



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Benjamin Hedges
Karen Jacobs
Dr. Jon King

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, November 1, 2015

Tone 5 / Eothinon 11;

**Holy Unmercenaries Cosmas and Damian of Asia
& Fifth Sunday of Luke**

Theodota, the Unmercenaries' Mother; Venerable-martyr James
and his disciples James the Deacon and Dionysios of Prodromou
Skete on Athos; Venerable David of Evia in Greece



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, November 1– SET CLOCKS BACK!

9:00 a.m. Religious Ed. classes Grades 1-12
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:45 a.m. Coffee Hour

Monday, November 2

6:45 a.m. Daily Matins
 4:30 p.m. Outreach Meal at St. Michaels' University Church in Isla Vista

Tuesday, November 3

3:30 p.m. Catechesis Level I
 5:30 p.m. Daily Vespers

Wednesday, November 4

6:45 a.m. Daily Matins
 12:00 p.m. Intercessory Prayer Group

Thursday, November 5

5:30 p.m. Daily Vespers
 5:30 p.m. Women's Fellowship

Friday, November 6

6:45 a.m. Daily Matins

Saturday, November 7

9:00 a.m. Liturgy for St. Raphael of Brooklyn
 4:30 p.m. Adult Catechism
 6:00 p.m. Vespers

Sunday, November 8

9:00 a.m. Religious Ed. classes Grades 1-12
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:45 a.m. Coffee Hour

INCOME FOR SEPTEMBER 2015

	Gen. Operating	Building Fund
Monthly Goal	\$33,000	\$14,120
Monthly Actual	\$28,730	\$ 4,762

Sunday Morning Ministries Schedule

Eucharist Bread

November 1 D. Washburn
 November 8 Fr. J. Hedges
 November 15 N. Tinyayeva
 November 22 Dn. G. Braun

Coffee Hour

November 1 Penny Brunner (in memory of Cyrus Brunner)
 November 8 Lander
 November 15 Meyer
 November 22 Dillon

Greeters

November 1 K. King, P. King
 November 8 D. Genatone, P. Morrison
 November 15 D. Washburn, D. Lewis
 November 22 K. & L. Jacobs

Ushers

November 1 D. Meyer, R. Barre, D. Lewis
 November 8 C. Speier, J. King, P. King
 November 15 G. Shannon, S. Speier, P. Brunner
 November 22 P. King, D. Meyer, R. Barre

Readers

November 1 T. Harris
 November 7 D. Washburn (Liturgy for St. Rafael)
 November 7 D. Meyer (Vespers)
 November 8 H. Lange
 November 15 D. Alexander
 November 22 V. Gish

Valerie will be out of town Nov. 5-17. If you need to send an urgent email announcement out to the parish, please email it to: valerie@stathanasius.org. If you need to get into the church at a time other than a scheduled service, please contact Fr. Nicholas or the appropriate ministry team leader.

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
(“Glory to You, Who have shown us the light...”) followed by the Matins Dismissal
Troparion. Complete text is in front of Liturgy book.

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE LITURGY OF THE WORD

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath
girded Himself.

**Refrain: O Son of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto
ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be in-
carnate of the holy Theotokos and ever-virgin Mary, who without change didst become
man and wast crucified, O Christ our God, trampling down death by death, who art one of
the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses sung by antiphonal choirs, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection

(Music on p. 47-48 of Liturgy book)

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.
For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Tone 5 Byzantine melody
harmonized by Fr. J. Finley

Troparion for Cosmas and Damian

Holy unmercenaries and wonderworkers,
Cosmas and Damian,
heal our infirmities.
Freely you have received;
freely you give to us.

Tone 8 Serbian Chant

Troparion to St. Athanasius

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Kontakion - Ordinary Sundays

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten unto us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

Tone 4

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Page 60 of Liturgy book)**

Tone 5 Byzantine melody
harmonized by Fr. J. Finley

Thou O Lord shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

Verse: Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

EPISTLE READING

1 Corinthians 12:27-13:8 (Ss. Cosmas & Damian)

Brethren, you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers, then workers of miracles, then healers, helpers, administrators, speakers in various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all work miracles? Do all speak with tongues? Do all interpret? But earnestly desire the higher gifts.

