



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

### Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

### Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

### Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

### Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

### Parish Council:

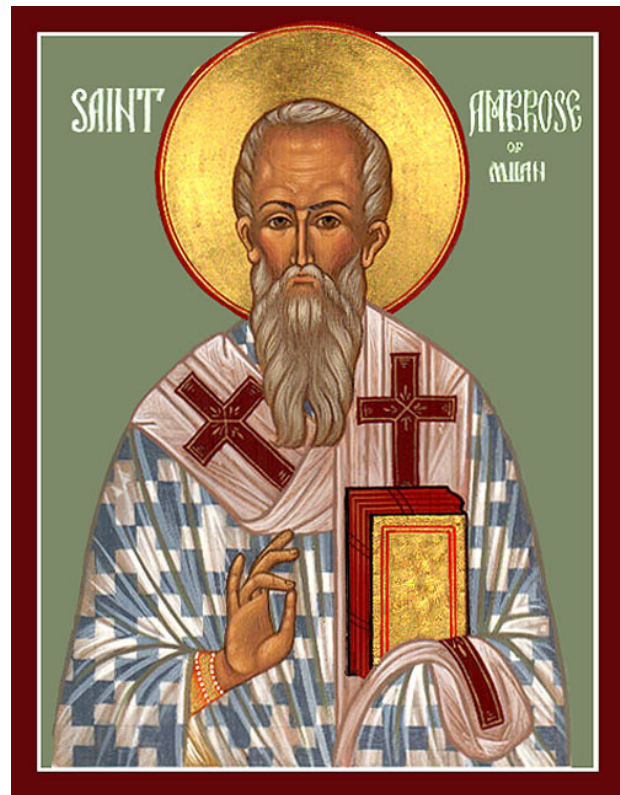
Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, December 7, 2014

**Tone 1 / Eothinon 4; Twenty-Sixth Sunday after  
Pentecost & Tenth Sunday of Luke**

Ambrose, Bishop of Milan; Martyr Athenodoros of Mesopotamia;  
Venerable Gregory, founder of Gregoriou monastery on Athos



## WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

## Calendar for this Week

### Sunday, December 7

9:00 a.m.	Religious Education
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour/All-parish meeting
12:30 p.m.	Choir Rehearsal

### Monday, December 8

6:45 a.m.	Daily Matins
5:00 p.m.	Outreach Meal at St. Michael's University Church in Isla Vista

### Tuesday, December 9

NO DAILY VESPERS

6:30 p.m.	Catechists meeting
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### Wednesday, December 10

6:45 a.m.	Daily Matins
12:00 p.m.	Women's Prayer Group
6:00 p.m.	Advent Paraklesis

### Thursday, December 11

5:30 p.m.	Daily Vespers
7:00 p.m.	Choir Rehearsal

### Friday, December 12

6:45 a.m.	Daily Matins
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### Saturday, December 13-St. Herman of Alaska

4:30 p.m.	Adult Catechism
6:00 p.m.	Great Vespers

### Sunday, December 14

9:00 a.m.	Religious Education
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
4:00 p.m.	Rehearsal for St. Nicholas program
5:30 p.m.	St. Nicholas Celebration

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

December 7	Meyer
December 14	Tinyayeva
December 21	Hedges
December 28	Kern

### Coffee Hour

December 7	A. & K. Speier
December 14	Cocores/Loulias
December 21	Teens
December 28	Christmas Potluck

### Greeters

December 7	S. & C. Shackelford
December 14	C. Robinson, K. Fox
December 21	P. Morrison/D. Genatone
December 28	D. Washburn/D. Lewis

### Ushers

December 7	D. Meyer, R. Barre, D. Lewis
December 14	C. Speier, R. Schneider, P. King
December 21	J. King, G. Braun Jr., G. Shannon
December 7	S. Speier, P. Brunner, P. King

### Readers

December 7	V. Gish
December 13	P. Braun (Vespers)
December 14	D. Meyer
December 20	T. Harris (Vespers)
December 21	D. Washburn
December 24	Kern morning/Lange evening

### **LOST AND FOUND**

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

### **AED**

### **(Automated External Defibrillator)**

The AED is located in the foyer, on the ledge of the window that looks into the church office.

# CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.  
("Glory to You, Who have shown us the light..." - Complete text is  
in the front of the Liturgy Book.)

## THE LITURGY OF THE WORD

### GREAT LITANY (FOR ADVENT)

S. Smolensky  
adapted by J. Erickson

Soprano  
Alto

1. \* 2.

