



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

His Beatitude, Patriarch John X

Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. John Young (retired)
Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2022-2023:

Dorothy Alexander
Dan Braun, Treasurer
Dominic Dopico
Glenn Hoppe
Lizabeth Hoppe
Lara Jacobs
Zak Landrum
Michael Loulias

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

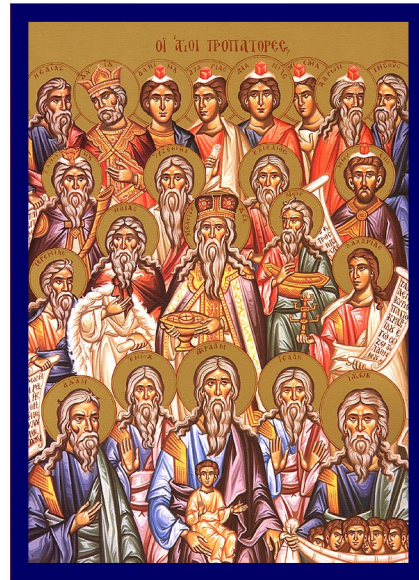
**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM Sunday, December 11, 2022

Tone 1 / Eothinon 4 Sunday of the Forefathers (Ancestors) of Christ

Venerable Daniel the Stylite; Luke the New Stylite of Chalcedon



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us on the patio after the Liturgy for Coffee Hour.
We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, December 11

9:00 a.m. Religious Ed. for children ages 3-12 yrs.
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 p.m. Agape Meal
12:15 p.m. Choir Rehearsal

Monday, December 12

7:00 a.m. Daily Matins
5:15 p.m. St. Xenia Prayer Ministry—Akathist
by Zoom

Tuesday, December 13

REPOSE OF ST. HERMAN
5:30 p.m. Daily Vespers

Wednesday, December 14

7:00 a.m. Daily Matins
12:00 p.m. St. Xenia Prayer Ministry
5:30 p.m. Advent Paraklesis

Thursday, December 15

7:45 a.m. St. Xenia Prayer Ministry by Zoom
8:30 a.m. Divine Liturgy
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Choir Rehearsal
6:00 p.m. Jr. High Youth Group
6:45 p.m. High School Youth Group

Friday, December 16

7:00 a.m. Daily Matins

Saturday, December 17

5:30 p.m. Great Vespers/Confessions

Sunday, December 18

9:00 a.m. Religious Ed. for children ages 3-12 yrs.
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 p.m. Agape Meal
12:15 p.m. Choir Rehearsal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

December 11 Dn. G. Braun
December 18 Tinyayeva
December 24 Kern (Sat. morning)
December 24 Dillon (Sat. evening)
January 1 Jacobs

READERS

December 11 Lange
December 17 Meyer (Vespers)
December 18 Butler
December 24 Alexander (Sat. morning)
December 24 Gish (Sat. evening)
December 31 Kern (Vespers for St. Basil)
January 1 TBA

GREETERS

December 11 K. Fox/K.P. King
December 18 P. Cocores/M. Loulias
December 24 N/A
January 1 D. Washburn/D. Lewis

USHERS

December 11 C. Speier/S. Speier
December 18 K.L. King/D. Washburn
December 24 D. Meyer/M. Loulias
January 1 P. King/J. King

AGAPE MEAL HOSTS

December 11 Team Palmer
December 18 Team Loulias/Cocores
December 24 NO MEAL THIS WEEKEND
January 1 Team Baker

THURSDAY SHOWERS OF BLESSING

HOSPITALITY TEAM

Dec. 15 L. Ballew/E. Lawrence
Dec. 22 M. Loulias
Dec. 29 F. Young/K. Flores/S. Saunders
Jan. 5 D. Alexander/J. Jones

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate
of the holy Theotokos and ever virgin Mary, who without change didst become man and wast
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 1

While the stone was sealed by the Jews,
and the soldiers were guarding Thy most pure body,
Thou didst arise on the third day,
O Savior, granting life to the world.
For which cause the heavenly pow’rs
cried aloud unto Thee, O Giver of life;
Glory to Thy resurrection, O Christ!
Glory to Thy kingdom!
Glory to Thy providence, O Thou
Who alone art the lover of mankind.

