



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

**Office hours:** Tues-Fri. 12:00—5:00 p.m.

His Beatitude, Patriarch John X

**Pastor:**

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

**Priests attached to the parish:**

Fr. Nicholas Speier (Pastor Emeritus)

frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Parish Council 2022-2023:**

Dorothy Alexander

Dan Braun, Treasurer

Dominic Dopico

Glenn Hoppe

Lizabeth Hoppe

Lara Jacobs

Zak Landrum

Michael Loulias

**Music Director/Administrator:**

Valerie Yova

Office phone: 805-685-5400

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**Teen Program & College/Young Adult  
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

## DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, December 4, 2022

Tone 8 / Eothinon 3

**Great-martyr Barbara of Syria  
& Tenth Sunday of Luke**

Venerable John of Damascus

Martyr Juliana;

New-hieromartyr Seraphim, Bishop of Phanarion in Greece



## WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

## We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is the Kingdom of Heaven.” Luke 18:16

## CALENDAR FOR THE WEEK

### Sunday, December 4—FEAST of ST. BARBARA

#### ST. JOHN OF DAMASCUS

9:00 a.m. Religious Ed. for children ages 3-12 yrs.  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:30 a.m. Teen Religious Education  
11:45 p.m. Agape Meal

### Monday, December 5

7:00 a.m. Daily Matins  
5:15 p.m. St. Xenia Prayer Ministry—Akathist  
by Zoom  
5:30 p.m. Vespers/Artoklasia for St. Nicholas  
followed by Reception

### Tuesday, December 6—ST. NICHOLAS DAY

5:30 p.m. Daily Vespers

### Wednesday, December 7

7:00 a.m. Daily Matins  
12:00 p.m. St. Xenia Prayer Ministry  
5:30 p.m. Advent Paraklesis

### Thursday, December 8

7:45 a.m. St. Xenia Prayer Ministry by Zoom  
8:30 a.m. Divine Liturgy  
10:00 a.m. Showers of Blessing  
5:30 p.m. Daily Vespers  
6:00 p.m. Choir Rehearsal  
6:00 p.m. Jr. High Youth Group  
6:45 p.m. High School Youth Group

### Friday, December 9

#### CONCEPTION of the THEOTOKOS

7:00 a.m. Daily Matins

### Saturday, December 10

9:30 a.m. Women's Fellowship Gathering  
5:30 p.m. Great Vespers/Confessions

### Sunday, December 11

9:00 a.m. Religious Ed. for children ages 3-12 yrs.  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:30 a.m. Teen Religious Education  
11:45 p.m. Agape Meal  
12:15 p.m. Choir Rehearsal

## SUNDAY MORNING MINISTRIES SCHEDULE

### EUCCHARIST BREAD

December 4 Morrison  
December 11 Dn. G. Braun  
December 18 Tinyayeva  
December 24 Kern (Sat. morning)  
December 24 Dillon (Sat. evening)

### READERS

December 4 Alexander  
December 5 Kern (Vespers for St. Nicholas)  
December 11 Lange  
December 17 Meyer (Vespers)  
December 18 Butler  
December 24 Alexander (Sat. morning)  
December 24 Gish (Sat. evening)

### GREETERS

December 4 H. Lange/L. Baker  
December 11 K. Fox/K.P. King  
December 18 P. Cocores/M. Loulias

### USHERS

December 4 P. King/J. King  
December 11 C. Speier/S. Speier  
December 18 K.L. King/D. Washburn  
December 24 D. Meyer/M. Loulias

### AGAPE MEAL HOSTS

December 4 Team Shannon  
December 11 Team Palmer  
December 18 Team Loulias/Cocores  
December 24 NO MEAL THIS WEEKEND

### THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Dec. 8 F. Young/K. Flores  
Dec. 15 L. Ballew/E. Lawrence  
Dec. 22 M. Loulias  
Dec. 29 D. Alexander/J. Jones

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion**

### GREAT LITANY

#### FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

#### SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate  
of the holy Theotokos and ever virgin Mary, who without change didst become man and wast  
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,  
glorified with the Father and the Holy Spirit: save us!

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses, the choir and congregation sing the refrain:

**“Remember us, O Lord, when you come in your Kingdom.”**

**AS THE CLERGY ENTER THE ALTAR AT THE  
LITTLE ENTRANCE, WE SING THE FOLLOWING  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection**

**Tone 8**

From the heights Thou didst descend,  
O Compassionate One;  
and Thou didst submit to the three day burial,  
that Thou might deliver us from passion.  
Thou art our Life and our Resurrection,  
O Lord, glory to Thee.

