



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Beatitude, Patriarch John X

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2022-2023:

Dorothy Alexander

Dan Braun, Treasurer

Dominic Dopico

Glenn Hoppe

Lizabeth Hoppe

Lara Jacobs

Zak Landrum

Michael Loulias

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

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**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, November 6, 2022

**Tone 4 / Eothinon 10; Twenty-first Sunday after
Pentecost & Seventh Sunday of Luke**

Paul the Confessor, Archbishop of Constantinople
Venerable Luke of Sicily; Paul of Corinth, the fool-for-Christ



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, November 6-TURNCLOCKS BACK!

9:00 a.m. RELIGIOUS ED. for ages 3-12 yrs.
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. TEEN RELIGIOUS EDUCATION
11:45 p.m. Agape Meal
12:30 p.m. Adult Catechism

Monday, November 7

7:00 a.m. Daily Matins
5:15 p.m. St. Xenia Prayer Ministry—Akathist
by Zoom

Tuesday, November 8

5:30 p.m. 9th Hour Prayers, Pizza and
Book Study for Adults

Wednesday, November 9

7:00 a.m. Daily Matins
12:00 p.m. St. Xenia Prayer Ministry
4:30 p.m. Rehearsal for Paraklesis
6:30 p.m. Women's Book Study

Thursday, November 10

7:45 a.m. St. Xenia Prayer Ministry by Zoom
8:30 a.m. Divine Liturgy
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00-7:45 p.m. Jr. High Youth Group
6:45-8:30 p.m. High School Youth Group

Friday, November 11

7:00 a.m. Daily Matins

Saturday, November 12

10:00 a.m. Advent Seminar
6:00 p.m. Great Vespers/Confessions

Sunday, November 13

9:00 a.m. RELIGIOUS ED. for ages 3-12 yrs.
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. TEEN RELIGIOUS EDUCATION
11:45 p.m. Agape Meal
12:30 p.m. Adult Catechism

SUNDAY MORNING MINISTRIES SCHEDULE

EUCHARIST BREAD

November 6 Jacobs
November 13 Dillon
November 20 Meyer
November 27 Fr. Nicholas

ARTOS for Vespers

November 19 Mary Denny

READERS

November 6 Lange
November 12 Kern (Vespers)
November 13 Alexander
November 19 Meyer
November 20 Butler
November 27 Gish

GREETERS

November 6 L. Baker
November 13 K. Fox/K.P. King
November 20 P. Cocores/M. Loulias
November 27 H. Lange/D. Washburn

USHERS

November 6 P. King/J. King
November 13 K.L. King/D. Washburn
November 20 M. Meyer/M. Loulias
November 27 C. Berari/D. Alexander

AGAPE MEAL HOSTS

November 6 Team Kawahara
November 13 Team Hoppe
November 20 Team T&S Speier
November 27 All-parish POTLUCK

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Nov. 10 F. Young/K. Flores
Nov. 17 L. Ballew/E. Lawrence
Nov. 24 Thanksgiving—NO SHOWERS
Nov. 25 M. Loulias
Dec. 1 D. Alexander/J. Jones

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

**Glory to the Father and to the Son and to the Holy Spirit;
Now and ever and unto ages of ages. Amen.**

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all
manner of evil against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY**

Troparion of the Resurrection

Tone 4

(Music on page 45 of Liturgy book)

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Troparion for St. Paul the Confessor

Tone 3

For confessing the divine faith,
among her priests the Church has shown you to be another Paul.
Abel cries out to the Lord together with you,
as does the righteous blood of Zachariah.//
Venerable Father, entreat Christ God to grant us His great mercy.

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays**Tone 4**

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm verses before the Epistle**Tone 4**

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. *(Ps 103/104:24)*

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

EPISTLE READING**Galatians 2:16-20**

Brethren, you know that a man is not justified by works of the Law but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the Law, because by works of the Law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ Who lives in me; and the life I now live in the flesh I live by faith in the Son of God, Who loved me and gave Himself for me.

**Alleluia Refrain and Psalm verses before the Gospel
(Music on p. 64 of Liturgy book)**

Tone 4

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Draw Thy bow and prosper and reign, in the cause of truth, meekness, and righteousness. (*Ps 44/45:5*)

Verse: Thou hast loved righteousness and hated wickedness. (*Ps 44/45:8*)

Luke. (8:41-56)

