



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

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5580 Calle Real  
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## Senior Pastor:

Fr. Nicholas Speier  
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## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached priest

## Deacons:

Dn. Howard Shannon  
Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young  
Dn. Rico Paul Monge

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
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## Parish Council:

Dana Alexander, President  
Dan Braun, Treasurer  
Douglas Meyer, Secretary  
Katie AbuGhazaleh  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, August 26, 2012

**Tone 3 / Eothinon 1; Twelfth Sunday after Pentecost  
& Twelfth Sunday of Matthew**

Martyrs Adrian and Natalia of Nicomedia;  
Venerable Joasaph, prince of India;  
Venerable Adrian of Ondrutsov



## WELCOME TO OUR VISITORS!

*We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion. Please join us at Coffee Hour ~ we'd love to meet you!*

## *Calendar for this Week*

### Sunday, August 26

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
4:00 p.m. St. Barbara Monastery Friends  
Gathering: Dn. Rico Monge  
will speak on "The Cross"

### Monday August 27

6:45 a.m. Daily Matins  
5:00 p.m. Outreach Meal

### Tuesday, August 28

5:30 p.m. Daily Vespers

### Wednesday, August 29

6:45 a.m. Daily Matins  
12:00 p.m. Women's Prayer Group

### Thursday, August 30

5:30 p.m. Daily Vespers  
7:00 p.m. Choir Rehearsal

### Friday, August 31

6:45 a.m. Daily Matins

### Saturday, September 1-Church New Year

8:00 a.m.-4 pm Icon Guild Class  
11:00 a.m. Ground Breaking  
4:30 p.m. Planning meeting—New teen  
Religious Ed. program  
6:00 p.m. Great Vespers/Confessions

### Sunday, September 2

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

Aug. 26 Giordani  
Sept. 2 Dn. G. Braun  
Sept. 9 Mark Kern  
Sept. 16 Gish

### Coffee Hour

August 26 Kent & Amanda Jacobs  
Sept. 2 Harris  
Sept. 9 Wallace  
Sept. 16 Nikolov

### Greeters

August 26 C. & C. Giordani  
Sept. 2 P. King/D. Lewis  
Sept. 9 K. & L. Jacobs  
Sept. 16 S. & C. Shackelford

### Ushers

August 26 D. Meyer, Barre, Lewis  
Sept. 2 Craig & Gabe Speier, K. Jacobs  
Sept. 9 J. King, G. Braun, P. King  
Sept. 16 Scott & Luke Speier, P. Brunner

## **HOLY COMMUNION**

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

## CHANGEABLE TEXTS FOR THE DAY

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.**

**(“Glory to You, Who have shown us the light...” - Complete text is  
in the front of the Liturgy Book.)**

### **THE LITURGY OF THE WORD**

#### **THE GREAT LITANY**

##### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto thy name, O Most High; To proclaim thy mercy in the morning, and thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

##### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and

wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner  
of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:**

#### **Troparion of the Resurrection**

**Tone 3**

**(Music on page 44 of Liturgy Book)**

Let the heavens rejoice and the earth be glad,  
for the Lord hath done a mighty act with His own arm.

He hath trampled down death by death  
and become the first born from the dead.

He hath delivered us from the depths of Hades,  
granting the world the great mercy.

#### **Troparion for the Martyrs Adrian and Natalia**

**Tone 4**

Your holy martyrs Adrian and Natalia, O Lord,  
through their sufferings have received incorruptible crowns from You, our God.

For having Your strength, they laid low their adversaries,  
and shattered the powerless boldness of demons..//

Through their intercessions, save our souls!

**Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion for the Nativity of the Theotokos**

**Tone 4**

By your nativity, most pure Virgin, Joachim and Anna are freed from barrenness,  
Adam and Eve from the corruption of death.  
And we, your people, freed from the guilt of sin, celebrate and sing to You:  
“The barren woman gives birth to the Theotokos, the Nourisher of our Life.”

**TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)  
(Page 58 of Liturgy Book)**

**Tone 3**

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

**Verse:** Clap your hands all you peoples!

Shout to God with a voice of joy! (*Ps 46/47:1*)

**EPISTLE READING**

**1 Corinthians 15:1-11**

Brethren, I would remind you in what terms I preached to you the Gospel, which you received, in which you stand, by which you are saved, if you hold it fast -- unless you believed in vain. For I delivered to you as of first importance what I also received, that Christ died for our sins in accordance with the scriptures, that He was buried, that He was raised on the third day in accordance with the scriptures, and that He appeared to Cephas, then to the Twelve.