**Troparion for St. Barbara**

**Tone 8**

Let us honor the holy Martyr Barbara,  
for, as a bird, she escaped the snares of the Enemy,//  
and destroyed them through the help and defense of the Cross!

**Troparion for St. John of Damascus**

**Tone 8**

O Champion of Orthodoxy, teacher of purity and of true worship,  
the enlightener of the universe and the adornment of hierarchs;  
all wise Father John, your teachings have gleamed with light upon all things.//  
Intercede before Christ God to save our souls!

**Troparion to St. Athanasius**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion for the Preparation of Christ's Nativity****Tone 3**

The virgin cometh today to the cave  
to give birth, ineffably to bring forth the Word eternal.  
Therefore, rejoice, O earth, at the message;  
with the angels and shepherds give glory to Him  
Who shall appear by His own will as a young child,  
He who is from eternity God.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Prokeimenon before the Epistle****Tone 4**

God is wonderful in His saints, the God of Israel. (Ps. 68:35)

*VERSE: In the churches bless ye God the Lord, from the fountains of Israel.*

**EPISTLE READING**  
**Galatians 3:23-4:5**

Brethren, before faith came, we were confined under the Law, kept under restraint until faith should be revealed. So that the Law was our custodian until Christ came, that we might be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to promise. I mean that the heir, as long as he is a child, is no better than a slave, though he is the owner of all the estate; but he is under guardians and trustees until the date set by the father. So with us; when we were children, we were slaves to the elemental spirits of the universe. But when the time had fully come, God sent forth His Son, to redeem those who were under the Law, so that we might receive adoption as sons.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**

**Tone 8**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior.

**Verse:** Come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

**GOSPEL READING**

**Luke 13:10-17**

At that time, Jesus was teaching in one of the synagogues on the Sabbath. And there was a woman who had had a spirit of infirmity for eighteen years; she was bent over and could not fully straighten herself. And when Jesus saw her, He called her and said to her, "Woman, you are freed from your infirmity." And He laid His hands upon her, and immediately she was made straight, and she praised God. But the ruler of the synagogue, indignant because Jesus had healed on the Sabbath, said to the people, "There are six days on which work ought to be done; come on those days and be healed, and not on the Sabbath day." Then the Lord answered him, "You hypocrite! Does not each of you on the Sabbath untie his ox or his ass from the manger, and lead it away to water it? And ought not this woman, a daughter of Abraham, whom Satan bound for eighteen years, be loosed from this bond on the Sabbath day?" As Jesus said this, all His adversaries were put to shame; and all the people rejoiced at all the glorious things that were done by Him.

**Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

**Communion Hymn**

Praise the Lord from the heavens; praise Him in the Highest! Alleluia!

## **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

## **UPCOMING FEAST DAY SERVICES** **The Nativity Fast is from November 15th-December 25th.**

**Wednesdays of Advent at 5:30 p.m.—Advent Paraklesis**

### **Feast of St. Nicholas of Myra**

Monday, December 5

5:30 p.m. Great Vespers & Artoklasia  
Short Program & Reception

### **Feast of the Nativity of Christ**

Friday, December 23

Saturday, December 24

9:00 a.m. Royal Hours of Nativity  
9:00 a.m. Divine Liturgy for Paramon  
10:00 p.m. Nativity Matins & Divine Liturgy

### **Feast of St. Basil/Circumcision of the Lord**

Saturday, December 31

Sunday, January 1

5:30 p.m. Great Vespers  
9:00 a.m. Matins/10:00 a.m. Liturgy

### **Feast of the Theophany of the Lord**

Thursday, January 5

8:00 a.m. Royal Hours of Theophany  
10:00 a.m. Vesperal-Liturgy  
11:30 a.m. Great Blessing of the Water

Friday, January 6

4:30 p.m. Matins of Theophany  
5:30 p.m. Divine Liturgy of Theophany  
and reception of converts

## **ANNOUNCEMENTS**

### **WOMEN'S FELLOWSHIP UPCOMING ACTIVITIES**

#### **Women's Fellowship Gathering on Dec. 10th 9:30-11:30am**

Join us for Christmas breakfast, cheer, and inspiration as Dorothy Alexander helps us look "Beyond the Surface of the Icons." We will be collecting donations (suggested \$5 per person) to bless the "tree of giving" family.