Troparion of the Forefathers

Tone 4

Through faith You justified the Forefathers,
betrothing through them the Church of the gentiles.
These saints exult in glory,
for from their seed came forth a glorious fruit:
she who bore You without seed.//
So by their prayers, O Christ God, have mercy on us!

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Preparation of Christ's Nativity**Tone 3**

The virgin cometh today to the cave
to give birth, ineffably to bring forth the Word eternal.
Therefore, rejoice, O earth, at the message;
with the angels and shepherds give glory to Him
Who shall appear by His own will as a young child,
He who is from eternity God.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 8**

Chanter: Blessed are You, O Lord, God of our fathers, and praised and glorified is
Your name forever.

Verse: For You are just in all that You have done for us.

EPISTLE READING—for the Holy Forefathers**Colossians 3:4-11**

Brethren, when Christ, Who is our life, appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

Alleluia before the Gospel

Tone 4

Alleluia, Alleluia, Alleluia!

V. Moses and Aaron were among His priests; Samuel also was among those who called on His Name. (Ps. 98:6)

V. They called to the Lord and He answered them. (Ps. 98:6)

GOSPEL READING—for the Holy Forefathers

Luke 14:16-24

The Lord spoke this parable: “A man once gave a great banquet, and invited many; and at the time for the banquet he sent his servant to say to those who had been invited, ‘Come; for all is now ready.’ But, one by one, they all began to make excuses. The first said to him, ‘I have bought a field, and I must go out and see it; I pray you, have me excused.’ And another said, ‘I have bought five yoke of oxen, and I go to examine them; I pray you, have me excused.’ And another said, ‘I have married a wife, and therefore I cannot come.’ So the servant came and reported this to his master. Then the householder in anger said to his servant, ‘Go out quickly to the streets and lanes of the city, and bring in the poor and maimed and blind and lame.’ And the servant said, ‘Sir, what you commanded has been done, and still there is room.’ And the master said to the servant, ‘Go out to the highways and hedges, and compel people to come in, that my house may be filled. For I tell you, none of those men who were invited shall taste my banquet.’ For many are called, but few are chosen.”

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest! Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

UPCOMING FEAST DAY SERVICES **The Nativity Fast is from November 15th-December 25th.**

Wednesdays of Advent at 5:30 p.m.—Advent Paraklesis

Feast of the Nativity of Christ

Friday, December 23

9:00 a.m. Royal Hours of Nativity

Saturday, December 24

9:00 a.m. Divine Liturgy for Paramon

10:00 p.m. Nativity Matins & Divine Liturgy

NO SERVICE ON SUNDAY, DECEMBER 25th.

Feast of St. Basil/Circumcision of the Lord

Saturday, December 31

5:30 p.m. Great Vespers

Sunday, January 1

9:00 a.m. Matins/10:00 a.m. Liturgy

Feast of the Theophany of the Lord

Thursday, January 5

8:00 a.m. Royal Hours of Theophany

10:00 a.m. Vespers-Liturgy

11:30 a.m. Great Blessing of the Water

Friday, January 6

4:30 p.m. Matins of Theophany

5:30 p.m. Divine Liturgy of Theophany
and reception of converts

ANNOUNCEMENTS

THIS SUNDAY, ALONG WITH OUR ENTIRE ARCHDIOCESE, we will honor our church musicians who serve the church with their time and talents week in and week out, not just on Sundays but for countless extra services during the week. May God grant them many years!

THE MEN'S FIRESIDE GATHERING for this month will be NEXT MONDAY, December 19th at 7:00 p.m., location TBA. See Howard Lange for details.