A - men. Lord, have mer - cy. Lord, have mer - cy.

Tenor  
Bass

3. 4. 5.

Lord, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

6.

Lord, have mer - cy. To — Thee, — O Lord.

### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses sung by a quartet, the choir and congregation sing the refrain:

**“Remember us, O Lord, when you come in your Kingdom.”**

## **LITTLE ENTRANCE**

### **AS THE CLERGY ENTER THE ALTAR, WE SING THE FOLLOWING HYMNS FOR THE DAY:**

#### **Troparion of the Resurrection**

**(Music on p. 40 of Liturgy book)**

While the stone was sealed by the Jews,  
and the soldiers were guarding Thy most pure body,  
Thou didst arise on the third day,  
O Savior, granting life to the world.  
For which cause the heavenly pow'rs cried aloud unto Thee, O Giver of life;  
Glory to Thy resurrection, O Christ!  
Glory to Thy kingdom!  
Glory to Thy providence, O Thou  
Who alone art the lover of mankind.

**Tone 1** (Byzantine melody

harmonized by Fr. J. Finley)

#### **Troparion to St. Athanasius**

**(Music on p. 54 of Liturgy book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3** (Byzantine melody

harmonized by Fr. J. Finley)

#### **Kontakion for the Preparation of Christ's Nativity**

The virgin cometh today to the cave  
to give birth, ineffably to bring forth the Word eternal.  
Therefore, rejoice, O earth, at the message;  
with the angels and shepherds give glory to Him  
Who shall appear by His own will as a young child,  
He who is from eternity God.

**Tone 3** (Byzantine melody

harmonized by F. Karam)

## TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (sung 3 times)

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**A** *Slowly* **Trisagion** *M. Aprahamian*

*p* Ho - - - ly God; Ho - - - ly Migh - ty;

Ho - - - ly Immor - tal have mer - cy on us.

## Preparatory Psalm Verses before the Epistle (Page 56 of Liturgy Book)

**Tone 1** (Byzantine melody  
harmonized by Fr. J. Finley)

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

**Verse:** Rejoice in the Lord, O you righteous! Praise is becoming to the upright.  
(Ps 32/33:1)

## EPISTLE READING—Ephesians 5:8-19

Brethren, walk as children of light (for the fruit of light is found in all that is good and right and true), and try to learn what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light. Therefore it is said, "Awake, O sleeper, and arise from the dead, and Christ shall give you light."

Look carefully then how you walk, not as unwise men but as wise, making the most of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery; but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**  
(Music on page 64 of Liturgy Booklet)

**Tone 1**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** It is God Who avenges me, and subdues people under me. (*Ps 17/18:47*)

**Verse:** He gives great deliverance to His King, and shows mercy to His anointed,  
to David and his seed forever. (*Ps 17/18:50*)

**GOSPEL READING—Luke 13:10-17**

At that time, Jesus was teaching in one of the synagogues on the Sabbath. And there was a woman who had had a spirit of infirmity for eighteen years; she was bent over and could not fully straighten herself. And when Jesus saw her, he called her and said to her, "Woman, you are freed from your infirmity." And he laid his hands upon her, and immediately she was made straight, and she praised God. But the ruler of the synagogue, indignant because Jesus had healed on the Sabbath, said to the people, "There are six days on which work ought to be done; come on those days and be healed, and not on the Sabbath day." Then the Lord answered him, "You hypocrite! Does not each of you on the Sabbath untie his ox or his ass from the manger, and lead it away to water it? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen years, be loosed from this bond on the Sabbath day?" As Jesus said this, all his adversaries were put to shame; and all the people rejoiced at all the glorious things that were done by him.

**LITURGY OF THE FAITHFUL**

**Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Hymns sung as the clergy receive the Eucharist for the feast of the Cross**

- Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
- The Jesus Prayer: “O Lord Jesus Christ, Son of God, have mercy on me, a sinner.”

### **Recessional: “Be Prepared, O Bethlehem”**

Be prepared, O Bethlehem, Eden opens now to all;  
O Ephratha ready make: for within the stable cave,  
From the Virgin Mary pure, the tree of life has blossomed forth.  
For her womb is shown to be paradise in spirit;  
in which is the plant divine from which having truly fed,  
we will live forevermore, and not die as Adam did.  
Christ the Lord is born to raise the image that had fallen long before.

