



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

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Goleta, CA 93111-1646

Senior Pastor:

Fr. Nicholas Speier
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Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached priest

Deacons:

Dn. Howard Shannon
Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young
Dn. Rico Paul Monge

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Parish Council:

Dana Alexander, President
Dan Braun, Treasurer
Douglas Meyer, Secretary
Katie AbuGhazaleh
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, September 16, 2012

Tone 6 / Eothinon 4

Sunday after the Exaltation of the Holy Cross

Great-martyr Euphemia the all-praised
Martyrs Victor and Sosthenes of Chalcedon;
Martyr Melitina of Marcianopolis



WELCOME TO OUR VISITORS!

We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion. Please join us at Coffee Hour ~ we'd love to meet you!

Calendar for this Week

Sunday, September 16

8:45 a.m. Religious Ed. Ages 3-17
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
3:00 p.m. Wedding (Phil Brewer & Monica Cardenas)

Monday September 17

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal

Tuesday, September 18

5:30 p.m. Daily Vespers

Wednesday, September 19

6:45 a.m. Daily Matins
12:00 p.m. Women's Prayer Group

Thursday, September 20

5:30 p.m. Daily Vespers

Friday, September 21

6:45 a.m. Daily Matins

Saturday, September 22

PARISH COUNCIL SYMPOSIUM—St. Luke's parish in Garden Grove

4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers/Confessions

Sunday, September 23

8:45 a.m. Religious Ed. Ages 3-17
9:00 a.m. Matins
10:00 a.m. Divine Liturgy & blessing of Ministry Team Leaders
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

Sept. 16 Gish
Sept. 23 McConnell
Sept. 30 Meyer
October 7 D. Washburn

Coffee Hour

Sept. 16 Nikolov
Sept. 23 Olga Gabriele & Family
For her birthday on 9/28
Sept. 30 CHOIR for St. Romanos
October 7 Kern

Greeters

Sept. 16 S. & C. Shackelford
Sept. 23 D. & D. Alexander
Sept. 30 P. Morrison/D. Genatone
October 7 E. Fryer, L. Shackelford

Ushers

Sept. 16 Scott & Luke Speier, P. Brunner
Sept. 23 D. Meyer, Barre, Lewis
Sept. 30 Craig & Gabe Speier, K. Jacobs
Oct. 7 J. King, G. Braun, P. King

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
**(“Glory to You, Who have shown us the light...” - Complete text is
in the front of the Liturgy Book.)**

THE LITURGY OF THE WORD

THE GREAT LITANY

First Antiphon verses for the Feast of the Cross with refrain:

Vs. O God, my God, attend to me; why hast Thou forsaken me? Far from my salvation are the words of my transgressions.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. My God, I will cry by day, and wilt Thou not hearken? But as for Thee, Thou dwellest in the sanctuary, O Praise of Israel. **[Refrain]**

Vs. Glory...now & ever...Amen. **[Refrain]**

Second Antiphon verses for the Feast of the Cross & refrain

Vs. O God, why hast Thou cast us off unto the end? Remember Thy congregation which Thou hast purchased from the beginning.

Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

Vs. This is Mount Zion wherein Thou hast dwelt. **[Refrain]**

VS. God is our King before the ages, He hath wrought salvation in the midst of the earth.
[Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

Third Antiphon verse for the Feast of the Cross

Vs. The Lord is king, let the peoples rage; He sitteth on the Cherubim, let the earth be shaken.

Refrain:

**O Lord save Thy people and bless Thine inheritance,
granting victory over all adversaries.
And by the pow'r of Thy cross protect us.**

Vs. The Lord is great in Zion, and He is high above all peoples.

Vs. Let them confess Thy great Name, for it is terrible and holy.

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY:**

Resurrectional Troparion

Tone 6

(Music is on page 49 of Liturgy Book.)

When Mary stood at Thy grave looking for Thy most pure body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Troparion of the Holy and Life-giving Cross

Tone 1

O Lord save Thy people and bless Thine inheritance,
granting victory over all adversaries.
And by the pow'r of Thy cross protect us.

Troparion for St. Euphemia

Tone 4

Your lamb Euphemia calls out to You, O Jesus, in a loud voice:
"I love You, my Bridegroom and in seeking You, I endure suffering.
In baptism I was crucified so that I might reign in You,

and I died so that I might live with You.
Accept me as a pure sacrifice,
for I have offered myself in love!”
Through her prayers save our souls, since You are merciful!

Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Cross

Tone 4

As You were voluntarily raised upon the Cross for our sake,
grant mercy to those who are called by Your Name, O Christ God;
make all Orthodox Christians glad by your power,
granting them victories over their adversaries//
by bestowing on them the invincible trophy, Your weapon of peace!

TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle

Tone 4

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (*Ps 103/104:24*)

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great. (*Ps 103/104:1*)

EPISTLE READING FOR THE DAY

Galatians 2:16-20

Brethren, you know that a man is not justified by works of the Law, but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the Law, because by works of the Law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things, which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 1

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Vs. With patience I waited patiently for the Lord, and He was attentive unto me, and He hearkened unto my supplication.

