



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

5580 Calle Real
Goleta, CA 93111-1646

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-968-2448

Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached priest

Deacons:

Dn. Howard Shannon

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Dn. Rico Paul Monge

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

Parish Council:

Dana Alexander, President

Dan Braun, Treasurer

Douglas Meyer, Secretary

Katie AbuGhazaleh

Karen Jacobs

Jon King

Laurence Lander

Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

July 29, 2012—Tone 7 / Eothinon 8;

**Eighth Sunday after Pentecost
& Eighth Sunday of Matthew**

Martyrs Kallinikos of Gangra & Theodota of Bithynia; Theodosios the pious emperor; Constantine, patriarch of Constantinople; Lupos the Confessor, bishop of Troyes



WELCOME TO OUR VISITORS!

We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us at Coffee Hour ~ we'd love to meet you!

Calendar for this Week

Sunday, July 29

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
4:00 p.m. St. Barbara Monastery
Friends Gathering
Speaker: Fr. Michael Laffoon
on "The Love of God"

Monday July 30

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal

Tuesday, July 31

5:30 p.m. Daily Vespers

Wednesday, August 1

Dormition Fast begins

6:45 a.m. Daily Matins
12:00 p.m. Women's Prayer Group

Thursday, August 2

5:30 p.m. Daily Vespers

Friday, August 3

6:45 a.m. Daily Matins

Saturday, August 4

8:00 a.m. Icon Guild Class
6:00 p.m. Vespers/Confession

Sunday, August 5

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

July 29 Hedges
August 5 D. Braun
August 12 McConnell
August 19 Dillon

Coffee Hour

July 29 Bagel Brigade
August 5 Finley/Morrison
August 12 Youth
August 19 Dn. Gary & Melissa Braun

Greeters

July 29 D. & D. Alexander
August 5 P. Morrison/D. Genatone
August 12 E. Fryer/L. Shackelford
August 19 K. & P. King

Ushers

July 29 D. Meyer, Barre, Lewis
August 5 Craig & Gabe Speier, K. Jacobs
August 12 Jon King, G. Braun Jr., P. King
August 19 Scott & Luke Speier, P. Brunner

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.

**(“Glory to You, Who have shown us the light...” - Complete text is
in the front of the Liturgy Book.)**

THE LITURGY OF THE WORD

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto thy name, O Most High;
To proclaim thy mercy in the morning, and thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 7

(Music is on p. 51 of liturgy book.)

Thou didst shatter death by Thy Cross;

Thou didst open paradise to the thief;

Thou didst turn the sadness of the

ointment bearing women into joy,

and didst bid Thine apostles proclaim

a warning that Thou hast risen, O Christ,

granting the world the great mercy.

Troparion to St. Athanasius (Music is on p. 54 of Liturgy Book)

Tone 3

Holy Bishop Athanasius,

you became a stronghold of Orthodoxy,

strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Transfiguration of Our Lord

Tone 7

You were transfigured on the mountain, O Christ God,
and Your disciples saw Your glory as far as they were able,
so that when they saw You crucified,
they might know that You suffered voluntarily,
and might proclaim to the world
that You are truly the radiance of the Father.

TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)
(Music on p. 62 of Liturgy Book)

Tone 7

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

THE EPISTLE READING
1 Corinthians 1:10-17

Brethren, I appeal to you, by the Name of our Lord Jesus Christ, that all of you agree and that there be no dissension among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest anyone should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I

baptized anyone else.) For Christ did not send me to baptize but to preach the Gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

Alleluia Refrain and Psalm verses before the Gospel

Tone 7

(Music on p. 65 in liturgy book.)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

Verse: To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

GOSPEL READING

Matthew 14:14-22

At that time, when Jesus went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to him, "We have only five loaves here and two fish." And Jesus said, "Bring them here to me." Then he ordered the crowds to sit down on the grass; and taking the five loaves and the two fish he looked up to heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children.