### **CHURCH ETIQUETTE CORNER** **Participation in the Divine Liturgy**

The Divine Liturgy begins with the priest quietly praying for the Holy Spirit to be present and then he proclaims, “Blessed is the Kingdom of the Father, Son and Holy Spirit...” We should make every effort to be present for this moment, to join with each other and with the saints and angels, inaugurating our participation in that heavenly worship of the Holy Trinity at the glorious throne of God with our first resounding “Amen!”

If, however, you do arrive late, try to enter quietly, being sensitive to what is happening in the service. If you enter during the Epistle, Gospel, Homily, or the processions of the Little or Great Entrance, please wait until the liturgical action is completed to take a seat.

During the Liturgy, make an effort to remain throughout the entire service. Perhaps use the restroom and freshen up before entering so that, all together, we can praise and honor God.

The worship of the Church is a therapeutic method by which we come to our senses and find life, healing, and the rediscovery of our true identity. It is our time to stop and come together for this purpose — and to give thanks to our God who grants forgiveness of sins and immortal life!



## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

**Fr. Nicholas and Jan will be in New York from December 5-9 for the Enthronement of Metropolitan Joseph of the Antiochian Archdiocese.**

**CONGRATULATIONS AND MANY YEARS** to Josh and Dayli Braun on the birth of their son, Dexton Daniel, on November 21st. Congrats, also, to grandparents, Dan and Judy Braun, and great grandparents, Fr. Jon and Mary Ellen Braun!

### **ALL-PARISH MEETING TODAY at 12:00 p.m.**

Please join the Parish Council for a brief update on the building project and a summary of the results from our all-parish workshop regarding the priorities going forward.

### **WOMEN'S FELLOWSHIP GATHERING SATURDAY, DECEMBER 20**

All women of the parish are invited to a holiday gathering on Saturday, December 20th from 9:00-11:00 a.m. We will prepare toiletry gift bags to be given out at this year's St. Brigid Christmas Day Breakfast in Isla Vista for the homeless. After working on our service project, we will have some time of fellowship and refreshments. Look for an E-vite in the next week.

### **HOLLISTER CORRIDOR CAROLING PARTY—December 21**

On Sunday, December 21st at 7:00 p.m., we are invited to carol through Old Town Goleta with Christ the King Episcopal Church (the organizers) and members of the other churches in the Hollister Corridor. We will meet at the Goleta Valley Community Center and go from there. All are welcome!! Bring the kids!

## ***CELEBRATIONS for THIS WEEK***

### **Wedding Anniversaries**

12/11 Dn. Richard & June Easbey

12/12 Dn. Scott & Karen Jacobs, Fr. Jon-Stephen & Melissa Hedges

### **Birthdays**

12/7 Lilyana Joelle Williams

12/9 Jesse Speier

12/14 Gail Shannon

### **Patron Saint Commemorations**

12/9 St. Hannah, Mother of Prophet Samuel Hannah Sieck

12/10 St. Angelina of Serbia Angel Speier

12/13 St. Lucia Lucy Speier, Lucia Speier

# **SCHEDULE FOR UPCOMING FEAST DAYS & CELEBRATIONS**

## **ST. NICHOLAS CELEBRATION**

**Sunday, December 14 at 5:30 p.m.**

We will celebrate the life of St. Nicholas of Myra on Sunday, December 14th at 5:30 p.m. by telling the story of his saintly life in narration, pictures and music. It will be a fun evening for the whole family. A lenten reception and visit from St. Nicholas will follow the program. Children ages 3-12 will participate at the end of the program.

## **FEAST OF THE NATIVITY OF CHRIST**

**Wednesday, December 24—Christmas Eve**

8:00 a.m. Royal Hours (Complete)

8:00 p.m. Nativity Matins & Liturgy

**Thursday, December 25—Christmas Day**

**NO MORNING SERVICE**

10:00 a.m. Outreach Breakfast—St. Michael's University Church  
hosted by St. Brigid Fellowship — all parishioners invited!

**COMMEMORATION OF THE INNOCENTS SLAIN BY HEROD**

**Saturday, December 27 at Vespers—6:00 p.m.**

**Prayers for the souls of infants** who have died in childbirth, were stillborn or who died as a result of an abortion

**BLESSING OF THE GRAVES**

**Sunday, December 28 at 1 p.m.—Goleta Cemetery Visit**  
with prayers and caroling

## **ST. BASIL/NEW YEAR**

**Wednesday, December 31**

6:00 p.m. Vespers Liturgy for St. Basil

7:30 p.m. Family New Year's Celebration/Potluck

Countdown at 9:00 p.m. **BRING THE KIDS!**

# 2014 St. Nicholas Drive for the Needy

**ST. BRIGID FELLOWSHIP IS COLLECTING ITEMS FOR THE HOMELESS** to be distributed at our outreach breakfast on Christmas morning. Please keep the homeless in mind as you are doing holiday shopping and consider purchasing an item for the collection. We are asking for:

- **white athletic socks**
- **warm hats and mittens**
- **new or gently used/clean sweatshirts**
- **new or gently used/clean sleeping bags or blankets**

Drop your donated items in the large, decorated box in the foyer of the church.

