



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

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5580 Calle Real  
Goleta, CA 93111-1646

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young  
Dn. Rico Paul Monge

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## Parish Council:

Dana Alexander, President  
Dan Braun, Treasurer  
Douglas Meyer, Secretary  
Katie AbuGhazaleh  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, December 9, 2012

Tone 2 / Eothinon 5;

## Conception of the Theotokos by Righteous Anna & Tenth Sunday of Luke

Prophetess Hannah (Anna), Mother of Samuel the Prophet;  
Father Stephen the Newly Appeared



## WELCOME TO OUR VISITORS!

*We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion. Please join us at Coffee Hour ~ we'd love to meet you!*

# *Calendar for this Week*

## **Sunday, December 9**

8:45 a.m. Religious Ed. Age 3-12  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy/  
Paul Wintz Chrismation  
11:45 a.m. Coffee Hour

## **Monday, December 10**

6:45 a.m. Daily Matins  
4:30 p.m. Outreach Meal served at  
St. Michael's in Isla Vista  
7:00 p.m. Preview Session: Financial  
Peace University

## **Tuesday, December 11**

10:30 a.m. Catechesis Level I  
5:30 p.m. Daily Vespers  
6:00 p.m. Men's Fellowship

## **Wednesday, December 12**

6:45 a.m. Daily Matins  
12:00 p.m. Women's Prayer Group  
6:00 p.m. Advent Paraklesis

## **Thursday, December 13**

5:30 p.m. Daily Vespers for St. Herman  
7:00 p.m. Choir Rehearsal

## **Friday, December 14**

6:45 a.m. Daily Matins

## **Saturday, December 15**

4:30 p.m. Adult Catechism  
6:00 p.m. Great Vespers/Confessions

## **Sunday, December 16**

8:45 a.m. Religious Ed. Age 3-12  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy/  
Emily Mason Chrismation  
11:45 a.m. Coffee Hour  
12:15 p.m. Choir Rehearsal  
5:00 p.m. St. Nicholas Celebration

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

December 9 Gish  
December 16 Meyer  
December 23 Washburn  
December 24 Fr. Nicholas (Nativity service)  
December 30 D. Braun

### **Coffee Hour**

December 9 Berari  
December 16 Lenhart/Ballew (in memory of  
Fr. Richard Ballew)  
December 23 Vander Laan  
December 30 Christmas Cookie Potluck

### **Greeters**

December 9 K. & L. Jacobs  
December 16 S. & C. Shackelford  
December 23 D. & D. Alexander  
December 24 Genatone/Morrison (Nativity)  
December 30 P. King, P. Matthews

### **Ushers**

December 9 Scott & Luke Speier, P. Brunner  
December 16 D. Meyer, Barre, Lewis  
December 23 Craig & Gabe Speier, P. King  
December 24 Jon King, G. Braun Jr., P. King  
December 30 Scott & Luke Speier, P. Brunner

## **CHANGEABLE TEXTS FOR THE DAY**

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.**  
**(“Glory to You, Who have shown us the light...” - Complete text is  
in the front of the Liturgy Book.)**

### **THE LITURGY OF THE WORD**

#### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto thy name, O Most High; To proclaim thy mercy in the morning, and thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him.  
[Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

#### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits thy house, O Lord, forevermore. [Refrain]

Glory...now and ever and unto ages of ages, Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

The choir sings each verse of the Beatitudes, after which the congregation responds:  
“Remember us, O Lord, when you come in your Kingdom.”

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:**

#### **HYMNS FOR THE DAY:**

**Troparion of the Resurrection** **Tone 2**  
(Music on page 42 of Liturgy Booklet)

When Thou didst submit Thyself unto death,  
O Thou deathless and immortal One,  
then Thou didst destroy Hell with Thy Godly pow’r,  
and when Thou didst raise the dead from beneath the earth,  
all the pow’rs of heaven did cry aloud unto Thee.  
O Christ, Thou art the Giver of life, Glory to Thee.

**Troparion for the Conception of the Theotokos by Anna** **Tone 4**

Today the bonds of barrenness are broken,  
God has heard the prayers of Joachim and Anna.  
He has promised them beyond all their hopes to bear the Maiden of God,  
By whom the uncircumscribed One was born as a mortal Man;  
He commanded an Angel to cry to her:  
“Rejoice, of full of grace,  
the Lord is with you!”