Then Jesus made the disciples get into the boat and go before him to the other side, while he dismissed the crowds.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

7/29/07 Matt & Kristen Roberts

Birthdays:

7/29 Phoebe Lenhart, Douglas Meyer, Mihaela (Mia) Schmitz

7/30 Emily King, Jackson Stetler, Nikolai Rice (Tinyayeva)

8/03 David Vander Laan

8/04 Doug Giordani, Lauren Shackelford

Patronal Feast Days

7/29 St. Seraphima — Tracy Brunner

7/30 St. Angelina of Serbia—Angel Speier

8/3 St. Lydia—Lydia Sieck

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

FR. NICHOLAS & JAN WILL BE OUT OF TOWN AUGUST 2-6.

If you have an emergency and need a priest, please contact one of the priests listed on the front of the bulletin.

ST. BARBARA MONASTERY FRIENDS GATHERING TODAY

The Friends of the Monastery meet on the last Sunday of each month for a teaching, Vespers, a meal and fellowship. Today Fr. Michael Laffoon from St. Luke's parish in Garden Grove speaks on "The Love of God, according to St. Ignatius Branchianinov." The teaching is at 4:00 p.m., followed by Vespers and a potluck meal. Please bring a dish to share. If you need directions to the monastery, see their website. <http://www.stbarbaramonastery.org>

There are also directions on the long table in the narthex of the church.

ST. BARBARA ORTHODOX CHURCH GREEK FESTIVAL is this weekend at Oak Park, Saturday and Sunday Noon to 7 p.m. Don't miss the Greek cuisine, music, dance, and fun for the whole family!

<http://www.saintbarbara.net/events/festival.php>

UPCOMING FEAST DAY CELEBRATIONS

We will celebrate the Feast of the **Transfiguration** of Christ on Sunday, August 5th at the morning Liturgy.

We will celebrate the **Feast of the Dormition of the Mother of God** with Vespers-Liturgy on Tuesday, August 14th at 6:00 p.m.

The **Dormition Fast** begins on Wednesday, August 1st and ends on August 15th. We will read the **Paraklesis to the Mother of God** at all of the daily services during that time.

CONGRATULATIONS AND MANY YEARS...

...to Tim and Shawna Gish, who welcomed their new baby son, Aiden James, into the world on July 25th at 1:13 p.m. Tim is the son of Joanne and Verne Gish. Congrats to the proud parents, grandparents, aunts and uncles!!

COFFEE HOUR SIGN-UP TIME

It's that time again: time to choose a Sunday between September 2012 and August 2013 when you and/or your family will host or co-host a Coffee Hour. Coffee Hour is an important 60 minutes in the weekly life of our parish. It is when we break bread with each other and have time to bond as a family. We need each household to host at least once during the Liturgical Year. If you are single, please join forces with a few other single friends and host a Coffee Hour together. Some reimbursement is available to hosts, but we hope that you will consider making your Coffee Hour a gift to your parish family. You are welcome to host in honor of a special occasion or in memory of a loved one.

*We have had an excellent response in the past several years on the sign-up board, and we **thank all of you who have hosted this past year!***

**- OUR OPPORTUNITY TO REACH OUT
THROUGH ST. BRIGID FELLOWSHIP -
Join the team!**

St. Brigid Fellowship will continue to serve the poor and needy of our community, in spite of a decrease in funding for the coming year from both the County and our parish. We have closed the St. Brigid office in Isla Vista, and will focus our outreach efforts on the Monday evening meals, which are being served in the lovely yard at St. Michael's Episcopal Church (6586 Picasso in Isla Vista).

Please consider signing up to cook and/or serve at one of the Monday evening meals in August or September. The sign up board and photo display are still in the fellowship hall. Take a look at all of the inspiring success stories!

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan PHILIP

Archbp. JOSEPH

Kh. Marilyn G.

Fr. Alexander Atty

Mother Victoria

Fr. Gordon & Mary Sue W.

John Weldon H.

Josh & Dayli B.

Greg & Margaret Y.

Olga G.

John H.

Leona G.

Presbytera Katherine H.

Mick K.

Cole K.

Richard & Elizabeth

Jeanette

Nataliya T. & Family

Sari W.

Mary & Susan

Dn. Howard S.

Jill B..

Keith V.

Kh. Terri Elizabeth B.

