



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Pastor:**

Fr. Symeon Halsell  
805-685-5495  
frsymeon@stathanasius.org

**Priests attached to the parish:**

Fr. Nicholas Speier (Pastor Emeritus)  
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)  
Fr. Jon Braun (retired)  
Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Parish Council 2022-2023:**

Dorothy Alexander  
Dan Braun, Treasurer  
Dominic Dopico  
Glenn Hoppe  
Lizabeth Hoppe  
Lara Jacobs  
Zak Landrum  
Michael Loulias

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
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**Teen Program & College/Young Adult  
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

## **DIVINE LITURGY OF ST. JOHN CHRYSOSTOM** Sunday, October 30, 2022

**Tone 3 / Eothinon 9;  
Twentieth Sunday after Pentecost &  
Fifth Sunday of Luke**  
**The Holy Martyrs Zenobius and Zenobia**  
Apostles Cleopas and Artemas of the Seventy;  
Venerable Joseph and Kyriakos, Patriarchs of Constantinople



### **WELCOME TO OUR VISITORS!**

We are glad you are with us this morning.  
If you are not Orthodox, we invite you to partake of the  
blessed bread during communion.  
Please join us on the patio after the Liturgy for Coffee Hour.  
We'd love to meet you!

### **We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

## **CALENDAR FOR THE WEEK**

### **Sunday, October 30**

9:00 a.m. **RELIGIOUS ED. for ages 3-12 yrs.**  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:30 a.m. **TEEN RELIGIOUS EDUCATION**  
11:45 p.m. Agape Meal—Autumn Harvest  
12:30 p.m. Adult Catechism

### **Monday, October 31**

7:00 a.m. Daily Matins  
5:15 p.m. St. Xenia Prayer Ministry—Akathist  
by Zoom

### **Tuesday, November 1**

5:30 p.m. 9th Hour Prayers, Pizza and  
Book Study for Adults

### **Wednesday, November 2**

7:00 a.m. Daily Matins  
12:00 p.m. St. Xenia Prayer Ministry

### **Thursday, November 3**

7:45 a.m. St. Xenia Prayer Ministry by Zoom  
8:30 a.m. Divine Liturgy  
10:00 a.m. Showers of Blessing  
5:30 p.m. Daily Vespers  
6:00 p.m. Youth Group

### **Friday, November 4**

7:00 a.m. Daily Matins

### **Saturday, November 5**

8:30 a.m. Liturgy for St. Raphael  
6:00 p.m. Great Vespers/Confessions

### **Sunday, November 6-TURNCLOCKS BACK!**

9:00 a.m. **RELIGIOUS ED. for ages 3-12 yrs.**  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:30 a.m. **TEEN RELIGIOUS EDUCATION**  
11:45 p.m. Agape Meal  
12:30 p.m. Adult Catechism

## **SUNDAY MORNING MINISTRIES SCHEDULE**

### **EUCCHARIST BREAD**

October 30 Dn. Gary  
November 6 Dillon  
November 13 TBA  
November 20 Meyer

### **READERS**

October 30 Gish  
November 6 Lange  
November 12 Kern (Vespers)  
November 13 Alexander  
November 19 Meyer  
November 20 Butler

### **GREETERS**

October 30 H. Lange/D. Washburn  
November 6 L. Baker  
November 13 K. Fox/K.P. King  
November 20 P. Cocores/M. Loulias

### **USHERS**

October 30 C. Speier/S. Speier  
November 6 P. King/J. King  
November 13 K.L. King/D. Washburn  
November 20 M. Meyer/M. Loulias

### **AGAPE MEAL HOSTS**

October 30 AUTUMN HARVEST  
November 6 Team Kawahara  
November 13 Team Hoppe  
November 20 Team T&S Speier

### **THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM**

Nov. 3 D. Alexander/J. Jones  
Nov. 10 F. Young/K. Flores  
Nov. 17 L. Ballew  
Nov. 24 Loulias/Gomez