**Troparion to St. Athanasius (Music is on p. 54 of Liturgy Book)** **Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion for the Conception of the Theotokos by Anna** **Tone 4**

Today the universe rejoices,  
for Anna has conceived the Theotokos through God’s dispensation,  
for she has brought forth the one who is to bear the ineffable Word.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)**  
**(Page 57 of Liturgy Book)**

**Tone 2**

**The Lord is my strength and my song. He has become my salvation.**

Vs. The Lord has chastened me severely but He has not given me over to death.

**EPISTLE READING FOR THE DAY**

**Galatians 4:22-27**

Brethren, Abraham had two sons, one by a slave and one by a free woman. But the son of the slave was born according to the flesh, the son of the free woman through promise. Now this is an allegory: these women are two covenants. One is from Mount Sinai, bearing children for slavery; she is Hagar. Now Hagar is Mount Sinai in Arabia; she corresponds to the present Jerusalem, for she is in slavery with her children. But the Jerusalem above is free, and she is our mother. For it is written, "Rejoice, O barren one who does not bear; break forth and shout, you who are not in travail; for the children of the desolate one are many more than the children of her that is married."

**Alleluia Refrain and Psalm verses before the Gospel**

**Tone 2**

**Chanter: Alleluia, Alleluia, Alleluia!**

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** May the Lord hear you in the day of trouble!

May the name of the God of Jacob protect you! (Ps 19/20:1) **Alleluia**

**Verse:** O Lord, save the King in the day we call on Thee! (Ps 19/20:9) **Alleluia**

**GOSPEL READING FOR THE DAY**

**Luke 13:10-17**

At that time, Jesus was teaching in one of the synagogues on the Sabbath. And there was a woman who had had a spirit of infirmity for eighteen years; she was bent over and could not fully straighten herself. And when Jesus saw her, he called her and said to her, "Woman, you are freed from your infirmity." And he laid his hands upon her, and immediately she was made straight, and she praised God. But the ruler of the synagogue, indignant because Jesus had healed on the Sabbath, said to the people, "There are six days on which work ought to be done; come on those days and be healed, and not on the Sabbath day." Then the Lord answered him, "You hypocrite! Does not each of you on the Sabbath untie his ox or his ass from the manger, and lead it away to water it? And ought not this woman, a daughter of

Abraham whom Satan bound for eighteen years, be loosed from this bond on the Sabbath day?" As Jesus said this, all his adversaries were put to shame; and all the people rejoiced at all the glorious things that were done by him.

## LITURGY OF THE FAITHFUL

### **Meglynarion (Hymn to the Mother of God)**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Hymn sung as the clergy receive the Eucharist:**

Praise the Lord from the heavens; praise Him in the Highest!

### **Hymn during Communion of the People**

Receive the Body of Christ, taste the fountain of immortality. Alleluia, alleluia, alleluia. Rejoice in the Lord, O you righteous! Praise befits the just! (*Ps 32/33:1*) Alleluia, Alleluia, Alleluia!

## **HOLY COMMUNION**

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

**Orthodox wall calendars for 2013 are now available in the narthex of the church. One per family, please.**

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

### **ADVENT PARAKLESIS**

We will pray the beautiful Paraklesis service for Advent on Wednesday, December 12 and December 19 at 6:00 p.m.

**MEN'S FELLOWSHIP** will meet on Tuesday, December 11th beginning with Vespers at 5:30 p.m., followed by a 6:00 p.m. meeting and then dinner out.

### **ST. NICHOLAS NIGHT**

On Sunday, December 16th at 5 p.m. we will recount the life of St. Nicholas through story and song, in a program presented by our children and teens. St. Nicholas will pay a visit, and the program will be followed by a reception. We need help with refreshments and clean-up. Please see the sign-up list in the hall today! Thanks! — Jan Speier, Angel Speier

### **DO YOUR HOLIDAY SHOPPING IN OUR BOOKSTORE!**

An expanded bookstore will be set up for the next 3 Sundays so that you can purchase Christmas gifts. Be sure to take some time to take a look during Coffee Hour! Icons, jewelry, books and more!

### **CONSIDER SENDING A HOLIDAY GREETING TO PARISH FAMILIES WHO HAVE MOVED AWAY RECENTLY:**

#### **Wendy Bodnar**

#30, 9707 Richmond Ave.  
Houston, TX 77042  
281-865-8337 wendyannerich@gmail.com

#### **Angel & Helen Rivera**

(Trevon, Justin, Jazmin)  
1237 S. Duquesne Circle  
Aurora, CO 80018  
ahriviera7@hotmail.com

#### **Wyatt & Sarah Rounds**

(Elizabeth, Anastasia)  
4107 Pinon Way  
Livermore, CA 94551  
a.wyatt.rounds@gmail.com  
sarah.a.rounds@gmail.com