Please do NOT gift-wrap the donated items.

**Please limit your gifts to the specific items requested. Thanks!!**



## ❄️ Outreach Breakfast on Christmas Morning

Once again, our St. Brigid Ministry Team will be coordinating the lovely Christmas breakfast for the homeless and needy on Dec. 25th at 10:00 a.m. at St. Michael's University Church in Isla Vista. We need lots of help with set-up, clean-up, food preparation, and entertainment, so please sign up to lend a hand in whatever way that you are able. The list is posted on the large bulletin board in the foyer.

If it is impossible to bring food directly to the breakfast on Christmas morning, food items may be brought to the church on Christmas Eve. Hot food items may be dropped off at our church on Christmas morning between 9:00-9:30 a.m. and someone will transport it to the breakfast in Isla Vista. Please drop off food items in the storage room off the patio (future kitchen).

**Bring the entire family that day and enjoy an extra special Christmas morning blessing by opening your hearts to those in need!**

# camp st. nicholas | winter 2015

FEBRUARY 13 - 16, 2015

# LIVING a whole LIFE

Love the Lord your God  
with all your *heart*,  
with all your *soul*,  
and with all your *mind*.

Matthew 22:37 / Mark 12:30 / Luke 10:27

**Registration opens Sunday, November 16 @ 7PM PST**

*Be sure to register early. Limited space is available!*

Open to youth in Grades 7-12 (ages 12-19)

## Price

Early bird: \$155/person  
(Register & pay by Jan 9, 2015)

Standard: \$170/person

## Camp Arrivals & Departures

Arrivals: 2/13 from 5-7pm

Departures: 2/16 from 9-11am

## Transportation Available

Departing/Returning

Option 1: Home Depot parking lot, Burbank

Option 2: St. Luke's, Garden Grove

\$50/Round Trip - or - \$30/One Way



[www.campstnicholas.com](http://www.campstnicholas.com)

## EXPANDED BOOKSTORE AND BOOK SIGNING

Today and next Sunday, Dec. 14, the bookstore will offer lots of wonderful items for Christmas, including several children's books by our very own Jane Meyer!

Jane will be available today and next Sunday to sign her books for the special children in your life. Proceeds from the bookstore benefit the church Building Fund!

*Diocese of Los Angeles and the West Enthronement Gala Celebration of*

**HIS EMINENCE, METROPOLITAN JOSEPH  
ARCHBISHOP OF NEW YORK AND  
METROPOLITAN OF ALL NORTH AMERICA**

**Saturday, January 31, 2015**

Sheraton Universal Hotel – Universal City, California  
Benefitting St. Nicholas Camp and Youth Education Programs

3:30 PM Clergy and Clergy Wives Reception

5:00 PM Vesper Service

6:00 PM Cocktail Reception

7:30 PM Dinner and Program

*Youth and Young Adult Brunch with Metropolitan JOSEPH  
Saturday 11:00 AM*

*Hierarchical Divine Liturgy beginning with Orthros  
Sunday 9:15 AM*

*Both of these events will take place at St. Nicholas Cathedral  
2300 West 3<sup>rd</sup> Street, Los Angeles, CA 90057*

Tickets: \$185.00 per person  
\$100 for a Young Adult Ticket (Ages 18-30 yrs.)  
which includes the Young Adult Brunch Saturday morning.

