



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

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Senior Pastor:

Fr. Nicholas Speier
805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached priest

Deacons:

Dn. Howard Shannon
Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young
Dn. Rico Paul Monge

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400
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Parish Council:

Dana Alexander, President
Dan Braun, Treasurer
Douglas Meyer, Secretary
Katie AbuGhazaleh
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, July 1, 2012

Tone 3 / Eothinon 4

Unmercenaries Cosmas and Damian,
Martyrs in Rome
& Fourth Sunday of Matthew

New-martyr Constantine in Cyprus; translation of relics of
Venerable John of Rila



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning. If you are not
Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour ~ we'd love to meet you!*

Calendar for this Week

Sunday, July 1

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

Monday July 2

**SECOND WEEK OF SUMMER
SCHOOL -Classes begin at 8:45 a.m.**

Monday-Friday

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal

Tuesday, July 3

5:30 p.m. Daily Vespers

Wednesday July 4

6:45 a.m. Daily Matins
12:00 p.m. Women's Prayer Group

Thursday July 5

PARISH LIFE CONFERENCE

5:30 p.m. Daily Vespers

Friday July 6

PARISH LIFE CONFERENCE

6:45 a.m. Daily Matins

Saturday July 7

PARISH LIFE CONFERENCE

6:00 p.m. Vespers/Confession

Sunday, July 8

PARISH LIFE CONFERENCE

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Fr. Nicholas and Kh. Jan will be at the Parish Life Conference this week from Tuesday through Saturday. If you have an emergency and need a priest, call one of the priests listed on the front of the bulletin.

The parish office will be closed from July 4-13. The church will be open during Summer School classes and daily services.

Sunday Morning Ministries Schedule

Eucharist Bread

July 1 G. Braun
July 8 Rickard
July 15 Meyer
July 22 Thomas

Coffee Hour

July 1 Farewell Coffee Hour
July 8 Nikolov Family in honor of Ekaterina's birthday
July 15 Harris
July 22 Meyer

Greeters

July 1 C. & C. Giordani
July 8 P. King, D. Lewis
July 15 K. & L. Jacobs
July 22 S. & C. Shackelford

Ushers

July 1 D. Meyer, Barre, Lewis
July 8 Craig & Gabe Speier, K. Jacobs
July 15 Jon King, G. Braun Jr., P. King
July 22 Scott & Luke Speier, P. Brunner

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
("Glory to You, Who have shown us the light...")

THE LITURGY OF THE WORD

THE GREAT LITANY

(a new melody)

1. Lord, have mer - cy.

2. Lord, have mer - cy.

3. Lord, have mer - cy.

4. Lord, have mer - cy.

12 Most Ho - ly The - o - to - kos sa - ve us. To Thee, O Lord.

The musical score is written for piano and voice. It consists of four systems of music. Each system has a vocal line and a piano accompaniment. The first system is marked '1.' and the second '2.'. The third system is marked '3.' and the fourth '4.'. The lyrics are 'Lord, have mer - cy.' for the first four systems. The fifth system, starting at measure 12, has the lyrics 'Most Ho - ly The - o - to - kos sa - ve us. To Thee, O Lord.' The music is in 4/4 time and the key signature has one flat (B-flat).

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto thy name, O Most High; To proclaim thy mercy in the morning, and thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded himself.

Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner
of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 3

(Music on page 44 of Liturgy Book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Troparion to Saints Cosmos and Damian

Tone 8

Holy Unmercenaries and Wonderworkers,
Cosmas and Damian, heal our infirmities!
Freely you have received; freely you give to us.

Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays Tone 4

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)
(Page 58 of Liturgy Book)**

Tone 3

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!
Shout to God with a voice of joy! (*Ps 46/47:1*)

THE EPISTLE READING

1 Corinthians 12:27-13:8

Brethren, you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers, then workers of miracles, then healers, helpers, administrators, speakers in various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak with tongues? Do all interpret? But earnestly desire the higher gifts.

And I will show you a still more excellent way.

If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing.

Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong, but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things.

Love never ends.

Alleluia Refrain and Psalm verses before the Gospel

Tone 3

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

GOSPEL READING

Matthew 8:5-13

At that time, Jesus entered Capernaum, and a centurion came forward to him, beseeching him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And Jesus said to him, "I will come and heal him." But the centurion answered him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, he marveled, and said to those who were following him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia!

PARISH OFFICE CLOSED JULY 4-13

The parish office will be closed from July 4-13 and Valerie will be out of town. Donations will continue to be processed and deposited during that time. If you have a message that you need to get out to the parish **urgently**, send an e-mail to: office@stathanasius.org, and it will be taken care of. The bulletin is being done ahead of time for Sunday, July 8 and Sunday, July 15, and will not include announcements. From July 2-12, Summer School will be in session at the church (see the hours on the parish website), in the event that you need to get into the church in the mornings. The church will also be open for the usual daily services.