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion**

### GREAT LITANY

#### FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

#### SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

**Glory to the Father and to the Son and to the Holy Spirit;  
Now and ever and unto ages of ages. Amen.**

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.  
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.  
Blessed are those who mourn, for they shall be comforted.  
Blessed are the meek, for they shall inherit the earth.  
Blessed are those who hunger and thirst after righteousness, for they shall be filled.  
Blessed are the merciful, for they shall obtain mercy.  
Blessed are the pure in heart, for they shall see God.  
Blessed are the peacemakers, for they shall be called the sons of God.  
Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.  
Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.  
Rejoice and be exceedingly glad, for great is your reward in heaven.

**AS THE CLERGY ENTER THE ALTAR AT THE  
LITTLE ENTRANCE, WE SING THE FOLLOWING  
HYMNS FOR THE DAY**

**Troparion of the Resurrection**

**Tone 3**

**(Music on p. 44 of Liturgy book)**

Let the heavens rejoice and the earth be glad,  
for the Lord hath done a mighty act with His own arm.  
He hath trampled down death by death  
and become the first born from the dead.  
He hath delivered us from the depths of Hades,  
granting the world the great mercy.

**Troparion for Martyrs Zenobias and Zenobia**

**Tone 4**

As brother and sister united in godliness  
together you struggled in contest Zenóbius and Zenobía.  
You received incorruptible crowns  
and unending glory//  
and shine forth with the grace of healing upon those in the world.

**Troparion to St. Athanasius****Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion - Ordinary Sundays****Tone 4**

O undisputed intercessor of Christians,  
The mediatrix, who was unrejected by the Creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith, for thou art good.  
Hasten to us with intercessions, O Theotokos,  
who dost ever intercede for those who honor thee.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle  
(Music on p. 58 of Liturgy book)****Tone 3**

Sing praises to our God, sing praises. Sing praises to our King, sing praises. *(Ps 46/47:6)*

**Verse:** Clap your hands all you peoples!

Shout to God with a voice of joy! *(Ps 46/47:1)*

**EPISTLE READING****Galatians 1:11-19**

Brethren, I would have you know that the Gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the Church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people; so extremely zealous was I for the traditions of my fathers.

But when He Who had set me apart before I was born, and had called me through His grace, was pleased to reveal His Son to me, in order that I might preach Him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were Apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other Apostles except James the Lord's brother.

### **Preparatory Psalm Verses with Alleluia Refrain Before the Gospel    Tone 3**

Chanter:        Alleluia, Alleluia, Alleluia!  
People:        **Alleluia, Alleluia, Alleluia!**

**Verse:** In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

**Verse:** Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

### **GOSPEL READING**

#### **Luke. (16:19-31)**

The Lord said, "There was a rich man, who was clothed in purple and fine linen and who feasted sumptuously every day. And at his gate lay a poor man named Lazarus, full of sores, who desired to be fed with what fell from the rich man's table; moreover the dogs came and licked his sores. The poor man died and was carried by the angels to Abraham's bosom. The rich man also died and was buried; and in Hades, being in torment, he lifted up his eyes, and saw Abraham far off and Lazarus in his bosom. And he called out, 'Father Abraham, have mercy upon me, and send Lazarus to dip the end of his finger in water and cool my tongue; for I am in anguish in this flame.' But Abraham said, 'Son, remember that you in your lifetime received your good things, and Lazarus in like manner evil things; but now he is comforted here, and you are in anguish. And besides all this, between us and you a great chasm has been fixed, in order that those who would pass from here to you may not be able, and none may cross from there to us.' And he said, 'Then I beg you, father, to send him to my father's house, for I have five brothers, so that he may warn them, lest they also come into this place of torment.' But Abraham said, 'They have Moses and the prophets; let them hear them.' And he said, 'No, father Abraham; but if someone goes to them from the dead, they will repent.' He said to him, 'If they do not hear Moses and the prophets, neither will they be convinced if someone should rise from the dead.'"