To order tickets online visit: [www.antiochianladiocese.org](http://www.antiochianladiocese.org)

# **TEEN SCENE**

## **JOURNEY TO ADULthood**

### **Schedule of Activities and Service Projects**

For more information, contact Lara Jacobs —Teen Program Coordinator  
at: cpejacobs@gmail.com

#### **High School —Grades 9-12**

- |                     |   |
|---------------------|---|
| Sunday, December 7  | Small Group Gatherings<br>Girls 4:30-6:00 p.m., Boys 6:00-7:30 p.m.<br>Both will be in the “Elephant Room” (teen room). |
| Sunday, December 14 | St. Nicholas Night                      Details TBA   |
| Sunday, December 21 | X-mas Party & Fire on Father 5:00 p.m. in Teen Room<br>Teens should bring a white elephant gift of \$10 or less.        |

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#### **Junior High School—Grades 7-8**

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|-----------------------|---|
| Saturday, December 13 | Christmas Tree Decorating      Time TBA         |
| Sunday, December 14   | St. Nicholas Night                  Details TBA |

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
of Syria  
Fr. Thomas H.  
Dn. Richard E.  
Dn. Scott J.  
Peggy K. and Family  
Fr. Gordon & Mary Sue W.  
The Hartung Family

Greg & Margaret Y.  
Mary Ellen B.  
Gail S.  
Dean & Penny  
Mary & Susan  
Baby Christian F.  
Duane F.  
Larry L.  
Sandy S.  
Drew W.

Katie Zoe  
Yvette B.  
Marliese Z.  
All those suffering and  
in danger in the Ukraine,  
Nigeria, and the  
Middle East  
Cheri W.  
Hoppe Family  
Kh. Marilyn G.

### **For repose of the souls of:**

Fr. Michael R., Fr. John H., Fr. Gabe. A., Susan M.  
All who have died in the conflicts in the Ukraine,  
Syria and Palestine

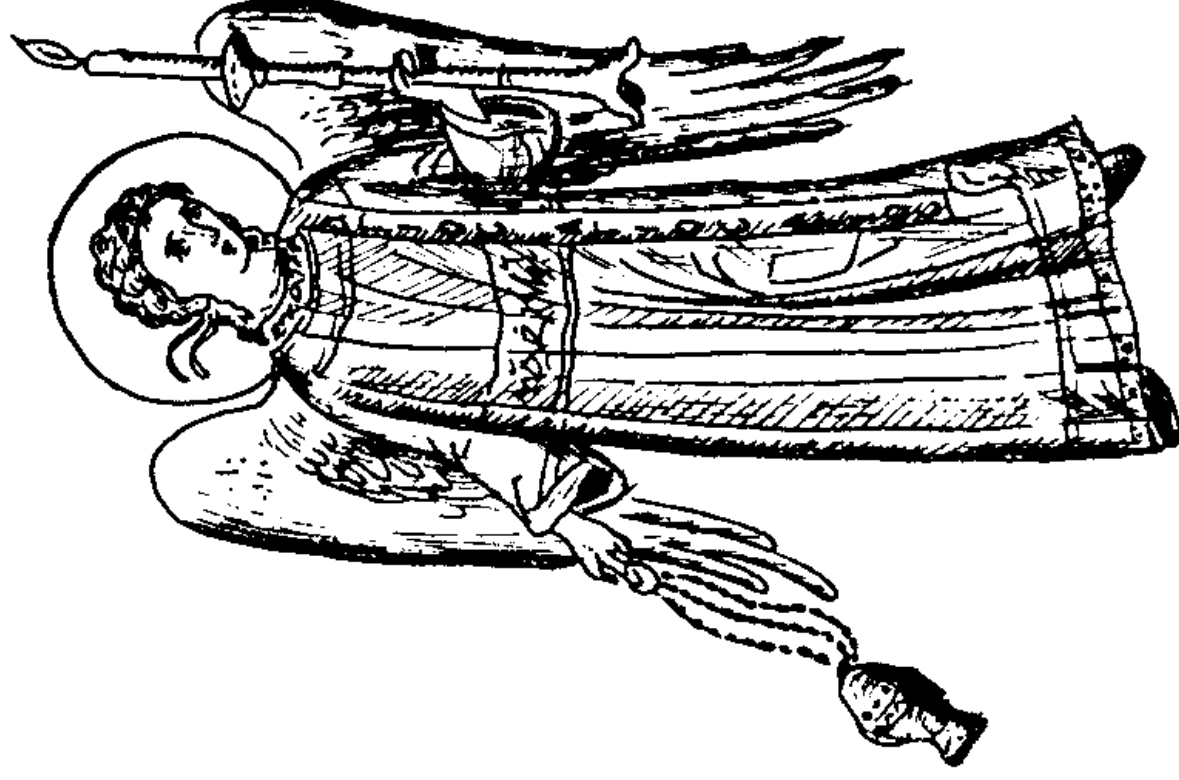
### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedie (Preparation of the Bread and Wine for Communion).

## **ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF.  
Make checks payable to "St. Athanasius Book Center."



FOR THE CHILDREN TO COLOR  
DURING THE HOMILY OR AT HOME -