



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

5580 Calle Real
Goleta, CA 93111-1646
Office hours: Tues-Fri.
11:00 a.m.—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

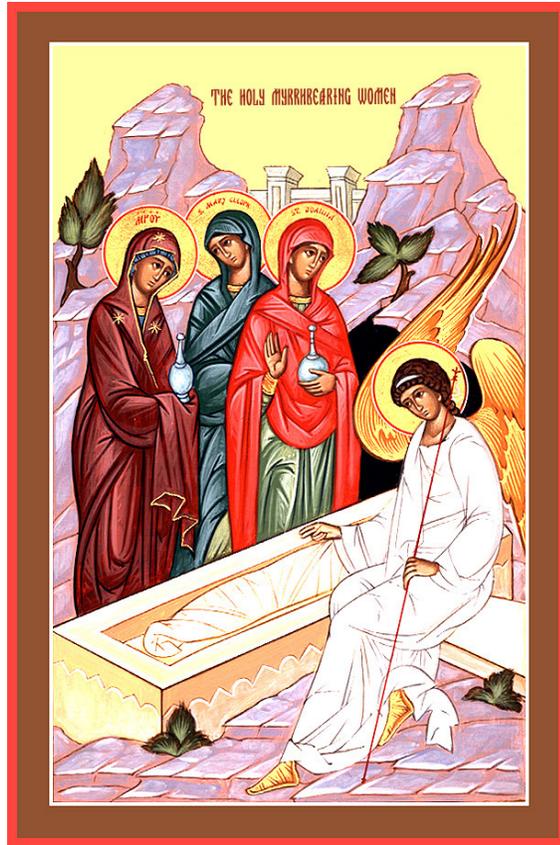
Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young
Dn. Rico Paul Monge

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

Dana Alexander, President
Dan Braun, Treasurer
Douglas Meyer, Secretary
Katie AbuGhazaleh
Karen Jacobs
Jon King
Laurence Lander
Craig Speier



LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, May 19, 2013

**Sunday of the Myrrh-Bearing Women,
Pious Joseph of Arimathea & Righteous Nicodemus
Hieromartyr Patrick, Bishop of Prussa & the Priest-
martyrs Acacius, Menander and Polyaenus with him;
Venerable Cornelios of Komelsk;
Grand Prince Dimitry Donskoy of Moscow**

WELCOME TO OUR VISITORS!

*We are glad you are with us this morning. If you are not
Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour ~ we'd love to meet you!*

Calendar for this Week

Sunday, May 19—MYRRHBEARERS

8:45 a.m.	Religious Ed. 3 yrs-High School
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
5:00 p.m.	YAC Fire on Father

Monday May 20

6:45 a.m.	Matins
10:30 a.m.	Atrium Level I Religious Ed.
5:00 p.m.	Outreach Meal at St. Michaels' University Church in Isla Vista

Tuesday, May 21

5:30 p.m.	Vespers
-----------	---------

Wednesday May 22

6:45 a.m.	Matins
12:00 p.m.	Women's Prayer Group

Thursday May 23

5:30 p.m.	Vespers
-----------	---------

Friday May 24

6:45 a.m.	Matins
-----------	--------

Saturday May 25

4:30 p.m.	Book Study: "The Truth of Our Faith" by Elder Cleopa
6:00 p.m.	Vespers/Confession

Sunday, May 26—SUNDAY OF PARALYTIC

8:45 a.m.	Religious Ed. 3 yrs-High School
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:00 p.m.	Arts Festival Planning Meeting
4:00 p.m.	St. Barbara Monastery Friends Gathering

The church office will be closed this Monday and Tuesday, May 20-21.

Fr. Nicholas and Jan will be up in the Bay Area this Tuesday through Friday (May 21-24) to be with Father's mom, Marceen. Please keep all of them in your prayers.

Sunday Morning Ministries Schedule

Eucharist Bread

May 19	Thomas
May 26	Hedges
June 2	Gabrie
June 9	Fr. Nicholas

Coffee Hour

May 19	Chris & Christie Robinson
May 26	V. Gray/P. Matthews
June 2	Chala & Gabriele Families
June 9	TBA

Greeters

May 19	D. & D. Alexander
May 26	D. Genatone/P. Morrison
June 2	P. King/P. Matthews
June 9	C. & C. Giordani

Ushers

May 19	S. & L. Speier, P. Brunner
May 26	D. Meyer, R. Barre, D. Lewis
June 2	C. & G. Speier, Rita Schneider
June 9	J. King, G. Braun Jr., P. King

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds “Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion and censes the west side of the Altar Table.

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

Refrain: **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

Refrain: **O Son of God, Who arose from the dead,
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nations! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages.
Amen

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

**Refrain: Christ is risen from the dead trampling down death by death,
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]

LITTLE ENTRANCE

Clergy: In the gathering places bless ye God the Lord from the Springs of Israel.