### **Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Communion Hymn**

Praise the Lord from the heavens; praise Him in the Highest!

Their proclamation has gone out into all the earth, and their words to the ends of the universe! (*Ps. 18:4*) Alleluia!

### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

### **PLEASE NOTE THE FOLLOWING TIME CHANGE....**

Starting in Advent, weekly Great Vespers on Saturdays

will begin at **5:30 p.m.** instead of 6:00 p.m.

The change begins on Saturday, November 19th.

## **ANNOUNCEMENTS**

**NEXT SUNDAY, NOV. 6th we turn our clocks BACK ONE HOUR.**

**MEN'S FELLOWSHIP OF ST. JOHN will not meet in November. Fr. Symeon will be out of town next Saturday.**

**ST. BARBARA MONASTERY WILL HOST THEIR MONTHLY FRIENDS GATHERING today at 4:00 p.m. Fr. John Tomasi (Pastor of Our Lady Joy of All Who Sorrow Mission in Los Angeles, CA) will speak on "Judgement, Repentance and Resurrection." His presentation will be followed by Vespers and a potluck supper.**

**ADULT CATECHISM CONTINUES TODAY** after the Agape Meal. All adults are welcome to attend, whether inquirers, catechumens, or lifelong Orthodox Christians. The schedule for the rest of this autumn season is below. Classes pause during Advent and start up again on January 15th.

- |             |  |
|-------------|--|
| October 30  | Icons: Proclaiming Salvation in Image                        |
| November 6  | The Second Coming of Christ and Judgment Day                 |
| November 13 | Practicing the Faith in Daily Life - Putting It All Together |

### **MINISTRIES IN NEED OF VOLUNTEERS:**

We have recently lost several members of our **Sunday morning Greeters** team, and our **Showers of Blessing hospitality team**.

- Greeters serve once every 4 or 5 Sundays and are asked to be present no later than 9:30 a.m. to greet visitors and pass out the bulletin.
- Showers of Blessing volunteers generally serve once a month in preparing and serving beverages on Thursday mornings. It is a commitment of 2-3 hours.

If you are able to assist in either of these ministries, please contact Mike Loulias at [bmklou@gmail.com](mailto:bmklou@gmail.com).

## ***CELEBRATIONS THIS WEEK***

### **Birthdays**

- |       |                                      |
|-------|--------------------------------------|
| 10/31 | Adora Wayne                          |
| 11/01 | Kate Vander Laan, Miriam Vander Laan |
| 11/3  | Emily Speier                         |



**PARISH BOOK STUDY for Adults**

**on Tuesdays**

**October 18-November 15, 2022**

**5:30 p.m.**

- Prayers of the Ninth Hour
  - Light Meal
  - Book Study on

*The Struggle for Virtue* by Abp Averky Taushev

**Childcare available for children 3-10 years old.**  
Please talk to Fr. Symeon if you would like to have  
childcare during the class.

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**ADVENT SEMINAR**

**Saturday, November 12, 2022**

**10:00 a.m.—12:00 noon**

“Make Your Offering to the Lord: Giving of Ourselves through a Joyful Tithe,  
Freewill Offerings and First Fruits”

**2022 GOLF TOURNAMENT**

Total income           \$183,220.54

Total expenses        \$ 45,033.26

Profit                     \$138,187.28

All proceeds go to the Temple Fund this year!

Thank you to our Fundraising Team, and to all who  
supported our annual fundraiser for the Building Fund!

**Please pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.**

Chandler Baker  
Tatianna Calhoun  
Brett and Laura Eberhard, Taylor & Madison  
Kaleigh Flores  
Sean Ryan  
Gage Salinas  
Mary Wolfington, Alicia & Gabriel

## **STEWARDSHIP MONTH**

**For the next 4 Sundays, we will have  
Stewardship Commitment Cards available next to the tithe box.  
We ask that each active member/household fill out a form  
and put it in the tithe box.**

On Sunday, November 20th, all of the cards will be put on the altar table during the Liturgy as an “offering,” and we will pray that our commitments for the coming year will be blessed.