At that time, there came to Jesus a man named Jairus, who was a ruler of the synagogue; and falling at Jesus' feet he besought Him to come to his house, for he had an only daughter, about twelve years of age, and she was dying. As Jesus went, the people pressed round Him. And a woman, who had had a flow of blood for twelve years, and had spent all her living upon physicians, and could not be healed by anyone, came up behind Him, and touched the fringe of His garment; and immediately her flow of blood ceased. And Jesus said, "Who was it that touched Me?" When all denied it, Peter said, "Master, the multitudes surround Thee and press upon Thee! And Thou sayest, 'Who touched Me?'" But Jesus said, "Someone touched Me; for I perceive that power has gone forth from Me." And when the woman saw that she was not hidden, she came trembling, and falling down before Him declared in the presence of all the people why she had touched Him, and how she had been immediately healed. And Jesus said to her, "Daughter, your faith has made you well; go in peace." While Jesus was still speaking, a man from the ruler's house came and said, "Your daughter is dead; do not trouble the Teacher any more." But Jesus on hearing this answered him, "Do not fear; only believe, and she shall be well." And when Jesus came to the house, He permitted no one to enter with Him, except Peter and James and John, and the father and mother of the child. And all were weeping and bewailing her; but Jesus said, "Do not weep; for she is not dead but sleeping." And they laughed at him, knowing that she was dead. But taking her by the hand Jesus called, saying, "Child, arise." And her spirit returned, and she got up at once; and Jesus directed that something should be given her to eat. And her parents were amazed; but He charged them to tell no one what had happened.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest!
Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.

PARISH BOOK STUDY for Adults

On Tuesday from October 18-November 15, 2022

5:30 p.m.

- Prayers of the Ninth Hour
- Light Meal
- Book Study on

The Struggle for Virtue by Abp Averky Taushev

LAST SESSION
IS NOV. 15.
WE WILL
RESUME IN
EARLY 2023

ADVENT SEMINAR

Saturday, November 12, 2022

10:00 a.m.—12:00 noon

“Make Your Offering to the Lord: Giving of Ourselves through a Joyful Tithe, Freewill Offerings and First Fruits”

UPCOMING FEAST DAYS & ADVENT SERVICES

The Advent Fast begins on November 15.

Wednesdays of Advent at 5:30 p.m.—Advent Paraklesis

(*Wednesday, November 23 at 5:30 p.m.—Akathist of Thanksgiving)

Presentation of the Theotokos in the Temple (transferred to the weekend)

Saturday, November 19

5:30 p.m. Great Vespers & Artoklasia

Sunday, November 20

9:00 a.m. Festal Matins/10:00 a.m. Festal Liturgy

Feast of St. Nicholas of Myra

Monday, December 5

5:30 p.m. Great Vespers & Artoklasia

Short Program & Reception

ANNOUNCEMENTS

ADULT CATECHISM CONTINUES TODAY after the Agape Meal. All adults are welcome to attend, whether inquirers, catechumens, or lifelong Orthodox Christians. The schedule for the rest of this autumn season is below. Classes pause during Advent and start up again on January 15th.

November 6 The Second Coming of Christ and Judgment Day
November 13 Practicing the Faith in Daily Life - Putting It All Together

PLEASE NOTE THE FOLLOWING TIME CHANGE....

Starting in Advent, weekly Great Vespers on Saturdays will begin at **5:30 p.m.** instead of 6:00 p.m. The change begins on Saturday, November 19th.

THE TITHE BOX is now being locked and only unlocked when we collect the tithes each week to be deposited. We did not have a theft, but are doing this as a security measure because we are experiencing more traffic in and out of the building during the week. If you are donating cash and would like it to be credited towards your tithe, please use one of the envelopes next to the tithe box and mark it with your name, amount, and the word "tithe." Otherwise, it will be entered as a "general donation." Stewardship Commitment Cards may also be put in the tithe box.

Treasure self-assessment

Can I move one step to the right?

Household income	5%	1%	2%	3%	5%	10% (tithe)
\$20,000	\$100	\$200	\$400	\$600	\$1000	\$2000
\$30,000	\$150	\$300	\$600	\$900	\$1500	\$3000
\$40,000	\$200	\$400	\$800	\$1,200	\$2000	\$4000
\$50,000	\$250	\$500	\$1,000	\$1,500	\$2500	\$5000
\$60,000	\$300	\$600	\$1,200	\$1,800	\$3,000	\$6000
\$70,000	\$350	\$700	\$1,400	\$2,100	\$3,500	\$7000
\$80,000	\$400	\$800	\$1,600	\$2,400	\$4,000	\$8000
\$90,000	\$450	\$900	\$1,800	\$2,700	\$4,500	\$9000
\$100,000	\$500	\$1,000	\$2,000	\$3,000	\$5,000	\$10,000
\$110,000	\$550	\$1,100	\$2,200	\$3,300	\$5,500	\$11,000
\$120,000	\$600	\$1,200	\$2,400	\$3,600	\$6,000	\$12,000
\$150,000	\$750	\$1,500	\$3,000	\$4,500	\$7,500	\$15,000
\$200,000	\$1,000	\$2,000	\$4,000	\$6,000	\$10,000	\$20,000

STEWARDSHIP MONTH

Between now and November 20th, we will have Stewardship Commitment Cards available next to the tithe box. We ask that each active member/household fill out a form and put it in the tithe box, or hand it to Fr. Symeon.