Then He appeared to more than five hundred brethren at one time, most of whom are still alive, though some have fallen asleep. Then He appeared to James, then to all the Apostles. Last of all, as to one untimely born, He appeared also to me. For I am the least of the Apostles, unfit to be called an Apostle, because I persecuted the Church of God. But by the grace of God I am what I am, and His grace toward me was not in vain. On the contrary, I worked harder than any of them, though it was not I, but the grace of God, which is with me. Whether then it was I or they, so we preach and so you believed.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel    Tone 3**  
**(Music on page 64 of Liturgy Book)**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

**Verse:** Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

**GOSPEL READING**

**Matthew 19:16-26**

At that time, a young man came to Jesus, kneeling before Him and saying, "Teacher, what good deed must I do, to have eternal life?" And Jesus said to him, "Why do you call Me good? There is no good but One, and that is God. If you would enter life, keep the commandments." He said to Jesus, "Which?" And Jesus said, "You shall not kill, You shall not commit adultery, You shall not steal, You shall not bear false witness, Honor your father and mother, and, You shall love your neighbor as yourself." The young man said to Jesus, "All these I have observed from my youth; what do I still lack?" Jesus said to him, "If you would be perfect, go, sell what you possess and give to the poor, and you will have treasure in heaven; and come, follow me." When the young man heard this he went away sorrowful; for he had great possessions.

And Jesus said to his disciples, "Truly, I say to you, it will be hard for a rich man to enter the kingdom of heaven. Again I tell you, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God."

When the disciples heard this they were greatly astonished, saying, "Who then can be saved?" But Jesus looked at them and said to them, "With men this is impossible, but with God all things are possible."

# LITURGY OF THE FAITHFUL

## Hymn sung as the clergy receive the Eucharist:

Praise the Lord from the heavens; praise Him in the Highest!

## Hymn during Communion of the People

Receive the Body of Christ, taste the fountain of immortality. Alleluia, alleluia, alleluia.

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

***The Martyrs Adrian and Natalia*** were married in their youth for one year prior to their martyrdom, and lived in Nicomedia during the time of the emperor Maximian (305-311). The emperor promised a reward to whomever would inform on Christians to bring them to trial. Then the denunciations began, and twenty-three Christians were captured in a cave near Nicomedia.

They were tortured, urged to worship idols, and then brought before the Praetor, in order to record their names and responses. Adrian, the head of the praetorium, watched as these people suffered with such courage for their faith. Seeing how firmly and fearlessly they confessed Christ, asked: "What rewards do you expect from your God for your suffering?" The martyrs replied: "Such rewards as we are not able to describe, nor can your mind comprehend." St Adrian told the scribes, "Write my name down also, for I am a Christian and I die gladly for Christ God."

Maximian ordered Adrian to be thrown into prison. His wife, St Natalia, knowing that her husband was to suffer for Christ, rejoiced, since she herself was secretly a Christian. She hastened to the prison and encouraged her husband saying: "You are blessed, my lord, because you have believed in Christ. You have obtained a great treasure. Do not regret anything earthly, neither beauty, nor youth (Adrian was then 28 years of age), nor riches. Everything worldly is dust and ashes. Only faith and good deeds are pleasing to God." The executioner ordered the hands and the legs of the saints to be broken on the anvil. St Natalia, fearing that her husband would hesitate on seeing the sufferings of the other martyrs, asked the executioner to begin with him, and permit her to put his hands and legs on the anvil herself. They wanted to burn the bodies of the saints, but a storm arose and the fire went out. Many of the executioners even were struck by lightning. St Natalia took the hand of her husband and kept it at home. Soon an army commander asked the emperor's approval to wed St Natalia, who was both young and rich. But she hid herself away in Byzantium. St Adrian appeared to her in a dream and said that she would soon be at rest in the Lord. The martyr, worn out by her former sufferings, in fact soon fell asleep in the Lord.