Vs. And He set my feet upon a rock, and He ordered my steps aright.

GOSPLE READING FOR THE WEEK

Mark 8:34-9:1

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and of My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And He said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

LITURGY OF THE FAITHFUL

Meglynarion (Hymn to the Mother of God)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Hymn sung as the clergy receive the Eucharist:

Praise the Lord from the heavens; praise Him in the Highest!

For the Feast of the Cross:

The light of Your countenance has shone on us, O Lord. (*Ps 4/5:6*)

Alleluia, Alleluia, Alleluia!

Hymn during Communion of the People

Receive the Body of Christ, taste the fountain of immortality. Alleluia, alleluia, alleluia.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

CELEBRATIONS for THIS WEEK

Anniversaries

9/17 David and Lina Coe

9/19 Kevin and Angel Speier

9/22 Jamie and Tiffany VanWagoner

Birthdays

9/18 Andy Simonsen

9/19 Leslee Kinman

9/20 Dan Braun, Dn. Rico Monge

9/22 Alec de Bruin

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

VALERIE WILL BE ON VACATION THIS WEEK, and the parish office will reopen on Tuesday, September 25th. If you need to get an urgent message out to the parish, please call Jan Speier or Catherine Braun at 967-5951.

COFFEE HOUR SIGN-UP TIME

Last call for voluntary sign-up. We will be calling you to enlist your help if you have not signed up by the end of September. We ask that all communing members participate in hosting or co-hosting Coffee Hour once each liturgical year.

CONGRATULATIONS AND MANY YEARS!

Ben and Viktoria Hedges welcomed a new baby boy into the world on Saturday, September 8th! Congratulations to sister Sydney, big brother Noah, and grandparents, Fr. Jon-Stephen and Melissa Hedges.

If you would like to make a meal for their family, please contact Alyssa Simonsen at 729-4737 or alyssa.simonsen@gmail.com.

CONGRATULATIONS, ALSO TO DAVE & SHIRLEY DILLON, proud grandparents of a baby boy, Alexander Stephen, born on Sept. 1st to Chris and Claire Dillon.

ADULT CATECHISM HAS BEGUN!

Our Adult Catechism class meets on Saturdays at 4:30 p.m. It's never too late to join, and veteran Orthodox faithful are welcome to come for a "refresher" course! If you would like to participate in the class, please let Fr. Nicholas know, either in person or by e-mail: frnicholas@stathanasius.org.

MONTHLY MEN'S GATHERING

On Tuesday, September 25th, the men of the parish are invited to a gathering at the church, beginning with Vespers at 5:30 p.m., followed by a Bible Study on the book of Romans led by Fr. Jon Braun, discussion, a testimony, and ending with dinner out. Our goal is to grow together in Christ. We hope to make this a regular monthly gathering. Please consider joining us!

MEETING OF MINISTRY TEAM LEADERS

The leaders or co-leaders of each of our parish ministry teams will meet on Saturday, September 29 from 9-11 a.m. at the church to discuss planning and new initiatives for the 2012-2013 Liturgical Year.



**JOIN OUR MISSION
TEAM in a
FOOD & TOILETRIES
DRIVE
for the boys of
St. Innocent Orphanage!**

We need to collect 20 boxes (or jumbo bags of beans/rice) in the next 3 weeks to qualify for free shipping.

Please place food in the designated area underneath the flat screen T.V. from now until Sept. 30th. Here's the shopping list! Most needed items are in bold print:

(Large cans, boxes, bags, etc... are preferable to individual or family-size.)

FOOD

Canned evaporated or condensed milk
Canned hams
Cookies
Dry breakfast cereals
Granola bars
Honey
Jams / jellies
Mayonnaise
Nestlé's Quick (chocolate & strawberry)
Pancake mix
Pancake syrup
Pasta (elbow macaroni, spaghetti)
Peanut butter
Pinto beans (dry)
Rice
Soup mixes (individual servings)
Spaghetti sauce
Tomato sauce & puree
Tuna

TOILETRIES

Antibacterial hand sanitizer
Bar Soap
Bath soap (shower gel/ bar soap)
Bath sponges (loofah, etc.)
Body lotion
Dental floss
Deodorant
Hair gel
Q-tips
Razors
Shampoo & Conditioner
Toothpaste

CLEANING / LAUNDRY

All purpose cleaner - (409, Fantastik, etc.)
Bleach
Dish washing liquid
Dryel dry cleaning kits (for school uniforms)
Fabric softener
Laundry detergent
Mops/brooms
Pine sol
Scrub sponges
Spot remover
Toilet bowl deodorizers (tablets/hanging)
Trash bags 13 gal
Trash bags 38 gal
Window cleaner - (Windex, etc.)