And I will show you a still more excellent way.

If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing.

Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong, but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things.

Love never ends.

Alleluia Refrain and Psalm verses before the Gospel

Tone 5

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: I will sing of the mercies of the Lord forever; with my mouth;
I will make known Thy faithfulness to all generations. (Ps 88/89:1)

Verse: For Thou hast said: “Mercy shall be built up forever;
In the heavens shall Thy truth be established.” (Ps 88/89:2)

GOSPEL READING

Luke. (16:19-31)

The Lord said, “There was a rich man, who was clothed in purple and fine linen and who feasted sumptuously every day. And at his gate lay a poor man named Lazarus, full of sores, who desired to be fed with what fell from the rich man’s table; moreover the dogs came and licked his sores. The poor man died and was carried by the angels to Abraham’s bosom. The rich man also died and was buried; and in Hades, being in torment, he lifted up his eyes, and saw Abraham far off and Lazarus in his bosom. And he called out, ‘Father Abraham, have mercy upon me, and send Lazarus to dip the end of his finger in water and cool my tongue; for I am in anguish in this flame.’ But Abraham said, ‘Son, remember that you in your lifetime received your good things, and Lazarus in like manner evil things; but now he is comforted here, and you are in anguish. And besides all this, between us and you a great chasm has been fixed, in order that those who would pass from here to you may not be able, and none may cross from there to us.’ And he said, ‘Then I beg you, father, to send him to my father’s house, for I have five brothers, so that he may warn them, lest they also come into this place of torment.’ But Abraham said, ‘They have Moses and the prophets; let them hear them.’ And he said, ‘No, father Abraham; but if someone goes to them from the dead, they will repent.’ He said to him, ‘If they do not hear Moses and the prophets, neither will they be convinced if someone should rise from the dead.’”

LITURGY OF THE FAITHFUL

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1)

Alleluia, Alleluia, Alleluia!

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

SAVE THE DATE: ST. NICHOLAS CELEBRATION



Sunday, December 13 , 2015 6:00 p.m.

We will celebrate the life of St. Nicholas of Myra on Sunday, December 13th at with story telling, music, drama and a fun evening for the whole family. A lenten reception and visit from St. Nicholas will follow the program. Children ages 3-12 will be invited to leave their shoes in the hallway during the program so that St. Nicholas can fill them with treats, and all of the children will participate in welcoming St. Nicholas at the end of the program.

NEW THIS YEAR: COSTUME CONTEST!

All children ages 1-12 are asked to dress as one of the following:

- A child of the world (other countries)
- A character from the life of St. Nicholas of Myra (more details and examples to follow soon)

Prizes will be given by age groups.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

REMINDER: PLEASE SUBMIT YOUR STEWARDSHIP FORM TODAY!

You can submit the paper form and put it in the tithe box, or go to this link and fill it out on line:
www.stathanasius.org/stewardship/

FR. NICHOLAS & JAN ARE ON THE RETREAT THIS WEEKEND at St. Paisius Serbian Orthodox Monastery in Arizona.

WE WILL COMMEMORATE ST. RAPHAEL OF BROOKLYN ON NOV. 7TH at 9:00 am. with Divine Liturgy. There will be a marathon that morning passing through Hollister Ave. and Sumida Gardens Lane from 7-8:00 a.m., which is why we are beginning at 9:00 a.m.

PREPARE FOR THE ADVENT FAST by attending this year's ADVENT SEMINAR!

Friday, November 13 7-8:30 p.m. "Come, Lord Jesus!" (Christ is born anew in us!)
Saturday, November 14 9-11:00 a.m. "The Role of the Virgin Mary in our Lives"

JUST A REMINDER THAT THE ADVENT FAST BEGINS ON NOVEMBER 15th.

GIVE THANKS, GOLETA

The churches and community organizations of Goleta will gather, once again, to give thanks for our many blessings on Sunday, November 15th at 6:00 p.m. at the Goleta Valley Community Center.