WE WILL RESUME OUR TUESDAY BOOK STUDY on January 24, 2023. The January book study series will be on *The Hidden Man of the Heart* by Archimandrite Zacharias of Essex. We will begin each Tuesday session with the Prayers of the Ninth Hour, followed by a simple pot-luck supper and then the study. The schedule is below:

Session 1 - Jan 24	<i>The Heart and Awakening It</i>
Session 2 - Feb 7	<i>Building Up the Heart</i>
Session 3 - Feb 14	<i>Understanding and Living Repentance</i>
Session 4 - Feb 21	<i>Entering the Heart and the Life of the Spirit</i>



**ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
OF NORTH AMERICA**

Prot. no.: PV013/2022

December 11, 2022

Beloved Brother Hierarchs, Reverend Clergy, and Christ-Loving Faithful,

On this holy Sunday of the Forefathers of Christ, I send warm greetings to you from His Beatitude Patriarch John X, Patriarch of Antioch and all the East, father of fathers and shepherd of shepherds, in the name of our great God and Savior Jesus Christ.

Today we gratefully recognize all our dedicated and faithful church musicians and take a moment to reflect on their essential contribution to our church life. The beauty and sweetness of their music carry our hearts beyond mundane preoccupations to the contemplation of heavenly and eternal truths. The spirit and strength of their singing fill us with zeal for God and boldness in seeking His Kingdom.

It is written in the Psalms, “Blessed is the people who know the festal shout. O Lord, they will walk in the light of Thy countenance and will exult in Thy name all day long and will be lifted up by Thy righteousness” (88:16–17). The hymns sung by our choirs and chanters are not merely pleasant tunes but festal shouts of courage and victory. As these hymns fill our hearts and our lives, they inspire us to live boldly for God in each moment, proclaiming our loyalty to Him without embarrassment and being led by Him into a life of holiness.

On this Musician Appreciation Sunday, we extend heartfelt thanks to Ms. Mareena Boosamra-Ball and all the members of our archdiocesan Department of Sacred Music for their tireless efforts in support of this holy ministry. And we gratefully honor the dedication of all the choir directors, chanters, and choir members in parishes throughout the archdiocese, who faithfully present their time and talents, week after week, as priceless gifts to Christ and His Church.

Wishing you and your families—in the name of His Beatitude Patriarch John X and on my behalf—a blessed remainder of the fast and a joyous Feast of the Nativity of our Lord Jesus Christ, I remain,

Yours in Christ,
✠Metropolitan ANTONIOS

Metropolitan of Zahle, Baalbek, and Dependencies
Patriarchal Vicar of New York and All North America

“The disciples were first called Christians in Antioch” (Acts 11: 26)

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**Welcome to our newest catechumens,
Emma Bobro and Naomi Siragusa!**

Please pray for all of our catechumens, that their minds and hearts will be illuminated as they continue their journey towards baptism and/or chrismation.

Chandler Baker
Emma Bobro
Tatianna Calhoun
Brett and Laura Eberhard, Taylor & Madison
Kaleigh Flores
Sean Ryan
Gage Salinas
Naomi Siragusa
Mary Wolfington, Alicia & Gabriel

CELEBRATIONS THIS WEEK

Wedding Anniversaries

12/12 Dn. Scott & Karen Jacobs

Birthdays

12/17 Jon King

Patron Saint Commemorations

12/13 **St. Lucia** Lucia Speier, Lucy Speier

12/13 **Sunday of the Forefathers (Ancestors) of Christ
King David**

David Dillon, Jon King, David Lewis, David McCalmont, David Washburn

Daniel the Prophet

Dan Braun, Garrett Gish, Jase Daniel Speier

Jacob	Jacob Palmer
Jesse	Jesse Palmer, Jesse Speier
Adam	Adam King
Rachel	Rachel Friesen
Rebekah	Rebekah Dillon
Ruth	Liz Hoppe, Fay Young
Judith	Judy Braun
Aaron	Howard Lange

12/17 **St. Miriam** Miriam Vander Laan

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna B. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Phyllis M.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Jerry J.
Chuck S.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families
Bob
Cheryl F.
Michael V.
Jane M.
Hannah S.
Chrissy M.
David W.
Nina

Kevin
Stephan & Rosa K.
David
Evonne C.
Phyllis M.
Christina S.
Judy A.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and support
of long-term missionaries from our parish.

For repose of the souls of: Fr. Maximos

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

ST. NICHOLAS CELEBRATION

2022



A big THANK YOU to the choir, Christie Robinson and her team of “elves” who provided the reception, the Festal Decorating crew, and all who helped set-up, clean-up and decorate for our celebration!