**People: O Son of God Who rose from the dead, save us
who sing to Thee, Alleluia!**

Troparion of the Resurrection

Tone 2

(Music on page 42 of Liturgy Booklet)

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow'r,
and when Thou didst raise the dead from beneath the earth,
all the pow'rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life,
Glory to Thee.

Troparion of Joseph of Arimathea

Tone 2

The noble Joseph,
when he had taken down Your most pure Body from the Tree,
wrapped it in fine linen and anointed it with spices,
and placed it in a new tomb.
But You rose on the third day, O Lord, //
granting the world great mercy.

Troparion of the Myrrh-bearing Women**Tone 2**

The angel came to the myrrhbearing women at the tomb and said:

Myrrh is fitting for the dead;

But Christ has shown Himself a stranger to corruption!

So proclaim: The Lord is risen,

Granting the world great mercy.

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,

you became a stronghold of Orthodoxy,

strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,

you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God

That He may grant us abundant mercy.

Kontakion for Pascha

Thou didst descend into the tomb O Immortal.

Thou didst destroy the pow'r of death.

In victory Thou didst arise, O Christ God,

proclaiming rejoice to the myrrh-bearing women,

granting peace to Thine apostles,

and bestowing Resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)
(Page 57 of Liturgy Book)**Tone 2**

The Lord is my strength and my song. He has become my salvation.

Vs. The Lord has chastened me severely but He has not given
me over to death.

THE EPISTLE READING

Acts 6:1-7

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the Twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolas, a proselyte of Antioch. These they set before the Apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Alleluia before the Gospel

Tone 2

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: *May the Lord hear you in the day of trouble!*

May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: *O Lord, save the King in the day we call on Thee! (Ps 19/20:9)*

GOSPEL READING—Mark 15:43-16:8

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joseph saw where he was laid.

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back -- it was very large.

And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, He is not here; see the place where they laid Him. But go, tell his disciples and Peter that He is going before you to Galilee; there you will see

Him, as He told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice! Rejoice O pure virgin! Again I say rejoice, your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice, rejoice, O ye people. Shine! Shine! Shine! O New Jerusalem. The glory of the Lord has shone on you. Exult, now exult and be glad, O Zion. Be radiant, O pure Theotokos, in the resurrection, the resurrection of your son!

Communion Hymn

Receive the Body of Christ; taste the fountain of immortality!
Praise the Lord from the heavens! Praise Him in the highest! (*Ps 148:1*)

Instead of "We have seen the true light, we sing: "Christ is risen" ONE time.

Instead of "Glory...now & ever" at the dismissal, we sing "Christ is risen" THREE times.

At the end of the dismissal prayer the service then continues with the typical Paschal dialogue, as follows:

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Christ is risen.

Faithful: Indeed He is risen

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Glory to His third-day Resurrection.

Faithful: Let us worship His third-day Resurrection.

Priest: Christ is risen from the dead, trampling down death by death, and upon those in the tombs

Faithful: bestowing life.

English: Christ is risen!

He is risen indeed!

Greek: Christos anesti!

Alithos anesti!

Arabic: El Messieh kahm!

Hakken kahm!

Slavonic: Christos voskrese!

Voistinu voskrese!

Romanian: Hristos a inviat!

Adeverat a inviat!

Spanish: Christo ha resucitado!

En verdad ha resucitado!

CELEBRATIONS for THIS WEEK

Anniversaries

5/20 Stoney & Jami Stetler
5/22 Beau & Leticia Brunner

Birthdays:

5/19 Anastasia Brunner
5/19 Bob Newsom
5/20 Peter Braun
5/20 Luke Speier
5/23 Nataliya Tinyayeva
5/25 Alyssa Simonsen
5/25 Tatiana Speier

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: **www.stathanasius.org**.

The church office will be closed this Monday and Tuesday, May 20-21.

Fr. Nicholas and Jan will be up in the Bay Area this Tuesday through Friday (May 21-24) to be with Father's mom, Marceen. Please keep all of them in your prayers.

CHANGE IN DATE—Abp. JOSEPH'S PASTORAL VISIT

Archbishop Joseph will be with us on Sunday, June 2nd for Matins and Liturgy. (Not on June 8-9) Please make every effort to be a bit early for Matins that day (8:50 a.m.) so that we can greet the Archbishop as he enters the church.

BOOK STUDY—SATURDAYS AT 4:30 p.m.

Fr. Nicholas will be leading a book study at 4:30 p.m. on Saturdays through June 15th, using the book, "The Truth of Our Faith," by Elder Cleopa. Please let Fr. Nicholas know if you will be attending the study. You can tell him in person, or send a message to office@stathanasius.org or 685-5400.