THANKSGIVING DINNER AT GOLETA VALLEY COMMUNITY CENTER

We will be participating again this year in the Thanksgiving dinner provided for Goleta families and individuals in need. There are LOTS of opportunities to help, both the night before Thanksgiving with set-up and food preparation, and on Thanksgiving morning. We also need volunteers to donate and cook whole turkeys. Turkeys must be delivered to the Community Center on Thanksgiving day by 11:00 a.m. Please see the sign-up lists on the bulletin board in the narthex. The host church particularly needs help with clean-up from 2:30-5:00 p.m. Thanks for your help!

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

11/04 Troy & Carla Harris

Birthdays

11/01 Kate Vander Laan, Miriam Vander Laan

11/3 Emily Speier

11/6 Kirsten Franzen



Calling all Santa's Helpers!

We are only a few hundred dollars away from our Santa's Helpers goal. If you would like to help us provide athletic shoes for Christmas for all of the young men and boys at St. Innocent Orphanage in Mexico, donations of ANY size are welcome. You can do one of the following by November 8th:

- Put a check in the tithe box.
- Mail a check to the church: SAOC, 300 Sumida Gardens Lane, Santa Barbara, CA 93111
- Give a check to Cheryl Washburn-Lander
- Donate through the church website at: <https://www.stathanasius.org/donation/>

Checks should be made out to **ST. ATHANASIUS ORTHODOX CHURCH** and should include a note on the memo line that says: "Santa's Helpers."



MARK YOUR CALENDAR UPCOMING LITURGICAL SERVICES

Saturday, November 7	Feast of St. Raphael of Brooklyn	9:00 a.m.
Wednesday, November 18	Advent Paraklesis	6:00 p.m.
Saturday, November 21	Feast of Presentation of the Theotokos	8:30 a.m.
Wednesday, November 25	Akathist of Thanksgiving	6:00 p.m.
Wednesday, December 2	Advent Paraklesis	6:00 p.m.
Thurs, Dec 3/Fri. ,Dec. 4	Feast of St. Barbara celebrated at St. Barbara Monastery & St Barbara parish (times TBA)	

TEEN SCENE

Activities—Autumn 2015

High School

Date	Activity	Time and Location
Sunday, 11/8	Rescue Mission Service Project	Meet at SAOC. Time TBA
Sunday, 11/22	Fire on Father	5:00 p.m. at Fr. Nicholas & Jan's
Sunday, 12/6	White Elephant Gift Exchange	5:00 p.m., Location TBA
Sunday, 12/13	St. Nicholas Night	Meet at 4:00 pm. to set up

Junior High School

All activities are on Saturdays after Vespers

Saturday, 11/7	Progressive Dinner
Saturday, 12/5	Christmas Party



Congratulations and many years to Dn. Scott & Karen Jacobs on the October 17th baptism of their TWIN granddaughters, Charlotte and Sienna, born to Kent and Amanda Jacobs. The baptism took place at St. Demetrios Orthodox Church in Camarillo..

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Dn. Richard E.
Kh. Mary Sue W.
Greg & Margaret Y.
Hoppe Family
Kh. Mary Ellen B.
Gail S.
Dean & Penny
Kevin & Angel
Mary

Susan B.
Baby Christian F.
Duane F.
Stan and Donna F.
Angel, Helen and Family
Joy
Terri-Lynn H.
Hannah Rose H.
Holly C.
Temmo K.
Paige
Galina, Nikolai & Nataliya

Nikita
Marina
Olga Marie G.
Krista & Family
Emily F.
Joan, Jerry, Brenda
Kevin O.
Delaney N.
Sabina S.
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Joe, Kh. Sissy

All who have died in the conflicts in the Ukraine, Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF.
Make checks payable to “St. Athanasius Book Center.”

40 DAYS FOR LIFE 2015

Thank you for your prayers over the last 40 days for God's mercy on victims of abortion, for all those who have participated in the act of abortion in any way, and for an end to abortion in America.



Thank you, also, to our parishioners who attended the Service of Supplication in front of Planned Parenthood on October 17th. We were joined in singing the service by ten members of local Catholic parishes.

