 p.m. **Akathist of Thanksgiving** followed

by a reception—PLEASE INVITE

FAMILY, FRIENDS, COLLEAGUES!

Thursday, Nov. 24 **Thanksgiving outreach dinner** hosted

by Hollister Corridor churches; See sign-up list on bulletin board. They need help with set-up, clean-up and

baking of turkeys.

December 2-4 Feast of St. Barbara (services at

Monastery on Friday/Saturday)

# TEEN SCENE

**NOVEMBER, 2016** 

Unless specified otherwise, on Thursday evenings the Jr. Highers meet from 6pm - 7:30pm and High Schoolers meet from 6:30pm - 8:30pm.

November 3—Youth Group (Need volunteer to provide dinner.)

November 10—Youth Group—Fire on Father (Dinner provided by Kh. Jan)

November 11-13 —Liturgical Arts Festival

November 17—Youth Group (Need volunteer to provide dinner.)

November 24—Thanksgiving—NO YOUTH GROUP

Please help us to spread the word, and invite your friends to attend our

**Concert of Sacred Music** 

Sunday, November 13 at 3:00 p.m.

# at St. Athanasius Orthodox Church

Including Gregorian Chant, Georgian Chant, Orthodox Liturgical Music by Nazo Zakkak, Negro Spirituals and more!

## featuring:

The St. Athanasius Parish Choir, Valerie Yova - Conductor The Santa Barbara Catholic Mission Schola, Roy Spicer - Conductor Adelfos Ensemble, Temmo Korisheli - Conductor

Reception following the concert. (\$5 donation, no charge for children 12 yrs. and under, seating first-come/first-served)

### PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

# Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John

Fr. Jon Braun Dn. Richard E.

Kh. Diane C.

Kh. Mary Sue W. Fr. Patrick and Vanessa K.

Greg & Margaret Y. Hoppe Family

Gail S.
Dean & Penny B.
Kevin & Angel S.

Mary Carla H.
Susan B. Carla B.
Baby Christian F. Dawn L.

Duane F. Zamora Family

Galina, Nikolai & Nataliya Michael L., Penny C. and Family Olga Marie G. Greg Z.

Emily F. All those suffering and Indian Joan T. In danger in the Ukraine, Africa, and the Middle East

Jared E. James Alma G.

For repose of the souls of: Silvia Y., Tony S., Gabriel Z.,

All who have died in the conflicts in the Ukraine, Africa & the

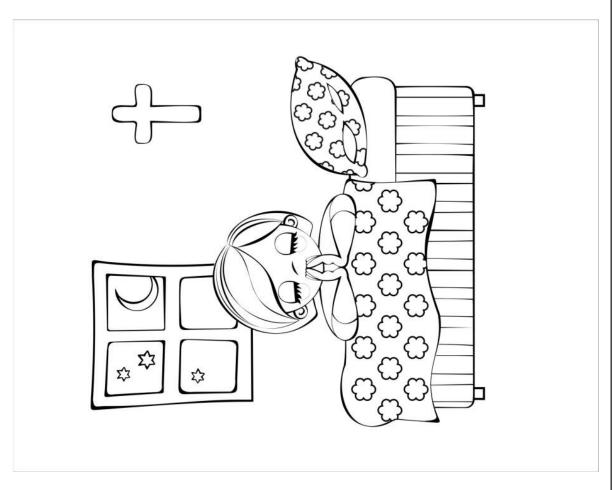
Middle East

#### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

#### \* 米 ST. ATHANASIUS BOOK CENTER 米 米 The church bookstore is located in the fover of the fellowship hall. The two 米 \*\*\*\*\*\* enclosed cabinets hold icons, books, and other items that are FOR SALE. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in the brown lockbox mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. Athanasius Book Center." All proceeds go to the parish Building Fund. \* 米 \*



For the children to color during the sermon or at home.