HOW WE SAY THE TRISAGION PRAYERS FROM NOW UNTIL PENTECOST

When saying the Trisagion Prayers both at the beginning of liturgical services and in our private devotions at home, we follow this format until the Feast of Pentecost:

- (Skip "O Heavenly King" until Pentecost, in anticipation of the feast.)
- Holy God is replaced by "Christ is risen" 3 times
- Glory ... now and ever...Amen.
- All Holy Trinity....Glory...now and ever...Amen., Lord's Prayer

SUMMER SCHOOL IS JUNE 24-JULY 11!

Summer School is right around the corner. Please reserve the dates for your children in grades 1-6. More information will follow soon about registration.

A GREAT BIG THANK YOU to...

the many hands that helped to decorate the church for the feast of Pascha. It was wonderful to have you work along side of us and because of you everything looked beautiful! Not only did your help bless us but you blessed your pastor whose heart's delight is to see his flock all working together to beautify the house of God. Many heartfelt thanks to Kristin King, Elleney King, Pat Matthews, Violet Gray, Jane Meyer, Douglas Meyer, Richard Ballew, Carla Harris, Karen Jacobs, Phoebe Lenhart, Dave Dillon, Tyler Speier, and Cheryl Washburn-Lander. We'd also like to thank Fr. Nicholas and Jan for donating most of their rose garden for Pascha, and also the good friend of Carla Harris - Lori Coleman, a sister in Christ - who looks forward every year to offering roses from her garden for our Burial service on Great and Holy Friday.

With love in our Lord, Lisa Ballew & Carla Brunstead

WOMEN'S BIBLE STUDY ON BOOK OF PHILLIPIANS

Please join us for a 5 week study of the book of Philippians. This relatively short book – only 4 chapters, is full of gems to encourage and stretch us in our faith as Christian women. We will begin on Tuesday, May 28th at the home of Karen Jacobs (7093 Scripps Crescent, Goleta). The last study will be on June 24th. We will start at 7:00 pm and end at 8:30 pm. ALL ages of women are welcome! The goals are for: 1)fellowship, 2)an opportunity to become more familiar with the Holy Scriptures and how to apply them in our daily lives, and 3) to encourage and pray for one another. If this is something you're wanting in your life, please come and be a part! You can email Karen with any questions and/or to express your interest at ki-jacobs@cox.net.

LITURGY FOR MID-PENTECOST

We will celebrate the Feast of Mid-Pentecost on Wednesday evening, May 29th at 6:00 p.m. This celebration is the midpoint of the fifty days between the Feasts of Pascha and Pentecost. The Troparion of the Midfeast ("In the middle of the Feast, O Savior, fill my thirsting soul with the waters of godliness, as Thou didst cry to all: 'If anyone thirst, let him come to Me and drink.' [John 7:37] O Christ God, Fountain of our life, glory to Thee!") hints at the encounter of Christ and the Samaritan Woman, which we will commemorate right after Mid-Pentecost.

MARK YOUR CALENDAR!

The Outreach Committee will be hosting an Evangelism Breakfast/Workshop on **Saturday, June 22nd** (the Eve of Pentecost) from 9 a.m. - 12:00 noon. The title of the workshop is "These are a Few of My Orthodox Things," and the focus will be learning how to share with non-Orthodox family, friends and colleagues about the Orthodox Faith. The workshop is open to adults and teens and is guaranteed to be fun, informative and lively!

TEEN SCENE

RITE -13 plus (Grades 7-9)

Date TBA — Service Project

Saturday, June 1—End-of-the-year Six Flags Trip

YAC (Young Adults in Church- Grades 10-12)

Saturday May 18 — 8 a.m.-4 p.m.—Work Party at St. Barbara's Monastery

Sunday May 19th — 5:00 p.m.— Fire on Father

Saturday, June 8 — 3:00 p.m.—Celebrate the Grads BBQ

Thursday, July 11 — End-of-Year Celebration/Trip to Magic Mountain

UPCOMING PASTORAL VISIT

by Archbishop Joseph

On Sunday, June 2nd

His Eminence, Archbishop Joseph

will make his annual pastoral visit to our parish.

Please put this date on your calendar and plan to be with us for

Matins and Liturgy that day to welcome

our beloved hierarch.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Fr. Alexander Atty
Mother Victoria
Fr. Jim K.
Fr. Gordon & Mary Sue W.
Greg & Margaret Y.
Gail S.
Olga G.

Leona G.
Presbytera Katherine H.
Mick K. & Family
Sari W.
Mary & Susan
Duane F.
Dave L.
Kent F.

Carla H.
Tom & Darbi J.
Alissa T.
Marna D.
Met. Paul & Abp. John
 who have been
 kidnapped by terrorists
 in Turkey.
Stephen, Stephania & Alexi

For repose of the souls of: Jackie, Bodhi, Charles T.,

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to “St. Athanasius Book Center.”

THE MYRRHBEARERS:



FOR THE CHILDREN TO COLOR
DURING THE HOMILY OR AT HOME -