RSVP at <http://evite.me/z3ZArcGhE3> or contact Liz Hoppe (805-889-3208) for more information.

#### **A Tree of Giving (in partnership with Interfaith Collaborative)**

We are gathering Christmas blessings for a grandmother and 4 children impacted by human trafficking. There is a tree in the foyer with tags tied on for each requested gift, and also a clipboard. When you take a tag, please also note it on the clipboard. Unwrapped gifts should be brought to church next Sunday (12/11). Thank you for helping us make Christmas extra special for this family. Liz Hoppe (805-889-3208) or Terri Speier (805-403-4600) are happy to answer questions.

**WE WILL RESUME OUR TUESDAY BOOK STUDY on January 24, 2023.** The January book study series will be on *The Hidden Man of the Heart* by Archimandrite Zacharias of Essex. We will begin each Tuesday session with the Prayers of the Ninth Hour, followed by a simple potluck supper and then the study. The schedule is below:

- |                    |  |
|--------------------|--|
| Session 1 - Jan 24 | <i>The Heart and Awakening It</i>                    |
| Session 2 - Feb 7  | <i>Building Up the Heart</i>                         |
| Session 3 - Feb 14 | <i>Understanding and Living Repentance</i>           |
| Session 4 - Feb 21 | <i>Entering the Heart and the Life of the Spirit</i> |





**ST. NICHOLAS CELEBRATION  
MONDAY, DECEMBER 5, 2022  
5:30 p.m.**

- Great Vespers for the Feast of St. Nicholas followed by a short program & refreshments -

Children may put their shoes in the chapel during Vespers so that St. Nicholas can leave them a treat!

Christie Robinson will be reaching out for help with set-up, clean-up and refreshments.

***St. Nicholas***

***The Wonderworker & Archbishop of Myra & Lycia***

Through the centuries many stories and legends have been told of St. Nicholas' life and deeds. These accounts help us understand his extraordinary character and why he is so beloved and revered as protector and helper of those in need.

This website has LOTS of interesting background information about St. Nicholas, stories, maps, timelines, and pictures. It's a great reference tool for kids and adults alike:

<https://www.stnicholascenter.org/who-is-st-nicholas>

**Welcome to our newest catechumens,  
Emma Bobro and Naomi Siragusa!**

**Please pray for all of our catechumens, that their minds and hearts will be illuminated as they continue their journey towards baptism and/or chrismation.**

Chandler Baker  
Emma Bobro  
Tatianna Calhoun  
Brett and Laura Eberhard, Taylor & Madison  
Kaleigh Flores  
Sean Ryan  
Gage Salinas  
Naomi Siragusa  
Mary Wolfington, Alicia & Gabriel

***CELEBRATIONS THIS WEEK***

**Birthdays**

12/5 Elizabeth Ballew

12/9 Amber Brunner, Teri Lynn Palmer, Jesse Speier

**Patronal Feast Days**

**12/6 St. Nicholas the Wonderworker**

Nicholas Berari, Nicole Berari, Nicholas Butler,  
Nikolay Nikolov, Fr. Nicholas Speier, Nikolai Rice

**12/9 Hannah, Mother of the Prophet Samuel**

Hannah Sieck

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

His Beatitude, Patriarch John X  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Markos  
Fr. Jon B.  
Fr. John & Kh. Diane C.  
Audrey C.  
Greg & Margaret Y.  
Hoppe Family in Albania  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Monsignor J. Yanek  
Bob N.  
Kh. Melissa H.  
Cole K. (military)  
Jeremiah H. (Airforce Academy)  
Lauren & Fernando J. (military)  
Chase K. (military)  
Nick & Kristine J. (military)  
Connor V. (military)  
Julianna B. (military)  
P. Speier (military)

Subdn. Matthew W. (seminary)  
Steve T.  
Phyllis M.  
Abp. Benjamin  
Kris F.  
Temmo K.  
Sarah B.  
Jerry J.  
Chuck S.  
Dn. John & Fay Y.  
Zachary B.  
Samantha & Chris N. & Family  
Lander and Washburn Families  
Bob  
Cheryl F.  
Michael V.  
Jane M.  
Hannah S.  
Chrissy M.  
David W.  
Nina

Kevin  
Stephan & Rosa K.  
David  
Evonne C.  
Phyllis M.  
Christina S.

The Ethiopian Orthodox Church  
The Church & people in Lebanon  
All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East

Please pray for the raising up and support  
of long-term missionaries from our parish.

**For repose of the souls of:** Fr. Maximos

## ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Temple Fund.**