#### **Kerry & Sherri San Chirico**

(Lucy, Brigid, Xenia)  
3030 Lowrey Ave., #127  
Honolulu, HI 96822  
kerrysc@yahoo.com;  
sheribunn@yahoo.com

## *CELEBRATIONS* for THIS WEEK

### Wedding Anniversaries

12/11 Dn. Richard & June Easbey  
12/12 Fr. Jon-Stephen & Melissa Hedges, Dn. Scott & Karen Jacobs

### Birthdays

12/09 Leah Coe, Jesse Speier  
12/10 Lina Coe  
12/13 Fr. Jim King  
12/14 Gail Shannon

### Feast Day Celebrations

<b>Dec. 9 – St. Hannah</b>	Hannah Sieck
<b>Dec. 10—St. Angelina of Serbia</b>	Angel Speier
<b>Dec. 13—St. Jesse</b>	Jesse Speier
<b>Dec. 13—St. Lucy</b>	Lucy Speier

### **Dec. 16—Sunday of the Forefathers & Mothers of the Church**

<b>Deborah</b>	Debbie McQuade
<b>Rachel</b>	Rachel Friesen
<b>Adam</b>	Adam King
<b>Sarah</b>	Sara Monge



## **SCHEDULE OF SERVICES FOR FEAST OF THE NATIVITY OF CHRIST**

### **Monday, December 24**

8:00 a.m. Royal Hours (Complete)  
8:00 p.m. Nativity Matins & Liturgy

### **Tuesday, December 25**

**NO MORNING SERVICE THIS YEAR**

10:00 a.m. Outreach Breakfast—St. Michael's University Church  
Hosted by St. Brigid Fellowship — all parishioners invited!



**MONDAY NIGHT "FINANCIAL PEACE UNIVERSITY" (FPU)  
BASED ON THE TEACHING DVDs of DAVE RAMSEY  
January 7-March 4, 2013 — Monday evenings at 7:00 p.m.,  
St. Athanasius Orthodox Church, 5580 Calle Real in Goleta  
Coordinated & led by Dn. Gary & Melissa Braun  
Informational preview class — Monday, December 10th at 7 p.m.**

The nine week class costs \$89 per couple/family/single. That includes the preview session, materials, and nine 90 minute class sessions.

Pre-registration is required. Even if you have told Dn. Gary or Melissa verbally that you would like to take the class, please also register online by using the following link:

<http://www.daveramsey.com/fpu/locations/org/42754/class/220736>

If we get at least 10 registrations by November 29, there will be no shipping charges for the materials. For those who register after that time, we'll have to charge for the shipping as well. Payment can be made when you receive your membership materials, either at the December 10th preview class or the the first class in January. Please tell your friends. This class is open to non-parish members and non-Orthodox families.

Please contact Melissa Braun([meljbraun@gmail.com](mailto:meljbraun@gmail.com)) if you have any questions or if you do not have access to the internet to register. (683-8844)

## **2012 St. Nicholas Drive for the Needy**

From now until Monday, December 17th at 12:00 noon, we will be collecting backpacks (new and VERY gently used), warm caps, and gloves/mittens. These items will be part of the gifts that we distribute at the Outreach Breakfast on Christmas morning. Consider making it a fun family project to shop for these items, and bring them with you to the St. Nicholas Night program, or anytime before December 17th. What a great way to teach our children to follow the example of St. Nicholas by being generous to those who have less than we do!

**Drop your donated items in the large, green box in the fellowship hall.  
Please limit your gifts to the specific items requested. Thanks!!**

## **Outreach Breakfast on Christmas Morning**

Our St. Brigid Ministry Team will be coordinating the lovely Christmas breakfast for the homeless and needy on Dec. 25th at 10:00 a.m. at St. Michael's University Church in Isla Vista. We need lots of help with set-up, clean-up, food preparation, and entertainment, so please sign up to help in whatever way that you are able. The list is posted in the fellowship hall. Bring the entire family that day and enjoy an extra special Christmas morning blessing by opening your hearts to those in need!

# TEEN SCENE

## RITE -13 plus (Grades 7-9)

**Sunday, December 16 at 5:00 p.m.—St. Nicholas Night Program**

**January 18th-21st– WINTER CAMP at Camp St. Nicholas :** "Following Christ to the Cross. Register at <http://www.campstnicholas.com>. Early bird price of \$130 if registered on or before December 1st. And \$140 after December 1st.