Fran R.

Brian S.

For repose of the souls of: Ellie D., Esther S., Fr. Peter G., Alex R., Badia

TAKE ME OUT TO THE BALL GAME!

We are starting a co-ed slow pitch softball team (18 yrs. and older) to play Tuesday nights starting the first week of September. The registration fee will be approximately \$50 per player.

Games are at Elings Park at either 6:30 7:40 or 8:50 on Tuesdays and they are a little over an hour. We will have an organizational meeting on Sunday, August 12th after Coffee Hour.

If you are interested, please contact:

Christie Robinson: christie_d_robinson@gmail.com, 453-7914

or

Libby Kinman: libn8r@hotmail.com, 680-2520



iASKSAYIDNA.live

His Eminence,
Archbishop Joseph
Live Chat....IN PERSON



iMail



iBook



iText



iPhone

WHO: HIGH SCHOOL & COLLEGE AGE
FROM ST. NICHOLAS CATHEDRAL & ST.MICHAEL CHURCH, VAN NUYS

WHY: SAYIDNA WANTS TO SPEND TIME AND LISTEN TO YOU

WHEN: SATURDAY, SEPTEMBER 29, 2012

WHERE: ST. NICHOLAS CATHEDRAL, LOS ANGELES

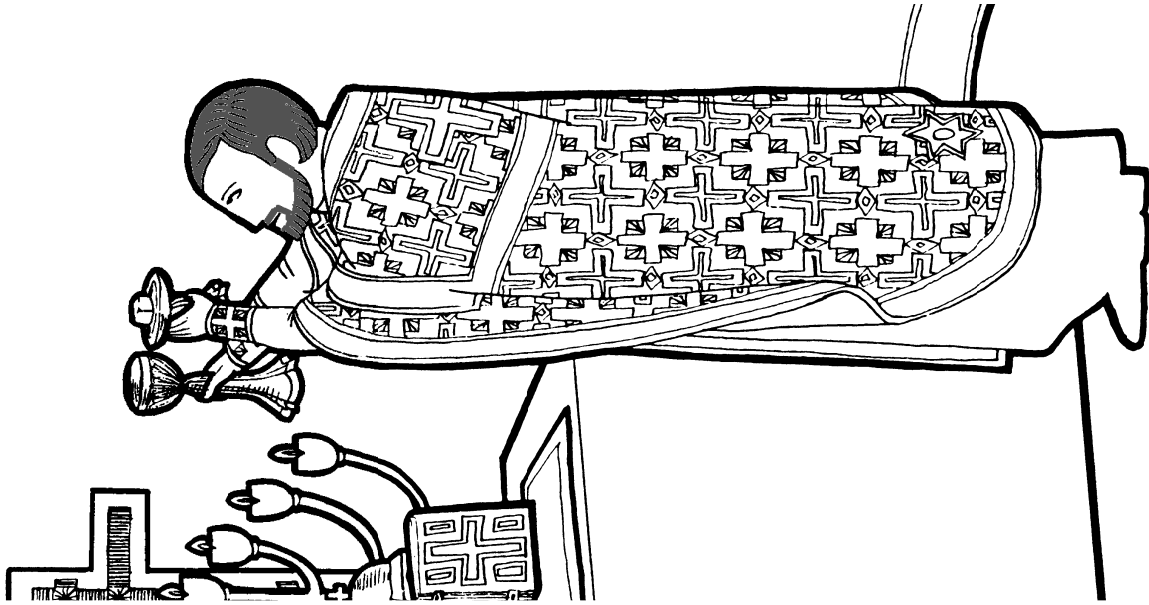
WHAT TIME: HIGH SCHOOL SESSION 10:00 AM – 12:00 PM
LUNCH - BOTH GROUPS 12:00 PM – 1:00 PM
COLLEGE AGE SESSION 1:00 PM – 3:00 PM



RSVP NO LATER THAN SEPTEMBER 15TH TO iASKSAYIDNA@antiochianladiocese.org

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to “St. Athanasius Book Center.”



- FOR THE CHILDREN TO COLOR DURING THE HOMILY OR AT HOME -