ST. ATHANASIUS

Liturgical Arts Festival

**Exploring the Written and Spoken Word:
A Spiritual Journey through Poetry, Prose,
and the Tales of C.S. Lewis**

**Friday, October 19 &
Saturday, October 20, 2012**

St. Athanasius Orthodox Church, 5580 Calle Real, Goleta, CA 93111



Presenters:

Scott Cairns - Poet, Author, 2006 Guggenheim Fellow, Professor

**Rev. Fr. Andrew Cuneo - C.S. Lewis Scholar (D.Phil -Oxford Univ.),
Professor of English Literature - St. Katherine College**



Friday, October 19, 2012

- 6:00-7:00 p.m. Icon Guild Exhibit open, book store open, tours of church
- 7:00-8:00 p.m. "Trusting the Word: Poetry as a Way of Knowing" - Scott Cairns
- 8:00-9:00 p.m. "What if Narnia were True?" - Fr. Andrew Cuneo
- 9:00-10:00 p.m. Reception, book signing, book store open

Saturday, October 20, 2012

- 2:00 -3:00 p.m. Icon Guild Exhibit open, book store open, tours of church
- 3:00 - 4:15 p.m. "Head, Heart, and Belly: C.S. Lewis on Becoming a Complete Human Being" - Fr. Andrew Cuneo, based on C.S. Lewis' *The Abolition of Man*.
- 6:00 p.m. Vespers (Evening Service of Repentance and Thanksgiving)
- 7:00-8:15 p.m. "Our Journey through the Valley of the Shadow" - Scott Cairns (based on his books *The End of Suffering* and *Short Trip to the Edge*)
- 8:15 p.m. Reception, book signing, book store open

The festival is produced with the blessing of His Eminence, Abp. JOSEPH of the Antiochian Orthodox Christian Diocese of Los Angeles and the West.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

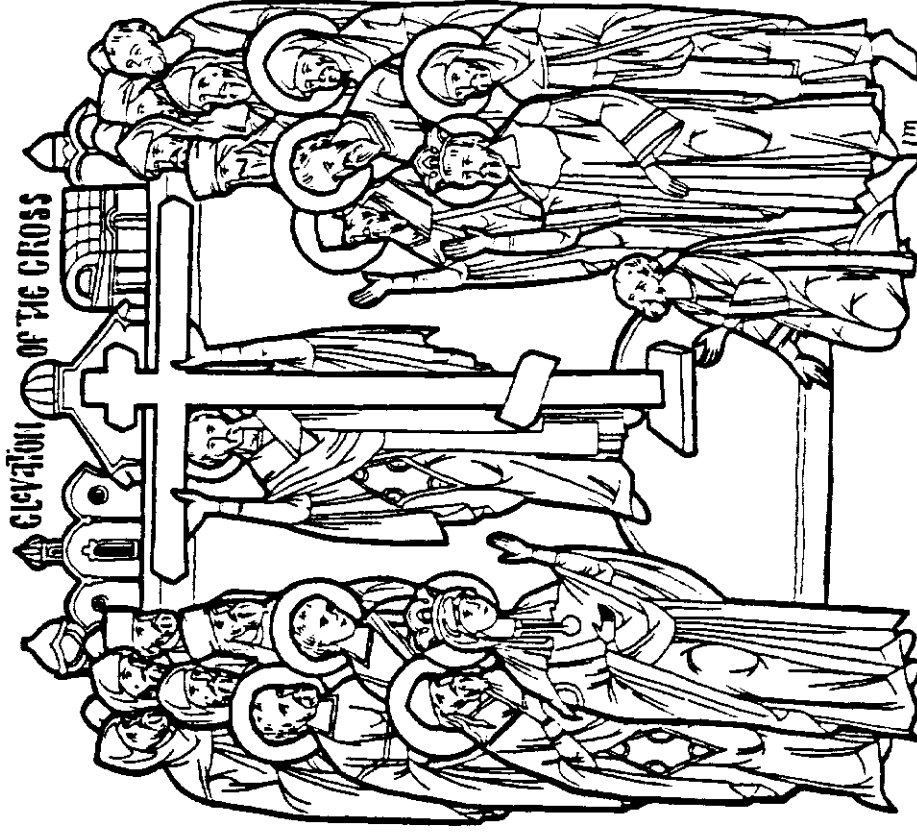
Metropolitan PHILIP	John H.	Dn. Howard S.
Archbp. JOSEPH	Leona G.	Jill B..
Kh. Marilyn G.	Presbyteria Katherine H.	Keith V.
Fr. Alexander Atty	Mick K.	Kh. Terri Elizabeth B.
Mother Victoria	Cole K.	Fran R.
Fr. Gordon & Mary Sue W.	Richard & Elizabeth	Brian S.
John Weldon H.	Jeanette	Jim M.
Josh & Dayli B.	Nataliya T. & Family	Frank A.
Greg & Margaret Y.	Sari W.	
Olga G.	Mary & Susan	

For repose of the souls of: Badia

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to "St. Athanasius Book Center."

All proceeds go to the parish Building Fund.



-For the children to color during
the homily or at home -