## *CELEBRATIONS* for THIS WEEK

### Wedding Anniversaries

8/30 Josh & Dayli Braun, Veli & Nikolay Nikolov

8/31 Joan & Lynn Simonsen

### Birthdays

8/28 Lara Jacobs

8/29 Elsa Fryer

8/30 Kevin McFarland, Jan Speier

8/31 Timothy Braun, Peggy King

9/02 Benjamin Ballew, John Charles Finley

### Patronal Feast Days

**8/26 St. Adrian**

Adrian Berari

**8/26 St. Natalia of Nicomedia**

Nataliya Tinyayeva

**8/29 St. Sabina the Martyr**

Sabine Shackelford

**8/29 St. Theodora of Salonica**

Jodie Wallace

**9/01 Prophetess Abigail**

Abigail Simonsen

**9/01 Joshua, Son of Nun**

Josh Kern

### **FINANCIAL SNAPSHOT—JULY 2012**

#### **TITHES—GEN. OPERATING**

Monthly Goal: \$ 35,000

Received in July: \$ 32,131

Year-to-date goal: \$245,000

Received YTD: \$199,253

#### **BUILDING FUND**

Monthly Goal: \$12,000

Received July \$ 17,958

(incl. \$91 from children's cash box)

Year-to-date goal: \$84,000

Received YTD: \$ 99,884

(not including Golf Tournament)



## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

### **ST. BARBARA MONASTERY FRIENDS GATHERING TODAY:**

***“THE CROSS—THE CENTER OF ORTHODOX THEOLOGY AND SPIRITUALITY”***

*Speaker - Rev. Deacon Rico Monge, PhD Candidate, UC Santa Barbara*

Dn. Rico's presentation begins at 4:00 PM, followed by Vespers and a potluck supper.

### **COFFEE HOUR SIGN-UP TIME**

Please don't forget to sign up to host a Coffee Hour during the 2012-2013 Liturgical Year if you are an active member of the parish. Each household is asked to host at least once, either alone or with other individuals/families. We still have 16 Sundays to fill with volunteers. Many thanks to those who have already signed up for the coming year!

### **DID YOU KNOW THAT YOU CAN TITHE ONLINE THROUGH OUR WEBSITE?**

You can make your monthly donation to the church through our parish website. It's fast, easy, and secure. <https://www.stathanasius.org/donation/>

### **RELIGIOUS EDUCATION CLASSES BEGIN ON SUNDAY, SEPT. 16**

See the enclosed flyer for more information.

**On Sunday, September 16th and Sunday, September 23rd, Fr. Nicholas will meet with ALL teens grades 7-12 from 9-10 a.m.** to introduce our new Religious Education program for teens. (Location TBA) There will also be a meeting with all parents of teens early in September. More information will follow next week.

### **MARK YOUR CALENDAR!**

#### **UPCOMING 2012 FEAST DAY CELEBRATIONS**

Birth of the Theotokos      Saturday, September 8      Divine Liturgy 8:00 a.m.

Elevation of the Holy Cross      Thursday, Sept. 13      Vesperal-Liturgy 6:00 p.m.

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan PHILIP  
Archbp. JOSEPH  
Kh. Marilyn G.  
Fr. Alexander Atty  
Mother Victoria  
Fr. Gordon & Mary Sue W.  
John Weldon H.  
Josh & Dayli B.  
Greg & Margaret Y.  
Olga G.

John H.  
Leona G.  
Presbyteria Katherine H.  
Mick K.  
Cole K.  
Richard & Elizabeth  
Jeanette  
Nataliya T. & Family  
Sari W.  
Mary & Susan

Dn. Howard S.  
Jill B..  
Keith V.  
Kh. Terri Elizabeth B.  
Fran R.  
Brian S.  
Jim M.  
Frank A.

**For repose of the souls of: Badia**

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**ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to “St. Athanasius Book Center.”

**All proceeds go to the parish Building Fund.**

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## SAVE THE DATE...

**Saturday, September 1, 2012—11:00 a.m.**

5441 HOLLISTER AVE.

## OFFICIAL GROUND-BREAKING

- Blessing of the building site
  - Welcome of Dignitaries
- Breaking of the ground/Photos
- Informal tours of the site

**Join us as we mark this significant moment in our long journey  
building our own “home!”**

**...And then watch as the walls go up in  
the coming year!**

### THE CHOIR HAD A “SEND-OFF-TO COLLEGE”

CELEBRATION ON AUGUST 23rd

for Austin Harris and Andrew Meyer

They will be leaving the week of September 9th for Seattle Pacific University.

We will miss their presence in the choir and wish them God’s speed on this new adventure!



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