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

7/4/09 Paul & Kirsten Franzen

Birthdays:

7/4 Emily Coe, Samantha Morrison

7/5 Beau Brunner

7/7 Daniel Giordani, Ekaterina Nikolov

Patronal Feast Days

7/2 **St. John Maximovich**

Lucas AbuGhazaleh, John Butler, Pablo Monge

7/5 **Elizabeth the New Martyr**

Elizabeth Rounds

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: **www.stathanasius.org**.

The Orthodox Church of the Redeemer invites you to join us at the **60th** Annual Diocese of Los Angeles and the West Parish Life Conference in Santa Clara, California on July 4 - 8, 2012.

- **Keynote Speaker:** Bishop ANTHONY Michaels
- **Wednesday, July 4th:** Trip to San Francisco to visit the Holy Virgin Cathedral to venerate the relics of St. John of Shanghai (Maximovitch)
- **Saturday, July 7th:** Oratorical Contest and Bible Bowl

For the complete schedule, and more details, go to: <http://www.plc2012.org/>

NEW ADDRESS

Deacon John and Fay Young have moved and now live just around the corner from the church at 5773 Encina Road #103, Goleta, CA 93117. Their cell phone numbers are: Dn. John: 805-698-2438, and Fay: 805-705-0362. They have no land line.

BIRTH ANNOUNCEMENT

Liz (Bitty Easbey) and John Heiduk welcomed a baby boy into the world, Ryder Ray Heiduk, born this past Tuesday evening, June 26th, and weighing 6 lbs 11 oz and 18.5" long. Mom and baby are doing great. Congratulations and MANY YEARS to the parents, grandparents and many cousins, aunts and uncles! If you would be willing to provide a meal for the family, please contact Katie AbuGhazaleh at 617-0828 or katie.abughazaleh@gmail.com

“PARTING IS SUCH SWEET SORROW...”

We are sad to say goodbye to parish members who have all been faithful participants in the liturgical life of our community. We honor them today at Coffee Hour, and send them off with prayers for peace, safety, a smooth transition into their new lives, and MANY YEARS! We will miss all of you very much!



Kerry and Sheri San Chirico (with Lucy, Bridgid and Xenia) will be moving to beautiful Hawaii. Kerry has accepted a teaching position at The University of Hawaii Manoa, where he will be teaching “Christianity in Asia.”



Wyatt and Sarah Rounds (with Elizabeth & Anastasia) will be moving this week to Livermore, CA (in the Bay area) where Wyatt has a job lined up and they have lots of family.



Phil Brewer has accepted a position abroad. Last Sunday was his last time at Liturgy with us.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan PHILIP	Leona G.	Dn. Howard S.
Archbp. JOSEPH	Presbytera Katherine H.	Jill B..
Fr. Peter & Marilyn G.	Mick K.	Keith V.
Fr. Alexander Atty	Cole K.	Kh. Terri Elizabeth B.
Mother Victoria	Richard & Elizabeth	Fran R.
Fr. Gordon & Mary Sue W.	Jeanette	Brian S.
John Weldon H.	Nataliya T. & Family	
Josh & Dayli B.	Sari W.	
Greg & Margaret Y.	Mary & Susan	
Olga G.	Alex R.	
John H.		

For repose of the souls of: Keith L., Ellie D., Esther S.

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to "St. Atha-

SAINTS COSMOS & DAMIAN, Holy Unmercenaries, martyred in Rome (284)

Saints called unmercenaries are physicians who offered their healing services while refusing any payment and who, since their repose, continue to heal by their prayers those who call on them in faith.

There are three pairs of unmercenary physicians named Cosmas and Damian. The martyrs associated with Rome, shown with Peter and Paul in the mosaic icon on the cover, were twin brothers who gave their money to the poor, setting aside only enough for themselves to devote their lives to the service of Christ in their neighbor.

According to one account, they were born in Arabia and lived as adults in Syria before coming to Rome. Raised by devout Christian parents, they led chaste lives and were granted by God the gift of healing the sick. By their generosity and kindness to all, the brothers converted many to Christ. The brothers told the sick, "It is not by our own power that we treat you, but by the power of Christ, the true God. Believe in Him and be healed."

So strict were they in their determination not to accept any payment that, according to a legend, one brother refused for a time to speak to the other because the brother had accepted an apple.

Their life of service and their influence on the people around them led many into the Church, but also attracted the attention of the Roman authorities. When soldiers were sent to arrest the brothers, local Christians convinced them to hide for a while until they could arrange their escape. Unable to find the brothers, the soldiers instead apprehended other Christians. Cosmas and Damian then surrendered to the soldiers, asking them to release those who had been arrested in their place.

The brothers were executed in Rome in 284 during the reign of the emperor Carinus. "We have done evil to no one," they declared to the emperor. "We are not involved with the magic or sorcery of which you accuse us. We treat the infirm by the power of our Lord and Savior Jesus Christ and we take no payment for rendering aid to the sick, because our Lord commanded His disciples, 'Freely have you received, freely give'."

- FOR THE CHILDREN TO COLOR DURING THE HOMILY OR AT HOME -

THE SOWER OF GOOD SEEDS