On Sunday, November 20th, all of the cards will be put on the altar table during the Liturgy as an “offering,” and we will pray that our commitments for the coming year will be blessed.

Commitment Cards will be collected each week from the tithe box until November 20th, and **all will be presented that day as an offering.**

What is Stewardship? Why is it important?

Stewardship supports the Orthodox Christian practice of consistent, cheerful and purposeful giving of **time, talent** and **treasure** in support of our Church and its ministries to help further the word and teachings of Jesus Christ. On a personal level, it supports and showcases a life being lived in Christ.

Stewardship creates and fosters a spirit of generosity and giving for the Glory of God. When we are generous and give freely of our time, talent, and treasure we proclaim, preserve, and practice our Orthodox Christian faith and make a difference in our parish and community.

Stewardship furthers Christ’s message within ourselves, our families, and our communities. This creates a spiritual atmosphere of worship, engagement, fulfillment, and inspiration that we can offer to the world, following the example set by God Himself of love, service, and giving.

What does it mean to be a Steward?

Stewardship is a personal responsibility and prayerful commitment that each and every Christian makes in order to support the Church. Stewardship helps us understand that God is the true owner of our possessions, and each of us is accountable to God for the acceptable care and use of those possessions.

According to the Bible, a steward is one who responsibly manages the gifts entrusted to them for the perpetuation of the Lord's work. A steward honors and glorifies God.

**Welcome to our newest catechumens,
Emma Bobro and Naomi Siragusa!**

Please pray for all of our catechumens, that their minds and hearts will be illuminated as they continue their journey towards baptism and/or chrismation.

Chandler Baker
Emma Bobro
Tatianna Calhoun
Brett and Laura Eberhard, Taylor & Madison
Kaleigh Flores
Sean Ryan
Gage Salinas
Naomi Siragusa
Mary Wolfington, Alicia & Gabriel

CELEBRATIONS THIS WEEK

Wedding Anniversaries

11/6 Justin and Amber Brunner
11/8 Gabriel and Megan Speier
11/10 Gary and Cheyenne Braun
11/11 Jason and Jody Wallace

Birthdays

11/8 Justina King
11/9 John Ronan Meyer
11/10 David Lewis
11/11 Keira Landrum

Patron Saint Commemorations

11/8 **Archangel Michael**
Michiel de Bruin Mitch Denny Subdn. Michael Easbey
Jimmy Easbey Michael Loulias Scott Speier

11/9 **St. Nektarios** Noah Hedges
11/11 **St. Martin of Tours** Bob Gundersen, Brody Hansen
11/11 **St. Victor of Damascus** Viktoria Hedges

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna B. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Phyllis M.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Jerry J.
Chuck S.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families
Bob
Cheryl F.
Michael V.
Jane M.
Hannah S.
J. Palmer
Leslie O.
Julie & Mario

Chase
Paige
Jaymie
Kyser
Carla B.
Chrissy M.
Dn. Scott J.
David W.
Nina
Kevin

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and support
of long-term missionaries from our parish.

For repose of the souls of: Fr. Maximos

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

Saint Paul the Confessor, Archbishop of Constantinople, was chosen to the patriarchal throne after the death of Patriarch Alexander (+ 340), when the Arian heresy had again flared up. Many of the Arians were present at the Council which selected the new Archbishop of Constantinople. They revolted in opposition to the choice of Saint Paul, but the Orthodox at the Council were in the majority.

The emperor Constantius, ruling over the Eastern half of the Roman Empire, was an Arian. He was not in Constantinople for the election of the Archbishop, and so it took place without his consent. Upon his return, he convened a council which illegally deposed Saint Paul, and the emperor banished him from the capital. In place of the saint they elevated Eusebius of Nicomedia, an impious heretic. Archbishop Paul withdrew to Rome, where other Orthodox bishops were also banished by Eusebius.

Eusebius did not rule the Church of Constantinople for long. When he died, Saint Paul returned to Constantinople, and was greeted by his flock with love. But Constantius exiled the saint a second time, and so he returned to Rome. The Western emperor Constans wrote a harsh letter to his Eastern co-ruler, which he sent to Constantinople along with the holy exiled archpastor. The threats worked, and Saint Paul was reinstated upon the archepiscopal throne.

But soon the pious emperor Constans, a defender of the Orthodox, was treacherously murdered during a palace coup. They again banished Saint Paul from Constantinople and this time sent him off in exile to Armenia, to the city of Cucusus, where he endured a martyr's death.

When the Archbishop was celebrating the Divine Liturgy, Arians rushed upon him by force and strangled him with his own omophorion. This occurred in the year 350. In 381, the holy Emperor Theodosius the Great solemnly transferred the relics of Saint Paul the Confessor from Cucusus to Constantinople. In 1326, the relics of Saint Paul were transferred to Venice.

<https://www.oca.org/saints/lives/2022/11/06/103185-saint-paul-the-confessor-archbishop-of-constantinople>