## YAC (Young Adults in Church- Grades 10-12)

**Sunday, December 16 at 5:00 p.m.—St. Nicholas Night Program**

**Saturday December 29<sup>th</sup> 6 pm- 9 pm – Vespers/Dinner/Christmas Party**

**Monday January 14th from 4:15pm- 7 pm-** Provide dessert and serve for St. Brigid's Outreach meal, out to dinner as a group afterwards. **[NOTE EARLIER TIME FOR WINTER.]**

**January 18th-21st– WINTER CAMP at Camp St. Nicholas :** "Following Christ to the Cross." Register at <http://www.campstnicholas.com>. Early bird price of \$130 if registered on or before December 1st. And \$140 after December 1st.

**Saturday Jan 26<sup>th</sup> from 4 pm-10 pm-** Vespers @ St. Herman's Orthodox Church in Oxnard/Dinner/Sky High

## NEW TEEN MENTORING PROGRAM

As part of our new teen program, we are encouraging our teens to choose an adult mentor from within the parish. We feel that this is an important part of their spiritual formation as they begin to approach adulthood. Their mentor will come along side of them, helping them in an area of ministry, career exploration, or friendship. The teen/mentor relationship can take a variety of forms, including a more short-term mentorship based on a particular interest, and/or can develop into a long term bond. The goal is to help our teens become established as adult members of our church community. In the months ahead, you may be asked to step up and be a mentor! We pray that you will consider this an honor, and say, "YES, of course!"

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.**

**Please pray for the health of:**

- |                          |                         |          |
|--------------------------|-------------------------|----------|
| Metropolitan PHILIP      | Olga G.                 | Fran R.  |
| Archbp. JOSEPH           | Leona G.                | Brian S. |
| Fr. Alexander Atty       | Presbytera Katherine H. | Jim M.   |
| Mother Victoria          | Mick K. & Family        | Frank A. |
| Fr. Gordon & Mary Sue W. | Richard & Elizabeth     | Pat M.   |
| John Weldon H.           | Sari W.                 | Marta C. |
| Greg & Margaret Y.       | Mary & Susan            | Joy      |

*For repose of the souls of:* Patriarch Ignatius IV of Antioch, Patriarch Maxim of Bulgaria, Theophano, Roman, John H., Charles James B., Fran H.

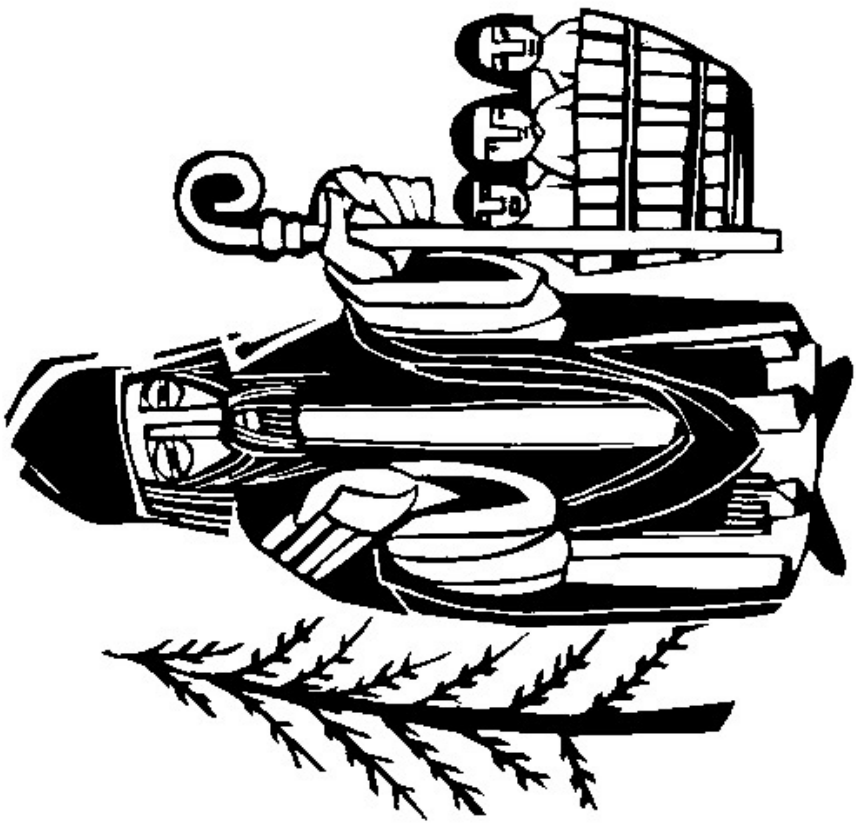
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**ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to “St. Athanasius Book Center.”

**All proceeds go to the parish Building Fund.**

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**Holy Father, St. Nicholas, pray for us!**