Commitment Cards will be collected each week from the tithe box until November 20th, and **all will be presented that day as an offering.**

“The amount we give is not judged by the largeness of our gifts but the largeness of our hearts.” - *St. John Chrysostom*

“I have an agreement with God: I will empty my pockets in almsgiving and He will fill them. He has never violated our agreement. Will I violate it? May it never happen!” - *Elder Epiphanius of Athens*

“The merciful person is he who gives to others what he has himself received from God, whether it be money, food, strength, a helpful word, prayer or any- thing else that he has through which he can express his compassion for those in need. At the same time he considers himself a debtor since he has received more than he is asked to give.” - *St. Peter of Damascus*

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Markos  
Fr. Jon B.  
Fr. John & Kh. Diane C.  
Audrey C.  
Greg & Margaret Y.  
Hoppe Family in Albania  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Monsignor J. Yanek  
Bob N.  
Kh. Melissa H.  
Cole K. (military)  
Jeremiah H. (Airforce Academy)  
Lauren & Fernando J. (military)  
Chase K. (military)  
Nick & Kristine J. (military)  
Connor V. (military)  
Julianna B. (military)  
P. Speier (military)

Subdn. Matthew W. (seminary)  
Steve T.  
Phyllis M.  
Abp. Benjamin  
Kris F.  
Temmo K.  
Sarah B.  
Jerry J.  
Chuck S.  
Dn. John & Fay Y.  
Zachary B.  
Samantha & Chris N. & Family  
Lander and Washburn Families  
Bob  
Cheryl F.  
Michael V.  
Jane M.  
Hannah S.  
J. Palmer  
Leslie O.  
Julie & Mario

Chase  
Paige  
Jaymie  
Kyser  
Carla B.  
Chrissy M.  
Dn. Scott J.  
David W.

The Ethiopian Orthodox Church  
The Church & people in Lebanon  
All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East

Please pray for the raising up and support  
of long-term missionaries from our parish.

**For repose of the souls of:** Met. Herman, Met. Kallistos (Ware), James,

## ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to S.A.O.C. Bookstore. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Temple Fund.**

## **The Hieromartyr Zenobius, Bishop of Aegea, and his sister**

**Zenobia** suffered a martyr's death in the year 285 in Cilicia. From childhood they were raised in the holy Christian Faith by their parents, and they led pious and chaste lives. In their mature years, shunning the love of money, they distributed away their inherited wealth giving it to the poor. For his beneficence and holy life the Lord rewarded Zenobius with the gift of healing various maladies. He was also chosen bishop of a Christian community in Cilicia.

As bishop, Saint Zenobius zealously spread the Christian Faith among the pagans. When the emperor Diocletian (284-305) began a persecution against Christians, Bishop Zenobius was the first one arrested and brought to trial to the governor Licius. "I shall only speak briefly with you," said Licius to the saint, "for I propose to grant you life if you worship our gods, or death, if you do not." The saint answered, "This present life without Christ is death. It is better that I prepare to endure the present torment for my Creator, and then with Him live eternally, than to renounce Him for the sake of the present life, and then be tormented eternally in Hades."

By order of Licius, they nailed him to a cross and began the torture. The bishop's sister, seeing him suffering, wanted to stop it. She bravely confessed her own faith in Christ before the governor, therefore, she also was tortured.

By the power of the Lord they remained alive after being placed on a red-hot iron bed, and then in a boiling kettle. The saints were then beheaded. The priest Hermogenes secretly buried the bodies of the martyrs in a single grave.

Saint Zenobius is invoked by those suffering from breast cancer.

<https://www.oca.org/saints/lives/2022/10/30/103110-hieromartyr-zenobios-and-his-sister-zenobia-of-aeg-in-cilicia>